

Senior Messenger



MIDDLESEX BOROUGH • DEPARTMENT OF SENIOR & DISABLED SERVICES



The Senior Center is closed on
May 27th and June 21st.

May–Jun. 2024

Primary Election is June 4th. Call for
transportation to a voting location.

Older American's Month: Aging Unbound Party!



POWERED BY CONNECTION: MAY 2024

To honor Older Americans Month, we will be hosting a Powered by

Connection Party. Join us in celebrating the seniors in our community on Wednesday, May 15th at 11:30 am. Cost is \$10 to attend, and a hot lunch will be served. To RSVP, please call the senior center by May 8th.

PTR, PAAD, or Senior Gold

The deadline to submit your Property Tax Reimbursement (PTR) application is **October 31, 2024.**

If you need assistance filling out your application, please call to schedule an appointment. The tax collector is available to fill out the property tax portion Tuesday through Thursday from 9 am to 12 pm.

If you need assistance with PAAD, or Senior Gold applications, please call to schedule an appointment.

Income eligibility for PAAD:

- Maximum income: single \$52,142; couple \$59,209

Income eligibility for Senior Gold:

- Maximum income: single \$52,142 - \$62,142; couple \$59,209 - \$69,209



Coffee WITH A Cop

Coffee with a Cop will be held on Saturday, May 18th from 10am to 12pm at the Middlesex Elks Lodge, 545 Bound Brook Road, Middlesex NJ 08846. If you need transportation to this event, please call the center.



Civil War Medicine Presentation

Join us on Thursday, May 9th at 11:00 am as Douglas Aumack of Middlesex County Arts Institute presents on the most important topics of Civil War medicine. Listen to engaging stories of medical care given in field hospitals. Illnesses and disease, along with battlefield medicine that consisted of gunshot wounds and amputation will be simulated using surgical instruments.



“Build your bouquet and take on your way!”

At your leisure, stop by the center on Tuesday, May 21st from 12 to 2 pm to build a bouquet at our flower bar. There is no cost for this event.

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Follow Us!



@Middlesex Borough Senior Services

CONTACT

SENIOR CENTER

732-356-0414

SENIOR STAFF

Melissa DeMarino • Director

Jenna Costantino •
Administrative Assistant

Drivers • Christine Dinizo, Dennis
Lynch and Dina Melchiorre

IMPORTANT PHONE NUMBERS

MEDICARE • 800-633-4227

**PAAD/Senior Gold (NJ Prescription
Assistance)** • 800-792-9745

FEMA • 800-621-3362

Social Security Office • 800-772-1213

PTR: 800-882-6597

MIDDLESEX BOROUGH

EMERGENCY

(Fire, Police, Poison): 911

Police Department
(Non-Emergency): 732-356-1900

Fire Department
(Non-Emergency):
732-356-7400 ext. 263

Middlesex Senior Center:
732-356-0414

Middlesex Borough: 732-356-7400

Middlesex Public Library:
732-356-6602

MIDDLESEX COUNTY

Middlesex County Office of Aging:
732-745-3295

**Middlesex County Board
of Social Services:** 732-745-3500



NJ MVC Mobile Unit

Friday, May 24th

Need to renew your license but don't feel like making the trip? You're in luck! We are bringing the MVC to you. This "agency-on-wheels" offers drivers license, non-driver identification cards, REAL ID, registrations, license plates, placards, and exam permits. Registration is required for this event. No walk-ups are allowed. Call the center to schedule your application by May 17th.

We are heading back to the beach!

June 20th

Soak in the sun at Point Pleasant Beach on Thursday, June 20th and enjoy lunch at The Shrimp Box. We will be leaving the center at 9:30 am. Spots fill up quickly! Call the center to reserve your seat on the bus.



Mane Stream Horse Farm

On Thursday, June 6th, we are going to the horse farm! Here we will be grooming and feeding the horses. The cost is \$20 and can be paid the day of at the farm. Call the center to sign up!

Lavender Farm

Take a trip to the Orchard View Lavender Farm with us on Friday, June 14th. Enjoy the splendid oasis of peace and tranquility where the scent of lavender melts away your stress. The farm also offers fresh and dry lavender, as well as handmade lavender products and lavender ice cream and baked goods. There is a \$5 (cash only) fee at the farm. Call the center to reserve your spot!

MAY 2024

	MON	TUE	WED	THU	FRI	SAT
	 Senior Messenger May- June 2024		1 Ageless Grace 9:30 am Bingo 10:30 am	2 Wind Creek 9:30 am	3 90+ Birthday Bash 11 am Zumba 8:55 am Chair Yoga 10:30 am	4
5	6 Dunellen Movie 10 am ShopRite—9am/1pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	7 Line Dancing 12:30 pm	8 Ageless Grace 9:30 am Bingo 10:30 am	9 Veterans Breakfast 10 am Civil War Medicine Presentation 11 am	 10 Zumba - 8:55 am Chair Yoga 10:30 am	11
12	13 ShopRite 9am / 1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm	14 Line Dancing 12:30 pm	15 Older Americans Month Party 11:30 am	16 Boscov's & Lunch 9:30 am	17 Zumba 8:55 am	18 Coffee with a Cop
19	20 ShopRite 9am / 1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm	21 Flower Bouquet Craft - 12 to 3 pm	 22 Ageless Grace 9:30 am Bingo 10:30 am	23 Peddlers Village 9:30 am	 24 NJ MVC Mobile Unit Zumba 8:55 am	25
26	27 Office Closed No medical transportation	28 AARP Drive Safety 9 am-12pm ShopRite 9am / 1pm Zumba 8:55 am Mindful Fitness 10:15am Mahjong 1-3 pm	29 Ageless Grace 9:30 am Bingo 10:30 am Pizza 12:30 pm	 30 AARP Driver Safety 9 am-12pm Trip to Texas Roadhouse - 4:30 pm	31 Zumba 8:55 am Chair Yoga 10:30 am	1

JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 Dunellen Movie 10 am ShopRite—9am/1pm Zumba - 8:55 am Mindful Fitness - 10:15am Mahjong 1-3pm	4 Line Dancing 12:00 pm	5 Ageless Grace 9:30 am Bingo 10:30 am	6 Mane Stream Horse Farm 10 am	 7 Zumba 8:55 am Chair Yoga 10:30 am	8
9	10 ShopRite 9am / 1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm	11	12 Ageless Grace 9:30 am Bingo 10:30 am	 13 Veterans Breakfast 10 am Parx Casino 9:30 am	14 Trip to the Lavender Farm 9:30 am Zumba 8:55 am Chair Yoga 10:30 am	15
16	17 ShopRite 9am / 1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm	18 Trip to Texas Roadhouse - 4:30 pm AARP SDTek Workshop 12 pm	19 Ageless Grace 9:30 am Bingo 10:30 am	20 Trip to Point Pleasant 9:30 am	21 Office Closed No medical transportation	22
23	24 Walmart 9am / 1pm Zumba 8:55 am Mindful Fitness 10:15 am Mahjong 1-3 pm	25 Mahjong 1-3 pm Line Dancing 12:00 pm	26 Ageless Grace 9:30 am Bingo 10:30 am Pizza 12:30 am	 27 MacCulloch Hall Historical Museum 9:45 am	28 Zumba 8:55 am Chair Yoga 11:30 am	29
30						

- Medical transportation will be Monday - Friday unless otherwise stated.
- Please call for a ride to the Senior Center on Wednesdays
- All trips are subject to change
- Zumba/Yoga/Mindful Fitness is \$5 and \$6 for non-residents



Pictures from St. Patrick's Day Party!

