Today is the summary of our salvation, and the revelation of the age-old mystery. For the Son of God becomes the Son of the Virgin, and Gabriel announces the good news of grace. Therefore, let us join him, and cry aloud to the Theotokos: “Rejoice, Maiden full of grace! The Lord is with you.”
CHURCH CLERGY AND STAFF
Reverend Protopresbyter Constantine Simeonidis, Proistamenos
Reverend Protopresbyter Konstantinos Tsigas, Retired
Rob Shand, Pastoral Assistant

Protopsalti: Mr. Pantelis Xikis
Sexton: Mr. Fotios Fotakidis
Choir Director: Mrs. Stacey Norton

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Gift Shop and Bookstore: Pam Filutowski, Flo McMahon, and Irene Sorich
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OPA: Sebastian Filutowski
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Society of Wisdom: Mary Mantzaris

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Asteria Dance Troupe: Maija Davatelis, Zoe Jones, and Katherine Kartsonis
Catechetical School: Maria Haun-Davis, Presbytera Elaine Simeonidis, and Irene Sorich
Filarakia Dance Troupe: Gina Avgeropoulos, Elektra Burnett and Eleni Stratigeas
GOYA Advisors: Rob Shand Assistant: Sebastian Filutowski
Hellenic Dance Troupe: Tina Burnett and Staci Lagoutaris
Hellenic Academy Principal: Taso Mitrogoros
HOPE/JOY Advisors: Volunteer Needed
Jr. Hellenic Dance Troupe: Niki Arhakis, Venetta Jones, Krista Roman, and Anna Saiger
Little Aegean Dance Troupe: Sophia Azarian, Sophia Kotsonis, and Anastasia Papaioanou
Mission Ministry: TBD
St. John Oratorical Festival: Niki Tringas
Youth Choir: Stacey Norton
Vacation Bible School: Monica El-Gharib
Youth Narthex Servers: Jennifer Cokias

AUXILIARY GROUPS
AHEPA
Daughters of Penelope
Orthodox Christian Fellowship at UCF

FOLLOW US ON:
Question: In your book Saint Gregory Palamas as a Hagiorite you write that Saint Gregory is a saint who can help modern man a lot. What could we, who live in a world very different from the world of the fourteenth century, earn from St. Gregory?

Answer: Beyond what you say, in my book I write that our time is parallel to the time in which Saint Gregory Palamas lived, that is, there are the same movements and the same traditions. That is, in the 14th century in the Roman Empire, the so-called Byzantium, there was a living Orthodox Tradition, expressed by St. Gregory, but at the same time there were many humanistic elements, which means that humanists relied heavily on the human factor. Thus, there were Christians who lived a mystical and ascetic life, but at the same time there were Christians who were influenced by other traditions and in fact were humanists, that is, they relied on the human factor.

St. Gregory Palamas faced two temptations, one coming from the West with the teaching of Barlaam which was clearly a secularized Christianity, and the other temptation coming from the East expressed by the Ottomans, who at one time he had discussions with. And we Orthodox today are facing challenges from both the secularized Christian West and the anthropocentric religiosity - Islam - of the East.

Thus, in the time of St. Gregory Palamas, there was scholasticism centered on reason and moralism centered on emotion and external behavior. In this case, St. Gregory emphasized Orthodox hesychasm which is a confutation of both scholasticism and moralism. Also, at that time there were two traditions, one emphasizing the Mysteries to the detriment of prayer, as Barlaam taught, and the other emphasizing prayer to the detriment of the Mysteries, as the Messalians believed.

We see, then, that our time is parallel to the time of the 14th century, where the same traditions and the same influences from the East and the West prevail, but also from internal inherent humanist traditions. It is an anthropocentrism, a self-love and eudaimonic happiness that is contrary to the ecclesiastical tradition. This means that we should know very well the Orthodox Tradition, as expressed by our saints old and new who have the spirit of prayer, worship, Holy Communion, philanthropy and love for God. To learn to distinguish what is and what is not Orthodox, what is and what is not ecclesiastical. Because, the main danger is syncretism, that is, to consider that all traditions are the same and all religions speak for the same God.

Answer: According to the biblical patristic tradition, the heart is the center of human existence, it is the space which is discovered through asceticism in Christ, unceasing prayer and in which space God is revealed. This is called the spiritual heart and it is at the depth of the physical heart, and it is certainly not the emotion. Christ Himself said, “Blessed are the pure in heart, for they shall see God” (Matt. 5:8).

