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**ARTS COUNCIL
ENGLAND**



CASA



A PLAY BY PEPA DUARTE

EATING MYSELF

DIRECTED BY SERGIO MAGGIOLO



EATING MYSELF

**"FOOD IS A GIFT. SOMETHING YOU GIVE TO OTHERS.
A PRIVILEGE. AN EXCUSE TO BE WITH THE ONES YOU LOVE."**

A POWERFUL AND VULNERABLE FEMALE EXPLORATION OF FOOD, FAMILY, AND LOOKING AFTER ONESELF WITHIN THE CONSTRUCTION OF A WOMAN'S IDENTITY.

BORN AND RAISED IN PERU, PEPA SHARES A STORY OF A PERSONAL FIGHT WITH BODY IMAGE AND SELF-CARE. WITH CAPTIVATING THEATRICALITY AND LIVE COOKING, THIS SHOW WILL IMMERSE YOU IN THE HEART OF LATIN AMERICAN CULTURE AND CUISINE. A COMMUNAL EXPERIENCE THROUGH THE REAL TASK OF COOKING ON STAGE, THIS IS A SHARED RITUAL WITH SOUTH AMERICAN FLAVOUR, THAT TAKES US ALL BACK TO OUR ROOTS, BRINGING US CLOSER THROUGH THE POWER OF FOOD AND CULTURE.

CREATIVE TEAM

PEPA DUARTE -----
SERGIO MAGGIOLO -----
SHANE DEMPSEY -----
LAURA ARROYO -----
CAROLINA RIECKHOF -----
MICHAEL HARPUR -----
TOM SOCHAS -----

WRITER/PERFORMER
DIRECTOR
MOVEMENT DIRECTOR
SET DESIGNER
COSTUME DESIGNER
LIGHTING DESIGNER
COMPOSER & SOUND DESIGNER

THE COMPANY

PEPA DUARTE IS A CRITICALLY ACCLAIMED THEATRE MAKER CREATING WORK THAT RESPONDS TO THE DEMANDS OF SOCIAL CHANGE. PEPA'S DEBUT ONE-WOMAN SHOW **EATING MYSELF RECEIVED AN OFF COMMENDATION AWARD** AND WAS COMMISSIONED BY BATTERSEA RTS CENTRE AND SUPPORTED BY CASA FESTIVAL, AMONGST OTHERS.

PEPA'S WORK IS CONSTANTLY PUSHING BOUNDARIES TO CREATE UNIQUE, EXPERIENTIAL AND CHALLENGING PIECES. COMBINING STORYTELLING, MOVEMENT, COMEDY AND SOUND IN THOUGHT PROVOKING SHOWS THAT OFTEN EXPLORE THEMES OF IDENTITY, MIGRATION, FEMINISM AND BELONGING.



IN 2021 PEPA WAS COMMISSIONED BY COUNTERPOINT ARTS TO CREATE **'MIGRAN-TE'** AN OUTDOORS MULTIDISCIPLINARY PIECE EXPLORING THE INTIMATE AND RITUALISTIC ACT OF 'HAVING TEA' IN LATIN AMERICA.



HER NEXT PROJECT **'SENORITA RITA'S SHOW'** IS A DRAG QUEEN PERFORMANCE DEFYING STEREOTYPICAL NOTIONS ABOUT MIGRANT WOMEN THROUGH COMEDY, DANCE AND LIVE MUSIC.

SHE HAS PERFORMED AT MULTITUDINOUS EVENTS SUCH AS SOMERSET HOUSE'S 'THIS BRIGHT LAND' FESTIVAL.

PEPA IS ALSO A VERSATILE ACTOR AND WAS RECENTLY MULTI-ROLLING AT **THE ROYAL COURT THEATRE** IN THE ACCLAIMED PRODUCTION OF 'A FIGHT AGAINST...' BY PABLO MANZI.

