"Music as a Natural Resource"

♪ Compendium ♪

"Age of Connectivity: Cities, Magnets of Hope...
Imagining the Possible"
High Level Working Session
6 November 2009
United Nations Headquarters
Introduction

United Nations Human Settlements Programme

Background:
The United Nations Human Settlements Programme (UN-HABITAT) is mandated by the UN General Assembly to promote socially and environmentally sustainable towns and cities with the goal of providing adequate shelter for all. Cities are centers of economic growth and cultural creativity, as is indicated by the theme of the discussion today: “Harmonious Cities: Music, Technology, Culture and Health.” In fact, properly planned cities provide both the economies of scale and the population densities that have the potential to reduce per capita demand for resources such as energy and land.

For the first time in history, more than half of the world’s population lives in urban areas and by 2030 it is expected that nearly 60 per cent of the world’s people will be urban dwellers. Majority of the increase is taking place in the developing world. This transformation has a direct bearing on the strategies that must be adopted to attain the Millennium Development Goals.

Rapid urbanization, if not well managed, will increase poverty and slums. An estimated one billion people currently live in urban slums in developing countries. This makes it clear that the urbanization of poverty is arguably one of the biggest development challenges.

This is why UN-HABITAT chose the theme, Harmonious Cities for the World Urban Forum and the World Habitat Day 2000. We need to raise awareness about the problems of rapid urbanization, its impact on the environment and the consequences and challenges of rising urban poverty.

Rich or poor, everyone has a right to live in the city and to have a decent living environment, clean water, sanitation, health facilities, transportation and other services. How this is managed is one of the greatest challenges facing humanity.

No longer can we ignore the plight of slum dwellers who live in life-threatening conditions (lack of water, sanitation, overcrowding, lack of security of tenure, etc). Nor can we hide from the fact that urban poverty and urban inequalities are rising around the world, in developed and developing countries alike. Urban inequality has a direct impact on all aspects of human development, including health, nutrition, education, etc. We have both a moral and ethical responsibility to make our cities more harmonious by making them more inclusive. It is a societal imperative that we fight urban poverty and squalor if we are to secure urban safety and security.

In terms of climate change, cities consume upwards of 75 percent of all energy and contribute to an equally substantial amount of green house gas emissions. The design of denser, more compact cities will result in more energy efficient cities, and also reduce travel time and costs for urban residents and businesses. Cities must therefore be an integral part of any mitigation efforts especially on energy efficiency.
Urbanization is not only a challenge for cities. Strong collaboration is required at all levels - national governments, local authorities, communities, the civil society, academia, the private sector, youth and women associations, etc. in order to gives us some good insights to meeting these challenges even if we do not have all the answers.

When discussing music, technology and health in the context of harmonious cities, it is important to note that every culture has a unique set of creative activities in the form of singing, dancing and other cultural communications. Cultural diversity is a defining characteristic of humankind. The various identities in the city will identify the types of urban policies that pave the way for effective cultural inclusiveness and diversity among the population, taking in the local and global dimension. Cities have to promote the various cultural dynamics at work among their populations for the benefit of sustainable development of local communities.

The right approach to the city is the one that recognizes this diversity in economic, social and cultural life. This is centred on the principle that cities are the dynamic engine of cultural change, social life and linguistic and religious differences, gender, sexual diversity and heterogeneity. Not all cities and government policies are keen on enhancing this diversity as an integral part of its urban identity. And very few translate this into urban policies and programmes that tackle the deep-rooted causes of social intolerance, economic exclusion and spatial segregation.

Cities should be encouraged to protect intangible assets such as culture and heritage and nurture the “soul of the city”. This will pave the way to promote social integration that celebrates diversity, recognizes people’s cultural rights and the human capital of all segments of society, striving to actively enhance them by promoting creative expression in music, arts and heritage with the necessary spatial dimension.

There is no better initiative than to combine these efforts to make our cities and towns safer, greener and more equitable. The challenges of urban poverty depend on making our cities more harmonious in all aspects.

Dr. Axumite Gebre-Egziabher, Director, United Nations Human Settlements Programme, New York Office

**Department of Economic and Social Affairs (DESA)**

Music holds enormous potential that can be harnessed to address development challenges and human well being. A feeling of well being is at the heart of reaching larger societal goals. We all know from childhood lullabies to songs of grief and loss that music has a power to comfort us, heal us and make us feel at ease during the most difficult times of our lives. Yet, it has neither boundaries nor a price tag and, as such, has great potential for addressing development challenges.

We are in urgent need of new and innovative ways to tackle development challenges in order to achieve the Millennium Development Goals by 2015. I am delighted to see that the International Council for Caring Communities has taken such a creative and innovative approach to tackling these
challenges. I hope that its pioneering example, expressing the importance of a creative mind and an open spirit, is followed by others. I am certain that if we each harnessed our creative minds to help the most vulnerable in the World, the MDGs would not only be in reach but at our fingertips.

Mr. Nikhil Seth, Director, Office for Economic and Social Council, Support and Coordination

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Country: Northern Ireland, UK, - Belfast

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In support of World Habitat Day

Harmonious Cities: Music, Technology, Culture and Health”
High-Level Working Session

International Council For Caring Communities (ICCC)
OVERVIEW

This Compendium, the first in a series as recommended by the United Nations High-Level Working Sessions, seeks to promote sustainable initiatives on national, regional, and local levels that utilize the vast potential of music to help attain the UN MDGs. The 16 projects presented, coming from 12 countries and 1 multi-national organization, clearly show that music is being used throughout the world to successfully address critical development issues. These projects also demonstrate that music can effectively adapt to local cultures and conditions.

The projects are presented in three sections: (1) Music in Sustainable Community Development, (2) Music in working with Trauma Survivors, and (3) Music in the Treatment of Mental and Physical Health Issues. For the most part, the six projects categorized as sustainable community development are working with children who are at risk. The projects are from Africa, Asia, South America, and North America. The second section presents eight projects addressing trauma in young people and adults stemming from war, violence, natural disasters as well as social and environmental issues that deeply affect the quality of life. The third section presents three projects, all from the United States, on how music is being used as a resource to work with children and adults with special cognitive, physical, and psychosocial needs.

This volume also contains a guide to international organizations involved with Music as a Natural Resource. Future volumes will include additional projects in these three categories as well as other areas where music is successfully being used.
PREFACE TO MUSIC AS A NATURAL RESOURCE

Today’s world is in dire need of creative solutions to the challenges of trauma, health and well being stemming from a host of factors such as poverty, disease, economic uncertainty, war and post-conflict resolution. Music for too long has been overlooked as a resource to effectively address these issues.

Since earliest days of human existence, music has been engrained into our very being. All humans are born with an innate sensitivity to tone and rhythm. Music has been and is still being used as a vital force of self-expression, communication, empowerment and healing in a wide range of activities: social, political, religious, simple enjoyment and as a release from the daily tensions of life.

Current research shows that music, as well as other forms of cultural expression, is an effective resource in the healing process of individuals and groups who have been emotionally and physically afflicted. Music is an extremely cost-effective and powerful language that all cultures relate to naturally. Music is also a direct and potent tool in two major areas: sustainable urban and rural community building and the healing process of individuals and communities.

