

breakfast baps

Primrose Herd Rare Breed Pork Sausage
7 (gfo)

**St Ewe Fried Egg &
Buttered Field Mushroom**
7 (v) (gfo)

Primrose Herd Dry Cured Back Bacon
7 (gfo)

**Moving Mountain Plant Based Sausage &
Vegan Cheese** 7 (vg)

full breakfasts

Full Cornish
grilled back bacon, pork chipolatas, crispy potato, baked beans, st ewe scrambled egg, button mushrooms, granary toast, cornish hogs pudding. 10 (gfo)

Vegan Breakfast
plant based sausages, crispy potato, wilted baby spinach leaves, grilled plum tomato, baked beans, field mushroom, granary toast. 10 (vg)

Gylly Buffet Breakfast
earl grey infused fruits, natural yoghurt, berry granola, all butter croissant, tip tree jam, smoked cheese, carved ham. 12

waffles & muffins

Savoury Baked Waffle
lock duart smoked salmon, dill cucumber ribbons, cherry tomatoes, sour cream, pickled shallots, honey. 13

Eggs Florentine
wilted spinach, poached eggs, creamy hollandaise sauce, toasted bakery muffin. 8 (gfo)

Toasted Breakfast Muffin
grilled sausage, smoked bacon, st ewe fried egg, hash brown, monterey jack cheddar. 8

Eggs Benedict
carved ham, poached eggs, creamy hollandaise sauce, toasted bakery muffin. 8 (gfo)

juniors (ages 12 & under)

Heinz Baked Beans
granary toast. 5 (v) (gfo)

Berry Granola
natural yoghurt, semi skimmed milk. 5 (v) (*)

Baked All Butter Croissant
tip tree strawberry jam. 2.8 (v)

coffee

Black / White Coffee 2.5

Flat White 2.9

Cappuccino 2.7

Latte 2.7

Espresso 2.20

Doppio Espresso 2.5

Mocha 3.2

Babyccino 1

tea

Breakfast Tea 2.1

Earl Grey / Decaf / Redbush 2.2

Specialty Tea 2.8

Three Mint / Matcha Green

Lemongrass & Ginger

Chamomile / Blackcurrant

hot chocolate

Hot Chocolate
3.3 / Kids 2.7

Hot Chocolate & Cream
3.5 / Kids 2.9

The Deluxe
hot chocolate, cream & marshmallows. 3.8
Kids. 3.2

cold drinks

Cornish Orchards 3
Sicilian Lemonade
Elderflower Presse
Apple & Rhubarb
English Apple

Navas Ginger Beer 2.2

Smoothie Cartons 2.5

Apple / Orange Juice Carton 1.2

Cornish Water:
Sparkling or Still
Small 2 / Large 3.5

Fresh Orange Juice 3

Frobishers Juice 3
Pineapple / Pink Grapefruit

Eager Juice 2.5
Apple / Cranberry / Orange / Tomato

Icon Coke / Diet / Zero Coke Bottle 3

served 9-11:30

(v) = vegetarian (gf) = gluten free diet (gfo) = gluten free option (vg) = vegan (*) = contains nuts

please note we use wheat, eggs, nuts, dairy, & seeds in our kitchen. every ingredient on each dish may not be listed, any allergies please make our management team aware.