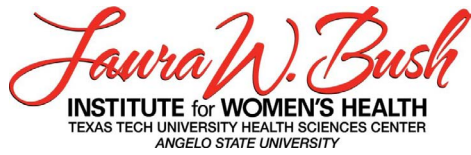


# Sponsors

We would like to thank all of our generous sponsors. Without their support, this event would not have been possible.



THE TEXAS HUNGER INITIATIVE &  
THE LAURA W. BUSH INSTITUTE FOR  
WOMEN'S HEALTH PRESENT



EDUCATION SERVICE CENTER  
REGION XV  
SAN ANGELO, TEXAS  
THURSDAY, MARCH 26 | 9 A.M. - 4 P.M.



# Welcome

Friends and Colleagues,

On behalf of the staff of the San Angelo Regional Office of the Texas Hunger Initiative, the Laura W. Bush Institute for Women's Health and our supporting organizations, I would like to welcome you to the second annual *Together at the Table - West Texas Hunger Summit*. We believe that this will be an invaluable time of learning, sharing ideas and strengthening partnerships in our goal of ending hunger in our communities, our state and our nation.

During this day of coming together at the table, our keynote speakers will teach us how to see our communities in a new light, how to assess their strengths and then utilize those strengths to either bring about change or reinforce the great programs that are already happening. The many breakout sessions will afford us the opportunity to learn best practices, explore new ideas and network with each other, eliminating the need to re-invent the wheel in order to help our communities become better places to live.

We want to thank our sponsors for their generosity without which this event would not be possible. Our gratitude also goes to all of our wonderful speakers who have given of their time and talents to be here today.

Finally, we want to thank each of you who have given of your time to meet us at the table. Your commitment to making our West Texas region the best that it can be is evident in your ongoing quest to find ways to eliminate poverty and hunger in the communities around you. It is our hope that you will leave inspired to continue your journey not only with renewed vigor but also with the tools necessary to meet the task before us.

Sincerely,



Mary Herbert  
San Angelo Regional Director, Texas Hunger Initiative  
Baylor University

# About LWBIWH

The Laura W. Bush Institute for Women's Health (LWBIWH) is a pioneer in women's health that strives to meet the needs of women and their families in the Concho Valley. Our organization funds women's health and gender research in medicine, empowers women and girls in the community through fun yet educational events, and connects women in need with breast cancer services and assistance with treatment. This year alone, LWBIWH at Angelo State University has served over 2,000 women, funded over 515 mammograms for women in need, with 20 of these women diagnosed with breast cancer.

## San Angelo campus located at:

5301 Knickerbocker Rd. Suite 200  
San Angelo, TX 76904

Choose one breakout session for 1:30 - 2:30 p.m. and one breakout session for 2:45 - 3:45 p.m. from these four categories: **Health and Wellness, Community Organizing, Hunger Outreach and Overcoming Hunger Barriers.**

<b>Hunger Outreach</b> (Bluebonnet Room)	<b>Overcoming Hunger Barriers</b> (Distance Learning Lab)
<b>Senior Hunger</b>  David Weaver, South Plains Food Bank	<b>Fair &amp; Equitable Lending Practices: How to Become a Community Advocate</b>  Rucker Preston and Ann Baddour, Helping Hands of Belton and Texas Appleseed
<b>Food Gleaning</b>  Caroline McLain and Kathleen Lokey, Baylor University Campus Kitchens	<b>SNAP: Supplemental Nutrition Assistance Program (formerly Food Stamps) from A-Z</b>  Donnie McDonald, Texas Health and Human Services Commission



# About THI

Developed at Baylor University, the Texas Hunger Initiative (THI) is a collaborative, capacity-building project focused on ensuring that every Texan has access to three nutritious meals a day, seven days a week. THI develops and implements strategies to end hunger through research, policy, education, community organizing and community development. Headquartered at Baylor University with 12 regional offices across the state, THI convenes federal, state, and local government stakeholders with nonprofits, faith communities and business leaders to create an efficient system of accountability that increases food security in Texas. To learn more, visit [www.texashunger.org](http://www.texashunger.org).

Staff at THI - San Angelo Regional Office include:

Mary Herbert, Regional Director  
Betty Teston, Child Hunger Outreach Specialist

Office located at:  
36 Twohig, Suite 201  
San Angelo, TX 76903



# Breakouts

TIME	Health and Wellness (Llano Room)	Community Organizing (Lab 1)
1:30 to 2:30 p.m.	<b>Dinner Tonight</b>  Jessica Theimer, Texas AgriLife	<b>Food Insecurity</b>  Jenny Eyer, Children at Risk
2:45 to 3:45 p.m.	<b>The Challenge—Make Your Community the Healthiest in Texas</b>  Stephanie Reisner and September Summer, HEB and Shannon Medical Center	<b>Engendering Neighborhood Identity and Activism through Service-Learning</b>  Dr. Kenneth Stewart with class and Patrick Howard, Angelo State University and City of San Angelo



# Agenda

- 9:00 - 9:30**      **Registration and Booths**
- 9:30 - 9:45**      **Welcome**  
*Mary Herbert, Regional Director,  
Texas Hunger Initiative - San Angelo  
Baylor University*  
  
