

VISIT
COOLUM



Coolum Discovery Trails

Welcome to Coolum, a place where you can relax again. Get your walking shoes on and explore our discovery trails and delight in the spectacular views.

What are you waiting for?

We've hand picked our favourite family friendly trails, showcasing the spectacular natural beauty of Coolum and tips on where you can spot whales and turtles.

Enjoy.





Surf Club to Point Arkwright.

The Surf Club to Point Arkwright Discovery trail is in 5 sections that can be done as one long hike or enjoy in sections. See our handy guide to each section to pick what you feel exploring today.

Key

-  TRAIL
-  PATHWAY
-  KMS
-  DIFFICULTY
-  BIKE FRIENDLY
-  SCOOTER FRIENDLY
-  PRAM FRIENDLY

SURF CLUB TO POINT PERRY



Coolum Beach

Lows Lookout

POINT
ARKWRIGHT



Coolum Beach, Coolum.





1.1



SURF CLUB TO POINT PERRY



Trail 1 - **Coolum Boardwalk.**

Coolum Boardwalk was a collaborative community led project to deliver a beachside walk that was suitable for all people to enjoy day and night. Suitable for all abilities and is a pet, bike, wheelchair, pram and scooter friendly walk.

WHERE TO START

Starting at the southern end of the Surf Club the boardwalk extends along the clifftop to Point Perry, one of the Sunshine Coast's most spectacular headlands.

BEST THING ABOUT THIS TRAIL

Coolum's iconic boardwalk is the great place to unwind and enjoy the breathtaking views, take a break at the silly mirror and enjoy local mosaics and interpretation signs along the way.

Point Perry is one of best places to enjoy the views back to Coolum and up north to Noosa and and south to First Bay, and rocky bluffs beyond. It is the perfect spot to take a breath, enjoy the surf rolling in and spot whales, turtles and the occasional dolphins. Enjoy a sunset picnic at Point Perry at the shelter overlooking Coolum.

Keep left to avoid the kids on bikes and scooters racing back down the hill.

SURF CLUB TO POINT PERRY





Trail 2, 3 & 4 - **The Bays.**

The walk from Point Perry through the Bays is the perfect way to start the day in Coolum and enjoy the spectacular views along the way.

An easy walk, suitable for all abilities, pet, bike, wheelchair, pram and scooter friendly.

WHERE TO START

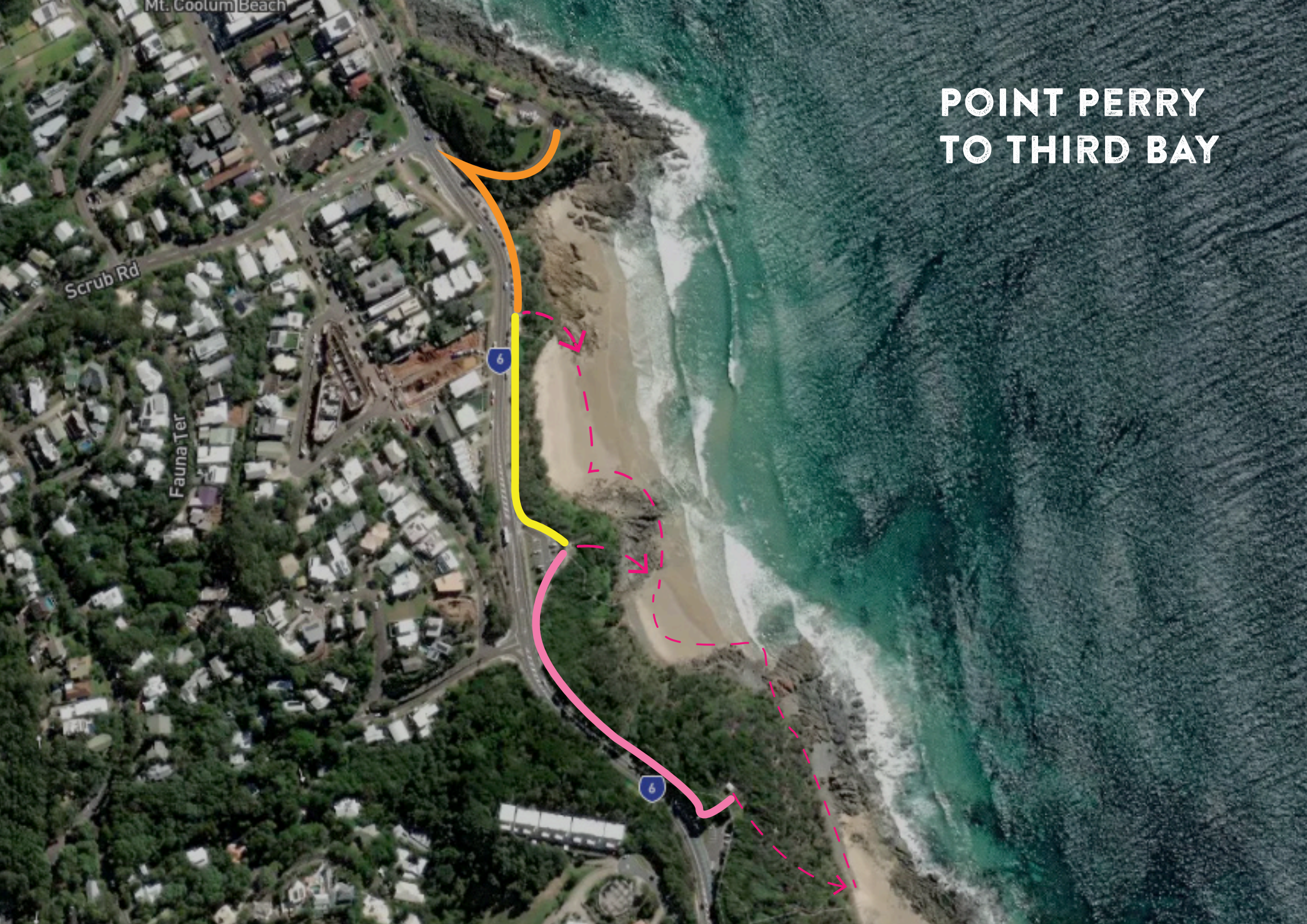
Starting at Point Perry, head south down the shared path to First Bay and continue on to Second and Third Bay as you like. Stopping in to explore the secluded bays along the way. At low tide you can adventure over the rocks between the bays.

