



We had a special visit from puppies in the Seeing Eye program. Bob Delmont and his team of trainers put on a demonstration and explained the intense training that the puppies go through to become a Seeing Eye Dog.



Watchung Terrace Knitting Club

The Watchung Terrace Knitting Club keeps very busy throughout the year. They donate the hats to newborns in local hospitals, veterans, homeless shelters, and cancer patients. Thank you for all you do. Your thoughtfulness is felt throughout the community.

*(Pictured - Helen Schown, Olga Zagar, Shirley Fagel, Liz Maj)
Missing Carmen Bosco and Marie Baldwin*

"The Statue of Liberty"

**Presented by Kevin Woyce
April 30, 1:30 p.m.
at the Senior Center**

The Statue of Liberty was dedicated on October 28, 1886, after more than twenty years of planning, fund raising, and construction.

Kevin will explain how she was built and what she symbolizes. He'll discuss some of the people involved in her creation, including sculptor Frederic Bartholdi, engineer Gustave Eiffel, architect Richard Morris Hunt, and newspaper publisher Joseph Pulitzer. Kevin concludes the program with brief histories of Ellis Island and Liberty State Park. The slideshow includes his original photography of the Statue of Liberty, Ellis Island, and New York Harbor views, plus vintage images of historic people, places, and events.

Please call the Senior Center to sign up!

Contact

SENIOR STAFF

Melissa DeMarino, Director

Sally Lynch, Administrative Assistant

Drivers: Phil Lore, Laura Meixner,
Thomas Lynch

IMPORTANT PHONE NUMBERS

MEDICARE: 1-800-633-4227

**PAAD/Senior Gold
(NJ Prescription Assistance):**
1-800-792-9745

MIDDLESEX BOROUGH

EMERGENCY

(Fire, Police, Poison): 911

**Police Department
(Non-Emergency):**
732-356-1900

**Fire Department
(Non-Emergency):**
732-356-7400 ext. 263

Middlesex Senior Center:
732-356-0414

Middlesex Borough:
732-356-7400

Middlesex Public Library:
732-356-6602

**Middlesex County
Middlesex County Office of Aging:**
732-745-3295

**Middlesex County Board
of Social Services:**
732-745-3500



“Over the River” and to Hunterdon Hills Playhouse May 17 | 11:30 a.m.

“Over the River and Through the Woods” to Hunterdon Hills Playhouse you’ll go to enjoy a very, very funny family comedy! Nick has a brand new job on the West Coast that threatens to take him away from his beloved, but annoying, grandparents. And so begins a series of hilarious schemes to keep their darling grandson from moving across the country!

The cost is \$65.00 Per Person - Includes transportation, full course meal, dessert buffet, tax & gratuity. Please sign up by 5/1.

Strong Bones for a Lifetime April 16 | 1:30 p.m.

Dr. Morgan from Rutgers University will join us for an educational program about the prevention, management and treatment of osteoporosis. This program will go over how to prevent fractures and maintain or build stronger bones. We will learn about calcium and vitamin D, physical activity and falls prevention. Current treatments for osteoporosis will also be discussed. Please RSVP to the Senior Center.

AARP Smart Drivers Class April 23 | 9:00 a.m. - 3:00 p.m.

\$15.00 for AARP Members

\$20.00 for Non-Members Payable on the day of the class

Sign Up by calling the Senior Center.

Space is Limited. Bring a lunch.

Coffee with a Cop

Coffee with a cop will be on Saturday, March 23rd from 10-12 p.m. at the Elks. Please call the Senior Center if you would like to arrange transportation.