ON STAGE SHE HAS PERFORMED AND DEVISED WORK FOR AWARD WINNING COMPANIES LIKE **PUNCH DRUNK, LA FURA DELS BAUS**, GATE THEATRE, BRIC A BRAC AND EPHEMERAL ENSEMBLE. OTHER CREDITS INCLUDE 'NO ONE GETS OUT ALIVE' **NETFLIX PRODUCTION**, AND 'SISTER JUANA' BY **BBC RADIO WORLD SERVICE**.

PRODUCTION

SCALE

MEDIUM SCALE VENUES.

SPACE/ TECHNICAL

3 PVC LIGHT TUBES WITH LIGHT KITCHEN
UTENSILS ATTACHED (2M & 1M), TO BE
HANG FROM THE GRID.
NO HEIGHT RESTRICTIONS.
NO LESS THAN 5M WIDE & 5M DEEP.
CLEAR BACKDROP.
COOKING DURING SHOW.

AGE RANGE 15+

RUNNIG TIME

55 MINUTES (NO INTERVAL)



COMPANY SIZE

1 ACTOR
1 STAGE MANAGER

GET IN
+ TECH REHEARSAL
5 HOURS.

GET OUT
1 HOUR MIN.

MIN RUN
1 NIGHT

PREVIOUSLY PERFORMED:

APPLECART ARTS - ONLINE SEASON - NOVEMBER 2020
INTERNATIONAL PERFORMING ARTS FESTIVAL (PERU) - ONLINE - APRIL 2021
KING'S HEAD THEATRE - WEEK RUN - APRIL 2022
THEATRE PECKHAM - PECKHAM FRINGE - MAY 2022
THE WARDROBE THEATRE (BRISTOL) - PAPAYA FEST - OCTOBER 2022

WATCH FULL PERFORMANCE HERE
WATCH TRAILER HERE

"A POWERFUL AND CALCULATED TAKEDOWN OF DIET CULTURE. THIS IS TRULY A PERFORMANCE FOR THE SENSES"

THE UPCOMING - ☆☆☆☆

"A WELL-CRAFTED PIECE OF THEATRICAL STORYTELLING. NOURISHING, AND CREATED WITH A GREAT DEAL OF HEART AND SOUL."

THE SPY IN THE STALLS - ☆☆☆☆

"A BRAVE AND DEEPLY PERSONAL ACCOUNT OF ONE WOMAN'S COMPLICATED RELATIONSHIP WITH FOOD, FAMILY AND HERITAGE."

A YOUNGER THEATRE - ☆☆☆☆

"DUARTE'S EXPLORATION OF FOOD (FROM EVERY ANGLE) IS WARM, GENEROUS AND ASKS ALL THE RIGHT QUESTIONS."

THE REVIEWS HUB - ☆☆☆☆

"OVERALL THIS PRODUCTION WAS CAPTIVATING, MARVELLOUS, ENJOYABLE AND UNIQUE. DUARTE'S PHYSICALITY THROUGHOUT THE PERFORMANCE IS BREATHTAKING AND HER COMEDIC TIMING IS IMPECCABLE"

THEATRE AND OTHER THINGS LDN - ☆☆☆☆

PRESS

"DUARTE'S WRITING IS BALANCED AND TRUTHFUL. THE SCRIPT IS WRITTEN IN A WAY THAT FEELS LIKE NATURAL SPEECH WITH SPONTANEOUS DELIVERY. PEPA IS CHARISMATIC AND EFFORTLESSLY ENGAGING (..) HER WARM AND WELCOMING STAGE PRESENCE IS UNLIKE OTHERS I HAVE WITNESS BEFORE."

THE NORTH WEST UK - ☆☆☆☆

"WELL WRITTEN, ENERGETIC, DEEPLY PERSONAL... GRIPPING."

GABRIEL WILDING - ☆☆☆☆

"EATING MYSELF HAS SUCH INTENSE AND ENGROSSING THEATRICALITY THAT IT CREATES A YEARNING – ITS OWN KIND OF HUNGER – FOR THE LIVE EXPERIENCE... FULL OF SIGHTS AND, ONE IMAGINES, SMELLS, THAT DEMAND TO BE EXPERIENCED COMMUNALLY."

