1. CANNED FRUIT
   Packed in juice, not heavy syrup

2. PROTEIN
   Canned tuna, chicken, and salmon, etc.

3. OTHER PROTEIN
   Canned beans, peanut butter

4. CEREAL
   Whole grain/lower-sugar cereals

5. CANNED SOUP
   Healthy choices, lower sodium

6. RICE
   Individual 1-2 lb bags

7. TOMATO/PASTA SAUCES

8. CARBOHYDRATES
   Whole grain pasta, macaroni and cheese, etc.

9. CANNED VEGETABLES

10. KIRKLAND (COSTCO) TOILET PAPER

11. PERSONAL CARE PRODUCTS
   Diapers, Wipes, Feminine Care Products, Shampoo, Toothbrushes, Toothpaste, Soap

Weinberg Food Pantry
Drop off hours:
Monday through Thursday, 8:15 a.m. to 4:45 p.m. | Friday, 8:15 a.m. to 4:30 p.m. Please ring the doorbell.
3201 South Tamarac Drive, Denver, CO 80231

Jewish Family Service