

## **Extended Resource List**

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Dear Client,

Just remember you are: beautiful, important, and perfect. None of these concepts or surgeries/procedures are required nor expected of you in order to transition or define your gender identity and expression. It is up to you alone to decide what you want and/or need to make you feel at home in your own body and in your surroundings, but remember you are not alone in your community. We are here and these are just some resources and referrals that we have collected over the years in case you want them.

We try our best to investigate all resources to make sure they are safe and inclusive for you, however we can not guarantee the quality of care you will receive. We often update this resource, if you have any positive or negative feedback, updates, or a provider/service to add to this list, please let us know. If you ever have any questions or concerns about navigating any of these steps, please give us a call at **(773)935-6126**. We are here to support you in any way that we can.

Love,  
CWHC

## **DIRECTORIES AND REFERRAL LISTS:**

### **Transgender Map**

Extensive listing of support services, surgeons, surgeries & cost, general well-being, etc.

- [www.tsroadmap.com/index.html](http://www.tsroadmap.com/index.html)

### **Rad Remedy**

“RAD Remedy's mission is to connect trans, gender non-conforming, intersex, and queer folks to accurate, safe, respectful, and comprehensive care in order to improve individual and community health. We also have amazing Zines.”

- <http://www.radremedy.org/>

### **Gay & Lesbian Medical Association (GLMA)**

Helpful resource to find a health care provider anywhere in the country.

- [www.glma.org](http://www.glma.org)

### **Trans-Health.com**

An online magazine for transgender folks cover topics like, aging, disabilities, surgery, HRT, and fitness.

- [www.trans-health.com](http://www.trans-health.com)

## **HOUSING AND EMPLOYMENT:**

### **Chicago House: Translife Care**

A social service organization that supports individuals impacted by HIV/AIDS and the broader LGBTQ community with housing, health(Linkage to Care and Case Management), STI and HIV screening, and employment support.

- <https://www.chicagohouse.org/translife-care>
- Josie Lynn Paul (773) 248-5200, ext. 317
- [info@chicagohouse.org](mailto:info@chicagohouse.org)

### **Project Fierce Chicago**

“Project Fierce Chicago seeks to create affirming transitional housing for LGTBQIA+ youth in Chicago that is responsive to the needs of young people.”

- <https://www.projectfiercechicago.com/>

### **The Night Ministry**

“The Night Ministry is a Chicago-based organization that works to provide housing, health care and human connection to members of our community struggling with poverty or homelessness.”

- <https://www.thenightministry.org/>
- (773) 784-9000

## **City of Chicago 311**

Questions around housing resources.

- Dial 311

## **COMMUNITY BUILDING FOR UNDERREPRESENTED COMMUNITIES:**

### **Affinity**

“a social justice organization serving the needs of the Black LGBTQ+ community with a particular focus on Black women.”

- <https://www.affinity95.org/>

### **AIC: American Indian Center-Chicago**

“To promote fellowship among Indian people of all Tribes living in metropolitan Chicago and to create bonds of understanding and communication between Indians and non-Indians in this city. To advance the general welfare of American Indians into the metropolitan community life; to foster the economic advancement of Indian people, to sustain cultural, artistic, and avocational pursuits; and to perpetuate Indian cultural values.”

- <https://aicchicago.org/>

### **ALMA**

“To fight for the rights of the Latino Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) community by advocating for fairness and equality and by affirming Latino LGBTQ culture.”

- <http://www.almachicago.org/>

### **Brave Space Alliance**

“The first Black-led, trans-led LGBTQ Center located on the South Side of Chicago, dedicated to creating and providing affirming, culturally competent, for-us by-us resources, programming, and services for LGBTQ individuals on the South and West sides of the city.”

- <https://www.bravespacealliance.org/>

### **DeQH: Desi LGBTQ helpline for South Asians**

“The first national Desi lgbtQ Helpline in the United States. We offer free, confidential, culturally sensitive peer support, information and resources for LGBTQ South Asian individuals, families and friends around the globe.”

- <http://www.deqh.org/>
- (908) 367-3374 - Thursdays, 8-10 PM Eastern (5-7 PM Pacific), or Sundays, 8-10 PM Eastern (5-7 PM Pacific)

### **GQC (Genderqueer Chicago)**

Genderqueer Chicago is to bring people together to talk and think about gender in new ways, increase visibility of gender variant people, educate the larger Chicago community.

- [genderqueerchicago@gmail.com](mailto:genderqueerchicago@gmail.com)

## **i2i: Invisible to Invincible**

“A community-based organization that celebrates and affirms Asians & Pacific Islanders who identify as Lesbian, Gay, Bisexual, Transgender, Questioning, and Queer in the Chicago area.”

- <https://www.invisible2invincible.org/>

## **SWOP**

“Sex Workers Outreach Project Chicago is a grassroots organization dedicated to improving the lives of current and former sex workers in the Chicago area, on and off of the job.”

- <http://www.swop-chicago.org/>

## **Trans Aging Network (TAN)**

“The Transgender Aging Network (TAN) exists to improve the lives of current and future trans/SOFFA (significant others, friends, family and allies) elders.”

- <http://forge-forward.org/aging/>

## **Trikone**

“Trikone Chicago strives to create a supportive and non-judgmental environment, where LGBT South Asians can meet, make connections and proudly promote awareness and acceptance of their sexuality in society.”

- <https://www.trikonechicago.org/>

## **GROUP MEETUPS/PEER SUPPORT:**

### **TYRA – Trans Youth Resource Advocacy**

TYRA is a safe space for transgender, gender non-conforming, and questioning youth up to 24 yrs. old to build community, share, and learn, while finding out about resources they may need.

- Broadway Youth Center, 4009 North Broadway, Chicago, IL 60613
- <https://howardbrown.org/service/support-groups-and-workshops/>
- (773) 388-1600 x7600

### **T-Time Transgender and Intersex Support Group**

T-Time is an open group for transgender, gender variant, two-spirit, gender non-conforming, intersex, and gender questioning individuals who are over the age of 25 years of age.

- Howard Brown Health Center, 4025 N. Sheridan Road, Chicago, IL 60613
- <https://howardbrown.org/service/support-groups-and-workshops/>
- (773) 388-1600
- HBHtranshealth@howardbrown.org

## **TGNC (Trans, Non-Binary and Gender Non-Conforming Group)**

A group for individuals wanting to explore their gender identity/expression and connect with others who have similar experiences. Fees for groups vary depending on focus but range up to \$15 per session.

- Center on Halsted, 3656 N. Halsted Street, Chicago, IL 60613
- <http://www.centeronhalsted.org/supportgroups.html>
- (773) 472-6469 x460
- [behavioralhealth@centeronhalsted.org](mailto:behavioralhealth@centeronhalsted.org)

## **T-fem (Transfeminine Alliance Chicago)**

Peer-led discussion group for anyone who was assigned male at birth and identifies as female, feminine of center, and questioning their gender. Our discussion topics are relevant to transfeminine identity and experiences. In addition, we occasionally have guest speakers, activities, and events outside the Center on Halsted.

- Center on Halsted, 3656 N. Halsted Street, Chicago, IL 60613
- <http://www.tfemchicago.com>
- (773) 472-6469
- [tfemchicago@gmail.com](mailto:tfemchicago@gmail.com)

## **T-mac (Transmasculine Alliance Chicago)**

Peer-led discussion group for anyone who was assigned female at birth and identifies as male, masculine of center, or questioning their gender. Our discussion topics are relevant to transmasculine identity and experiences. In addition, we occasionally have guest speakers, activities, and events outside the Center on Halsted.

- Center on Halsted, 3656 N. Halsted Street, Chicago, IL 60613
- <http://www.centeronhalsted.org/neweventsbycategory.cfm?cat=9>
- (773) 472-6469
- [transmaschi@gmail.com](mailto:transmaschi@gmail.com)

## **L Lounge**

A lesbian/queer women community support/social hang out space geared toward lesbian/queer, cis, and trans women.