The International Council for Caring Communities (ICCC) is a not-for-profit organization (NGO) that has Special Consultative status with the United Nations’ Economic and Social Council (ECOSOC). ICCC began to address the MDG challenges in 2001 with a new “out-of-the-box” approach which was inspired and guided by Dr. Mathew H.M. Lee, Director of the Rusk Institute of Rehabilitation. Dr. Lee is a renowned global expert in using the power of music for enhancing the quality of life, ICCC established a creative holistic concept: the “Music, Culture, Technology and Healthcare Dialogue” as part of the United Nations’ International Year on Dialogue Among Civilizations. This approach has used a series of conferences to showcase projects and identify benefits of music as a natural resource for achieving the MDG goals. These conferences have been highly successful leading to in a number of recommendations.

In 2005 the “Promoting an Enabling Environment: Integrating Music, Technology, Culture, and Healthcare” Conference moved the dialogue forward with emphasis on the integration of technologies, with local and cultural needs to promote solutions to 21st century issues that will enhance the quality of life today and for future generations. It identified a broad range of cutting edge possibilities, including scientific research, and community projects featuring the cost effective use of music adapted to local cultural norms.

In 2007, realizing a global knowledge gap exists and inspired to apply the power of information communication technologies, ICCC established the “Music as a Natural Resource” initiative to “cross-pollinate” initiatives between the developed and developing world. This initiative builds on lessons learned to promote opportunities and applications of new services. Within the framework of UN-HABITAT and with other UN partners, two High Level Working Sessions were held in October 2008 and November 2009. These working sessions gathered a non-traditional group of decision makers and experts from government, international organizations, local authorities, the private sector, academia, health organizations and the music industry to explore the use of music to enhance community health, well being and the quality of life. One of many recommendations coming from these working sessions was to develop a series of compendiums that highlight the use of music as a natural resource and promote maximum use of limited funds through not, “reinventing the wheel.”

We are honored to dedicate the Music as a Natural Resource Compendium Initiative to Dr. Mathew Lee for his life long dedication to inspiring generations of physicians, government decision-makers, university students with his vision of the enabling power of music for the betterment of humankind.

Editors: Professor Barbara Hesser, and Dr. Peter Jampel, New York University;
COMPENDIUM SECTION:
Music in Sustainable Community Development
COUNTRY:
Argentina - Buenos Aires
PROJECT:
USING MUSIC WITH INFANTS AND ADOLESCENTS AT SOCIAL RISK: A BUENOS AIRES UNIVERSITY COMMUNITY EXTENSION PROGRAM

DESCRIPTION:
Since 1997, Universidad de Buenos Aires (UBA) has been involved in providing music therapy workshops for children and adolescents at risk in the community. The University Extension Department runs projects addressing numerous social issues, including those connected to health, education, environment, children and adolescent rights, social vulnerability, and crime and violence. The program strengthens ties between the university and society, creates opportunities for community participation and sharing of knowledge, and enhances interdisciplinary learning for the involved UBA students.

This community program utilizes music therapy techniques for:
• Strengthening the children’s ability to recapture the experiences of their childhood, culture, values, and musical origins
• Promoting the meaning of social ties
• Building identity
• Increasing the chances of successful integration into the community
• Encouraging role-taking in a dialectic relationship with the community
• Stimulating and promoting acquisition of tools for coping with traumatic situations

Fostering self-protection from psychosocial risk and the post-traumatic effects they may face due to the implicit vulnerability of the daily challenges they undergo in their community.

The program provides children with the opportunity to use using the voice and musical instruments (depending on their characteristics such as stage of development, genre, cognitive, emotional, social, origin and sound preference) to enhance pleasure, joy, growth, and creativity.

CURRENT STATUS:
The music therapy program has become a permanent service of the Community Extensions Program with the coordination of experts, tutors and recent graduates from the Music Therapy Program at University of Buenos Aires.

ADDITIONAL INFORMATION:
Websites:
http://www.uba.ar/ingles/about/extensionprograms.php
http://www.uba.ar/extension/trabajos/home.htm

CONTACT INFORMATION:
Organization:
Universidad de Buenos Aires - Community Extension Program
Director: Fregtman Mirta Graciela
Araceli Onorio and Ignacio Albarracín, Regional supervisors and internship coordinators
Email: programaextensionmt@yahoo.com.ar
COMPENDIUM SECTION:
Music for Sustainable Community Development
COUNTRY:
India - Auroville
PROJECT:
LOCALLY DEVELOPED AND PRODUCED ORIGINAL MUSICAL INSTRUMENTS PROVIDE VOCATIONAL TRAINING AND SOCIAL OUTREACH OPPORTUNITIES FOR YOUTH AT RISK.

DESCRIPTION:
Since 2003, Svaram is one of many outreach projects of the internationally recognized Community of Auroville, India and is dedicated to the improvement of its local, indigenous neighborhoods in the surrounding villages of Tamil Nadu. Svaram is a vocational training opportunity for the youth of local villages. The training program focuses on the teaching of instrument design and construction, musical theory and practice and organizational skills. In addition to the hands-on aspect of the training, the youth are exposed to traditional performing arts and crafts to enhance awareness about the rich heritage of Tamil Culture. Involvement in this educational, vocational and employment activity helps to save the rural indigenous youth from the ever present onslaught of juvenile alcoholism, aggressive behavior, gang formation and criminality.

Svaram is dedicated to creating new musical instruments which are available to everyone, regardless of age, talent, social or cultural background. SVARAM may possibly be one of the few places on the Indian subcontinent experimenting in the field of creating new musical instruments. The learning process is monitored and guided by selected resource people and teachers in the area of crafts, management, design, music and body awareness, cultural integration and development.

Svaram’s program promotes the following:
• Responsible use of local materials and resources
• Vocational training of local youth in craft and ecological awareness
• Gender, social, and cultural awareness and equality
• Participatory model of education and management
• Exposure to Auroville community and international project work

CURRENT STATUS:
Svaram currently:
• Trains local youth in the production and marketing of musical instruments for income generation based on a model of cooperative management
• Engages in technical and musicological research exploring this new field of research into “sound materials,” bringing together Indian traditional methods and the expertise of a contemporary world music culture
• Sponsors a social outreach program sharing the acquired skills in village cultural education
• Collaborates with Isai Mayam Trust in Pondicherry, India, which hosts an orphanage in the city environment, focusing on music education and training.

ADDITIONAL RESOURCES:
Websites:
www.svaram.org
http://www.svaram.org/instruments/research/9-a-sound-evolution.html
http://www.auroville.org/environment/avag/svaram/svaram.htm

Publications:
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Write to Svaram: mohanam@aurovile.org.in.
COMPENDIUM SECTION:
Music in Sustainable Community Development
COUNTRY:
Japan - Yokohama
PROJECT:
YOKOHAMA COMMUNITY MUSIC PROJECT: TO ENHANCE CROSS-CULTURAL COMMUNICATION THROUGH MUSIC.
DESCRIPTION:
Yokohama, with a multicultural population of over three million people, is Japan's second largest city. In the Tsurumi District there are many who are foreign nationals. Yokohama is a city that believes creativity has the power to generate new urban dynamism and values as well as promote civic consciousness. In order to cope with globalization, numerous events have been held that celebrate cultural diversity and enrich cultural identity.

