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PRESENT

Together at the Table

WEST TEXAS
HUNGER SUMMIT

HUNGER AS A HEALTH ISSUE

EDUCATION SERVICE CENTER

REGION XV

SAN ANGELO, TEXAS

THURSDAY, MARCH 23 | 9 A.M. - 4 P.M.



Laura W. Bush
INSTITUTE for WOMEN'S HEALTH
TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER



TEXASHUNGER
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Welcome

Friends and Colleagues,

On behalf of the staff of the San Angelo Regional Office of the Texas Hunger Initiative and our sponsors, I would like to welcome you to the fourth annual Together at the Table - West Texas Hunger Summit. We believe that this will be an invaluable time of learning, sharing ideas, and strengthening partnerships in our goal of ending hunger in our communities, our state, and our nation.

During this day of coming together at the table, our keynote speakers will teach us how to see our communities in a new light, learning how to assess their strengths and then utilize those strengths to either bring about change or reinforce the great programs that are already happening. The afternoon sessions will afford us the opportunity to learn best practices, explore new ideas, and network with each other, eliminating the need to “re-invent the wheel” in order to help our communities become better places to live.

We want to thank our sponsors for their generosity without which this event would not be possible. Our gratitude also goes to all of our wonderful speakers who have given of their time and talents to be here today.

Finally, we want to thank each of you who have given of your time to meet us at the table. Your commitment to making our West Texas region the best that it can be is evident in your on-going quest to find ways to eliminate poverty and hunger in the communities around you. It is our hope that you will leave inspired to continue your journey not only with renewed vigor but also with the tools necessary to meet the task before us.

Sincerely,



Mary Herbert
San Angelo Regional Director
Baylor University's Texas Hunger Initiative

He has a master's degree in health education with a concentration in childhood obesity. His doctorate revolved around his philosophy of empowering people to initiate pro-social change through the intersection of social movement studies, social marketing, and public health.

Rachel Kwan, MPH, RD, LD, is director of strategic partnerships at Feeding Texas. Kwan helps expand the capacity of Texas food banks to offer obesity prevention efforts to their clients and the greater community. She is passionate about improving access to healthy food and physical activity in under-resourced communities. She is a registered dietitian and completed her dietetic internship at Maricopa County Department of Public Health. Kwan holds bachelor's degrees in nutrition and Plan II from the University of Texas and a master's degree in public health from the University of Texas School of Public Health

Elia Moreno is the author of *Living Intentionally*, a book that depicts her own personal journey and hard earned insights on the importance of adding value to the lives of others in just 90 seconds. She is the community engagement manager for Cal Farley's Community Engagement Center, serves as the national program director for Beegle Communication Across Barriers, and is the director of community outreach for the No Excuses University Network of Schools, a growing network of 250 schools who promote college readiness for all students, especially those living in poverty. Moreno is on the Texas Christian Community Development Board. She was selected as a 2015 USA Characters Unites Award Winner by USA Network, was the winner of the 2016 Suddenlink Community Impact Award, and most recently, was named the 2016 Amarillo Beta Sigma Phi Woman of the Year.

Dr. Debra Reed is a professor in the Department of Nutritional Services, College of Human Sciences, Texas Tech University. Dr. Reed previously served on the faculties of the University of Texas School of Public Health, Tulane University School of Public Health and Tropical Medicine, Louisiana State University, and Texas A&M University. At TTU, she has served as a Service Learning Fellow, incorporating service learning principles into her undergraduate and graduate classes and has received the President's Excellence in Teaching Award and the Integrated Scholar Award. Throughout her career, Dr. Reed has been an advocate for nutrition education for diverse and under-served populations and an advocate for practical, community-based education for university students in nutrition and dietetics. She has a B.S. and M.S. in food and nutrition from Texas Tech University and a Ph.D. from the University of Texas Health Science Center at Houston, School of Public Health. Dr. Reed has been honored as a Distinguished Scientist by the Texas Academy of Nutrition and Dietetics and as a Distinguished Alumni from the College of Human Sciences at TTU.

Vince Smith is Minister to Families at First Baptist Church in San Angelo. He formerly served a church in Florida prior to moving to West Texas. Serving as the Minister to Families, Smith is responsible for ministries that range from babies all the way to university students and their families.