- Center on Halsted, 3656 N. Halsted Street, Chicago, IL 60613
- <http://www.centeronhalsted.org/neweventsbycategory.cfm?cat=9>
- (773) 472-6469
- [goodmanlizam@aol.com](mailto:goodmanlizam@aol.com) (L Lounge Organizer)

## **Single Lesbian in the City**

Meet up events geared toward single lesbian/queer, cis, and trans women.

- Just go to [meetup.com](http://meetup.com) and enter "Single Lesbian in the City" in the search bar
- Cell (312) 446-0256
- [goodmanlizam@aol.com](mailto:goodmanlizam@aol.com) (Single Lesbian in the City Organizer)

## **GROUP MEETUPS FOR OTHERS IN YOUR LIFE:**

### **PTI (Parents of Trans Individuals Chicago)**

A sub-chapter of PFLAG. It offers a safe place for parents of children from all ages - families and friends of transgender and/or gender questioning individuals to come together to meet for conversation, support and education.

- Center on Halsted, 3656 N. Halsted Street, Chicago, IL 60613
- <http://www.centeronhalsted.org/neweventsbycategory.cfm?cat=9>
- (773) 472-6469
- [communitygroups@centeronhalsted.org](mailto:communitygroups@centeronhalsted.org)

## **HAIR/FASHION/COSMETICS/BODY MODIFICATION:**

### **Barbara & Barbara**

They are a gender non-conforming salon and their services are categorized by hair length.

- <https://barbaraandbarbara.com/>
- (773) 384-6244
- [Appointments@BarbaraandBarbara.com](mailto:Appointments@BarbaraandBarbara.com)
- 2925 W Diversey Ave, Chicago, IL 60647

### **Logan Parlor Hair Salon**

“We believe in a gender-neutral pricing structure where services are charged based on timing, hair length, and stylist level.”

- <http://www.loganparlor.com/>
- (872)206-2682
- [Loganparlor@gmail.Com](mailto:Loganparlor@gmail.Com)
- 3251 W Fullerton Ave. Chicago, IL, 60647

### **Shy Hair Studio**

They are a gender non-conforming salon and their services are categorized by hair length.

- <https://www.shyhairstudio.com/>
- (773) 944-1019
- 1528 W Montrose Ave, Chicago IL, 60613

### **Fix Hair Studio**

They are a gender non-conforming salon and their services are categorized by hair length.

- <https://fixhairchicago.com/>
- (773) 857-3525
- 952 W. Newport Ave., Chicago, IL 60657

## **Gabbys Barber Shop**

Walk in's only, just sign in at the chalkboard when you go in. No credit cards.

- <http://www.gabbysbarbershop.com>
- (773) 549-8832
- 2860 N Clark St, Chicago, IL 60657

## **Early to Bed**

Support local business!!!! Chicago's feminist sex shop that sells so much more like: sex toys, gender gear, books, and helpful resources about gender and sexual health.

- <https://www.early2bed.com/gender-gear/>
- (773) 271-1219
- [info@early2bed.com](mailto:info@early2bed.com)
- 5044 N. Clark St., Chicago, IL 60640

## **Transformations by Rori**

Full-service commercial shop for transgender women. Makeover Appointments, Breast Forms, Cosmetics, Fashions, Hosiery and Tights, Undergarments & Wigs.

- <https://www.transformationsbyrori.com/index-https.html>
- (847) 454-0600
- 110 S. Arlington Heights Rd., Arlington Heights, IL 60005

## **Hidden Candy Boutique**

Custom, Made to order Tucking Gaffs.

- <https://www.hiddencandyboutique.com/>

## **Gc2b**

First Trans-owned and operated gender affirming apparel company. Mainly selling binders.

- <https://www.gc2b.co/>

## **Point of Pride**

POP offers an Annual Transgender Surgery Fund, a Free Chest Binder Donation Program, a Free Trans Femme Shapewear Program, an Electrolysis Financial Support Program, and other community-building support initiatives for trans youth and adults.

- <https://pointofpride.org/>
- [info@pointofpride.org](mailto:info@pointofpride.org)

## **Rebirth Garments**

Rebirth Garments are gender non-conforming wearables and accessories for people on the full spectrum of gender, size and ability.

- <http://rebirthgarments.com/>



## **Sephora: Classes for Confidence**

“Sephora developed Classes for Confidence to help inspire fearlessness in those facing major life transitions. Because you can live boldly. You are ready for any challenge. And now it’s time to celebrate what fearless looks like—you.”

- [https://www.sephorastands.com/classes\\_for\\_confidence/](https://www.sephorastands.com/classes_for_confidence/)
- multiple locations

## **Nadia Castigo (Cah-stee-go)(Latinx Trans Woman)(She/Her): Lucky Kat Tattoo**

- \$100/hr. \$50/hr for dark complexions
- free tattoo cover-ups of scars and brandings for human and sex-trafficking survivors.
- <https://www.luckykattattoo.com/>
- Tattoosbynadia@gmail.com
- (312) 465-2621
- 677 N Milwaukee Ave, Chicago, IL 60642

## **Nassim Dayub (Sema) (they/them): Time Being Tattoo**

- <https://www.timebeingtattoo.com/>
- sema.tats@gmail.com
- (412)853-3294
- 2409 W Hirsch St., Chicago IL 60622

## **Faith (Queer/Trans)(they/them): Wish Me Luck Tattoo/Time Being Tattoo (guest)**

- Trauma Informed Tattooing
- Faith@redeemedflesh.com
- (323)509-0083
- 3323 W Armitage Ave, Chicago, IL 60647

## **WIGS AND WIG CARE:**

### **Arda Wigs**

Wig shop for Trans and Cosplay services as well as styling, tools, and how to care for your wigs.

- <https://arda-wigs.com/>
- appointment only: (312) 918-0648
- orders@arda-wigs.com
- 348 N Ashland Ave, Chicago, IL 60607

### **Divatress**

Thousands of wigs for Black folx and Black hair care products from major brands such as the FreeTress, Vivica A. Fox Collection, Bobbi Boss, Sensationnel, Outre and more.

- <https://www.divatress.com/>
- 773-940-1910
- 2444 West 16th Street, Chicago, IL 60608

## **Tess Wigs**

Wig shop, as well as styling, tools, and how to care for your wigs.

- <https://www.tesswigs.com/>
- By appointment only: (414) 271-9447
- 1531 N Farwell Ave, Milwaukee, WI 53202

## **M&M Beauty Supply & Wigs**

Wig shop, as well as styling, tools, and how to care for your wigs.

- <https://mmbeautysupply.com/>
- (219) 738-2540
- 16 W Lincoln Hwy, Merrillville, IN 46410

## **NAME AND GENDER MARKER CHANGES:**

### **Transformative Justice Law Project**

for ID, Birth Certificate, Social Security, and Passport

- <http://tjlp.org>
- (312) 558-1472
- [info@tjlp.org](mailto:info@tjlp.org)

### **Transgender Legal Defense & Education Fund: The Name Change Project**

Provides legal name change services to low-income transgender, gender non-conforming, & non-binary folks

- [https://transgenderlegal.org/work\\_show.php?id=7](https://transgenderlegal.org/work_show.php?id=7)
- [namechange@transgenderlegal.org](mailto:namechange@transgenderlegal.org)
- Chicago, IL - Cook County

### **Chicago House: TransLegal**

The TransLegal program offers clients free and sliding-scale access to legal counsel for legal challenges like name changes.

- <https://www.chicagohouse.org/translife-care>
- Elizabeth Ricks at (773) 248-5200 x414

### **The National Center for Transgender Equality**

Check out their ID Documents Center to help you navigate changing your name and gender in your area.

- [www.transequality.org](http://www.transequality.org)

### **Trans Lifeline**

Offers microgrants with low-barrier funding for: Passport, Driver's License OR State ID, Court Order Name Change, Immigration Documents, Tribal IDs

- <https://www.translifeline.org/>

## **VOICE THERAPY:**

### **The Voice Lab, Inc.**

“Our mission is to help clients discover a voice, that is healthy, authentic, natural, and an extension of their identity and how they want to move through the world”

Lessons range in price depending on the length of the lesson, and the instructor, they offer a reduced introductory appointment to match clients with the instructor that can best support your goals and schedule.

