

Dear Parents, Guardians, Campers, and Volunteers,

My name is Annie Eckhardt. Jess DeJong and I will be the RNs serving this year at Ignite. We are both so excited to go to camp and serve your kiddos for this fun-filled week!

In an effort to help safely manage medication needs at camp, we ask that you respectfully follow all the requirements regarding the sending of medication to camp. We appreciate your help in our efforts to comply with guidelines and to maintain a safe delivery of all camper medications.

ALL medication MUST be checked in to staff prior to camp departure. Please bring all medication in **original containers inside a ziplock bag labeled with the camper's full name and date of birth.**

Medications include:

- Over the Counter Medication: vitamins, supplements, herbals, essential oils, cough drops, creams, allergy medication, pain medication
- Prescription Medication: pills, liquids, powders, creams, injections (such as epi-pens or insulin *see note), inhalers & nebulizers

Medication must be in the ORIGINAL store bought or prescription container with dosing on the original label. The dosing and age requirement on label is our guide. DO NOT write on the label.

If your child's dose is different than what is shown on the label, you MUST get a doctor's order for the correct dose. Otherwise the dosage on the label MUST be used. We cannot use a parent note for altered amounts. Your child's age/dose must be within the label's direction for use. (For Essential Oils please tighten caps, place in baggie with written instructions).

*A required Allergy Action Plan must be filled out and signed by your Doctor for epinephrine injectors. Diabetics require a copy of their Diabetic Action Plan from the Endocrinologist. ***If you have indicated that your student needs an epinephrine injector on the registration form, **I will reach out to you directly with the allergy action plan and give further instructions.**

UNACCEPTABLE forms of sending medications to camp:

- Ziplock Baggies with loose pills (original container required)
- Sunday-Saturday containers with pills (original container required)
- Inhalers & epi pens without a label (pharmacy label required)
- Any prescription medications without the pharmacy labels (pharmacy label required). Your pharmacy can print you a label if you have misplaced one.

- Expired Prescriptions (We cannot administer expired medication)

A few final notes:

- **If medication is brought to camp check-in in an unacceptable form, we may not be able to accept it.**
- It is a good idea to bring any prescribed inhaler/epi pen to camp even if you do not normally have any need for them. Campers often find they need these medications, especially inhalers with the change in location and activity level at camp.
- Any camper 18 years or older MUST still turn in medication but can self administer and the camp nurse will not be documenting or following to ensure compliance of medication use while at camp.

Thank you for making our job easier by complying with all health, safety and medication guidelines. If you have any questions or would like to talk about your child's specific situation, please do not hesitate to contact me!

Annie Eckhardt, RN

(208) 514-5958

sawyeranniece@gmail.com