BEST THING ABOUT THIS TRAIL

This walk is a great pram friendly morning walk or run and a nice way to enjoy the views to the bays. The Second Bay lookout is the best place to spot whales in Coolum in spring.

**At low tide you can
adventure over the rocks
between the bays.**

POINT PERRY TO THIRD BAY



Scrub Rd

Fauna Ter

6

6

First Bay, Coolum.





1.2

POINT ARKWRIGHT TRAIL

Trail 5 - Point Arkwright.

Coolum's best kept secret, this spectacular bush and coastline walk is one of the best on the Sunshine Coast.

SUITABILITY

A spectacular scenic experience in all weather and for walkers of all abilities - the pathway to Point Arkwright is relatively easy and a great family friendly hike.

WHERE TO START

The trail starts at the southern end of the Third Bay carpark approximately 1.2 km south of the Coolum Beach Surf Club. Take the coastal path that winds its way down and along the coastline to Point Arkwright.

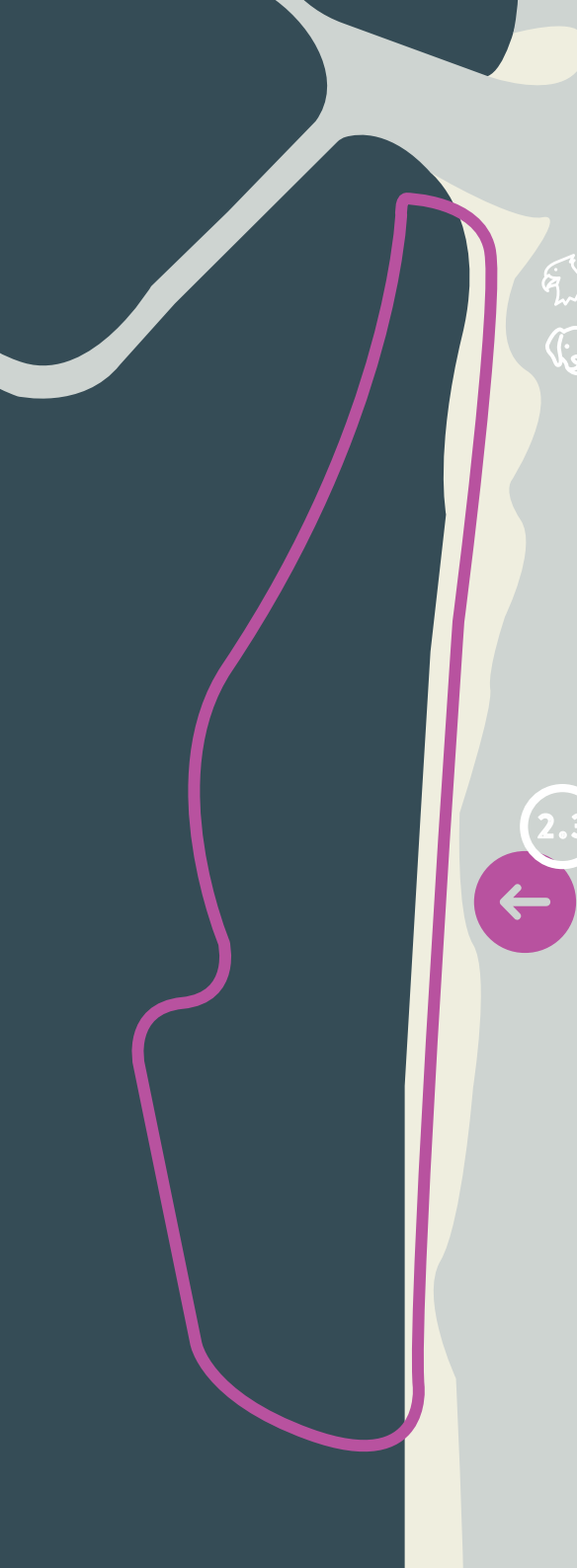
BEST THING ABOUT THIS TRAIL

This trail weaves through a shady bushland track along the coast providing breathtaking views along the way over secluded the bays and the scenic stretch of coastline. Viewpoints along the way provide a great opportunity to spot migrating whales in the spring or dolphins or turtles if you're lucky throughout the year. Point Arkwright has a car park, public toilets, picnic shelter and views up the coast to the Noosa Headland and down the coast to Mooloolaba.