- <https://www.thevoicelabinc.com/transgender-voice-chicago.html>
- (773) 360-8507
- [info@thevoicelabinc.com](mailto:info@thevoicelabinc.com)
- The Voice Lab
  - 2017 W Irving Park Rd, Chicago, IL 60618

### **Speech IRL**

Individual lessons and Group Workshops

Accepts insurance and offers dyads (two clients with one clinician - each would pay half (\$75 each)) and groups to help lower the cost.

- <https://www.speechirl.com/services/voice-therapy>
- (312) 870-0352 x 801
- [courtney@speechirl.com](mailto:courtney@speechirl.com) to schedule a free consultation
- 8 S. Michigan Ave, Suite 812, Chicago, IL 60603

### **Chicago Voice Center**

Chicago Voice Center offers voice lessons to transgender clients wanting to modify their speaking voice in individual and group settings, online and in person. Individual online lessons cost \$50 per half-hour session. Individual in person lessons for \$100 per 60-minute lesson. Group training is defined by budget and accessibility.

- <https://www.chicagovoicecenter.com/home>
- [diane@chicagovoicecenter.com](mailto:diane@chicagovoicecenter.com)

### **Dr. Nathan Waller - Northwestern: Center for Audiology, Speech, Language, and Learning**

Sliding Scale & In-network with Blue Cross Blue Shield PPO plans and out-of-network with all other insurances. If a client does not have BCBS PPO, they offer a 20% self-pay discount.

- <https://nucasll.northwestern.edu/speech-language-pathology/voice-programs/transgender-voice-and-communication/>
- (847) 491-3165
- [nucasll@northwestern.edu](mailto:nucasll@northwestern.edu)
- 2315 Campus Drive, Evanston, IL 60208

**Kathe Perez: Exceptional Voice, Inc.**

- [www.exceptionalvoice.com](http://www.exceptionalvoice.com)
- (303) 722-2181
- [kathe@exceptionalvoice.com](mailto:kathe@exceptionalvoice.com)
- 930 W 7th Ave., Suite B, Denver, CO 80204

**Some FREE helpful videos or links for voice training**

- <https://www.youtube.com/watch?v=xBp09NETj3U>
- <https://prismaticspeech.com/services/tvt/>

**CANCER GENETIC TESTING:**

**Dr. Lee Shulman: Northwestern Medicine - Cancer Center for Genetics**

“The goal of our program is to prevent cancer, or if cancer occurs, to detect it as early as possible by identifying individuals at increased risk. We provide individualized cancer risk assessment and health management recommendations to individuals and families at increased risk for cancer due to their personal and/or family history of cancer.”

- <https://clinicalgenetics.nm.org/>
- (312) 695-0320
- Fax: (312) 472-4564

**Dr. Olufunmilayo Olopade: UChicago Medicine - Comprehensive Cancer Center**

- <https://www.uchicagomedicine.org/cancer/types-treatments/breast-cancer/hereditary-breast-ovarian-risk-prevention>
- (888) 824-0200
- 5758 S. Maryland Ave. Chicago, IL 60637

**Dr. Ann Mauer (Hematology/Oncology): Advocate Health Care - Advocate Cancer Institute**

- (773) 296-7089
- 900 West Nelson St, Chicago, IL 60657
- <https://www.advocatehealth.com/health-services/cancer-institute/specialty-programs-clinics/cancer-genetic-risk-assessment>

**Celeste Cruz (General Surgery): Advocate Health Care - Advocate Medical Group**

Performs Mastectomies and other surgeries in regard to preventative cancer treatment plans.

- (773) 296-3390
- 3000 North Halsted St, Suite 509, Chicago, IL 60657

## **MEDICAL WASTE DISPOSAL/RECYCLING:**

### **The Chicago Recovery Alliance**

“At any of our silver van locations, you also can safely and responsibly dispose of any used injection equipment.”

- <https://anypositivechange.org/>

### **Earth 911**

An online resource for you to find medical waste recycling locations in your area.

- <https://earth911.com/>
- Dial: 800-CLEANUP

### **CVS**

Some CVS's will have expired medication disposal bins in the pharmacy area. They have some strict guidelines, so double check what your location accepts first. **This is not for used injection supplies.**

## **HEALTH CARE REFERRALS:**

### **Chicago Women's Health Center (CWHC)**

Feminizing and masculinizing hormone therapy, Gynecology, and Primary Care

- [www.chicagowomenshealthcenter.org](http://www.chicagowomenshealthcenter.org)
- (773) 935-6126
- 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640

### **Dr. Frederic M. Ettner**

Feminizing and masculinizing hormone therapy, Family Practice including Obstetrics

- (847) 733-2229
- 800 Austin Ave. Ste #308, Evanston, IL 60202-3443

### **Queermed.com - Telehealth**

Feminizing and masculinizing hormone therapy, and Name/Gender Marker change letters

Insurance accepted

- [info@queermed.com](mailto:info@queermed.com)
- (404) 445-0350
- Fax: (877) 480-9635

### **Dr. Ravi M. Iyengar - Endocrinology, Diabetes and Metabolism**

- (888) 352-RUSH (7874)

## Howard Brown Health Center

Feminizing and masculinizing hormone therapy, General Medicine and Gynecology

- [www.howardbrown.org](http://www.howardbrown.org)
- (773) 388-1600
- Multiple Locations

## Dr. Andrew Pavalatos - Family Practice Physician

HRT (*Primarily Transfeminine folks*) & General Medicine

- **Northside Family Medicine: Cleveland Rosemary**
  - 2800 N Sheridan Rd #606, Chicago, IL 60657
  - (773) 525-8846 (Monday, Wednesday, and Friday)
- **AMITA Health Medical Group**
  - 3500 W Peterson Ave. 3rd floor, Chicago, IL 60659
  - (773) 961-3200 (Tuesday, Thursday, 2nd and 4th Saturday each month)

## Dr. Tohfa Ruda: Advocate Health Care

Family Medicine

- 1273 N Milwaukee Ave, Chicago, IL 60622
- (773) 377-9910

## Lurie Children's Hospital: Gender and Sex Development Program

For youth and adolescents

- <https://www.luriechildrens.org/en/specialties-conditions/gender-development-program/>
- (800) 543-7362
- Gabriel Edwards, Program Coordinator (312) 227-8875

## Broadway Youth Center (Howard Brown Health Center)

*Free services for youth, ages 12 to 24: Free HIV/STI screening.* Assistance applying for health insurance and referrals to healthcare for youth and transgender individuals. Referrals for housing/shelter, employment, vocational/educational, mental health, medical services, lost identification, and basic needs.

- [https://howardbrown.org/clinic\\_location/broadway-youth-center/](https://howardbrown.org/clinic_location/broadway-youth-center/)
- (773) 388-1600 x7600
- Broadway Youth Center, 4009 North Broadway, Chicago, IL 60613

## **REFERRALS FOR WISCONSIN, MICHIGAN, INDIANA:**

### **WISCONSIN:**

#### **Linda Wesp - Health Connections**

Feminizing and masculinizing hormone therapy, Primary care, youth and young adults, and people living with HIV.

- <https://www.healthconnectmke.org/>
- (414) 999-1099
- 4655 N. Port Washington Road, Suite 325, Glendale, WI 53212

#### **MKE LGBT Community Center**

“The Milwaukee LGBT Community Center is dedicated to serving the needs of LGBTQ people and to making the Greater Milwaukee area safer and more inclusive.”

- <https://www.mkelgbt.org/>
- (414) 271-2656
- 1110 N Market Street, 2nd Floor, Milwaukee, WI 53202

#### **COURAGE MKE**

“Courage MKE fuels a collaborative movement to provide the housing, resources, and services that displaced and homeless LGBTQ youth in Milwaukee need to thrive, as well as scholarships and other services for the LGBT youth of our community.”

