5 Ways Employers Can Support Working Parents

Advice from Pandemic Parenting Podcast guest

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1. Provide access to resources for parents such as Care.com for child care and Out School for virtual learning.
2. Send back-to-school kits for parents with school-age children.
3. Allow flexible work arrangements: Let parents work "when they need to and how they need to" — no approval needed.
4. Offer Disconnect Days, when the office is closed and employees can truly shut down and disconnect from work.
5. Demonstrate accepting and welcoming behavior for employees with children — that includes leadership, too!