The Community Development Department of the Tsurumi District of Yokohama, recognizing the need for ongoing and active participation by people to reach a deeper level of verbal and non-verbal communications, sponsored an ongoing project using music and music activities to enhance cross-cultural communications.

In 2007 at the Ushioda Elementary School, three music therapists worked with two percussionists and introduced a community music therapy program for children who are foreign nationals. Seven children with foreign nationalities, three Japanese children and four adult citizens were involved in the program. The program used culturally relevant music and musical activities to enhance cross-cultural communication.

CURRENT STATUS:
The results of this pilot program as by the Yokohama Community Development Department are very promising. This has led to the development of another Community Music Therapy program in 2009 addressing "Multicultural Symbiosis."

Yokohama has been an innovator in developing and promoting Creative City initiatives in Japan. Yokohama’s creative work over the past five years has led to hosting an international conference entitled “Creativity moves the City” in 2009.

ADDITIONAL INFORMATION:
Website:
http://www.voices.no/mainissues/mi40007000234.php

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COMPENDIUM SECTION:
Music in Sustainable Community Development
COUNTRY:
South Africa –Cape Town
PROJECT:
MUSIC FOR LIFE: MUSIC WITH DISADVANTAGED CHILDREN WHO SUFFER FROM THE TRAUMATIC EFFECTS OF THEIR ENVIRONMENT.

DESCRIPTION:
The Music for Life Project grew out of the work of two music therapists who, in 2002, started offering music therapy sessions to school children in Heideveld in 2002. Heideveld, a suburb on the Cape Flats, was created in 1950 by the Group Areas Act of the apartheid government. It is home to many historically disadvantaged people. The effects of gang violence, unemployment, substance abuse, dysfunctional families and poverty are extremely damaging, especially to the children.

Music is undeniably a vibrant part of all cultures in South Africa. It is therefore a powerful tool when working in disadvantaged communities. Music Therapy is a clinical service that addresses therapeutic needs, thus effecting positive changes in targeted communities.

The Music for Life project of The Music Therapy Community Clinic (MTCC), founded in 2002, offers music therapy sessions to children who suffer from the traumatic effects of their environment. The children come from seven schools in the area. They are referred for the following reasons:

• Bereavement in the family (gang-related, HIV/Aids or other)
• The children deal with their being a witnesses to violence
• Being a victim of physical, emotional or sexual abuse
• Absent parent (parent in jail or abandoned home)

The children deal with their trauma through various musical activities such as singing, musical storytelling, song writing, musical movement and instrumental improvisation. The Heideveld Children’s Choir is an outgrowth of this work. These activities provide children with the opportunity of relating to each other in a safe environment where every child is valued and supported.

CURRENT STATUS:
Four major projects of the MTCC that are currently underway are:

• **Music for Life Project** which includes:
  - Drumming Groups
  - The Heideveld Children’s Choir and Annual Heideveld Community Concert.
• Marimba Groups:
• Music for Life Camp
• **Siyaphila Project** (HIV & AIDS)
• **Music for Health Project** (Hospital settings)
• **Community Music Training Project** – (Training others in the therapeutic use of music)

ADDITIONAL INFORMATION:
Websites:

The MTCC is represented at the following community forums: Heideveld Safe Room Committee, Heideveld LAC (Local Action Committee) and the Athlone Youth Forum.

CONTACT INFORMATION:
Music Therapy Community Clinic
COMPENDIUM SECTION:
Music in Sustainable Community Development
Music for Peace Building
COUNTRY:
South Africa-Gugulethu
PROJECT:
NTONGA MUSIC SCHOOL: PLAYING FOR CHANGE
**DESCRIPTION:**

“Playing for Change, Peace Through Music” is a multimedia movement created to inspire, connect, and bring peace to the world through music. The idea for this project arose from a common belief that music has the power to break down boundaries and overcome distances between people. No matter whether people come from different geographic, political, economic, spiritual or ideological backgrounds, music has the universal power to transcend and unite us as one human race. In 2007, the Playing For Change Foundation (PFCF) was created to support, through music, communities in need throughout the world.

PFCF has just opened the Ntonga Music School in Gugulethu, South Africa. Located outside of Cape Town, Gugulethu is a community in need of immediate assistance and inspiration. The school provides the children with valuable music skills development and mentorship designed to instill self-esteem and confidence. Working together with local residents, the Foundation is helping to create a safe, creative learning and sharing environment for children who will gain access to mentors and resources that were previously unavailable.

The new school and its social learning programs offer Guguletu’s youth an alternative to the violence and deprivation they face daily. In addition to building the school, the Foundation will be providing musical instruments, educational materials, and other necessities that this center requires. The school is led by a dedicated staff of music instructors and trained personnel who understand the unique challenges of their students. The school will not only empower the people of Guguletu to create positive opportunities for their community, but will also foster a greater connection to the rest of the world through the sharing of their music.

**CURRENT STATUS:**

The Playing For Change Foundation (PFCF) is dedicated to connecting the world through music:

- Building and connecting music schools around the world that provide hope and inspiration to communities in need
- Providing a safe learning environment as an alternative to the violence and despair that these children face in their daily lives
- Empowering children to create and share their music providing a healthy outlet for their personal expression
- Promoting collaboration among students from our schools around the world.

Current sponsored projects include: Ntonga Music School, Tibetan refugee centers in Dharamsala, India and Kathmandu, Nepal, Tintale Village Teaching Center – Nepal and Mehlo Arts Center in Johannesburg, South Africa

**ADDITIONAL INFORMATION:**

Website: [http://www.playingforchange.com/](http://www.playingforchange.com/)

**CONTACT INFORMATION:**

Organization: Peace through Music, Playing for Change
Mark Johnson- Co-founder
Whitney Kroenke Burditt, Co-Founder and Executive Director of Playing For Change

**COMPENDIUM SECTION:**

Music for Sustainable Community

**COUNTRY:**

USA – Philadelphia

**PROJECT:**

HEAR OUR VOICES: SONGWRITING WITH AT-RISK YOUTH.

**DESCRIPTION:**
“Hear our Voices” is an innovative music therapy project aimed at promoting healthy attitudes and behaviors in at-risk youth through the use of a structured songwriting program.

This 14-week program was started at the Hancock St. John (H&S) Learning Center, located in the Kensington South area of Philadelphia in 2007. Elementary school children living in this neighborhood are exposed to serious social problems such as poverty, crime and violence. The songwriting program uses a theme-centered approach aimed at providing the children with a creative outlet for exploration and expression of issues relevant to their lives (violence, difficult family situations, drug use, anger management, school, and peer pressure) and an opportunity to collaboratively create strategies for personal safety and success. At the end of the songwriting cycle, a recording of the children’s work is created and a CD release party is organized in the community. The act of public sharing of the songs instills feelings of hope and a need for change within the community. The project is an outreach program of The Arts and Quality of Life Research Center of the Boyer College of Music and Dance at Temple University.

CURRENT STATUS:
Through additional private funding, the program is ongoing at the H&S Learning Center and there are plans to reach out to a greater population of at-risk youths in other regional community centers in the Philadelphia area.