- <https://www.couragemke.org/>
- (414) 240-2882
- [info@CourageMKE.org](mailto:info@CourageMKE.org)
- 270 E. Highland Ave. Suite I, Milwaukee, WI 53202

#### **Ronni Hayon - Northeast Family Medical Clinic**

Feminizing and masculinizing hormone therapy, Primary Care, Sexual Health Provider (Including HIV And Other STI Testing)

- <https://www.uwhealth.org/>
- (608) 241-9020
- 3209 Dryden Dr., Madison, Wisconsin 53704

#### **OutReach LGBT Community Center**

“Our mission is a commitment to equity and quality of life for all LGBTQ+ people through community building, health and human services, and economic, social, and racial justice advocacy.”

- <https://www.outreachmadisonlgbt.org/>
- (608) 255-8582
- [info@lgbtoutreach.org](mailto:info@lgbtoutreach.org)
- 2701 International Lane, Ste 101, Madison WI 53704

## **Tess Wigs**

Wig shop, as well as styling, tools, and how to care for your wigs.

- <https://www.tesswigs.com/>
- By appointment only: (414) 271-9447
- 1531 N Farwell Ave, Milwaukee, WI 53202

## **MICHIGAN:**

### **Dr. William J. Powers: Powers Family Medicine**

Provides primary and preventative care for patients of all ages. Dr. Powers has a special interest in LGBTQ/gender diverse care, gender affirming services, hormone therapy (HT/HRT), HIV care, and preventative health and education.

- <https://powersfamilymedicine.com/>
- (248) 482-6222
- Appointment Scheduling: [Laura@PowersFamilyMedicine.com](mailto:Laura@PowersFamilyMedicine.com)
- 23700 Orchard Lake Road, Suite E, Farmington Hills, Michigan 48336

### **Dr. Jessica E. Shill: Henry Ford**

Feminizing and masculinizing hormone therapy, Endocrinology, Diabetes & Metabolism

- <https://www.henryford.com/services/transgender-health>
- (800) 436-7936
- 3031 W Grand Blvd, Detroit, MI 48202

### **Affirmations: LGBTQ+ Community Center**

- <http://goaffirmations.org/>
- (248) 398-7105
- 290 W. Nine Mile Rd., Ferndale, MI 48220

### **Grand Rapids Pride Center**

- <https://grpride.org/>
- (616) 458-3511
- [info@grpride.org](mailto:info@grpride.org)
- 343 Atlas Ave SE, Grand Rapids, MI 49506



## **Indiana:**

### **Indy Pride**

“Indy Pride, Inc. exists to unite and serve its members and the LGBTQ community of Central Indiana through leadership development, educational and support programs, and community events that achieve inclusivity, equality, strong community connections, and awareness of LGBTQ issues.”

- <https://indypride.org/>
- (317) 541-8726 x116
- [info@indypride.org](mailto:info@indypride.org)
- 3733 N. Meridian St., Indianapolis, IN 46208

### **The LGBTQ Center**

“The LGBTQ Center is dedicated to the promotion of LGBTQ+ experiences and inclusivity. Our purpose is to see a community where every individual is valued, respected, and empowered.”

- <https://www.thelgbtqcenter.org/>
- (574) 234-1411
- [info@thelgbtqcenter.org](mailto:info@thelgbtqcenter.org)
- 1522 E Mishawaka Ave, South Bend, IN 46615

### **M&M Beauty Supply & Wigs**

Wig shop, as well as styling, tools, and how to care for your wigs.

- <https://mmbeautysupply.com/>
- (219) 738-2540
- 16 W Lincoln Hwy, Merrillville, IN 46410

## **COMPLEMENTARY HEALTH RESOURCES:**

### **Justinanne Cooper - Traditional Chinese Medicine and Acupuncture**

- CWHC - Sliding Scale options
  - [www.chicagowomenshealthcenter.org](http://www.chicagowomenshealthcenter.org)
  - (773) 935-6126
  - 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640
- Private Practice
  - (773) 563-0726
  - [justinanne.cooper@gmail.com](mailto:justinanne.cooper@gmail.com)
  - 3354 N Paulina, Suite 206E, Chicago, IL 60657

### **Chiara Galimberti - Accessible Acupuncture + Natural Medicine**

- <https://www.chiaraacu.com/>
- [chiaraacupuncture@gmail.com](mailto:chiaraacupuncture@gmail.com)
- West Side
  - 3851 W Fullerton Ave, Chicago, IL 60647
- South Side: Haji Healing
  - 746 E 79th St., Chicago, IL 60619

### **Leslie Fiedler - Massage Therapy and Bodywork**

- CWHC - Sliding Scale options
  - [www.chicagowomenshealthcenter.org](http://www.chicagowomenshealthcenter.org)
  - (773) 935-6126
  - 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640
- WillowandOakHealing@gmail.com

### **Sarah Ecker - Pelvic Floor Therapy (including Pre- & Post- Trans operative surgeries)**

- Private Practice
  - [www.DrSarahAnn.com](http://www.DrSarahAnn.com)
  - (917) 579-8250
  - DrSarahAnn123@gmail.com

### **Nicole Perez - Reiki, Shamanic Healing, & Spiritual Counseling**

- CWHC - Sliding Scale options
  - (773) 935-6126
  - 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640
- <https://www.thunderhorsehealing.com/>
- (773) 366-2001
- Nicole@thunderhorsehealing.com

### **Martha Burla - Intuitive Eating**

- CWHC - Sliding Scale options
  - (773) 935-6126
  - 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640
- martha.burla@gmail.com

### **Karlee Pinto - Intuitive Eating**

#### **The Awakening Center**

- <http://www.awakeningcenter.net>
- karleepinto.TAC@gmail.com
- (773)929-6262
- 3523 N Lincoln Ave, Chicago, IL 60657

### **Erika Siesennop - Rising Root Nutrition**

BCBS PPO and Sliding Scale options

- <https://www.therisingrootnutrition.com/>
- (773) 241-1747
- Fax: (773) 787-2181
- 2835 North Sheffield Avenue, Suite 511, Chicago, IL 60657
- 160 East Grand Avenue, Chicago, IL 60611 (Tuesday only)
- erika@risingrootnutrition.com

## **HOTLINES AND CRISIS SUPPORT:**

### **Trans Lifeline**

- 24-hour suicide prevention hotline: (877) 565-8860

### **National Suicide Prevention Lifeline**

- 24-hour suicide prevention hotline: (800) 273-8255

### **Crisis Text Line**

Text *HOME* to connect with a Crisis Counselor

- US and Canada: text 741741
- <https://www.crisistextline.org/>

### **Resilience**

- Chicago rape crisis hotline: (888) 293-2080
- <https://www.ourresilience.org/>

### **Survivor Project**

Support for transgender & intersex survivors of domestic & sexual violence.

- <https://centerforsurvivors.msu.edu/>
- (517) 355-3551
- 24-hour crisis hotline: (517) 372-6666

### **RAINN (Rape, Abuse & Incest National Network)**

- (800) 656-HOPE (4673)
- 24/7 help online by visiting: [online.rainn.org](http://online.rainn.org)

## **COUNSELING, MENTAL HEALTH, EMOTIONAL SUPPORT:**

### **Chicago Women's Health Center (CWHC)**

Individual, group counseling, and other support services

Sliding scale & insurance accepted

- <http://www.chicagowomenshealthcenter.org/services/counseling>
- (773) 935-6126 x200
- 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640

### **Center on Halsted**

Individual, groups, and other support services

Sliding scale & insurance accepted

- <http://www.centeronhalsted.org/behavioralhealth.html>
- (773) 472-6469 x460
- 3656 N. Halsted Street, Chicago, IL 60613

### **Inclusive Insight Psychotherapy and Consulting: Laura Grimes, LCSW**

Specializes in providing therapy to LGBT clients, individuals in BDSM/kink/polyamorous/differently-configured relationships, and Transmasculine folks. Laura is a trained sex therapist and provides sex therapy around issues including sexual intimacy problems, low sex drive, or differing sex drives in relationships, BDSM/kink, polyamorous or non-monogamous relationships, sexual issues related to chronic illnesses such as cancer, stroke, HIV/AIDS & depression.