In the Patristic Tradition it seems that when the Fathers speak of the heart, they mean mainly the passive part of the soul, which consists of anger and desire. Therefore, heart is the power of love and the power of anger. Through love we desire to be united with Christ and anger is the force that activates this desire. Unfortunately, we offer this desire and anger to creation and passions develope, but when we bring it back to God, then the heart is purified. Thus the heart works against nature with the passions and for supernatural nature with the Grace of God and prayer.

In addition to the heart, there is in man the so-called accounting of the soul, which acts on the brain. With reason we gain knowledge of the world around us, we study books, we form thoughts about the way we live, but with our hearts we love God and people. Thus there is the rational energy
that is active in the brain and there is the noetic energy, which in its normal state is activated in the space of the heart, what the Fathers call the deep heart or spiritual heart.

How we know God by the heart and not by reason is the essence of the spiritual life. Usually, when we are in pain from a shocking event, then we live with the heart. Thus, when we repent and a pain develops because we have turned away from God, we learn to live with the heart. This will be shown to us by the course of our spiritual life. The fact is that when we connect with a person who lives with the heart, whose nous is freed from reason, we can learn to behave heartily. This is done with all the sciences, since without a guide, without a teacher, it is difficult to learn the secrets of a science. The same is true of spiritual matters.

I must recall the path of the two Disciples on the way to Emmaus after the resurrection of Christ, as described by the Evangelist Luke. The disciples were possessed by many thoughts of despair and doubt because Christ had been crucified, while they hoped that He would be the Messiah who would deliver them from Roman rule. Then Christ approached them and began to interpret the Scriptures, which spoke of how things should be accomplished. And little by little, their hearts began to burn, as they themselves confessed: “Did not our hearts burn within us, as we were on the road, and as He opened to us the scriptures?” (Lk. 24:32).

This means that the thoughts that work in the brain create fear, despair and doubt, while the word of God that works in the heart creates love, faith, and desire for Christ. And the issue is how to get rid of the thoughts of despair and hopelessness, how to burn in our hearts with love for Christ. This happens when we have a guide in Christ or a friend of Christ and we will learn how to live ecclesiastically.

Question: From the perspective of Palamite teaching, could you tell us, in a nutshell, what the essence of the Orthodox faith is?

Answer: The basis of the theology of St. Gregory Palamas is that God is Light. The first-formed lived in Paradise in the Light, with sin they turned away from the Light and their nous was darkened. When the saints see God, they see Him in the Light. The body of Christ with His incarnation became a source of uncreated Light. People in Christ must reach such a state that they see Christ as Light, as the three Disciples on Mount Tabor. With Baptism and Chrismation we purify the heart and illumine the nous and with the divine Communion we receive Light, that is why we chant “We have seen the true light ...”. This Light of God is His uncreated energy, which means that it has no beginning and no end, it has not been created, so the sharing in this Light is the deification of man. This is the purpose of the spiritual life.

Then St. Gregory Palamas teaches about the value of Orthodox hesychasm and neptic life. In this context he spoke about prayer, watchfulness, purification of the heart, love for God and people, repentance, etc. It is very important to read the discourses of St. Gregory Palamas that he made to his flock in Thessaloniki. In them the great theologian is combined with the great Father, the God-seeing teacher with the hesychast monk, the anti-heretical theologian with the spiritual guide, etc. In fact with these discourses St. Gregory Palamas conveyed the entire theological and pious life.

Of course, this is not his own teaching, so it is not just “Palamite” teaching, but it is the teaching of Christ, as expressed by Himself, through the Prophets, the Apostles and the saints through the ages. This teaching is found in Holy Scripture, the texts of the Fathers, the prayers of the Mysteries, and the decisions of the Ecumenical Synods. Thus the lex credendi (law of faith) and the lex orandi (law of prayer) are clearly connected. That is, doctrine is connected with prayer.

