



Sing my own song

Learn how to write and perform your own song!

Online

Starting at the beginning of November

A pilot therapeutic 15-week project for 13-19 year olds* who will learn to:

- Write songs
- Make music
- Creatively express feelings and views of the world
- Test different ideas and musical forms in a supportive environment
- Practise and perform

Participants will gain confidence, experience and a sense of achievement.

No experience necessary.

Contact Elizabeth@kidsinspire.org.uk to find out more

Worried about yourself? Feel lonely? Find it difficult to express yourself? Come along!

* Places will be allocated on a discretionary basis