ADDITIONAL INFORMATION:
Websites:
http://www.temple.edu/boyer/ResearchCenter/MARgrant.htm
http://cbs3.com/video/?id=50978%40kyw.dayport.com

CONTACT INFORMATION:
Organization: The Arts and Quality of Life Research Center, Temple University
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Email: aqlrcenter@temple.edu
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COMPILED BY:
Music in Working with Trauma Survivors
COUNTRY:
Africa- Sierra Leone
PROJECT:
COMMUNITY REINTEGRATION OF GIRLS ASSOCIATED WITH THE FIGHTING FORCES IN SIERRA LEONE: ASSESSING PSYCHOSOCIAL NEEDS THROUGH THEIR SONG: A PILOT STUDY
DESCRIPTION:
This pilot study was conducted in Kambia District of Sierra Leone in October 2003. Music was used to help assess community health and well-being, specifically psychosocial health of girls attempting to reintegrate into their communities following their association with the rebel fighting forces. Research by McKay & Gonsalves (2004) highlighted the vulnerability of girls returning from the fighting forces with babies born from rape or rebel or owner-“husbands.” Girl mothers, in a society suffering from collective societal trauma, were identified as among the most marginalized, neglected and underserved of all the girls returning to communities. The violation of community norms and inability to care for their children economically led to further despair and hardship, including an increase in health risks.

In some instances attempts to access information regarding the psychosocial needs of the girls through traditional verbal interviews failed. Research shows how local music, particularly song (both improvised and previously known), can assist in the psychosocial reintegration of girl mothers and their children to their community. The use of the music did promote community development as the girls were able to experience connectivity as a result of singing together. Additionally, women elders, who communicated with the researchers almost exclusively in song, were able to share, through song, cultural norms, associations, and possibilities with regard to their involvement and investment in the long-term psychosocial health of the girls in their communities.

CURRENT STATUS:
A one time pilot study that is seeking funds for further implementation.

ADDITIONAL INFORMATION:

CONTACT INFORMATION:
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COMPENDIUM SECTION:
Music in working with Trauma Survivors

COUNTRY:
Bosnia and Herzegovina - Mostar

PROJECT:
THE PAVAROTTI MUSIC CENTER: BUILDING A MUSICAL BRIDGE IN A CITY DIVIDED BY WAR.

DESCRIPTION:
The Music Therapy and Research Centre in Mostar specializes in using music to work with children who have special needs and second-generation trauma in this postwar environment. The clinic is under the auspices of The Pavarotti Music Center (PMC), which was co-founded in 1997 by the city of Mostar and the British based charity WarChild. WarChild works to protect and aid children living in dangerous active war zones, and to provide outreach and vital services to children in regions recovering from devastating conflict. Luciano Pavarotti was an instrumental force in creating the Center, raising millions of dollars to build the Centre on the ruins of a primary school which was destroyed in the war.

The center is located in the city of Mostar, the largest city in the Herzegovina region, which was the site of the most bloodshed in the conflict of the 1990s. Mostar’s name translates as "the bridge keepers," which refers to the once massive bridge in the center of the city, which had been a symbol of the city since the year 1566. The bridge was destroyed in 1993 during the height of the war and has since been rebuilt. The building of the PMC was a unique part of the city’s rebuilding and was created to utilize music as a means to bridge the gap of racial and communal division, and to provide healing through music therapy.

Many young people in Mostar exhibit developmental delays and conditions associated with the trauma as a result of their experiences of the war. Though currently many children in Mostar are too young to remember it, they are being raised by families who are subject to emotional disturbances related to PTSD. These families are also suffering through challenging economic times which escalated as a result of the war and have yet to stabilize. Rates of divorce, suicide and violent homicides in Mostar have continued to significantly increase since the war. Music therapy at the Centre is based on the belief that music has the potential to elicit greater emotional responsiveness, expressivity and interpersonal connection. Through the use of music to form stronger relationships, change can be fostered within a safe and therapeutic environment. Music therapy is effective for those who are isolated, depressed, exhibit anger management problems or who display developmental delays.

CURRENT STATUS:

• The Music Therapy and Research Centre has developed a world class reputation for their work with children traumatized by war.
• The aims of music therapy at the PMC are to apply music therapy techniques to a broad range of problems affecting the children and young people of post-war Mostar, Sarajevo and surrounding areas.
• The children and young people who receive music therapy services at the PMC are referred by teachers, parents, psychologists, social workers, speech therapists, and/or other community caregivers and clinicians. Many of the children in the program have been referred through orphanages and refugee camps. Clients come from all ethnic or cultural backgrounds. The Centre treats an average of 200 children per year, most treatment lasts for six to twelve consecutive months.

ADDITIONAL INFORMATION:
Websites:
www.musers-org.com
www.warchild.org.uk/node/335
http://news.bbc.co.uk/1/hi/world/europe/41504.stm
http://www.bosnia.org.uk/bosnia/viewitem.cfm?itemID=231&typeID=189
http://www.warchild.org/
http://www.visitmostar.net/PavarottiCenter.htm
Publications:

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**COMPENDIUM SECTION:**
Music in Working with Trauma Survivors

**COUNTRY:**
China- Sichuan

**PROJECT:**

**MUSIC THERAPY AS CRISIS INTERVENTION WITH SURVIVORS OF THE SICHUAN EARTHQUAKE IN CHINA ON MAY 12, 2008**

**DESCRIPTION:**
An 8.0 magnitude earthquake occurred in the Sichuan province of China. This was the most serious earthquake in more than one thousand years in China, resulting in 90,000 deaths and 370,000 injured.

Within two weeks of the Sichuan earthquake disaster, 60 music therapy professors and students arrived in the regions of the disastrous earthquake. They worked in shelters and schools with large groups, small treatment groups and individuals sessions. Familiar songs, dances, music games and song discussion were some of the activities utilized.

Through the program, survivors began to participate more actively, gently being drawn out from a state of grieving. The music and the activities generated a positive energy at the disaster site and lifted the spirits of both caregivers and survivors which aided in the recovery process.

**CURRENT STATUS:**
The earthquake relief project is ongoing. Activities include:

- Music therapy volunteers continue to provide services to earthquake victims.
- Training for local music teachers in music therapy techniques.
- Establishing an internet program for crisis intervention using the technique called Music Entrainment Desensitization and Reprocessing (Gao, 2005) to provide free long distance assistance.
- Dissemination of information on the subject of disaster response through music in professional publication and conferences.

**ADDITIONAL INFORMATION:**

Websites:


**CONTACT INFORMATION:**
Organization : Central Conservatory of Music, Music Therapy Research Center
Name: Professor Tian Gao
Email Address : tiangao@263.net

**COMPENDIUM SECTION:**
Music in Working with Trauma Survivors

**COUNTRY:**
International
PROJECT:
GLOBAL CRISSES INTERVENTION: A COMMISSION OF THE WORLD FEDERATION OF MUSIC THERAPY

DESCRIPTION:
As a Commission of the World Federation of Music Therapy (WFMT), Global Crisis Intervention aims to enhance the well-being of individuals around the world by supporting and acknowledging the efforts of music therapy work in all areas of global crises. There are numerous social and environmental issues deeply affecting the quality of life internationally such as hunger, poverty, war, genocide, and natural disasters. The aim of this Commission is to recognize and support the many music therapists around the world committed to addressing these issues. This Commission also aims to develop strategic plans and specific educational resources for Music Therapists interested in serving individuals experiencing traumas and losses as a result of natural disasters. A Global Crisis Intervention Column now serves as an international forum for individuals to share reports of work in which they are involved.

