May 12, 2024 - Thomas Sunday

Epiphanius, Bishop of Cyprus; Germanos, Patriarch of Constantinople; Removal of the Sacred Relics of Saint Joachim “Papoulakis” of Vatopaidi; Theodorus the Righteous of Cythera

Gospel Reading: John 20:19-31  Εὐαγγέλιον: Ἰωάννην 20:19-31

Memorial Service: Tonya Vidas (40 days); Emanuel Davatelis (1 year); Emanuel Kritikos (6 years)

HYMNS FOR THE SMALL ENTRANCE

Apolytikion of Pascha: Mode pl. 1
Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Entrance Hymn: Mode 2
Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Apolytikion of Pascha: Repeat

Apolytikion of the Feast: Grave Mode
O Life, You rose from the sepulcher, even though the tomb was secured with a seal, O Christ God. Then, although the doors were shut, You came to Your Disciples, O Resurrection of all. Through them You renew a right spirit in us, according to Your great mercy.

Apolytikion for Memorial: Mode pl. 4
Remember, O Lord, as You are good,* Your servants, and forgive every sin they have committed in this life.* For no one is sinless except You,* Who have power to grant rest to those who have fallen asleep.*

Kontakion: Mode pl. 4
Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out “Rejoice” to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Instead of “Axion Estin”: Mother of our God, we praise you * as the brightly shining lamp, * the illustrious glory * of all creation, of which you are the highest. * With sacred hymns we magnify you.

Communion Hymn: Praise the Lord, O Jerusalem; praise your God, O Zion. Alleluia.

Instead of “We have seen”: Apolytikion of Pascha

Special Services this Week: Monday, May 13, Paraklesis 5:15 p.m.
Ὁ ἈΠΌΣΤΟΛΟΣ

Προκείμενον. Ήχος δ’
ΨΑΛΜΟΙ 146.5;134.3
Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχύς αὐτοῦ.
Στίχ. Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθός.

Πράξεις Ἀποστόλων 5:12-20

Ἐν ταῖς ἡμεραῖς ἐκείναις, διὰ δὲ τῶν χειρῶν τῶν ἀποστόλων ἐγίνετο σημεία καὶ τέρατα ἐν τῷ λαῷ πολλά· καὶ ἦσαν ὁμοθυμαδὸν ἄπαντες ἐν τῇ στοᾷ Σολομῶντος. Τῶν δὲ λοιπῶν οὐδεὶς ἐτόλμα κολλᾶσθαι αὐτοῖς, ἀλλ’ ἐμεγάλυνεν αὐτοὺς ὁ λαός· μᾶλλον δὲ προσετίθεντο πιστεύοντες τῷ κυρίῳ, ἀνθίζοντές τινὰς ἀσθενεῖς, καὶ ἔθεντο ἐπὶ κλινῶν καὶ κραββάτων, ὥστε κατὰ τὰς πλατείας ἐκφέρειν τοὺς ἀσθενεῖς, καὶ τιθέναι ἐπὶ κλινῶν καὶ κραββάτων, ἵνα ἐρχομένου Πέτρου κἂν ἡ σκιὰ ἐπισκιάσῃ τινὶ αὐτῶν. Συνήρχετο δὲ καὶ τὸ πλῆθος τῶν πέριξ πόλεων εἰς Ἱερουσαλήμ, φέροντες ἀσθενεῖς ὑπὸ πνευμάτων ἀκαθάρτων, οἵτινες ἐθεραπεύοντο ἅπαντες. Ἀναστὰς δὲ ὁ ἀρχιερεὺς καὶ πάντες οἱ σὺν αὐτῷ - ἡ οὖσα αἵρεσις τῶν Σαδδουκαίων - ἐπιλήφθησαν ἧλιος, καὶ ἐπέβαλον τὰς χεῖρας αὐτῶν ἐπὶ τοὺς ἀποστόλους, καὶ ἐθενεὶ αὐτοὺς ἐν τηρήσει δημόσιᾳ. Ἅγγελος δὲ κυρίου διὰ τῆς νυκτὸς ἤνοιξεν τὰς θύρας τῆς φυλακῆς, ἐξαγαγών ταύτας εἶπεν, Πορεύεσθε, καὶ σταθέντες λαλεῖτε ἐν τῷ ἱερῷ τῷ λαῷ πάντα τὰ ῥήματα τῆς ζωῆς ταύτης.

THE EPISTLE READING

Prokeimenon. Mode 4
Psalm 146.5;134.3
Great is our Lord, and great is his power. Verse: Praise the Lord, for the Lord is good.