Sliding scale, insurance, & Medicaid accepted

- [www.chicagoiipc.com](http://www.chicagoiipc.com)
- (773) 659-9207
- [laura@chicagoiipc.com](mailto:laura@chicagoiipc.com)
- 840 W. Irving Park Road, Suite 302, Chicago, Illinois 60613
- 6832 W. North Avenue, Suite 4B, Chicago, Illinois 60707

### **Birch Tree Psychotherapy: Catherine Devlin**

Eating disorder treatment and nutrition issues within a Health at Every Size (HAES) frame-work.

- <http://chicagofamilytherapist.com/>
- (773) 417-9349
- Downtown Chicago Office
  - 180 N Michigan Ave, Suite 1025-C, Chicago, IL 60601
- South Barrington Office
  - 33 W Higgins Rd, Suite 3100, South Barrington, IL 60010

### **CoCreate, Inc.: Dakota Cimo & Theo Pintzuk**

Psychotherapy, individual, couple, and family counseling

Insurance accepted & Sliding Scale (limited case by case)

- 3850 N. Lawndale Ave Ste. 203, Chicago, IL 60618
- <http://www.cocreatepsychotherapy.com/index.htm>
- (773) 539-9183

### **Live Oak Inc.**

Individual, couples, family, and group psychotherapy

Sliding scale & insurance accepted (BCBS PPO plans, Aetna for NU Students, AHP for SAIC students, USHP for U of C students, and UCHP for U of C employees)

- Lakeview: 1300 W. Belmont, Suite 300, Chicago, IL 60657
- Downtown: 30 N. Michigan, Suite 508, Chicago, IL 60602
- Hyde Park: 1525 E. 53rd, Suite 824, Chicago, IL 60615
- Uptown: 4753 N. Broadway, Suite 1034, Chicago, IL 60640
- Evanston: 1740 Ridge Ave., Suite 120, Evanston, IL 60201
- [www.liveoakchicago.com](http://www.liveoakchicago.com)
- (773) 880-1310

## **Howard Brown Health Center**

Individual and Group Counseling

Sliding scale & insurance accepted

- Multiple Locations
- [https://howardbrown.org/clinic\\_location/counseling-center/](https://howardbrown.org/clinic_location/counseling-center/)
- (773) 388-1600

## **IntraSpectrum**

Individual, couples, and group counseling

Insurance accepted & sliding scale \$120-\$80

- Downtown: 180 N Michigan Ave #1830, Chicago, IL 60601
- Andersonville: 5340 N Clark St #212, Chicago, IL 60640
- <http://www.intraspectrum-chicago.com/>
- Fill out intake: <https://intraspectrum-chicago.com/get-support/> or call (773) 750-3505 for intake

## **Practical Audacity**

A Gender & Sex Therapy Group Practice.

BCBS PPO and BlueChoice PPO. Reduced fee of \$125-150, based on need.

- <http://www.practicalaudacity.com/home>
- Intake@Practicalaudacity.Com
- 3046 West Armitage Ave, Chicago, IL 60647

## **PSYCHIATRY:**

### **Meridian Psychiatric Partners, LLC**

Psychological and psychiatric services specifically tailored to the LGBTQI+ community

- <https://www.meridianpsychiatricpartners.com/>
- (312) 640-7743
- Chicago Office Location
  - 625 N. Michigan Ave. Suite 2550, Chicago, IL 60611
- Evanston Office Location
  - 500 Davis Street, Suite 815, Evanston, IL 60201
- Lake Forest Office Location
  - 100 S. Saunders Rd., Suite 150, Lake Forest, IL 60045

### **Dr. Surya Sabhpathy - UIC**

Director of the Department of Psychiatry's Gender and Sexuality Clinic, providing LGBTQ-affirming mental health care with an emphasis on transgender, nonbinary, and other gender-expansive people.

- Work: (312) 996-7838
- New Client: (312) 996-2200
- 912 S. Wood St., Department of Psychiatry (MC 913), Chicago IL 60612

## **Dr. Caleb Reyes - UIC**

Psychiatry Resident

- Work: (312) 996-3607
- New Client: (312) 996-2200
- 912 S. Wood St., Department of Psychiatry (MC 913), Chicago IL 60612

## **LEGAL RESOURCES:**

### **The National Center for Transgender Equality**

Offers transgender legal network to help you find legal resources in your area.

- [www.transequality.org](http://www.transequality.org)

### **Transformative Justice Law Project**

- (773) 272-1822
- <http://tjlp.org>
- [info@tjlp.org](mailto:info@tjlp.org)

### **Elizabeth Parish: Parish Law Office**

Area of practice: Name changes/Real Estate Litigation/Evictions

- (773) 610-6002
- [jnicholas@parish-legal.com](mailto:jnicholas@parish-legal.com)

### **Chicago House: TransLegal**

“The TransLegal program offers clients free and sliding-scale access to legal counsel. Our legal team helps clients navigate a variety of legal challenges, including name changes; expungement and criminal records sealing; employment, public accommodations and housing discrimination; and benefits assistance.”

- <https://www.chicagohouse.org/translife-care>
- Elizabeth Ricks at (773) 248-5200 x414

### **National Lawyers Guild—Chicago (24-hour hotline)**

- (312) 913-0039
- <http://nlgchicago.org/>
- [Chicago@nlg.org](mailto:Chicago@nlg.org)

### **People’s Law Office**

- (773) 235-0070
- <http://www.peopleslawoffice.com/>
- [peopleslaw@aol.com](mailto:peopleslaw@aol.com)

### **Transgender Law Center**

Resources on healthcare & legal matters for trans\* individuals

- [www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

## **AIDS Legal Council of Chicago**

(If you are denied access to HIV medications)

- (312) 427-8990/Toll free (866) 506-3038
- <https://legalcouncil.org/>

## **American Civil Liberties Union: Lesbian and Gay Project, HIV/AIDS Project**

(If you are denied access to HIV medications)

- (312) 201-9740
- <http://www.aclu-il.org>
- [acluofillinois@aclu-il.org](mailto:acluofillinois@aclu-il.org)

## **Todd Lyster**

Area of Practice: Domestic/Family/Criminal/Litigation

- Languages: English, Russian, Ukrainian, Polish
- (312) 855-087 - (cell) (847)309-7777 (pressing matters)
- [office@lysterfirm.com](mailto:office@lysterfirm.com)
- 221 N. LaSalle St., Suite #1550, Chicago, IL 60601

## **Michael Greco**

Area of practice: commercial litigation, tort and civil rights /employment litigation, bankruptcy, and probate / succession planning. Can do 2<sup>nd</sup> parent adoption.

- Languages: English, Spanish
- (312) 222-0599
- [michaelgreco18@yahoo.com](mailto:michaelgreco18@yahoo.com)
- 175 W. Jackson Blvd. Suite 240, Chicago, Illinois 60604

## **National Employment lawyer association**

NELA promotes the workplace rights of individual employees through public policy, legislation, and other activities.

- <https://www.nela-illinois.org/content.aspx?sl=1533933646>
- c/o Offices of Catherine Simmons-Gill, LLC
  - 111 West Washington Street, Suite 1110, Chicago, IL 60602

## **SURGICAL APPROVAL LETTER (MENTAL HEALTH PROVIDER):**

### **Marjorie C. Witty, Ph.D. (Clinical Psychologist)**

- (773) 294-3514
- margewitty@sbcglobal.net
- 1700 West Irving Park Road, Suite 301, Chicago, Illinois 60613

### **Chicago Women's Health Center (CWHC)**

- <http://www.chicagowomenshealthcenter.org/services/counseling>
- (773) 935-6126 x200
- 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640

### **Jazz McGinnis, Northwestern Medicine: Gender Pathways Program**

- (312) 926-3866, for hearing-impaired clients (312) 926-6363
- jazzmcginnis@nm.org
- 675 N. Saint Clair St., 19th floor Suite 250, Chicago, IL 60611

### **Inclusive Insight Psychotherapy and Consulting: Laura Grimes, LCSW**

- [www.chicagoiipc.com](http://www.chicagoiipc.com)
- (773) 659-9207
- laura@chicagoiipc.com
- 840 W. Irving Park Road, Suite 302, Chicago, Illinois 60613
- 6832 W. North Avenue, Suite 4B, Chicago, Illinois 60707

## **SUPPORT DURING SURGERY:**

### **The National Center for Transgender Equality**

Check out their health coverage guide for help navigating your health insurance plan in your area.