The World Federation of Music Therapy (WFMT) is an international organization bringing together music therapy associations and individuals interested and active in developing and promoting music therapy globally through professional exchange, collaboration, and action. WFMT is an international body, with officers, commissioners, and regional liaisons in Africa, Argentina, Australia, Brazil, Canada, China, Finland, India, Ireland, Korea, Spain, U.A.E., and the USA.

CURRENT STATUS:
The Commission’s ongoing goals include:
• To organize an ongoing source of information and a network of interested music therapists
• To formulate an ongoing record and database of music therapists who are interested/available to offer brief services to those experiencing traumas and disasters
• To identify qualified and well trained music therapists in key regions around the world who can help guide and facilitate the disbursement of supportive services to the individuals and families in need during these crises.
• To develop a Training Program and Manual to help educate and inform those music therapists serving crises.
• To organize a means of electronic communication that is easily accessible to music therapists around the world.

ADDITIONAL INFORMATION:
Websites:
http://www.wfmt.info/WFMT/Global_Crises_Intervention.html
http://www.wfmt.info/WFMT/Home.html
http://www.wfmt.info/WFMT/GCI_Column.html

CONTACT INFORMATION:
Dr. Lucanne Magill, MT-BC, Global Crises Intervention Chair
Email: crises@wfmt.info
Dr. Petra Kern, USA, WFMT President
Email: president@wfmt.info

COMPENDIUM SECTION:
Music in Working with Trauma Survivors
COUNTRY:
Israel
PROJECT:
USING MUSIC TO HELP RELIEVE POST TRAUMATIC STRESS DISORDER (PTSD) SYMPTOMS AMONG SOLDIERS.

DESCRIPTION:
Bar-Ilan University’s Music Therapy Clinic and Research Center undertook a study of music therapy group work with six soldiers from the Military Unit for Combat Stress Reactions in the Israeli Defense Forces who were diagnosed as suffering from combat or terror related PTSD. Combat stress reaction is common among soldiers and can develop into Post Traumatic Stress Disorder (PTSD). Soldiers who suffer from combat induced PTSD report feelings of loneliness and isolation from society, intrusive memories, outbursts of anger and generalized feelings of helplessness.

Music therapy sessions included playing music, talking, and listening to relaxing music. Music playing focused on drumming together and the instruments used included Darbuka, Tabla, Indian Drum, Floor Drum and two Djembes, as well as other melodic, harmonic and wind instruments.

Data was collected from digital cameras which filmed the sessions, open-ended in-depth interviews, and a self-report of the therapist. Some reductions in PTSD symptoms were observed following drumming which especially increased the sense of openness, togetherness, belonging, sharing, closeness, connectedness and intimacy. It also promoted a non-intimidating access to traumatic memories, facilitating an outlet for rage and regaining a sense of self-control.

CURRENT STATUS:
Bar-Ilan University Music Therapy Clinic and Research Center ongoing projects include:
• Ongoing development of music therapy groups for soldiers and civilians who have been suffering from combat stress reaction and PTSD. These activities take place in the Bar-Ilan Music Therapy Clinic and Research Center as well as outreach programs throughout the country.
• A recent project provided music therapy to holocaust survivors and their families. The goals of therapy were to expose and deal with traumatic memories that are related to the holocaust; to deal with anxiety, fear and pain in a controlled way; to feel supported in a safe place, to improve quality of life and to improve the intergenerational relationships within the family.
• An ongoing project brings together students from multi-cultural backgrounds in Israel to discuss their culture’s music. Through presenting and listening to each other’s music, students strengthen their own cultural identity and gain understanding for the cultural identities of others in the group.

ADDITIONAL INFORMATION:
Publications:

CONTACT INFORMATION:
Prof. Dorit Amir
Bar-Ilan University
Department of Music
Music Therapy program
COMPENDIUM SECTION:
Music in Working with Trauma Survivors
COUNTRY:
Lebanon- Beirut
PROJECT:
THE FIREMAKER LEBANON PROJECT: EQUIPPING CARE WORKERS WITH TOOLS IN MUSIC, ART AND DRAMA FOR THE PSYCHOSOCIAL SUPPORT OF CHILDREN AFFECTED BY POLITICAL CONFLICT.

DESCRIPTION:
The FireMaker Lebanon project was designed to train professionals, mostly clinical psychologists, to enhance the participants’ work skills through the use of music, art and drama. Within the distinctive social fabric of Lebanon, the project trained care-workers to provide more effective services to the children of vulnerable communities in a country that has experienced extensive social instability.

Over the span of four days, this arts-and-health workshop in music, art and drama, enabled sixteen imaginative and vibrant young professionals to both care for themselves and to learn skills for use in their daily working environments. A fundamental belief of the FireMaker workshop was that once participants are competent in using the creative arts tools, they will be better equipped to work with children:

• In building relationship and trust
• Exploring the themes of safety and resilience
• Expressing feelings about issues that affect their lives
• Being aware of the importance of care for the care worker

CURRENT STATUS:
The Lebanon Workshop was conducted in June, 2008 was an outreach of the Zakheni Arts Therapy Foundation, South Africa, in association with Nordoff-Robbins Research Department, London, UK, which conducts creative arts therapy training services for care givers internationally.

Follow up in 2009 showed the use of music and arts techniques was still integrated into current services by workshop trainees and found very useful in connecting with the children.

ADDITIONAL INFORMATION:
Websites:
www.zakheni.org
http://www.hopehiv.org/Publisher/Article.aspx?ID=126223
http://www.zakheni.org.za/the-firemaker-project.html

CONTACT INFORMATION:
Organization:
Zakheni Arts Therapy Foundation
Directors:
Kristen Meyer & Lesley Bester
Online: http://www.zakheni.org.za/contact-us.html
Lebanon Workshop Director:
Mercedes Pavlicevic - mercedes@nordoff-robbins.org.uk
Music in Working with Trauma Survivors

COMPENDIUM SECTION:
Music in Working with of Trauma Survivors

COUNTRY:
Northern Ireland, UK, Belfast

PROJECT:
WORK WITH SEVERELY DISTURBED, TRAUMATIZED YOUNG MEN: A COMMUNITY PSYCHIATRY PROJECT

DESCRIPTION:
The overall aim of the project is to bring a ‘musical listening’ space to a group of very disturbed young males who are at risk of self-harm, many of whom have attempted suicide. While not a formal therapy group, the space provided for group members is essentially therapeutic, and one within which they are listened to non-judgmentally, where difficult feelings can be brought up and thought about.

Sessions take place in the community within which they live. Group members live in an area of Belfast that has seen violent paramilitary activity. There is a complex post-conflict situation: peace may be agreed to politically, but in many people there is no inner peace, and ex-paramilitaries are still active in many communities. Families living in such circumstances experience difficulties in the areas of depression, self-medication (alcohol, prescription and street drugs), paranoia and psychosis. These issues can run through families across three generations.

The focus is on traumatic musical material presented during therapy sessions. Through detailed observation of their musical improvisations, it is possible to make links between what happens musically and what takes place in their inner and outer worlds. Music offers a unique connection that can allow traumatic narrative to exist within a potentially creative context.

There is a research component to the project, which explores the specific role of music with those traumatized and also evaluates the work as it takes place.

Music has a special place in speaking directly to traumatic material at the level it occurs. Observations and thoughts about the nature of the music made by these young men are central to the project and are also the focus of the research.