The important thing is to understand that Christ is the true God, that the Church is the Body of Christ, that the purpose of our life is to be united with Christ, receiving the Holy Spirit, that the time of our life is very short and in Him we must be healed in order to see God as Light, and that the future life is eternal and we must in the short time we live enter the path of repentance. We must strive to live as Christians, as the Gospel recommends, and if we cannot live perfectly as Christians, at least die as Christians, with repentance and the hope of eternal life.
# OUR JOURNEY TO PASCHA! 2021

## SUNDAYS

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<tr>
<th>Date</th>
<th>Theme / Gospel Reading</th>
<th>How to Participate</th>
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| **Fast - Free Week**  
**FEBRUARY 21st** | Publican and the Pharisee  
   Epistle: 2 Timothy 3:10-15  
   Gospel: Luke 18:10-14 | Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week. |
| **Normal Fast Week**  
**FEBRUARY 28th** | The Prodigal Son Returns!  
   Epistle: 1 Corinthians 6:12-20  
| **Meatfare**  
**MARCH 7th**  
FAREWELL TO MEAT TODAY | The Last Judgement  
   Epistle: 1 Corinthians 8:8-9:2  
   Gospel: Matthew 25:31-46 | Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week. |
| **Cheesefare**  
**MARCH 14th**  
FAREWELL TO CHEESE TODAY | Adam and Eve are cast from Paradise!  
   Epistle: Romans 13:11-14:4  
   Gospel: Matthew 6:14-21 | Ask each other for forgiveness each evening this week before bed. |
| **1st Sunday of Lent**  
**MARCH 21st** | GREAT LENT BEGINS WITH FORGIVENESS VESPERS  
   SUNDAY OF ORTHODOXY  
   Epistle: Hebrews 11:24-26, 32-12:2  
   Gospel: John 1:43-51 | Bring an icon to church for a procession. |
| **2nd Sunday of Lent**  
**MARCH 28th** | ST GREGORY PALAMAS  
   Epistle: Hebrews 1:10-2:3  
   Gospel: Mark 2:1-12 | Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week. |
| **3rd Sunday of Lent**  
**APRIL 4th** | VENERATION OF THE HOLY CROSS  
   HALF WAY TO PASCHA!  
   Epistle: Hebrews 4:14-5:6  
   Gospel: Mark 8:34-9:1 | Wear your cross to church and kiss the cross each morning with a bow! |
| **4th Sunday of Lent**  
**APRIL 11th** | ST JOHN of the LADDER  
   Epistle: Hebrews 6:13-20  
   Gospel: Mark 9:17-31 | Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross! |
| **5th Sunday of Lent**  
**APRIL 18th** | ST MARY of EGYPT  
   Epistle: Hebrews 9:11-14  
   Gospel: Mark 10:32-45 | Ask the Theotokos to offer you and the world pure thoughts and ideas this week. |
| **FLOWERY (PALM) SUNDAY!**  
**APRIL 25th**  
GREAT WEEK BEGINS | GREAT AND HOLY WEEK  
   ENTRY OF OUR LORD INTO JERUSALEM  
   Epistle: Philippians 4:4-9  
   Gospel: John 12:1-18 | Place your palm branches and pussywillows behind an icon at home and in your car! |
| **GREAT AND HOLY FRIDAY**  
**APRIL 30th**  
JESUS DIES ON THE CROSS  
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE | GREAT AND HOLY FRIDAY  
   Refrain from TV, Internet & Phones to honor Christ’s Death. |
| **FEAST OF FEASTS!**  
**MAY 2nd**  
NO FASTING! | BRIGHT WEEK  
   HOLY PASCHA! (CHRIST IS RISEN!)  
   Epistle: Acts 1:1-8  
   Gospel: John 1:1-17 | Greet everyone with “CHRIST IS RISEN!” & say it before good morning and goodnight! |

Floral Arrangements for Lent & Pascha Services

The arrangements listed below will be used during Great Lent, Holy Week, and Pascha. You may wish to donate towards one of these arrangements, in whole or in part. You may donate towards one of the items listed below, or donate to the general Lenten/Pascha Flower Fund.

Your donation will enable Philoptochos to decorate His Church during the Lenten Season. Your contribution is needed and greatly appreciated in order to provide all of the floral needs during this season.

- **SALUTATIONS TO THE THEOTOKOS ON SOLEA** (5 Arrangements) **$50 EACH**
  - First Salutations to the Virgin Mary (March 19) Bandaly & Janet Avdella
  - Second Salutations to the Virgin Mary (March 26) Bandaly & Janet Avdella
  - Third Salutations to the Virgin Mary (April 2) Bandaly & Janet Avdella
  - Fourth Salutations to the Virgin Mary (April 9) Bandaly & Janet Avdella
  - Akathist Hymn (April 16) Bandaly & Janet Avdella

