Partner organizations

Families as Allies
Magnolia Health Plan
Mississippi Academy of Family Physicians
Mississippi Chapter of American Academy of Pediatrics
Mississippi Department of Mental Health
Mississippi Psychiatric Association
National Alliance on Mental Illness

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Consultation for children with mental health needs

Child Access to Mental Health and Psychiatry (CHAMP) supports primary care providers (doctors, nurse practitioners, and physician assistants) who have questions about mental health care such as diagnoses, medication management, or treatment planning. Working with local primary care providers, CHAMP delivers mental health services close to home where children and their families can be in familiar surroundings. We measure our success by primary care providers’ increased confidence in their ability to treat mental health issues and improved mental health in Mississippi children.

CHAMP is funded by a Health Resources and Services Administration (HRSA) grant and administered by the UMMC Department of Psychiatry in conjunction with the Department of Mississippi Department of Mental Health.

CHAMP services

CHAMP functions as a telehealth phone line for pediatric providers, giving them rapid access to UMMC child psychiatrists and child psychologists. Consultations cover mental and behavioral health needs such as ADHD, behavioral problems, depression, and anxiety.

Consultations are available for:

- Mental health screening
- Diagnosis
- Behavior management
- Medication management
- Resources and referrals

Our team

The educationally focused consultations provided by CHAMP are done by a multidisciplinary UMMC team including child and adolescent psychiatrists and psychologists, other mental health professionals, and Families as Allies, a statewide organization run by and for families of children with behavioral health challenges.

Philip Merideth, MD, JD  
Medical Director

Dustin Sarver, PhD  
Clinical Director

Gigi Holder, LMSW, MPH, CHES®  
Program Director

Carson Allen  
Resource Coordinator

Free, unlimited access to services

To access CHAMP services, providers must first enroll, at no charge, in the program. Enrolled providers may request consultation as often as needed by calling 601.984.2080.

A consultation can be requested in real time or by scheduling ahead.

The CHAMP consultation line is open 9 am to 4 pm, Monday-Friday.

Call or go online to enroll

To enroll in the CHAMP program, call 601.984.2080 or complete the online form at umc.edu/champ.