

# Mahere o Puketāpapa mo te eke paihikara

## A map of Puketāpapa for cycling

Interesting and fun rides for all cycling abilities, taking in what Puketāpapa has on offer.

Scan for more information and to give your feedback.



### Grand Tour of Puketāpapa

15km loop  
 3 start 93m 15km

A similar route to the Three Maunga ride but without the climbing. There are one or two steep sections in Monte Cecilia Park. This is suitable for a wide range of ages and abilities. The ride is all on off-road shared paths with one small section on quiet parts of Hayr Rd and Haughey Ave. You might like to plan a picnic in the newly re-naturalised Walmsley and Underwood reserves, or book lunch at the Homestead Café and look at the exhibitions at the Wallace Arts Centre, Pah Homestead in Monte Cecilia Park.

### Walmsley Underwood Te Auauanga (Oakley Creek) Loop Ride

5km loop  
 2 start 69m 5km

All off-road and flat. Fine for children 6 and above. Nice picnic spots along the newly re-naturalised Walmsley and Underwood Reserves. Check out the Māra Hūpara-Traditional Māori Playground and Pump track in this area. There is a 24hr bike repair stand available at the Bike Kitchen near Wesley Community Centre.

### Waikowhai Bay Ride

5.5km from Keith Hay Park  
 3 start 86m 5.5km

Waikowhai Bay is a beautiful quiet picnic and BBQ area on the shores of the mighty Manukau Harbour. There are walks in either direction through the bush along the foreshore. Swimming is possible when the tide is in. The route to Waikowhai Bay is largely off-road but includes Molley Green Reserve, Quona Ave and of course Waikowhai Rd leading down to the reserve. Please note the last part of the route down to the bay is steep. This route would be suitable for those 12 years and up. Don't miss the spectacular lookout point over the harbour just off the first car park.

### Taumanu Reserve Family Ride

3.5km loop  
 1 start 3.5km

A lovely flat 1.5km path around the newly developed Taumanu Reserve. It is suitable for families with young children, with playgrounds and good picnic spots. Highlights include the beautiful beaches, migratory birds and the boardwalk around to a path leading up to Rendcomb Place. Go up the path a wee way and look for the large goat keeping the grass down on a hillside property on your right.

### Keith Hay Park Family Ride

2.5km loop  
 1 start 2.5km

A great route for little ones. For the very young you can do half the loop. There is the Olympic Café at the Recreation Centre, playgrounds, toilets and of course you can swim at the Cameron Pool.

### Three Maunga Ride

Puketāpapa (Mt Roskill), Te Tātua a Riukiuta (Big King) and Ōwairaka (Mt Albert)  
 21km loop  
 3 start 125m 21km

A magnificent opportunity to view Auckland from the summit of three of our precious maunga. You will pass through a number of beautiful parks and reserves. Hill climbing is involved (300 vertical metres) on this route with some challenging sections around Big King Reserve. Recommended for fit, confident riders and those on e-bikes who can manage steep slopes. Of course you can always get off and walk sections that might be challenging to ride. Much of the ride is on off-road shared paths. A small section is on a wide, quiet part of Mt Albert Rd. We recommend you undertake this ride in an anti-clockwise direction.

### SH20 Off-road Ride

6.8km  
 2 start 63m 6.8km

SH20 Cycleway. Follows the motorway, linking to the Waterview path and Northwestern SH16 Cycleway to the west, and Mangere Bridge to the south.



### Legend

- Elevation of the ride**  
 start 115m 15km
- Grade of the ride:**
- All off-road on mainly flat, shared paths. No minimum age. Share paths mean children should be able to steer and stop their cycles. There are likely to be dogs on leash. Parents or caregivers must closely supervise.
  - Largely flat on shared paths but could include some quiet local roads with light traffic. Recommended minimum age 6 years, must be closely supervised by parent or caregiver who can competently ride on road.
  - Can include busy roads and steep hills. Recommended minimum age 13 years.

