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# Our services through lockdown

Healthy Hearing & Balance Care hope you and your loved ones are staying safe and healthy during these uncertain times. We remain open for services and supplies should you require assistance with your hearing and/or balance.

As always we encourage all our patients to stay connected and active to optimise mental and physical wellbeing. We believe it all plays a part in not only hearing and balance, but overall health.

## Maintaining a balance

Our schedules and activities can be thrown off by the health advice and rules, but thankfully we are all able to get out and exercise once a day. We encourage all our patients to get out and stretch those muscles!

This is particularly important for those who have balance concerns, as staying active and moving plays a huge role in retraining the brain and muscles to find a new sense of balance.

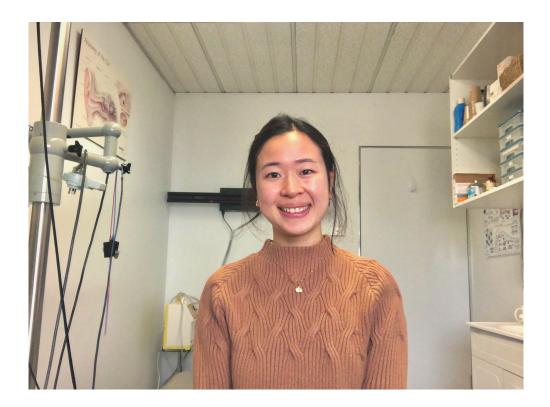
An active lifestyle also has many positive effects on those who have Meniere's disease and those who are troubled by tinnitus.

### Meet Barbara!

Our team here at Healthy Hearing has a new member!

Barbara is a fresh audiologist with extensive knowledge of the latest technology in hearing aids. She has a passion for optimising hearing aids and a newfound interest in balance disorders and assessment.

Barbara enjoys many creative hobbies including photography, knitting and painting. Make sure you say hi to Barbara next time you pop into the clinic!



# Technology update

## Charge n Clean

Widex

Roger Pen

Phonak

#### Our new equipment!

MedRx Audiometer & Real Ear Measure





This is an exciting one, because no one likes cleaning... Widex have released a new charger that will do your cleaning for you too! Features advertised are:

- UV-C and LED lights that eliminate bacteria, yeast and viruses.
- Two fans and a heating device providing controlled dehumidification.
- Temperature stabilisation whilst charging to ensure optimal battery performance.

The Charge n Clean is compatible with rechargeable Widex Moment or Magnify receiver-in-thecanal devices. Ask our staff if you are interested! The Roger devices have long been well regarded as the ultimate family of hearing aid accessories, and there's now a new member!

The Roger Pen is a discreet pen-shaped device that acts as a remote microphone that works well with one speaker (clipped onto a shirt) or multiple (placed on a table). It is fantastic for overcoming difficult situations such as hearing from a distance, in noise and group conversation.

Ask our clinicians if your hearing devices are compatible and if you might benefit from a Roger Pen.



Pictured above is the new gear we have brought into the clinic to replace our previous, wellloved equipment.

As the new equipment is completely computer-based and linked to our patient database, we will be able to carry out testing more smoothly and efficiently.

It will be used to obtain a clear picture of what your hearing looks like and create personalised fine-tuning that is specific to your hearing loss. For you, this means more balanced and crisp sound. We are so excited to use these to help you on your hearing journey!