- **SUNDAY OF THE HOLY CROSS** Daffodils **$400**

- **ANNUNCIATION ICON IN THE NARThEX** **$50**

- **ANNUNCIATION ICON STANDS (2) $50 EACH**

- **ANNUNCIATION FLOWERS FOR THE PANAGIA ON THE ICONOSTASION $200**

- **SATURDAY OF LAZARUS IN THE NARThEX $50** David and Melanie Brock

- **SATURDAY OF LAZARUS IN ON SOLEA $50** David and Melanie Brock

- **SUNDAY PALM CROSSES $200** John, Athena, Emanuel & Alexander Elliott

- **PALM SUNDAY PALM FRONDS $200**

- **PALM SUNDAY ICON OF CHRIST COMING INTO JERUSALEM IN NARThEX $50**

- **PALM SUNDAY FLOWERS FOR CHRIST ICON ON THE ICONOSTASION $200**

- **BRIDEGROOM (SUNDAY, MONDAY & TUESDAY) IN NARThEX $50**

- **BRIDEGROOM (SUNDAY, MONDAY & TUESDAY) ON SOLEA $100**

- **BRIDEGROOM (SUNDAY, MONDAY & TUESDAY) ICON STANDS (2) $50 EACH**

- **BRIDEGROOM (SUNDAY, MONDAY & TUESDAY) ARRANGEMENTS (2) ONE ON EACH SIDE OF SOLEA ICON STAND $30 EACH**

- **MYSTICAL SUPPER (WEDNESDAY NIGHT & THURSDAY MORNING) IN NARThEX $50**

- **MYSTICAL SUPPER (WEDNESDAY NIGHT & THURSDAY MORNING) ON SOLEA $100** Jim & Stella Sirks

- **MYSTICAL SUPPER (WEDNESDAY NIGHT & THURSDAY MORNING) ICON STANDS (2) $50 EACH**

- **CRUCIFIXION (THURSDAY NIGHT & HOLY FRIDAY) IN NARThEX $50**

- **CRUCIFIXION (THURSDAY NIGHT & HOLY FRIDAY) ICON STANDS (2) $50 EACH**

- **CROSS ON SOLEA (ROSE WREATH ON CHRIST’S HEAD) $150**

- **CROSS ON SOLEA (CARNATION WREATH AT CHRIST’S FEET) $50**

- **HOLY FRIDAY FLOWERS FOR THE KOUVOUKLION $1500**

- **HOLY FRIDAY & HOLY SATURDAY MORNING ICON OF CHRIST IN THE TOMB NARThEX $50** Kiki & Henry Regis and Marisa & Alexander Lewis

- **HOLY FRI & HOLY SAT MORNING ICON CHRIST IN THE TOMB ICON STANDS (2) $50 EACH** John, Athena, Emanuel & Alexander Elliott

- **HOLY SATURDAY MORNING BAY LEAVES Jim & Stella Sirks**

- **PASCHA & BRIGHT WEEK EASTER FLOWERS FOR SOLEA AND NARThEX $750**

- **PASCHA FLOWERS FOR CHRIST ICON ON THE ICONOSTASION $200**

- **PASCHA FLOWERS FOR PANAGIA ICON ON THE ICONOSTASION $200**

- **RESURRECTION ICON (SATURDAY & SUNDAY) IN NARThEX $50**

- **RESURRECTION ICON (SATURDAY & SUNDAY) ICON STANDS (2) $50 EACH**

Please contact the Front Office to donate towards an arrangement.

*FOR THESE SPECIAL FLORAL DONATIONS AND ALL LENTEN FLOWER DONATIONS, PLEASE MAKE CHECKS PAYABLE TO:* PHILOPTOCHOS AND IN THE MEMO: PASCHA FLOWERS

*FOR CREDIT CARD DONATIONS, CONTACT STELLA SIRKS AT 407-275-5842*
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<td>Kaniamos, George (Corie), M/M</td>
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<td>Kassis, Issa (Rouada), M/M</td>
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<td>Kevgas, John (Maria), M/M</td>
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<td>Kirastoulis, Elena, Ms.</td>
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<td>Klotz, Sadie, Ms.</td>
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<td>Knecht, George (Tara), M/M</td>
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<td>Kotsonis, George (Christina), M/M</td>
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<td>Koutsoulieris, Dionysis, Mr.</td>
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<td>Koutsoulieris, Melanie, Ms.</td>
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<td>Kypraios, Harry (Viviana), M/M</td>
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<td>Lagoutaris, John (Anastasia), D/M</td>
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<td>Lait, Diane, Ms.</td>
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<td>Lawyer, Andrew (Conde), M/Jr.</td>
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<td>Lieberman, Joshua (Maria), M/M</td>
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<td>Limperopoulos, Stavroula, Mrs.</td>
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<td>Logas, Evelyn, Ms.</td>
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</table>
2021 STEWARDSHIP

