FOR CLINICIANS

PODCASTS
How Mental Health Providers Can Foster Resilience* [00:30:00]
How Healthcare Providers Can Foster Resilience* [00:30:00]
How Clinical Training Programs Can Foster Resilience* [01:00:00]
How Policies and Systems Can Foster Resilience* [01:00:00]
Working with Trauma in Cross-Cultural and Immigration Contexts* [00:45:00]
Trauma and Resilience: How the Helpers Help Themselves* [00:30:00]

VIDEOS
Responding to Trauma Disclosure as a Healthcare Provider* [00:02:14]
How Pediatricians Can Approach Trauma-Informed Care* [00:02:43]
Incorporating Trauma-Informed Care in Pediatric Training* [00:02:02]
Incorporating Trauma-Informed Care in Nursing* [00:02:04]
Advice for Students in Clinical Training Programs* [00:03:39]
A Student’s Thoughts on What Clinical Training Supervisors Should Not Do* [00:02:04]
Tips For Reducing Trauma in Medical Settings* [00:02:18]
There is No Health Without Mental Health* [00:01:09]
What the Process of Trauma Therapy Can Look Like* [00:03:13]
Navigating Cross-Cultural Contexts: Curiosity is Key* [00:01:19]
Advice for Psychologists Conducting Immigration Evaluations* [00:02:17]
Understanding the “Moral Universe” of Children* [00:03:56]
How Mental Health Providers Can Advocate for Social Justice* [00:01:09]
3 Ways to Connect Marginalized Communities with Mental Health Resources* [00:01:26]
Ways to Support Overwhelmed Parents* [00:03:43]
What are ACEs and why do they matter?* [00:03:08]
Childhood Trauma: Children’s Behavior Tells Us A Lot* [00:02:20]
Building Trust with Children through Genuine Interest* [00:01:38]
What role should the community play in fostering resilience?* [00:02:19]
Why are teens always online? [00:01:19]
What Does Resilience Look Like?* [00:01:22]
Ways to Support Overwhelmed Parents* [00:03:43]
Navigating Cross-Cultural Contexts: Curiosity is Key* [00:01:19]
How to Talk to a Child Who is Dissociating* [00:02:45]
From a Teen: Why Some Teens Might “Throw Around” Mental Health Terms [00:00:58]

INFOGRAPHICS
As a Mental Health Provider, How Can I be an Ally to Vulnerable Youth?*
5 Pieces of Advice for New Clinicians*
Tips for Reducing Trauma in Medical Settings*
How Should Pediatricians Approach Trauma Informed Care?*
How Can Mental Health Professionals Help Immigrants Navigate Cross Cultural Differences?*
5 Strategies for Reducing Pain from Shots
Increasing Resilience in Children Who Have Experienced Trauma*
Dissociation in Children and Adolescents* (en Español)
Supporting Children who Experience Sexual Abuse* (en Español)
How Can Mental Health Professionals Help Immigrants Navigate Cross Cultural Differences?* (en Español)
5 Pieces of Advice for New Clinicians*
Tips for Reducing Trauma in Medical Settings* (en Español)
How Should Pediatricians Approach Trauma Informed Care?*
Talking to Children about Traumatic Events* (en Español)
How Should Pediatricians Approach Trauma Informed Care?*
5 Ways Trauma and Health are Intergenerational*
The Intersection Between the Juvenile Justice System and Trauma*
Fostering Resilience in Under-Resourced Families and Communities* (en Español)

*Resources denoted with an asterisk are contributed by Roadmap to Resilience. R2R is a collaboration between Pandemic Parenting and the University of Connecticut School of Medicine Center for the Treatment of Developmental Trauma Disorders, with special thanks to the Inter-Organizational Child Trauma Task Force.