## FAMILY DYNAMICS QUESTIONNAIRE

## Revising Family PTP

And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Cbrist, filled with the fruit of righteousness that comes through Jesus Christ-to the glory and praise of God. Philippians 1.9-11

We all want our families to grow in knowledge and depth of insight in your love for each other. But, to grow in these things we have to do some investigating about ourselves. Use these questions to start examining your family dynamics so you and your family can grow in how you love each other. We're going answer these questions on a scale of 1-5, where you score how much you agree with the statement made about your family.

IMPORTANT: This is just the start of the journey. This isn't a time to condemn. You may differ in your answers from other members of your family, and that's ok. That's why we're doing this.

## QUESTIONNAIRE

Respond to these statement/questions on a scale from 1 to 5

1. Besides Jesus, my family is my top priority.

2. My family would say that my top priority is my family.

3. In my family, it feels like we are all in this together.

4. There are clear roles for everyone in our family for them to give, receive, and grow within.

5. My family speaks to each other with love, honor, respect, and grace.

6. My family is attuned to each other's emotions.

7. My family engages in conflict in a healthy way.

8. My family feels like our home is a safe place. (A place in which they can be vulnerable)

9. We're not perfect, but my house "serves the Lord."

10. My family has regular meal times together.

11. My family has devoted special family time. (Not necessarily a devotional)

12. I have been discouraged by how some of my attempts to build a godly family have worked out.

13. I have relationships with other disciples that help me grow in my life, marriage, parenting, etc.

14. My family is firmly connected to and participates in a spiritual "village."