- [www.transequality.org](http://www.transequality.org)

### **The Care Plan**

Have a *Navigation Manager* come help support and advocate for you during any medical appointment.

- <http://the-care-plan.com/services/lgbtqi-resources/>
- 630-479-0083
- jacqueline@the-care-plan.com



## **FINANCIAL ASSISTANCE FOR SURGERY:**

### **Jim Collins Foundation**

Provides financial assistance of varying amounts for gender confirming surgeries.

- <http://jimcollinsfoundation.org>

### **Point of Pride**

POP offers a Surgery grant that can help support you. Applications are due, during November 1st through the 30th.

- <https://pointofpride.org/>

### **CareCredit**

National patient payment program, allows for 100% financing of procedures (patient monthly payments)

- [www.carecredit.com](http://www.carecredit.com)

## **HAIR TRANSPLANT:**

### **Enfuse Medical Spa & Hair Restoration: Gender Confirming Hair Restoration Chicago**

Procedures: hair restoration/hairline feminization and non-surgical facial enhancement

- <https://www.enfusedmedspas.com/hair-restoration-chicago/gender-confirming/>
- (773) 904-8310
- 1645 W. North Ave. Chicago, IL 60622

### **Dr. Adit Sood: New Horizons Center for Cosmetic Surgery**

Procedures: facial hair surgery & hairline feminization surgery

- Prices range from \$5-7 per follicular unit, and in many cases as many as 1,000 to 2,000 follicular units may be needed. Insurance accepted for other procedures. They accept CareCredit and Alpheon.
- <https://drturowski.com/transgender-hair-restoration-chicago.html>
- (847) 674-4646
- Chicago North Shore Suburbs
  - 9843 Gross Point Road, Skokie IL, 60076
- Chicago
  - 50 East Oak Street, 1st Floor, Chicago, IL 60611

### **Dr. Raymond J. Konior & Dr. Sahar Nadimi: Chicago Hair Institute**

Procedures: hairline feminization surgery

- Average surgery is \$9k-11k. They offer financing through Lending Club and Care Credit, based on a case by case basis.
- <https://www.chicagohairinstitute.com/treatment-considerations/transgender-hair-restoration>
- To start a consultation: <https://www.chicagohairinstitute.com/hair-loss-information/virtual-consultation>
- (630) 932-9690
- 1S280 S. Summit Ave, Ste C4, Oakbrook Terrace, IL 60181

## **Dr. William D. Yates**

Procedures: hairline feminization surgery & facial hair surgery

- <https://www.dryateshairsceince.com/transgender-hair-transformation-surgery-chicago>
- (312) 273-9025
- Chicago
  - 213 N. Stetson Ave Chicago, IL
- Oak Brook
  - 2425 W 22nd St, Suite 202 Oak Brook, IL

## **HAIR REMOVAL:**

### **Electrolysis**

#### **Kelly inc.**

- Average cost of service through Kelly inc. is dependent on the electrologist you are going through and the time you select.
- <https://www.izapem.com/faq.html>
- <https://www.izapem.com/hair-removal.html>
- (708) 386-4663
- 715 Lake St #300, Oak Park, IL 60301

#### **Illinois Dedicated Electrology Academy (IDEA)**

This is run through Kelly inc's facility. Four students per class cycle usually.

- \$5 per hour, per student (as of right now)
- <https://www.welcometoidea.com/>
- 715 Lake St #300, Oak Park, IL 60301
- A little info about this though is that they are a lot slower because they are still training. DO NOT expect them to be as quick as professionals in the field that have been doing this for years and years. This might be a good choice for you if you are okay with going slow, and want to do other areas of treatment besides face and genitals. Good for arms, legs, bikini area, chest, abdomen, and underarms.

#### **Cassandra McCabe: Chicago Epilation (Electrolysis)**

- (773) 919-4247 (text is okay)
- [info@chicagoepilation.com](mailto:info@chicagoepilation.com)
- 5919A W. Montrose Ave., Room 3, Chicago, IL 60634

#### **Precision Hair Removal and Skin Care - Traditional & Large Volume Electrolysis(LVE)**

- Average cost of service through Precision is dependent on the amount of time you choose.
- LVE vs. Traditional electrolysis: <http://precisionhairremoval.com/large-volume-electrolysis-benefits/>
- <http://precisionhairremoval.com/>
- (773) 654-1132
- Chicago Location (Traditional Electrolysis): 1834 W Foster Ave, Chicago, IL 60640
- Wilmet Location (LVE): 3612 Lake Ave, Wilmette, IL 60091

## **Laser Hair removal**

### **Enfuse Medical Spa & Hair Restoration**

- <https://www.enfusedmedspas.com/hair-restoration-chicago/gender-confirming/>
- (773) 904-8310
- 1645 W. North Ave. Chicago, IL 60622

### **Lapiel Laser Center**

- <https://feelinggoodmatters.com/>
- (773) 328-8361
- [info@lapiellaser.com](mailto:info@lapiellaser.com)
- 3454 N. Lincoln Ave, Chicago, IL 60657

## **BODY CONTOURING PROCEDURES:**

### **Dr. David Teplica**

- Can work with insurance but is difficult. About \$5,000 reservation fee. Payment plans on a case by case basis.
- <http://www.davidteplica.com/plastic-surgery>
- (773) 296-9900 - Steve Office Manager Mondays and Tuesdays only
- 803 West Hutchinson St., Chicago, IL 60613

### **Dr. Algird Mameniskis: Liposuction and Cosmetic surgery Institute**

- Body contouring: <https://www.lipodoc.com/liposuction/surgical/liposuction-body-contouring/>
- Breast Augmentation: <https://www.lipodoc.com/breasts/surgical/breast-augmentation-by-fat-injection/>
- Virtual Consultation: (847) 259-1000
- [info@lipodoc.com](mailto:info@lipodoc.com)
- Arlington Heights Office
  - 1700 West Central Road, Arlington Heights, Illinois 60005
  - (847) 259-1000
- Chicago Gold Coast Office
  - 106 E. Oak Street, Chicago, Illinois 60611
  - (312) 266-8765
- Naperville Office
  - 630 North Washington Street, Naperville, Illinois 60563
  - (630) 922-4000
- Oak Brook Office
  - 1 S. 365 Summit Avenue, Oak Brook, Illinois 60181
  - (630) 627-3311

## **LOCAL SURGEONS:**

(\*\$) can be the average cost for the surgeries without insurance

\*For common abbreviations and definitions for surgery are on "[Surgical Terminology List](#)"

### **Dr. Traci P. Beck: Advocate Health Care**

Surgeries: Orchiectomy & Urology

- Insurance accepted. \$100 deposit for consultation but will get billed from \$300-500 in total for consult.
- (773) 296-7300
- 3000 N. Halsted St, Suite 405, Chicago, IL 60657

### **Dr. Silvia Bicalho: Advocate Health Care**

Surgeries: Hysterectomy

- Only take insurance, no self pay option.
- (773) 296-3300
- 3000 N Halsted St #309, Chicago, IL 60657

### **Dr. Sean George and Dr. Abraham Shashoua: Advocate Health Care**

Surgeries: Hysterectomy

- Insurance accepted. \$100 deposit for consultation but will get billed from \$300-500 in total for consult.
- (773) 296-7300
- 3000 N. Halsted St, Suite 405, Chicago, IL 60657

### **Dr. Amir H. Dorafshar: Rush University Medical Center**

Surgeries: FFS, and Body Contouring

- (312) 563-3000
- <https://www.rush.edu/make-an-appointment>
- 1725 W Harrison St Ste 425, Chicago, IL 60612

### **Dr. Loren Schechter**

Surgeries: Chest surgery \*\$11k, Metoidioplasty \*\$40k, and Phalloplasty \*\$95k, Orchiectomy, Breast Augmentation (implant), FFS, Body Contouring, and Vaginoplasty \*\$40k

- Insurance accepted. Initial consultation fee \$100 for people who don't have insurance. \$500 reservation fee.
- <https://drlschechter.com/>
- (888) 393-8705
- 9000 Waukegan Rd, Suite 210, Morton Grove, IL 60053
- <https://drlschechter.com/new-patient-packet/> - Call (888) 393-8705 to schedule a consultation, print packet - fill it out and bring it with you for your scheduled appointment.