CURRENT STATUS:

• It was anticipated that the work would be short-lived. However, the project has significantly exceeded the initial expectation and has run for two years.

• The project has also resulted in two conference papers and two publications that outline different aspects of the work.

• A detailed protocol has been developed documenting the content of sessions that will be of use to others working in this area, and there is great hope for an international, multi-site research study.

ADDITIONAL INFORMATION:

Publications:
2) Sutton & MacDougall (in press) “The Roar on the other side of silence: some thoughts about silence and the traumatic in music therapy”
3) Sutton & MacDougall (in preparation) “Musical Thinking about Trauma: a post-conflict project with severely disturbed young men” For: Nordic Journal of Music Therapy

Websites:
http://www.nordoff-robbins.org.uk/musicTherapy/ourMusicTherapyServices/outreach/northernIreland.html
http://news.ulster.ac.uk/releases/2002/645.html

CONTACT INFORMATION:
Dr Julie Sutton (music psychotherapist) & Dr Iain MacDougall (psychiatrist)
Centre for Psychotherapy, Belfast HSC Trust,
Shimna House, Knockbracken Healthcare Park,
Saintfield Road.
Belfast BT8 8BH
Northern Ireland, UK
Email: swimminggoldfish@hotmail.com
Telephone (+0044) (0) 28 9056 5350

**COMPENDIUM SECTION:**
Music in Working with Trauma Survivors

**COUNTRY:**
USA - New York City

**PROJECT:**
DESCRIPTION:
In response to the terrorist attacks on the World Trade Center in New York City on September 11, 2001, the “New York City Music Therapy Relief Project” was created in which 33 professional music therapists provided direct client services in 20 locations throughout NYC, together facilitating over 7,000 music therapy interventions for children, adults, and families of the victims. The goal was to help those struggling with the aftermath of the attacks to reduce stress and cope with trauma through the focused use of music and music therapy interventions.

This project was developed by the American Music Therapy Association (AMTA) with underwriting support from the National Academy of Recording Arts and Sciences (NARAS). Additionally, a nine week program was created to help caregivers, relief workers, medical professionals, therapists and police officers to process the aftermath of the crisis and nurture themselves. Music interventions included musical improvisation, song-writing and singing, combined with sharing stories, discussions, listening, relaxation, drawing, imagery, and bodywork. Participating music therapists published a book describing the process, theory and methods of the program, Caring for the caregiver: The use of music and music therapy in grief and trauma.

CURRENT STATUS:
Additional support from the Toys R Us Foundation allowed the program to continue for another year, and the work of the relief project continues in the many music therapy practices by licensed clinicians in New York today.
In response to the need in the United States the American Music Therapy Association (AMTA) has further developed a Disaster Response Program. AMTA Disaster Response Programs also have also included:
- Gulf Coast hurricanes (2005, 2008)
- Virginia Technology University shooting (2007)
- Southern California wildfires (2007, 2008)

ADDITIONAL INFORMATION:

CONTACT INFORMATION:
American Music Therapy Association
8455 Colesville Rd., Ste. 1000
Silver Spring, Maryland 20910
Website: www.musictherapy.org

COMPENDIUM SECTION:
Music in the Treatment of Mental and Physical Health
COUNTRY:
USA - New York City
PROJECT:
MUSIC THERAPY SERVICES FOR CHILDREN AND ADULTS WITH SPECIAL NEEDS: THE NORDOFF-ROBBINS CENTER FOR MUSIC THERAPY AT NEW YORK UNIVERSITY
DESCRIPTION:
Founded in 1989, the Nordoff-Robbins Center for Music Therapy is a part of New York University’s graduate music therapy program. Children and adults with special needs come to the Center for individual and small group music therapy sessions.
Through the program, clients at all levels of need are brought into active musical participation in small treatment groups and individual sessions. The music and activities, carefully crafted by their therapists, provide a positive and inviting environment in which they may develop their abilities and potential to live a satisfying life. Musical experiences facilitated by music therapy professionals provide support and motivation to relate, use and develop intact abilities, and experience the joys of creative community.

The Center cooperates with outside schools and agencies, providing music therapy services to the New York City Department of Education programs for children in special education and with hearing impairments; teens in a transition program designed to help former special education students make a successful transition to the workplace; and individuals with developmental disabilities through the Association for the Help of Retarded Children (AHRC).
The Center offers a variety of outreach and collaborative programs, both on site and in the community. Staff music therapists have provided music therapy services to individuals with HIV/AIDS in collaboration with the Gay Men’s Health Crisis (GMHC) and to the elderly with dementia at Chelsea Adult Day Health Center.

The Center is privately funded by the Nordoff-Robbins Music Therapy Foundation and other donations.

CURRENT STATUS:
The Nordoff-Robbins Center for Music Therapy is a treatment, training and research center that offers:
Clinical services on-site to clients from early intervention to adults
Training for graduate students and professional music therapists
On-going research to determine the effects of music therapy on children with autism spectrum disorders and other developmental disabilities
Dissemination of information to the general public, parents, educators, and other professionals
Professional writing, presentations and conferences

ADDITIONAL INFORMATION:
Websites:
http://steinhardt.nyu.edu/music/nordoff
http://www.nordoff-robbinsfoundation.org/
http://www.youtube.com/watch?v=_CuAjiU7RBg&feature=related
http://www.youtube.com/watch?v=Nw7DbmhhLoY

Selected Publications:


CONTACT INFORMATION:
Organization:
The Nordoff-Robbins Center for Music Therapy
New York University, Steinhardt School of Culture, Education and Human Development

Dr. Clive Robbins, Founding Director
Professor Barbara Hesser-Faculty Director
Dr. Alan Turry, Managing Director

Email: nordoff.robbins@nyu.edu

COMPRENDIUM SECTIONS:
Music in the Treatment of Mental and Physical Health
COUNTRY:
USA - Brooklyn, New York
PROJECT:
MUSIC THERAPY SERVICES FOR MENTALLY ILL ADULTS: THE BALTIC STREET MUSIC THERAPY PROGRAM, SOUTH BEACH PSYCHIATRIC CENTER

DESCRIPTION:
As a satellite community based facility of South Beach Psychiatric Center, The Baltic Street Clinic serves seriously and persistently mentally ill adults in Brooklyn, New York. Starting with its music therapy program established in 1975, it has gained a reputation as the arts therapy center of Brooklyn due to its innovative programs in music, art, dance, drama, and poetry therapy.

Outstanding features of its music therapy program include:

- The Baltic Street Band – founded in 1991, this performing group has received numerous awards for the empowerment it has provided to the nearly sixty mentally ill musicians for whom music therapy services have been provided.
- The Baltic Street Recording and Technology Studio, originally opened in 2001 through a grant from the Mehta Family Foundation, has recently been renovated and updated by a grant from the Tyson Foundation for Music Therapy.
- The “After Hours Club” is a monthly cabaret instituted in 1993 that serves as a monthly gathering for community musicians and artists. The Club features the music of the Baltic Street Band. It has hosted an international assembly of bands and artists in the mental health world from Denmark, Holland, China, Norway and Japan.
- Music and Cultures – a core music therapy group that celebrates the richness of cultural musical heritage thereby promoting inter-cultural exchanges.
- Music Therapy Songwriting – many original songwriters have been encouraged to develop their skills through this group. Their work is then produced in the Recording Studio and played in live performances in the After Hours Club.
- Music Improvisation Group – improvisation lies at the core of the music therapy approach at Baltic Street with individuals who are interested in music as therapy.
- Individual Music Therapy – offers a means of connection in an intensive and personalized approach.