Acts of the Apostles 5:12-20

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon’s Porch. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, “Go and stand in the temple and speak to the people all the words of this Life.”
ΤΟ ΕΥΑΓΓΕΛΙΟΝ
Ἰωάννην 20:19-31

Οὔσης ὄψις τῇ ἡμέρᾳ ἐκείνῃ τῇ μιᾷ τῶν σαββάτων, καὶ τῶν θυρῶν κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διά τὸν φόβον τῶν Ἰουδαίων, ἦλθεν ὁ Ἰησοῦς καὶ ἐστή εἰς τὸ μέσον, καὶ λέγει αὐτοῖς· Εἰρήνη ὑμῖν. Καὶ τούτῳ εἰπὼν ἔδειξεν αὐτοῖς τὰς χεῖρας καὶ τὴν πλευράν αὐτοῦ· ἐχάρησαν οὖν οἱ μαθηταὶ ἰδόντες τὸν Κύριον. Εἶπεν οὖν αὐτοῖς ὁ Ἰησοῦς πάλιν· Εἰρήνη ὑμῖν, καθὼς ἀπέσταλκέ με ὁ πατήρ, κἂν ἐμοὶ πέμπῃ· καὶ τοῦτο εἰπὼν ἐνεφύσησε καὶ λέγει αὐτοῖς· Λάβετε Πνεῦμα Ἅγιον. Ἄν τινων ἀφῆτε τὰς ἁμαρτίας, ἀφιένται αὐτοῖς, ἄν τινων κρατῆτε, κεκράτηνται. Θωμᾶς δέ, εἷς ἐκ τῶν δώδεκα, ὁ λεγόμενος Δίδυμος, οὐκ ἦν μετ' αὐτῶν ὅταν ἦλθεν Ἰησοῦς· ἔλεγον οὖν αὐτῷ οἱ ἄλλοι μαθηταί· Ἑωράκαμεν τὸν Κύριον. Ὁ δὲ εἶπεν αὐτοῖς· Ἐὰν μὴ ἴδω ἐν ταῖς χερσὶν αὐτοῦ τὸν τύπον τῶν ἥλων, καὶ βάλω τὸν δάκτυλόν μου εἰς τὸν τύπον τῶν ἥλων, καὶ βάλω τὴν χεῖρά μου εἰς τὴν πλευράν μου, οὐ μὴ πιστεύσω. Καὶ μεθ' ἡμέρας ὀκτὼ πάλιν ἦσαν ἐσω οἱ μαθηταὶ αὐτοῦ, καὶ Θωμᾶς μετ' αὐτῶν. Εἶπεν οὖν ὁ Ἰησοῦς· Ὁ Κύριός μου καὶ ὁ Θεός μου. Λέγει αὐτῷ ὁ Ἰησοῦς· Ὅτι ἑώρακάς με πεπίστευκας, μακάριοι οἱ μὴ ἱδόντες, καὶ πιστεύσαντες. Πολλὰ μὲν οὖν καὶ ἄλλα σημεῖα ἐποίησεν ὁ Ἰησοῦς ἐνώπιον τῶν μαθητῶν αὐτοῦ, ὡς ἔστω καὶ τὰ παρακάτω· ταῦτα δὲ γέγραπται ἵνα πιστεύσητε ὅτι ὁ Ἰησοῦς ἐστιν ὁ Χριστὸς ὁ υἱὸς τοῦ Θεοῦ, καὶ ἴρα πιστεύσαντες, ἐχάρησαν ἐν τῷ ὄνοματι αὐτοῦ.

GOSPEL READING
John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, “Peace be with you.” When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, “Peace be with you. As the Father has sent Me, even so I send you.” And when He had said this, He breathed on them and said to them, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.” Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, “We have seen the Lord.” But he said to them, “Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe.” Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them and said, “Peace be with you.” Then He said to Thomas, “Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing.” Thomas answered Him, “My Lord and My God!” Jesus said to him, “Have you believed because you have seen Me? Blessed are those who have not seen and yet believe.” Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing, you may have life in His name.
Ministry News & Updates

ADULT SPIRITUAL ENRICHMENT AND YOUTH CATECHISM CONTINUES TODAY, SUNDAY, MAY 12

LAST SUNDAY FOR ADULT SPIRITUAL ENRICHMENT AND YOUTH CATECHISM IS ON SUNDAY, MAY 19, 2024

No Bible Study on Thursday, May 16.

Graduate Sunday is on Sunday, May 19.

Please Remember Fr. Constantine or Fr. Kyriakos will never ask for gift cards or assistance via email or text messaging. If you receive a text or email from someone claiming to be Fr. Constantine or Fr. Kyriakos asking for assistance, please call the office and do not respond.

COFFEE FELLOWSHIP NEEDS YOUR HELP We want to continue to offer Coffee Fellowship for everyone after the Divine Liturgy but we need your help. Please contact Adam Karras at ellinas1@verizon.net to help or utilize our Sign Up Genius to help on the HTGOC Churc App. The church provides everything all we need is the help.