Logas, Jennie, Ms.
Logus, Constandinos
Logus, John (Jenny), M/M
Lucos, Aristides, Mr.
Lyon, Josh (Taryn), M/M
Mackrides, Stephen (Katrina), M/M
Majzlik, Shawn, Mr.
Malioras, Themis (Poly), M/M
Maloof, William, Mr.
Mamangakis, Alexandra, Ms.
Mantzaris, Mary, Mrs.
Masterjohn, Mrs. Lydia
Mastorides, Evangelia, Mrs.
Mavres, Irene, Mrs.
Mavrofides, Elias (Christin), D/M
McCloud, Lawrence (Cokias, Jennifer), Mr.
McLam, Randy (Erenee), M/M
McMahon, David (Florence), M/M
Mellen, Eric (Artemis), M/M
Mendoros, Panagiotis (Melissa), M/M
Miliotis, Chris, Mr.
Milner, Anastasia, Ms.
Mina, Dawn, Mrs.
Moshos, Ted (Diane), M/M
Motherway, Jon-Paul, Mr.
Mullenax, Selina, Ms.
Newman, Nancy
Norton, Cletus (Anastasia), Mr. & Mrs.
Oakley, Gordon (Athanasia), M/M
Paindiris, Tasos (Stephanie), M/M
Paitaris, Anthony (Nancy), M/M
Pampoukis, Gerasimos (Elisavet), M/M
Pampoukis, Theodore, Mr.
Panagakis, Helen, Mrs.
Panagakis, Nicholas (Heather), M/M
Papadatos, Tom (Whitney), M/M
Papagiannakis, Nick (Rosie), M/M
Papaioanou, George (Katerina), M/M
Papaioanou, Konstantina, Ms.
Papaioanou, Theofania, Miss
Papanicolaou, George (Angela), D/M
Paterakis, George (Irene), M/M
Patounakis, George (Anna), M/M
Perez, Anthony (Eliaides, Julie, Mrs.), Mr.
Petrakis, John (Susan), Mr. & Mrs.
Philson, Rob (Carole), M/M
Pond, Gary (Bea), M/M
Rallis II, John (Nancy), M/M
Rallis, John (Hester), M/M
Ressopoulos, George (Melanie), M/M
Retson, Chris (Allyson), Mr.
Richtmyer, John (Elizabeth), M/M
Rinkacs, David (Katherine), M/M
Rizkallah, Musa (Merna), M/M
Roman, Arte (Kriza), M/M
Schmitz, Gregory (Joanna), M/M
Shand, Robert, Mr.
Shawki, Nader (Kenda), Mr. & Mrs.
Sheppard, Jacob (Backus, Katerina, Dr.), Dr.
Simeonidis, Demetrios, Father
Simeonidis, Demetrios, Father
Sluss, James (Carol), M/M
Smith, Eric, Mr.
Sorich, Elena, Ms.
Starling, Ryan (Alexandra), M/M
Stavros, Mary, Mrs.
Stoumbos, Zachary (Andrea), M/M
Stratis, Sophia, Mrs.
Stratis, Steven, Mr.
Talantis, Kathleen, Mrs.
Talantis, Nicholas, Mr., Sr.
Tavrides, Chryssie, Mrs.
Taylor, Lynn, Dr.
Teter, Stephen (Loucenda), M/M
Theodorakis, Linda, Ms.
Tiliakos, Mike (Drucilla), M/M
Torres, David (Stephanie), M/M
Triantafillu, Dimos, Mr.
Tringas, Andrew (Nicole), D/M
Tzeneurakis, Emmanuel (Marina), M/M
Vallas, Sam (Anastasia), M/M
Varley, John (Virginia), M/M
Vastardis, Alex (Amy), M/M
Vastardis, William (Lula), M/M
Vidas, Alex (Tonya), M/M
Wagner, Bea, Mrs.
Waugh, Christian (Mirella), M/M
Wells, Brad (Paula), M/M
Wemple, Richard (Lillian), M/M
Wood, Kenneth (Madalina), M/M
Wyborski, Nicholas (Wanda), Rev. & Mrs.
Yarbrough, William (Joyce), Mr. & Mrs.
Zuppas, Arian (Adriana), M/M
Zuppas, Foto (Mariana), M/M
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Your stewardship to Holy Trinity goes to support the following ministries and programs of the church.