THE GUARDIAN



SELLING POINTS

EATING MYSELF ESPECIALLY
RESONATES WITH **GLOBAL MAJORITY
AUDIENCES AND MIGRANTS FROM
ALL GENERATIONS**,
ESPECIALLY THE LATIN AMERICAN
COMMUNITY. OUR AUDIENCES HAVE
OFTEN LEFT THE THEATRE CRAVING
THEIR FAMILY FOOD AND WANTING TO
CALL THEIR RELATIVES.

WOMEN FROM ALL GENERATIONS
THAT ARE NOW STARTING TO
CHALLENGE PATRIARCHY EXPLORING
THEIR EXPERIENCES OF SEXISM,
DIETING CULTURE AND GENDER
SOCIETAL NORMS.

AUDIENCES WHO ARE LOOKING TO
EXPLORE THEIR RELATIONSHIP WITH
FOOD, FOODLOVERS AND ANYONE
WHO IS PART OF A CULTURE OR
FAMILY THAT GIVES IMPORTANCE TO
FOOD.

ANYONE WHO HAS AN INTEREST IN HOW OUR LOVE FOR FOOD INTERSECTS WITH
OUR MENTAL HEALTH, BOTH NEGATIVELY AND POSITIVELY.



**LIVE COOKING, 5-SENSES ENRICHING EXPERIENCE, MOVEMENT,
ORIGINAL MUSIC, OUTSTANDING DESIGN. CULTURALLY RICH,
GLOBAL MAJORITY SHOW.**

*"TRUTHFUL, SOULFUL, PASSIONATE, AND AN AMAZING PIECE OF WORK. I FEEL MOVED,
TEARS STILL BLURRING MY VISION AS I WRITE THIS POST. IT IS A PERSONAL SHOW THAT
TRANSCENDS PEPA'S PERSONAL STORY AND AWAKENS OUR OWN."* - **AUDIENCE MEMBER**

*"A FANTASTIC PIECE EXPLORING PERUVIAN CULTURE, TRADITION AND FOOD THROUGH VERY
UNIVERSAL THEMES AND POWERFUL STORYTELLING. PEPA IS A FANTASTIC PERFORMER AND
THE COMPANY WERE A JOY TO WORK WITH. THE COOKING ON-STAGE BRINGS A BEAUTIFUL
IMMERSIVE ELEMENT TO THE STORY THAT THE WHOLE AUDIENCE CAN ENJOY."*

SOFI BERENGER, PRODUCER, KING'S HEAD THEATRE

POST SHOW DISCUSSIONS

AN OPEN DISCUSSION WITH THE AUDIENCE AROUND THE CREATION OF THE SHOW AND THE MULTIPLE THEMES DISCUSSED IN IT. THE AUDIENCE WILL HAVE THE CHANCE TO ASK QUESTIONS IN AN INFORMAL INTERVIEW WHILE ENJOYING THE SOUP PREPARED FOR THEM AND "WITH THEM" DURING THE PERFORMNACE.



WORKSHOPS

PEPA DUARTE IS AN EXPERIENCED DRAMA FACILITATOR AND WORKSHOP LEADER (*OLD VIC THEATRE, SOUTHWARK PLAYHOUSE, RADA, GRAEAE, FOREIGN AFFAIRS, TENDER*). WE ALSO OFFER A THEATRE MAKING WORKSHOP FOR ALL TYPES OF CREATIVES INTERESTED IN THE METHOD BEHIND EATING MYSELF. THIS CAN BE DIRECTED TO PEOPLE OF ALL BACKGROUNDS OR DESIGNED SPECIALLY FOR PROFESSIONALS IN THE INDUSTRY. DURATION: 1-2 HOURS.



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OTHER WORK



**MIGRAN-TE: MULTIDISCIPLINARY
OUTDOORS PERFORMANCE**
FIND OUT MORE **HERE**



**SENORITA RITA'S SHOW:
DRAG COMEDY SHOW**
FIND OUT MORE **HERE**