March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>AARP Income Tax Prep Tuesdays & Thursdays - By Appt. Only Medical transportation will be Monday-Friday unless otherwise stated.</i>					1 Zumba: 9:30am	2
3	4 Trip to Christmas Tree Shoppe & Lunch: 10am Zumba: 1pm	5 Grocery/Errands: 9am	6 Cards: 9am Ageless Grace: 9:30am Bingo: 10:30am	7 Chair Yoga: 1:15pm	8 Zumba: 9:30am	9
10	11 Trip to Amish Market: 10am Zumba: 1pm	12 Grocery/Errands: 9am	13 Cards: 9am Ageless Grace: 9:30am Bingo: 10:30am	14 Chair Yoga: 1:15pm	15 Zumba: 9:00am St. Patty's Day Lunch w/ Good Time Charlie \$8: 11:30am	16
17	18 Trip to Dunellen Movie Theater \$5: 12pm Zumba: 1pm	19 Trip to Walmart Manville: 10:30am	20 Cards: 9am Ageless Grace: 9:30am Bingo: 10:30am	21 Chair Yoga: 1:15pm	22 Zumba: 9:30am	23 Coffee w/ a Cop: 10am- 12pm
24	25 Zumba: 1pm	26 Grocery/Errands: 9am	27 Cards: 9am Ageless Grace: 9:30am Bingo: 10:30am	28 Chair Yoga: 1:15pm	29 Zumba: 9:30am Trip to Yogi Berra Museum \$5 & Lunch: 11:30am	30
31						

April 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Zumba: 1pm	2 Grocery/Errands: 9am	3 Cards: 9am Ageless Grace: 9:30am Bingo: 10:30am	4 Chair Yoga: 1:15pm	5 Zumba: 9:30am Trip Woodbury Commons: 9am	6
7	8 Zumba: 1pm	9 Grocery/Errands: 9am	10 Cards: 9am Ageless Grace: 9:30am Bingo: 10:30am	11 Chair Yoga: 1:15pm	12 Trip to Bosco (PA) & Carrabba's: 9am Zumba: 9:30am	13
14	15 Trip to Dunellen Movie Theater \$5: 12pm Zumba: 1pm	16 Trip to Walmart Manville: 10:30am Strong Bones Presentation: 1:30pm	17 No Ageless Grace Lunch w/ Mayor: 11:30am	18 Chair Yoga: 1:15pm	19 Zumba: 9:30am	20 Passover
21 Easter	22 Trip to Sands: 9:30am Zumba: 1pm	23 Grocery/Errands: 9am AARP Defensive Driving: 9am-3pm	24 Cards: 9am Ageless Grace: 9:30am Bingo: 10:30am	25 Chair Yoga: 1:15pm	26 Zumba: 9:30am	27
28	29 Zumba: 1pm	30 Grocery/ Errands: 9am Kevin Woyce "Statue of Liberty" Presentation: 1:30pm	<i>AARP Income Tax Prep Tuesdays & Thursdays until 4/11 - By Appt. Only Medical Transportation will be Monday-Friday unless otherwise stated.</i>			

Department of Senior Services
1200 Mountain Avenue
Middlesex, NJ 08846

Prsrt First Class Mail
U.S. Postage
PAID
New Brunswick, NJ
Permit No 934



St. Patty's Day Celebration



Join us for our St. Patty's Day Celebration with Good Time Charlie on Friday, March 15th at 11:30 a.m. Cost is \$8. Please call the Senior Center to sign up by 3/6.

Disney's Beauty & The Beast

Join the Middlesex Community School for a magical performance of Disney's Beauty and the Beast. All will be enchanted by this gorgeous production, featuring stunning costumes and sets, spectacular dance numbers, and, of course, a fairy-tale ending. There will be ample time for dining before the show. A list of reasonably priced local restaurants will also be provided. Act quickly to enjoy an extraordinary afternoon of entertainment!

Date: Saturday, June 1, 2019

Boarding: Bus will begin boarding at 10:30 a.m. from Middlesex High School (rear parking lot)

Depart: 10:45 a.m. *sharp* for 1:30 show at Paper Mill Playhouse, Millburn, NJ

Return: Approximately 5:00 p.m.

Cost: \$110 per person (includes luxury bus and **Orchestra** seat)