## **Northwestern Medicine: Gender Pathways Program (there are multiple surgeons at this location)**

Surgeries: Chest surgery, FMS, Hysterectomy, Phalloplasty, Orchiectomy, Breast Augmentation (implant), FFS, Vaginoplasty

- <https://www.nm.org/conditions-and-care-areas/gender-pathways-program>
- Jazz McGinnis (he/him/his): (312) 926-3866, for hearing-impaired clients (312) 926-6363
- 675 N. Saint Clair St., 19th floor Suite 250, Chicago, IL 60611

## **Dr. Lawrence Gottlieb: UChicago Medicine (there are multiple surgeons at this location)**

Surgeries: Chest surgery, Hysterectomy, Phalloplasty, Penile prosthesis implant, FMS, Body contouring, FFS, Breast Augmentation (implant and fat transfer), Body contouring.

- Accepts insurance, normally do not accept self pay and \$100 consultation.
- <https://www.uchicagomedicine.org/>
- (773) 702-6302
- 5758 S. Mariland, Chicago, IL 60637

## **Dr. Adit Sood: New Horizons Center for Cosmetic Surgery**

Surgeries: Chest surgery \*\$9k-12k, FMS, Hip reduction, Breast Augmentation (implant) \*\$6.5k-7.5k , FFS \*\$3.6k-20k (depending on what surgeries you get)

- Consultations are free, if not insurance 10% of total surgery cost as the reservation fee. Accepts Insurance (not FFS), Medicaid, CareCredit and Alpheon.
- <https://drturowski.com/category/transgender-procedures>
- (847) 674-4646
- 9843 Gross Point Road, Skokie IL, 60076

## **Dr. Alison Shore: Lakeshore Plastic Surgery**

Surgeries: Chest surgery, Breast Augmentation (implant)

- Insurance accepted.
- <https://lakeviewplasticsurgery.com>
- (773) 883-8234
- 3000 N Halsted, Suite 707, Chicago, IL 60657

## **Dr. Jeffrey Weinzweig: JW Plastic Surgery**

Surgeries: Chest surgery, Breast Augmentation (implant and fat transfer), FFS, Body contouring (fat grafting)

- Free consultation, accept insurance, \$500 reservation fee, they offer payment plans, they also work with CareCredit and Alpheon.
- <https://www.jwplasticsurgery.com/>
- (312) 642-0400
- Downtown Chicago (River North)
  - 22 W Ontario Street Chicago, IL 60654
- Schaumburg
  - 1355 Remington Road Suite C, Schaumburg, IL 60173
- Highland Park
  - 767 Park West Ave, Suite 180, Highland Park, IL 60035

## **NATIONAL SURGEONS:**

(\*\$) can be the average cost for the surgeries without insurance

\*For common abbreviations and definitions for surgery are on "[Surgical Terminology List](#)"

### **Dr. Christine N. McGinn: Papillon Center (Transwoman herself)**

Surgeries: Chest surgery \*\$11k, Metoidioplasty \*\$6.5k-\*\$22k(depending on the type), Vaginoplasty \*\$23k, Orchiectomy \*\$5k, Labiaplasty \*\$5k, Breast Augmentation (implant) \*\$8k, FFS

- Etna Insurance, \$150 consultation, \$3,500 reservation fee.
- [www.drchristinemcginn.com](http://www.drchristinemcginn.com)
- (215) 693-1199
- 4 Gazebo Place, New Hope, PA 18938

### **Dr. Marci Bowers (Transwoman herself)**

Surgeries: Hysterectomy, Metoidioplasty, Scrotoplasty, Mons resection, Vaginectomy, Vaginoplasty, zero depth vaginoplasty (ZDV), Orchiectomy, and Tracheal Shave

- Accepts most insurance, \$1,000 reservation fee.
- <http://marcibowers.com/>
- (650) 570-2270
- [mail@marcibowers.com](mailto:mail@marcibowers.com)
- 345 Lorton Ave Suite 101, Burlingame, CA 94010

### **Dr. Heidi Wittenberg & Dr. Adam Bonnington: MoZaic Care**

Surgeries: Hysterectomy, Metoidioplasty, Orchiectomy, Vaginoplasty, and Vaginoplasty: Minimal Depth, Nullification and Penile Preservation Vaginoplasty

- Accepts insurance and offers a sliding scale for financial support on a case by case basis. Consult fee is \$250. No reservation fee for a surgery date.
- [mozaiccare.net/](http://mozaiccare.net/)
- (415) 395-9895
- [office@mozaiccare.com](mailto:office@mozaiccare.com)
- 45 Castro St., Suite 324, San Francisco, CA, 94114, US

### **Dr. Beverly Fischer: Advanced Center for Plastic Surgery**

Surgeries: Chest surgery \*\$9k - 10k, FMS, Breast Augmentation (implant) \*\$7k - 8k, FFS, and Body Contouring \*\$18k

- They have a "big brother" program for support during this process.
- \$100 consult, 10% of total surgery cost as the reservation fee. No insurance accepted (but they can put together a package for insurance reimbursement). Payment plans, CareCredit.
- <https://www.beverlyfischer.net/gender-affirmation>
- (410) 308-4700
- 12205-12207 Tullamore Rd., Timonium, MD 21093

### **Dr. Curtis Crane: Crane Center**

Surgeries: Chest surgery, Metoidioplasty, Phalloplasty, Urethroplasty, Scrotoplasty and Testicular Implants, FFS, Breast Augmentation (implant), Vaginoplasty, Metoidioplasty, Phalloplasty, Zero Depth Vaginoplasty, Genital Nullification

- <https://cranects.com/>
- San Francisco Office
  - 575 Sir Francis Drake Blvd. Suite , Greenbrae, CA 94904
  - (415) 625-3230
  - CAReception@CraneCTS.com
  - Consultation \$300 if no insurance
- Texas Office
  - 5656 Bee Cave Rd Suite J201, Austin, TX 78746
  - (512) 446-9486
  - TXReception@CraneCTS.com
  - Consultation \$150 if no insurance

### **Dr. Paul Steinwald: The Center for Cosmetic Surgery**

Surgeries: Chest surgery \*\$12k, Breast Augmentation (implant) \*\$8k-10k

- Does not accept insurance, self pay only.
- <https://www.thecenterforcosmeticsurgery.net/breast/ftm-chest-masculinization/>
- The Center for Cosmetic Surgery
  - 501 South Cherry Street #900, Denver, CO 80246
  - (303) 951-2100
- The Center for Cosmetic Surgery
  - 725 Heritage Road #100, Golden, CO 80401
  - (720) 730-2639

### **Dr. Daniel Medalie: Cleveland Plastic Surgery**

Surgeries: Chest surgery \*\$7k-8k, Metoidioplasty \*\$13k, Breast Augmentation (implant) \*\$6k-7k

- Does not accept insurance, self pay only.
- <http://www.clevelandplasticsurgery.com/transgender/>
- (216) 393-9924
- Cleveland Plastic Surgery
  - 25700 Science Park Drive, Landmark Centre, Suite 190, Beachwood, OH 44122
- Brainard Surgery Center
  - 29017 Cedar Rd, Lyndhurst, OH 44124 (for Surgical Procedures)

### **Dr. Richard Tholen: Minneapolis Plastic Surgery, LTD**

Surgeries: Chest surgery \*\$10k-14k, FMS, Breast Augmentation (implant) \*\$8k, FFS

- Free consultation, no insurance, \$1000 reservation fee.
- 4825 Olson Memorial Highway (Hwy 55) Suite 200, Minneapolis, MN 55422
- <http://www.mpsmn.com>
- (763) 545-0443