We should not depend on special affairs to meet our budget, for this is our direct responsibility. Stewardship places the responsibility on us, for we are the recipients of God’s gifts and play an active role in perpetuating His work of salvation. The expenses of our Parish are vital to our Church for keeping in touch with you, maintaining our buildings, supporting those who serve us, worship and educational programs, as well as our national ministries commitments.

STEWARDSHIP

FEBRUARY 2021

204 Families
$349,721.00 Pledged
$157,977.52 Paid
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<td>6 Saturday of Souls</td>
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<td>6:00: Paraklesis</td>
<td>9:30am: Orthros</td>
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<td>7 Judgment Sunday</td>
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<td>11</td>
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<td>13 Saturday of Souls</td>
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<tr>
<td>8:15am: Orthros</td>
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<td>6</td>
<td>7</td>
<td>10:00am: Liturgy</td>
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<td>9:30am: Liturgy</td>
<td>6:00pm: Compline</td>
<td>9:30am: Orthros</td>
<td>10:00am: Liturgy</td>
<td>11:00am: Baptism</td>
<td>6:00pm: Salutations to the Theotokos</td>
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<tr>
<td>6:00pm: Presanctified Liturgy</td>
<td>20</td>
<td>21</td>
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<td>24</td>
<td>25 The Annunciation</td>
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<td><em>Lent Begins</em></td>
<td>Sunday of Orthodoxy</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25 The Annunciation</td>
<td>9:30am: Orthros</td>
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<tr>
<td>8:15am: Orthros</td>
<td>9:30am: Liturgy</td>
<td>6:00pm: Great Vespers for Annunciation</td>
<td>10:00am: Divine Liturgy</td>
<td>10:00am: Liturgy</td>
<td>6:00pm: Salutations to the Theotokos</td>
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<tr>
<td>9:30am: Liturgy</td>
<td>26</td>
<td>27</td>
<td>28 Sunday of</td>
<td>St. Gregory Palamas</td>
<td>9:30am: Liturgy</td>
<td>6:00pm: Salutations to the Theotokos</td>
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<td>28 Sunday of</td>
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<td>St. Gregory Palamas</td>
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<td>8:15am: Orthros</td>
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<td>6:00pm: Compline</td>
<td>6:00pm: Presanctified Liturgy</td>
<td>6:00pm: Salutations to the Theotokos</td>
<td>6:00pm: Salutations to the Theotokos</td>
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<td>9:30am: Liturgy</td>
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<td>6:00pm: Salutations to the Theotokos</td>
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<td>13</td>
<td>6:00pm: Akathist Hymn</td>
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<td>15</td>
<td>6:00pm: Akathist Hymn</td>
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<td>6:00pm: Compline</td>
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<td>20</td>
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<td>6:00pm: Holy Unction</td>
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<td>6:00pm: Bridegroom Service</td>
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<td>6:00pm: Bridegroom Service</td>
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<td>9:00am: Royal Hours</td>
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<td>9:00am: Protianastasi</td>
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4 Sunday of The Holy Cross
8:15am: Orthros
9:30am: Liturgy

5 6:00pm: Compline

6:00pm: Presanctified Liturgy

11 Sunday of St. John Climacus
8:15am: Orthros
9:30am: Liturgy

12 6:00pm: Compline

14 6:00pm: Presanctified Liturgy

18 Sunday of St. Mary of Egypt
8:15am: Orthros
9:30am: Liturgy

19 6:00pm: Compline

21 6:00pm: Presanctified Liturgy

25 Palm Sunday
8:15am: Orthros
9:30am: Liturgy
6:00pm: Bridegroom Service

26 6:00pm: Bridegroom Service

28 6:00pm: Holy Unction

30 9:00am: Divine Liturgy
3:00pm: Service of the 12 Gospels
7:00pm: Lamentations

11:15pm: Resurrection Service and Divine Liturgy
Katerina A. Backus, MD, is a board-certified physician providing expert sports medicine services designed to keep young athletes healthy and strong.

In addition to providing treatment for a variety of musculoskeletal disorders, the team at Florida Center for Pediatric Orthopaedics also addresses:
- Concussion
- Sprains and Strains
- Broken Bones
- Overuse Injuries

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Katerina A. Backus, MD, is a board-certified physician providing expert sports medicine services designed to keep young athletes healthy and strong.

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