The Wisconsin Child Psychiatry Consultation Program (WI CPCP) is a state- and federally funded program for primary care providers (PCPs) designed to improve mental health care for children and adolescents. WI CPCP offers mental health educational opportunities, consultative support, and resource support from Child Psychiatrists, Pediatric Psychologists, and Resource Coordinators.

**CONSULTATION**
The WI CPCP team is available to answer questions relating to pediatric mental health by phone or email Monday through Friday, 8 am–5 pm.

**RESOURCE COORDINATION**
Resource coordinators provide referral support and information about regional resources.

**EDUCATION**
The WI CPCP offers CME/CE online education, case discussion and didactic opportunities, and annual mental health conferences.

To obtain the dedicated email address and phone number for WI CPCP and to gain access to online CE modules, please visit the WI CPCP website at www.wicpcp.org and fill out the interest inquiry survey located on the “Join” tab at the top of the home page.

**COUNTIES CURRENTLY FUNDED**

**ACCREDITED CONTINUING EDUCATION MODULES**

- **Series I**—Psychopharmacology
- **Series II**—Rating Scales and Suicidality
- **Series III**—Trauma Informed Care (TIC)
- **Series IV**—Emotional and Behavioral Dysregulation
CONSULTATION DEMOGRAPHICS: DECEMBER 2020

Top Presenting Issues

- Anxiety: 111
- Depression: 51
- ADHD: 31
- Disruptive Behavior: 42
- Sleep-Wake Disorders: 31
- Other Mental Health Symptoms/Diagnosis: 33
- Other Non-Mental Health Symptoms/Diagnosis: 24

Top Medication Consults

- Antidepressants-SSRI: 53
- Stimulants/Atomoxetine: 43
- Alpha Agonists: 19
- Antidepressants-Other: 10
- Antipsychotics: 16
- Anti-anxiety: 15
- Sleep agents: 10
- Mood Stabilizers: 9
- Other medication: 1
- Antidepressants-Tricyclic: 7

CONSULTATION CONTACT AND OUTCOMES: DECEMBER 2020

Reasons PCPs Contacted WI CPCP

- Medication Question: 148
- Care coordination/resource/referral: 54
- Psychological consultation/behavioral health: 26
- Diagnostic question: 27
- Parent guidance: 16
- Screening tool question: 6
- Second opinion (face-to-face): 2
- Other: 1
- Follow-up to previous WI CPCP encounter: 1

Outcomes of Encounters

- General medication education: 151
- Medication prescription details: 105
- Recommend referral to other provider or resource: 124
- Differential diagnosis clarification: 69
- Recommend lifestyle, family, general health, and wellness strategies: 60
- Recommend coordination with School Services (including IEP, 504, school counselor, etc.): 20
- Request additional screening information for future follow-up: 20

WI CPCP TEAM

- Mental Health Clinicians: Jon Lehrmann, MD; Robert Chayer, MD; Rosa Kim, MD; Gabriella Hangjandreou, MD; Martha Karlstad, MD; Colleen Manak, MD; Scott Sandage, DO; Nisha Shah, MD; Matt Jandrisevits, PhD
- Program Administrator: Scott Belanger
- Data Evaluator: Michelle Broaddus, PhD
- Program Manager: Elizabeth Nelson
- Program Coordinators: Sara Herr; Jonathan Blake; Kristen Krause; Christina Lium; Rebecca Teller
- Intake Coordinator: Melissa Hayes

For more information please contact www.wicpcp.org

This fact sheet is supported in part by funding from the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of a 5 year cooperative agreement and in part by the Department of Health Services, Wisconsin Act 127. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.