### **Dr. Peter Raphael: American Institute for Plastic Surgery**

Surgeries: Chest surgery, Breast Augmentation (implant), FFS, Body Contouring, Orchiectomy

- Free consultation (unless insurance), the clinic accepts Insurance, \$750 reservation fee.
- 6020 West Plano Parkway, Plano, TX 75093
- <https://www.ai4ps.com/transgender-procedures-plano/>
- (972) 543-2477
- email consults available: <https://www.ai4ps.com/contact-plano-plastic-surgeons/>

### **Dr. Kenneth Wolf: Plastic Surgery, Cosmetic, Laser Center**

Surgeries: Chest surgery, Breast Augmentation (implant)

- <http://kwolfmd.com/#procedures>
- (248) 363-9413
- [wolf@kwolfmd.com](mailto:wolf@kwolfmd.com)
- 6615 Commerce Rd, Suite 100, West Bloomfield, MI 48324

### **Dr. Charles Garramone: The Garramone Center**

Surgeries: Chest surgery

- Accepts insurance & CareCredit. \$300 for routine pathology examination. \$1,000 reservation fee.
- [www.drgarramone.com](http://www.drgarramone.com)
- (954) 752-7842
- 4725 Volunteer Rd., Suite 202, Davie, Florida 33330

### **Dr. Toby Meltzer: The Meltzer Clinic**

Surgeries: Chest surgery \*\$11k, Metoidioplasty \*\$20k-39k, Phalloplasty \*\$46k, Scrotoplasty w and w/o Testicular Implants, Orchiectomy \*\$3k-4k, Breast Augmentation (implant) \*\$6.3k-7.4k, Tracheal Shave \*\$3.1k-3.8k, FFS, Body Contouring \*\$5.5k-15k, Vaginoplasty \*\$23k., Zero Depth Vaginoplasty \$19,945.

- Accept insurance, self pay clients, and Care Credit. \$100 consultation fee. \$2,500 reservation fee.
- <https://themeltzerclinic.com/>
- (480) 657-7006
- 7025 N.Scottsdale Road #302, Scottsdale, AZ 85253



## **NIPPLE TATTOOING:**

### **Nadia Castigo (Cah-stee-go) (Latinx Trans Woman): Lucky Kat Tattoo**

- \$150 per nipple
- free tattoo cover-ups of scars and brandings for human and sex-trafficking survivors.
- <https://www.luckykattattoo.com/>
- Tattoosbynadia@gmail.com
- (312) 465-2621
- 677 N Milwaukee Ave, Chicago, IL 60642

### **Melissa Stock: DV8 Tattoo and Body Piercing**

Nipple correction and scar camouflage.

- Willing to donate these tattoos, but case by case basis.
- <https://dv8roseville.com/>
- zombiecarrots@gmail.com
- 203 Sunrise Ave, ROSEVILLE, CA 95661 (She comes to Chicago often, check in with her about this)

### **Jeff Paetzold: The Chicago Breast Center & Northwestern Specialists in Plastic Surgery**

- \$300 each side.
- <https://www.northwesternplastics.com/>
- (312) 266 6240
- 676 North Saint Clair St., Suite #1575, Chicago, IL 60611

### **Bella Rose Tattoo**

- \$350 for one nipple, \$600 for both
- [bellarosetattoo.com](http://bellarosetattoo.com)
- (773) 754-7297
- 3757 N Kedzie Ave, Chicago, IL 60618

### **OM Spa**

- Does accept CareCredit.
- <https://www.omspachicago.com/3d>
- (773) 853-0839
- info@omspachicago.com
- 5910 A West Lawrence Ave, Chicago, IL 60630

## **FERTILITY RESOURCES:**

### **Transfertility**

Everything you ever wanted to know about transgender fertility.

- <https://transfertility.co/>

## **FERTILITY PRESERVATION:**

### **Sppare.me**

Sperm banking - from the comfort of your home

Packages - Standard: \$250, Recommended: \$450, Ultimate: \$750. Each additional storage year is \$145 for the *Standard* Package or \$215 for the *Recommended* or *Ultimate* packages.

- <https://sppare.me/>
- (855) 855-3945
- support@sppare.me

### **Cryochoice**

Private Sperm banking

A fee of \$595 covers your entire first year's cost for one sample kit.

Annual Storage fee only \$149/kit, starting in year two.

- <https://www.cryochoice.com/>
- (800) 619-7869

### **Northwestern Medicine: Center for Fertility & Reproductive Medicine**

Sperm banking, Embryo Freezing (Standard Technique), Egg Freezing (Experimental Research Technique), Ovarian Tissue Freezing (Experimental Research Technique)

- <https://www.nm.org/conditions-and-care-areas/treatments/fertility-preservation>
- Chicago Location:
  - 259 E. Erie Street, Suite 2400, Chicago, IL 60611
  - (312) 695-7269
- Highland Park Location:
  - 600 Central Avenue, Suite 333, Highland Park, IL 60035
  - (847) 535-8700
- Oakbrook:
  - 2 Trans Am Plaza, Suite 400, Oakbrook Terrace, IL 60181
  - (630) 545-3766

### **UIC College of Medicine Andrology Lab: Sperm Bank**

Can collect sperm at home and mail in.

<https://hospital.uillinois.edu/primary-and-specialty-care/urology/andrology>

- [University of Illinois Hospital](#)
  - 1740 West Taylor Street, Chicago, IL 60612

## **UIC Reproductive Medicine Center: Fertility Preservation Program**

Embryo Freezing (Standard Technique), Egg Freezing (Experimental Research Technique), Ovarian Tissue Freezing (Experimental Research Technique)

- <https://hospital.uillinois.edu/primary-and-specialty-care/surgical-services/breast-care/fertility-preservation>
- Newclient: (866) 600-2273
- Returning Client: (312) 355-4205
- [University of Illinois Hospital](#)
  - 1740 West Taylor Street, Chicago, IL 60612

## **ALTERNATIVE INSEMINATION (AI):**

### **Chicago Women's Health Center (CWHC)**

Alternative Insemination (AI)

- [www.chicagowomenshealthcenter.org](http://www.chicagowomenshealthcenter.org)
- (773) 935-6126
- 1025 W Sunnyside Ave, Suite 201, Chicago, IL 60640

### **Howard Brown**

Alternative Insemination (AI)

- <https://howardbrown.org/service/alternative-insemination-ai-program/>
- (773) 388-1600

### **Northwestern Medicine: Center for Fertility & Reproductive Medicine**

Artificial insemination, In vitro fertilization, Egg and sperm donation, Gestational surrogacy

- <https://fertility.nm.org/lgbtq-family-options.html>
- Chicago Location:
  - 259 E. Erie Street, Suite 2400, Chicago, IL 60611
  - (312) 695-7269
- Highland Park Location:
  - 600 Central Avenue, Suite 333, Highland Park, IL 60035
  - (847) 535-8700
- Oakbrook:
  - 2 Trans Am Plaza, Suite 400, Oakbrook Terrace, IL 60181
  - (630) 545-3766

### **CCRM Fertility**

Sperm cryopreservation (freezing), egg and/or embryo freezing (cryopreservation), intrauterine insemination (IUI), In vitro fertilization (IVF)

- <https://www.ccrmivf.com/transgender-pregnancy-options/>
- (877) 201-6931
- Multiple locations: Atlanta, Boston, Colorado, Dallas-Fort Worth, Houston, Minneapolis, New York, Northern Virginia & Maryland, Orange County, San Francisco Bay Area, and Toronto

## **RMR**

In Vitro Fertilization (IVF), Intrauterine Insemination (IUI), Donor Egg or Donor Embryo Programs, Donor Sperm, Gestational Surrogacy, Egg Freezing

- <https://rmanetwork.com/>
- Not in the Chicagoland area

## **ADOPTION / FOSTER CARE:**

### **Adoption Center of Illinois**

- <https://www.adoptioncenterofillinois.org/>
- (800) 676-2229 voice
- (872) 588-0757 text
- [information@adoptionillinois.org](mailto:information@adoptionillinois.org)
- 5828 N. Clark Street, Chicago, IL 60660