



healthywealthyroots@gmail.com

### About Me

Welcome! I'm Dr. Traci, Board Certified Clinical Psychologist and Certified Financial Therapist.

An immigrant from Trinidad and Tobago, I completed a Bachelor of Arts degree in Psychology, with a minor in Social Work. Subsequently, I completed Master of Science and Doctor of Psychology degrees in Clinical Psychology. I specialized in child, adolescent & family psychology.

I completed a Postdoctoral Fellowship at Emory University & Children's Healthcare of Atlanta, where I continue to work as an Assistant Professor in the School of Medicine.



Traci S. Williams, PsyD, ABPP, CFT-I

#### Certifications

American Board of Professional Psychology, Board Certified in Clinical Psychology Financial Therapy Association, Certified Financial Therapist-I™

# About Healthy Wealthy Roots

A social media platform, Healthy Wealthy Roots allows me to share evidence-based, useful information to support families' emotional, mental, and financial health.





### Prior Presentations

American Psychological Association Georgia Psychological Association Florida Association of School Psychologists International Family Therapy Association National Association of School Psychologists Pediatric Academic Societies Meeting

#### Talking Points

- Anxiety
- Assisted reproduction and mental health
- Child abuse & neglect
- Content creators' mental health
- Depression
- Healthy communication
- Infant, toddler, child, and adolescent development
- LGBTQIA+ concerns
- Mental health access and stigma
- NICU caregivers' wellbeing
- Parenting
- Pregnancy and infant loss
- Relationships and dating
- Seeking and beginning therapy (all ages)
- Surviving difficult times
- Trauma and PTSD

- Effects of debt
- Emotional aspects of personal finance
- Emotional effects of fraud
- Family relationships and money
- Financial issues during life transitions
- Financial abuse and trauma
- Financial health
- Minorities and finance
- Spending habits
- Wealth psychology and emotional aspects of wealth
- Women's financial empowerment



# Let's Work Together

I am pleased to collaborate on:

- Media appearances
- Conference presentations
- Podcast interviews



healthywealthyroots@gmail.com (preferred)



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Thanks for stopping by!