NEW: Holy Trinity Outreach Ministry
(An Arm of the Holy Trinity Missions’ Ministry)

Love thy Neighbor through our Monthly Community Outreach

We have partnered with the Church of the Good Sheperd in Maitland to assist in distributing food they have obtained from the Second Harvest Food Bank. The Food Bank is open every 2nd and 4th Saturday of the Month from 9am - 12pm. We will be assisting with packing grocery boxes/bags and adding additional frozen and refrigerated foods to the bags to be distributed to cars as they drive up to the distribution line. There are several jobs that are needed, shoppers, packers, distribution, and runners.

This is a family friendly event.

Where: 331 Lake Ave, Maitland, FL 32751, US
Our next date is: May 25 & June 8, 2024
What to expect: A rewarding experience!
To Volunteer: Scan our QR code to sign up and find more instructions.
Questions: Head to the table in the Agape Ballroom Foyer and speak with Aarin Fotopoulous.
Society of Wisdom
PASCHA LUNCH

Thursday, May 16 in the Aegean Hall at 11:30 a.m.

For reservations, please contact Luz Xikis 407-322-6787, Lula Vastardis 407-233-4740 or Mary Mantzaris at 407-322-6958.
Reservations must be made by March 13, 2024. Cost is $12.

Rock Around The Clock

Sponsored by AHEPA & Daughters of Penelope

Friday June 7th
Altamonte Hilton
Happy Hour - Cash Bar 6:30
Dinner Buffet open 7:00 - 8:30
Wear your favorite 50's outfit
And dance the rest of the night away
$75.00 Per Person
RSVP Stella @ 407-963-5959
Deadline May 22nd
No Tickets at the Door

The Witch Doctor

Sponsored by

Opa Summer Splash
POOL PARTY & BARBECUE

SUNDAY
MAY 19TH
12:30PM - 2:30PM

2212 ALAQUA DR, LONGWOOD, FL 32779

Join us as we kick off the summer season with food, fellowship, and fun! Be sure to bring your suit, towel, and food or drink to share. Burgers will be provided, but you must RSVP so we have an accurate count.

RSVP TO KRISTEN.ROSATO@GMAIL.COM

Summer Pool Party
ALL HOPE/JOY, GOYA, AND HELLENIC DANCERS WELCOME

SAT. JUNE 1, 2024 | 11 A.M. TO 1 P.M.

ALAQUA LAKES PAVILION
3386 LAKEVIEW OAKS DR.
LONGWOOD, FL

BRING A DISH TO SHARE
MODEST SWIMWARE ONLY
RSVP FOR GATE LIST

CONTACT: NIKI.FRIEDMAN@YAHOO.COM
Vacation Bible School 2024
Register Now
https://www.htgocorlando.org/vacation-bible-school

June 3-6: 4:30 p.m. - 8:00 p.m.
Pre-K, 4 years old, - 5th Graders for the 2023-2024 School Year.
FREE TO ATTEND

BFA Cranium Chronicles Continue

What a busy 2 weeks it has been in Brain Fitness Academy! Funny stories about travel and coming through customs were plentiful! It seems as though everyone had a story to share! Exercise continues to be a popular and competitive part of each day, as well as brain exercises, word puzzles, word and sentence scramble, math exercises and gratitude journaling, all of which encourage concentration, recall and logic. Perhaps the Art Exploration and Art Appreciation enhancements were among the most challenging yet with completion of mixed media Tree of Life designs which were colorful, personal, and creative. Also an examination of a colorful print was thoughtful and evoked emotion as the elements of composition were studied to consider what the artist was feeling, colors and textures used and sharing of thoughts related to what was happening on the canvas. Discussion was rich and creative! Another highlight was welcoming Holy Trinity’s own Buck McCloud, a talented and passionate Percussionist who twice visited BFA with many of his percussion instruments. It was like adult “show and tell” as members eagerly tried each instrument, listened to the sounds and rhythms, and listened to Buck’s stories and experiences over his lifetime of professional music making. It really became a cacophony of sounds as each instrument was tested – drums, congo, triangle, tambourine, frog and more! He even got members to use rhythm sticks for some “chair pounding” rhythm sequences in preparation for future cardio drumming. Thank you Buck for sharing your world and blessing BFA so generously!! BFA welcomed new Volunteer Kiki Constantine, and also we thank Elena K, Jeanine B. and Elaine H. - their hands on help is invaluable!
TO OUR VISITORS AND GUESTS

We welcome you to worship with us this morning!

Thank you for joining us!

Unfortunately, one of the sad consequences of the divisions among Christians is that we cannot offer the Eucharist (Holy Communion) to anyone except Orthodox Christians in good moral standing with beliefs and practices of the Orthodox Church. Orthodox Christians believe that the Eucharist is a final sign of unity among all Christians and not a means by which unity is achieved. We invite you to share in the Antidoron (Blessed Bread) that is distributed at the conclusion of the Divine Liturgy.