THE RISE OF ANXIETY AND DEPRESSION AMONG YOUNG ADULTS IN THE UNITED STATES

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FOOTNOTES


16. Twenge et al., “Psychopathology among Young Americans.”


20. Primack et al., “Use of Multiple Social Media Platforms.”


42. Heiligenstein et al., “Depression and Academic Impairment in College Students.”
45. Gilmour and Patten, “Depression and Work Impairment.”


63. “Substance Use and Mental Health Indicators,” SAMHSA.


69. Gallagher, “National Survey of College Counseling Centers.”


74. Yu et al., “Mental Health Counseling as Adolescents Become Young Adults.”