*Dr. Linda Ross, Regional Director  
Laura W. Bush Institute for Women's Health  
Executive Director, WED Center  
Angelo State University*
- 9:45 - 10:45**      **Keynote Speaker**  
*Dr. Baker Harrell, Founder and CEO  
IT'S TIME TEXAS*
- 10:45 - 11:00**      **Break (Booths and Networking)**
- 11:00 - 12:00**      **Keynote Speaker, Continued**  
*Dr. Baker Harrell, Founder and CEO  
IT'S TIME TEXAS*
- 12:00 - 1:15**      **Lunch and Speaker**  
*Dr. Jeremy Lyon, Superintendent of Schools  
Frisco Independent School District*
- 1:15 - 1:30**      **Break (Booths and Networking)**
- 1:30 - 2:30**      **Breakout Session I - See Breakout Matrix, pgs. 6 & 7**
- 2:30 - 2:45**      **Break (Booths and Networking)**
- 2:45 - 3:45**      **Breakout Session II - See Breakout Matrix, pgs. 6 & 7**
- 3:45 - 4:00**      **Evaluation**  
*Please complete and submit the West Texas Hunger Summit  
Evaluation Form.*



# Speakers

**Ann Baddour** is the state director of Appleseed projects aimed at bringing low-income and immigrant consumers into the financial mainstream. She is actively involved in reform of regulations governing payday and auto title lending in Texas to build greater consumer protection into these transactions. Baddour is a Fulbright Scholar with a Master of Public Affairs degree from the LBJ School of Public Affairs and a master's degree in Middle Eastern studies from The University of Texas at Austin.

**Jenny Eyer** graduated with a Bachelor of Science in Biochemistry from Abilene Christian University in 2008, and earned her Master of Public Health with a concentration in Maternal and Child Health from the University of Texas School of Public Health in 2012. As the Assistant Director for Health and Nutrition for CHILDREN AT RISK, she focuses her time on increasing participation in school meals and leading the Food in Schools Initiative as it expands across the state.

**Dr. Baker Harrell** is founder of the preeminent nonprofit community health organization, IT'S TIME TEXAS, which impacts more than 5 million Texans in over 550 communities. He has a background and expertise in new media, social movement theory and health marketing. He has a master's degree in health education with a concentration in childhood obesity. His doctorate revolved around his philosophy of empowering people to initiate pro-social change through the intersection of social movement studies, social marketing and public health.

**Patrick Howard** is Director of Planning & Development Services for the City of San Angelo. Howard and his staff are committed to preserving and maintaining San Angelo's historic, diverse neighborhoods by facilitating orderly growth and development.

**Kathleen Lokey** is the Baylor Community Garden Coordinator and a staff member at the Urban Gardening Coalition in Waco. She is an AmeriCorps VISTA member in the Office of Community Engagement & Service at Baylor University. She holds a Master of Social Work from Baylor University with a concentration in Community Practice. Lokey's work experience has ranged from working in the foster care system to working in international social work. Her internship at the World Hunger Relief, Inc. in Waco led to a deeper interest around issues regarding food injustice.

**Dr. Jeremy Lyon** serves as superintendent of schools for Frisco Independent School District. Frisco ISD is one of the fastest growing school districts in the country with 50,000 students attending in 2014. Lyon has served in public education for 28 years as a teacher, coach, principal and superintendent. He received his Bachelor of Science undergraduate degree from Texas A&M University and his doctoral degree in school administration from the University of Texas at Austin.

**Donnie McDonald** has been serving Texans in need for over three decades. She has worked in a wide spectrum of positions from worker to supervisor to trainer. She has seen many changes in the agency, in policy and in presentation of HHSC benefit programs. Whether helping a Hurricane Katrina or Ike survivor at Austin's Convention Center or training other professionals to guide individuals towards available services and benefits, Donnie approaches all with extensive knowledge, a caring heart and a dose of humor.

**Caroline McLain** serves as the Campus Kitchen Coordinator and is an AmeriCorps VISTA in the Office of Community Engagement & Service at Baylor University. A graduate from the Nutrition Science program at Baylor, Caroline is currently an active member of Live Well Waco and the McLennan County Hunger Coalition.

**Rucker Preston**, the Executive Director of Helping Hands Ministry of Belton, has been with that organization since 2008. With his greatest interest in economic justice, Preston has implemented multiple projects in Bell County that combat hunger and poverty at the local and state levels. Preston is currently studying at Baylor University as he works on his Master of Social Work.

**Stephanie Reisner** is the wellness champion for the San Angelo HEB. She serves on the Diabetes Management Program Advisory Board for Shannon Medical Center as well as the San Angelo ISD School Health Advisory Council. After studying Nutrition at Huntington College of Health Sciences, she was asked to join HEB. This challenging role allows her to help the employees, customers and community as they focus on health and wellness.

**Kenneth L. Stewart** is professor of sociology and director of Community Development Initiatives at Angelo State University (ASU). Stewart teaches sociology courses and serves as director of ASU's Community Development Initiatives.

**September Summer** is the health and wellness coordinator for Shannon Medical Center. She has a master's degree in exercise science and 20 plus years of experience in personal training and teaching fitness classes. Summer served as one of the coordinators involved with the CATCH in Motion program that Shannon championed for three years, involving over 30 elementary schools in the ESC Region 15 service area.

**Jessica Theimer** is a registered dietitian and the program coordinator for the Dinner Tonight Program with Texas A&M AgriLife Extension Service. The Dinner Tonight program helps families meet their healthy lifestyle goals and encourages family mealtime by providing quick, nutritious and cost-effective recipes and demonstrations via web-based videos.

**David Weaver** is the CEO of the South Plains Food Bank in Lubbock, Texas, an organization that collects and distributes donated food and serves as a voice for the hungry. Weaver has served as the organization's CEO for the past 18 years. He is a graduate of Texas Tech and Midwestern Baptist Theological Seminary.