

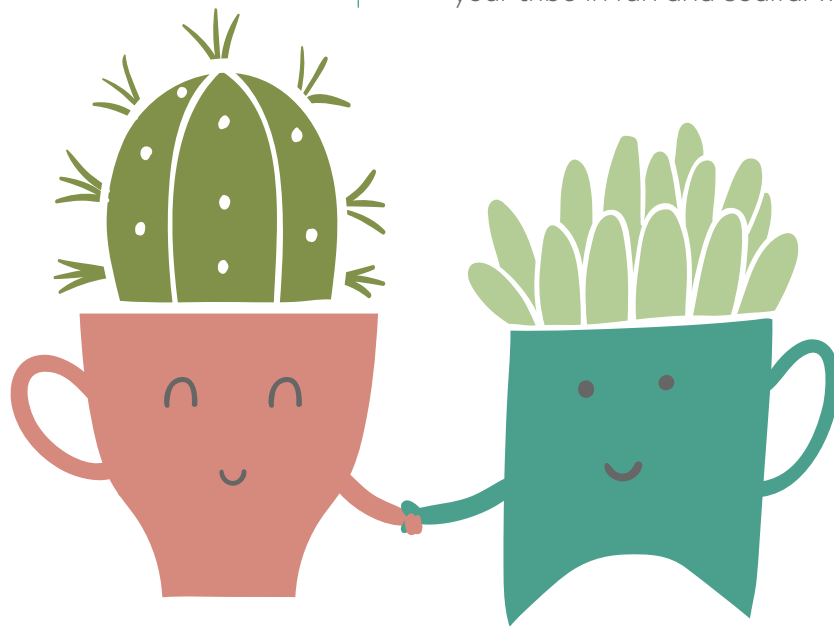


# HIGH VIBE TRIBE GUIDE

*Your high vibe  
tribe is essential.*

The people we surround ourselves with have such a strong impact on our attitudes and behaviors. Wanderlings wants to encourage you to find a tribe of humans who opens your heart, stokes your fire, and supports your civic urgency. People who incite laughter, creativity, and a sense of adventure.

The anchors, reality checkers, stylists, and motivators in your life. Wanderlings also wants to make sure you never let those good ones go. Here is a guide to nourishing your tribe in fun and soulful ways.



#wandercrew

# PRINT IT OUT

*Pin your pals on the map to remind you of where each piece of your heart lives.*



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# WANDERLINGS TELL ALL

My friends are  
my life force,  
my soul soothers,  
my compass,  
my heartbeat.  
- Rebecca



I met Jen in the 8th grade hall way. It's been decades and she is the keeper of my whole life. I still see the teenager who I talked on the phone with until we fell asleep. - Suzanne

Your tribe is not unlike a charcuterie board. Every component is distinct in its purpose, but together they work to make something special. Some are the sweet fig jam that compliments the toscano cheese on water crackers. Each compliments the other to make something great. - Ana

Friendships are my breath of fresh air. The good ones are better than therapy. I love spending time in someone else's head and the relaxed/full feeling after connecting, laughing and crying with my people. - Jenna

I have an amazing tribe of friends I am lucky to see and hang out with all of the time. I also have great friends that I don't see or talk to for years, but when I do, it's as though no time has passed. I couldn't live without either of these types of friendships. - Alyssa

## FRIENDSHIP @NNECTION 101

Try these ideas out with your high vibe tribe. We can't wait to see how you share with your friends. Tag us on Instagram and Facebook @wanderlingstheazine and share with #wandercrew.

- Cocktails and Zoom
- Start a book club
- Go for a walk
- Netflix watch party
- Leave a care package for a friend who lives nearby
- Take an online class with your friends
- Open an Etsy store
- Tarot card readings
- Virtual picnic

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# LETTER PROMPTS

Write a love letter to your friends. What do you want to thank them for? What memories do you want to create with them in the future? To where do you want to travel with them? What food do you want to share?

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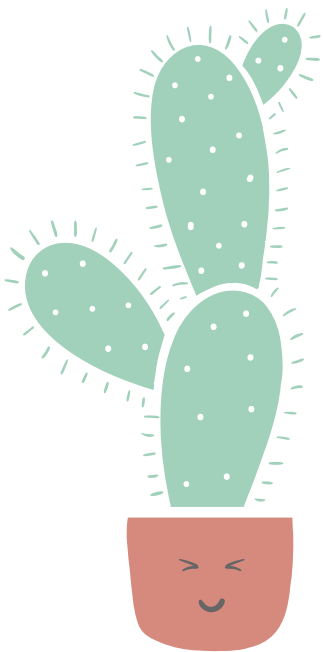
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# STATIONARY PRINTABLES



Dear \_\_\_\_\_ ,

*You open my creativity!*

Thanks for

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You are rad!

*XOXO,*

We hope you are sending digital love notes to your friends or confessing your heart through snail mail.

Follow us on Instagram  [@wanderlingsthezine](https://www.instagram.com/wanderlingsthezine) only if you want to join the coolest creative gang around.

Check out our shop...  
[www.wanderlingsthezine.com](http://www.wanderlingsthezine.com)

You'll find issues 1 & 2 of our beautifully crafted zine with prompts to inspire your inner creative and pages we lovingly designed ourselves.

Thank you for being here.  
We can't wait to wander with you soon.

*Until next time, Wanderlings!*

Have a Wanderling in your life? Share our info with them!