CURRENT STATUS:

The Baltic Street Music Therapy Program is currently involved in a funded research project to study the quality of life and employability of mentally ill musicians. A training program is being implemented in digital recording engineering and studio equipment operation. Baltic Street has developed partnerships with the music business community to promote the entry of these musicians into the broader cultural landscape of New York City artists. Its ongoing music therapy performance activities include the Baltic Street Band, the Recording and Technology Studio and the After Hours Club.

ADDITIONAL INFORMATION:

Websites:
http://www.proyectovision.net/english/success/ayala.html
http://www.cat-bmhc.org/festivals.html
http://www.nycvoices.org/article_642.php
http://www.brooklynpaper.com/stories/26/22/26_22circusundays.html

Selected Publications:

CONTACT INFORMATION:
The Baltic Street Clinic
250 Baltic Street
Brooklyn, NY 11201
212-855-3131
Dr. Peter Jampel, Music Therapy Consultant
E-mail: peter.jampel@nyu.edu

COMPENDIUM SECTION:
Music in the Treatment of Mental and Physical Health
COUNTRY:
USA-New York
PROJECT:
USING MUSIC TO ADDRESS COGNITIVE, PHYSICAL AND PSYCHOSOCIAL NEEDS OF PERSONS WITH NEUROLOGICAL DISORDERS: THE INSTITUTE FOR MUSIC AND NEUROLOGIC FUNCTION
DESCRIPTION:
The Institute for Music and Neurologic Function, (IMNF) a nonprofit, agency, was founded in 1995 on the idea that music has unique powers to heal, rehabilitate, and inspire: -- Music therapy can restore and improve physical, emotional, and neurological health. The Institute is dedicated to advancing scientific inquiry on music and the brain and to developing clinical treatments that benefit people of all ages. The Institute developed out of many years of observations, clinical work and research at Beth Abraham Medical Center. The team of therapists observed that many people with neurological problems could learn to move better, remember more, and even regain speech when music was used in specific ways. The IMNF has brought together two worlds: basic neuroscience and clinical music therapy. Today the Institute is one of the leading clinical programs offering innovative music-based treatments to patients. The Institute's clinical services and research focus on helping people with stroke and aphasia (loss of speech), movement disorders and Parkinson's disease, multiple sclerosis, brain and spinal cord injury, Alzheimer's and other dementias, depression and anxiety and conditions requiring pain management and palliative care. The national importance of the Institute's clinical research was recognized by the United States Administration on Aging, which provided a grant to support the Institute's work on innovative music-based approaches to stroke and dementia care. The treatment approaches developed by the Institute have been recognized as best practices in the field, and serve as models for many other health care providers.

**CURRENT STATUS:**
- The Institute for Music and Neurologic Function is a treatment, training and research center which offers:
  - On-going research to develop most efficacious applications of music therapy to address cognitive, physical and psychosocial function in infants through older adults.
  - Collaborations with neuroscientists to advance knowledge on how music affects brain function
  - Clinical services on-site, at out-patient clinics and in home services to clients of all ages
  - Training for graduate students and professional music therapists
  - Program development at other institutions
  - Dissemination of information to the general public, and other professionals
  - Professional writing, presentations and conferences

**ADDITIONAL INFORMATION:**
Website:  
www.imnf.org

Publications:


**CONTACT INFORMATION:**
Institute for Music and Neurologic Function, a member of the Beth Abraham Family of Health Services, 612 Allerton Ave  
Bronx, New York USA
Concetta M. Tomaino, DA, MT-BC, LCAT
Executive Director/Co-Founder
Email: ctomaino@bethabe.org
INTERNATIONAL GROUPS FOR MUSIC AS A NATURAL RESOURCE

ASSOCIATIONS

World Federation of Music Therapy (WFMT)
http://www.wfmt.info/WFMT/Home.html

The World Federation of Music Therapy (WFMT) is an international organization bringing together music therapy associations and individuals interested and active in developing and promoting music therapy globally through professional exchange, collaboration, and action.

European Music Therapy Confederation (EMTC)
http://www.musictherapyworld.de/modules/emtc/e_index1.php

Association for Music and Imagery (AMI)
http://www.ami-bonnymethod.org/

Sound and Music Alliance
http://soundandmusicaliance.blogspot.com/

Sound Healing Network
http://www.soundhealingnetwork.org/about.htm

Sound Healers Association
http://www.soundhealersassociation.org/sha/

Society for the Arts in Healthcare
http://www.thesah.org/about/terms.cfm

Arts and Healing Network
http://www.artheals.org/start.html

ONLINE INFORMATION

VOICES: A WORLD FORUM FOR MUSIC THERAPY
http://www.voices.no/

Voices is an international journal and online community for music therapy. The journal publishes accessible texts in a range of genres and the forum publishes fortnightly columns, a series on music therapy around the world, and moderated and un-moderated discussions. The Voices website also includes resources such as links to teaching courses, associations, and upcoming events.

APPENDIX:
Harmonious Cities: Music, Technology, Culture and Health”
High-Level Working Session
In support of World Habitat Day
Tuesday, 7 October 2008
United Nations Headquarters

AGENDA

Chair: Ms. Axumite Gebre-Egziabher, Director,
United Nations Human Settlements Program (UN-HABITAT, NY)
Session Moderator: Mr. Denis Gilhooly, Principal Advisor, UN Office for Partnerships

Musical Performance:
Dr. Yeou-Cheng Ma, Assistant Professor Clinical Pediatrics, Albert Einstein College of Medicine & Executive Director, Children's Orchestra Society
Mr. Michael Dadap, Musical Director, Children’s Orchestra Society
Greetings: Mrs. Anna Tibaijuka, Under Secretary-General/Executive Director, United Nations Human Settlements Program (UN-HABITAT)

Opening Remarks: Mr. Amir Dossal, Executive Director, United Nations Office for Partnerships
H.E. Antonio Lima, Permanent Representative of Cape Verde to United Nations

Roundtable Session I: “Harmonious Cities, Urbanization: Music, Technology, Culture and Health”
Where we are? Dr. Valdmar Prado, Senior Research Fellow, Science and Technology for Development, World Association of Former United Nations Internes and Fellows (WAFUNIF)
Role of Music in Medicine: Dr Mathew H. Lee, President, Rusk Without Walls & Professor Rehabilitation Medicine, New York University Medical Center
Discussants:
Dr. Craig Lehmann, Professor & Dean, School of Health Technology and Management, Stony Brook University

Roundtable Session II: “Imagining the Possible”
Community Connections Enhanced by Music: Mr. Michael Dadap, Musical Director, Children’s Orchestra Society
Museums and Alzheimer’s: A New Frontier, Dr. John Zeisel, Hearthstone Alzheimer’s Foundation (video)
Convergence of East – West Media, Mr Dong Wang, Senior Consultant – News Anchor, Shanghai Media Group, China
Discussants:
Dr. Motoo Kusakabe, Advisor to the President, European Bank for Reconstruction and Development, UK
Dr. Gisela Loehlein, Consultant, General’s Office, Directorate of Public Works, Sharjih, UAE
Mr. Vyatcheslav Cherkasov, Coordinator, Knowledge Management, Division of Public Administration, Department of Economic and Social Affairs, United Nations

