



DITCH DRAMA BINGO BOARD

Ideas to avoid drama and create peace of mind.

BINGO

Manage your emotions.

Ask when you don't understand.

Get rid of competitiveness.

Help create accountability.

Stop judging.

Ditch excuses.

Provide a safe space.

Engage those who want to be there.
Chasing people is an uphill battle.

Give time for self-care.

Choose to be happy..

Don't assume; communicate.

Establish clear goals.

FREE

Be accessible.

Stick to the facts.

Manage expectations.

Show you care through gratitude.

Eliminate time wasting activities.

Be self-aware.

Create a clear vision.

Encourage timeliness.

Find a way to turn complaining into actionable ideas.

Let go of "emotionally expensive" people (or at least set boundaries).

Help others accept change.

Give praise.