Agenda

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| 9:00 - 9:20 | Registration | 1:15 - 2:30 | Panel: Programs and Strategic Interventions to Reduce and Eliminate Hunger |
| 9:20 - 9:30 | Welcome <i>Mary Herbert, Regional Director, Texas Hunger Initiative - San Angelo Baylor University</i> <i>Dr. Linda Ross, Regional Director, Laura W. Bush Institute for Women's Health Executive Director, WED Center Angelo State University</i> | | "Making the Most of Afterschool Time" <i>Vince Smith, Family Minister, First Baptist Church, San Angelo, TX</i> "Improving access to healthy food and physical activity in under-resourced communities and integrating evidence-based practice into nutrition and health programs through public health approaches." <i>Rachel Kwan, Director of Strategic Partnerships, Feeding Texas</i> "Feed Our Kids - Summer Meals and Afterschool Mentoring Program" <i>Richard and Becky Acuna, Directors, Sweetwater House of Peace, Sweetwater, TX</i> "Correlation Between Hunger and Obesity" <i>Jenny Eyer, Senior Policy Analyst, Manager, Center for Child Health, Research, and Policy, Children at Risk</i> |
| 9:30 - 10:30 | Keynote Speaker: The Politics of Collaboration: The National Commission on Hunger's Recommendations for Creating Healthier Communities <i>Jeremy Everett, Founding/Senior Director Texas Hunger Initiative Baylor University</i> | | |
| 10:30 - 10:45 | Break (network) | | |
| 10:45 - 11:45 | Keynote Speaker: Health Consequences of Food Insecurity in Children and Adults <i>Dr. Debra Reed, Helen DeVitt Jones Chair, and Graduate Advisor - Nutritional Sciences, Department of Nutritional Sciences, College of Human Sciences Texas Tech University</i> | 2:30 - 2:45 | Break (network) |
| 11:45 - 1:00 | Keynote Speaker: 9 Principles on Engaging, Connecting, Communicating and Impacting People Living in Poverty <i>Elia Moreno, Community Engagement Manager Cal Farley's Community Engagement Center Author of <u>Living Intentionally</u></i> | 2:45 - 4:00 | Keynote Speaker: We Know the Need, So What Do We Do Now? <i>Baker Harrell, Ph.D., Founder/CEO It's Time Texas</i> |
| | | | <i>Continuing Education credits will be available for Social Work, LPC, and Marriage and Family Therapists.</i> |



Speakers

Richard and Becky Acuna serve Sweetwater, Texas, through their chosen professions and their lives. Richard Acuna is a local fireman and a substitute teacher, and Becky Acuna is the outreach minister at Trinity Baptist Church and director of The Sweetwater House of Peace (The SHOP). The SHOP is a Christian organization that helps the community of Sweetwater through different programs including Feed Our Kids, Afterschool Mentoring Program, and Mommy and Me. Not only does The SHOP provide a safe place for kids, it also provides for them emotionally, physically, mentally, and spiritually. The Acunas are Sweetwater's 2016 Outstanding Young Citizens for their role in helping build up the community and serving the children and families of Sweetwater.

Jeremy Everett is the founding director of the Texas Hunger Initiative (THI), a capacity-building project within Baylor University and a partner of the United States Department of Agriculture, Texas state agencies, and a number of other anti-hunger and anti-poverty organizations that develops and implements strategies to alleviate hunger through research, policy analysis, education, and community organizing. Everett earned a bachelor's degree from Samford University and a Master of Divinity from Baylor University. Everett is a Next Generation Fellow of the University of Texas LBJ School's Strauss Center for International Security and Law. He also serves on the Baptist World Alliance's Commission on Social and Economic Justice, and was recently appointed by U.S. Congress to serve on the National Commission on Hunger.

Jenny Eyer, holds a B.S. degree in biochemistry from Abilene Christian University and a M.P.H. with a concentration in maternal and child health from the University of Texas School of Public Health. Prior to CHILDREN AT RISK, Eyer worked as a research assistant for the University of Texas School of Public Health at the Michael and Susan Dell Center for Healthy Living to promote child health in the North Texas area. As the senior policy analyst and manager of the Center for Child Health, Research and Policy for CHILDREN AT RISK, she focuses her time on increasing access to healthy foods for children across the state, both during school hours with the Food in Schools Initiative, and after the school day ends, with the Healthy Food Retail Initiative.

Dr. Baker Harrell is founder of the preeminent nonprofit community health organization, IT'S TIME TEXAS, which impacts more than 5 million Texans in over 550 communities. He has background and experience in new media, social movement theory, and health marketing. Baker received the Best Practices Health and Fitness Award from the Texas Department of State Health Services and a Most Promising Initiative award from the Centers for Disease Control and Prevention and the Robert Wood Johnson Foundation.



Texas Hunger Initiative

The Texas Hunger Initiative (THI) is a collaborative, capacity building project housed at Baylor University and focused on the goal of ensuring that every Texan has access to three nutritious meals a day, seven days a week. THI is dedicated to developing and implementing strategies to end hunger through research, policy, education, community organizing and community development. THI convenes federal, state, and local government stakeholders with nonprofits, faith communities and business leaders to create an efficient system of accountability that increases food security in Texas. THI has eight regional offices across the state in: Austin, Dallas, El Paso, Houston, Lubbock, McAllen, San Angelo, and Waco. To learn more, visit www.texas hunger.org.

Staff at THI - San Angelo Regional Office include: Office located at:

| | |
|--|-------------------------|
| Mary Herbert, Regional Director | 36 E. Twohig, Suite 201 |
| Betty Teston, Child Hunger Outreach Specialist | San Angelo, Texas 76903 |



Laura W. Bush Institute for Women's Health

The Laura W. Bush Institute for Women's Health (LWBIWH) is a pioneer in women's health that strives to meet the needs of women and their families in the Concho Valley. Our organization funds women's health and gender research in medicine, empowers individuals in the community through fun yet educational events, and connects women in need with breast cancer services and assistance with treatment. Over the past five years, ABCC4WT has reached over 20,000 women with breast and cervical cancer screening in 21 counties of West Texas. 39 women have been diagnosed with breast cancer, 6 of which were under the age of 40.

San Angelo campus located at:

5301 Knickerbocker Rd. Suite 200
San Angelo, Texas 76904