Roundtable Session III: “Private Sector Viewpoints”
Moderator: Dr. Pramod Gaur, President, Healthanywhere Inc. International SIG Industry Chair, American Telemedicine Association

Mr. Peter Tassiopoulos, Chief Executive Office, IgeaCare Systems, Canada
Dr. Jijo James, Medical Director, Pfizer Health Solutions
Mr. John Dougherty, Dell Healthcare/Life Science Regional Sales Manager, Dell Computers
Ms. Bonnie Britton, COO/DON Roanoke Chowan Community Health Center, Ahoski, NC

Summary Session: “Next Steps”

Mr. Denis Gilhooly, Principal Advisor, UN Office for Partnerships

Cont’d 1 of 2
Ambassador Francis Lorenzo, Ambassador, Permanent Mission of Dominican Republic to the United Nations & Global Foundation for Democracy & Development (FUNGLODE)
Professor Dianne Davis, Founding President, International Council for Caring Communities (ICCC)

Harmonious Cities: Music, Technology, Culture and Health”
High-Level Working Session
In support of United Nations Programs:
World Urban Forum “From China to Brazil”
Economic & Social Council Annual Ministerial Review:
“Global Health Commitments”

Tuesday, 3 February 2009 United Nations Headquarters

Program Agenda

Chair: Ms. Axumite Gebre-Egziabher, Director, United Nations Human Settlements Programme (UN-HABITAT, NY)
Session Moderator: Mr. Denis Gilhooly, Principal Advisor, UN Office for Partnerships

Musical Performance: Mr. Dinu Ghezzo, Composed, Conductor and Professor of music at New York University
Greetings: Mrs. Anna Tibaijuka, Under-Secretary-General/Executive Director, United Nations Human Settlements Program (UN-HABITAT)
Opening Remarks: H.E. Sylvie Lucas, President, United Nations Economic and Social Council
H.E. Simona-Mirela Miculescu, Permanent Mission of Romania to UN
Setting the Stage: Mr. Nikhil Seth, Director, UN Office for ECOSOC Support and Coordination
Complex of Sultan Bayezid II Hospital, Edirne, Turkey: Dr. Ulrike Al-Khamis, Islamic and Middle Eastern Arts Collections Advisor, Sharjah Museum of Islamic Civilization, UAE

Roundtable Session I: “Harmonious Cities, Urbanization: Music, Technology, Culture and Health”
Role of Music in Medicine:
Ms. Barbara Hesser, Director of the Music Therapy Program, New York University
Discussants:
Dr. Yeou-Cheng Ma, Assistant Professor Clinical Pediatrics, Albert Einstein College of Medicine & Executive Director, Children’s Orchestra Society
Sheikh Khaled Bin Saqr Al Qassimi, Director General, the Directorate of Public Works, Sharjah UAE

Roundtable Session II: “Private Sector Viewpoints: Music and Technology Industries”
Dr. Pramod Gaur, President, Healthanywhere Inc.
International SIG Industry Chair, American Telemedicine Association
Mr. Klaus Stoll, Senior Executive Vice President, Community Access Foundation
Mr. James Flynn, CEO, Jim Flynn Rentals
Discussant:
Dr. Craig Lehmann, Professor & Dean, School of Health Technology and Management, Stony Brook University

Roundtable Session III: “Imagining the Possible”
Museums and Alzheimer’s: A New Frontier: Dr. John Zeisel, President, Hearthstone Alzheimer’s Foundation
Role of Music: H.E. Antonio Lima, Permanent Representative Mission of Cape Verde to UN

Cont’d 1 of 2
Enhancing Harmonious Cities: Convergence through a MDG Portal: Mr. Nasraddin Rupani, President, Rupani Foundation USA

Discussants:
Professor Pierri Auffret, Board Member, Open City Portal Foundation

Summary Session: “Next Steps”
Mr. Denis Gilhooly, Principal Advisor, UN Office for Partnerships

Closing remarks:
Ambassador Francis Lorenzo, Ambassador,
Permanent Mission of Dominican Republic to the United Nations & Global Foundation for Democracy & Development (FUNGLODE)
Professor Dianne Davis, Founding President, International Council for Caring Communities (ICCC)

Luncheon (Optional)
Harmonious Cities: Music A Natural Resource” VIP Sharing Luncheon and Mini Technology Showcase (registration fee) Delegates West Terrace Dining Room

Discussion Questions:
*What can international cooperation do to help release the potential of music and technology as tools for implementation of the MDGs?

*How can music be used as a therapeutic tool within our rural areas and urban cities?

*How can music and digital technology be used to prevent and treat chronic diseases and implement E-Rehabilitation?

*How can music be maximized to areas of conflict and used as a peacemaking tool?

*How can the existing research, experimentation, and developed methods in music as a healing tool be inventoried and made available for post conflict development professionals and healing communities?

*How can we maximize the impact of Open City Portal to develop more harmonious cities?

*What is on the market that can be utilized in new ways to enhance harmonious and inclusive cities? M-Technologies, music, and M-Health and learning software
The International Council for Caring Communities (ICCC)

Better Living...Adding Life To Years

The International Council for Caring Communities responds to the challenges and opportunities of a rapidly aging global population. ICCC stimulates and identifies successful strategies, creative solutions and cross-sectoral dialogues. It encourages their adaptation and/or replication in developing and developed countries, as well as, encouraging South-South cooperation.

Mainstreaming the impact of the “longevity factor” on society, especially within the areas of the built environment, information and communication technologies (ICT), are the centerpieces of ICCC’s global dialogue. ICCC is a non-profit organization and has United Nations Special Consultative status with the United Nations’ Economic and Social Council (ECOSOC). It serves not only as a leader and catalyst but also as a bridge joining universities, government agencies, the private sector, NGOs as well as United Nations agencies to promote a Society for All Generations.

"Music as a Natural Resource Initiative" is ICCC’s newest endeavor to promote using music and ICT as tools for sustainable development, health, education and other basic services as an extremely cost effective strategy to help attain the Millennium Development Goals, particularly in developing countries and stimulate South-South cooperation in a new avenue.

ICCC activities include:
- Architectural and ICT Student Design Competitions
- Windsor Castle Consultations:
  - Windsor Health Dialogues:
    Confronting the Diseases of Poverty
    “Digital Health in the Age of AIDS”
    “Climate Change, Health Systems & The Digital Revolution”
    “Digital Health & The Orphans of Global Health: Child Mortality & Maternal Health, Chronic Non-Communicable Disease & Neglected Tropical Disease”
  - Windsor Age of Connectivity:
    “Citizenship and Care for Cities of the Future”
    “Harmonious Cities: Music, Technology, Culture and Health” (TBA)
- Windsor Knowledge Management:
  “Government Training Revisited”

ICCC endeavors focus on:
➢ Information and Communications Technologies
➢ Education and Training
➢ Public Administration
➢ Public-Private Partnerships
➢ Health
➢ Urban Design & Housing
➢ Arts and Development
➢ Student Design Competitions – Architectural and ICT (Information, and Communication Technologies)