

Cheese Grits

Biscuit
Love

ingredients

- 2 cups milk
- 2 cups heavy cream
- $\frac{2}{3}$ cup grits, stone-ground
- 3 oz. cheddar cheese
- 2 oz. butter
- salt & pepper to taste

preparation

1. Add milk and cream to pan and bring to boil
2. Whisk in grits and return to a boil, whisking often
3. Reduce heat to low, cook for 45 minutes, stirring frequently
4. Add cheese and stir to melt
5. Adjust consistency with more warm milk
6. Season and serve immediately.