POINT ARKWRIGHT TRAIL





2.3



COOLUM TO STUMERS CREEK



Trail 6 - **Stumers Creek.**

A Coolum classic, this coastal walk starts in the heart of Coolum and ends at Stumers Creek dog beach.

SUITABILITY

This is an easy 2.5 kilometre loop.

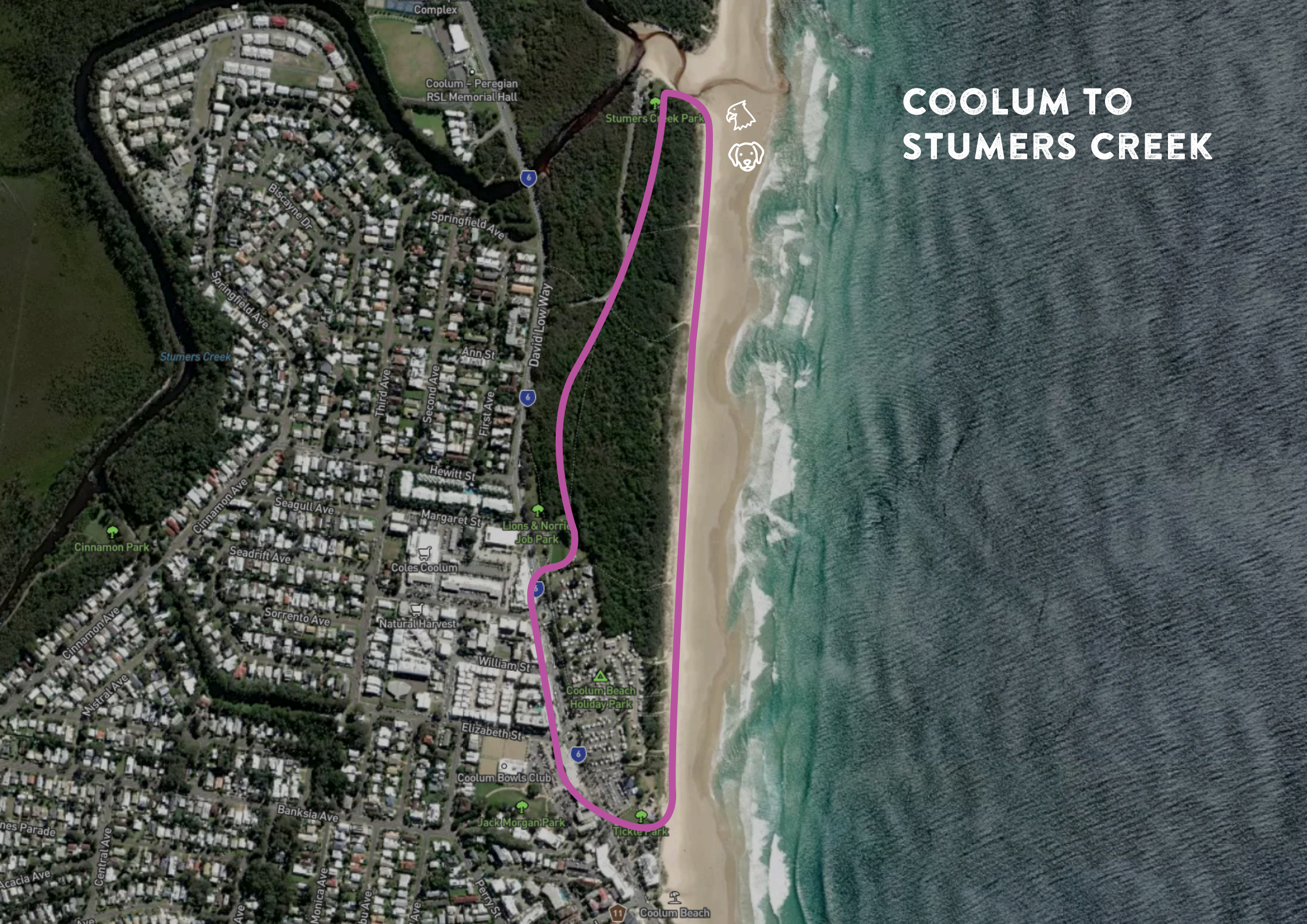
WHERE TO START

Being a loop trail you can start at either Tickle Park carpark or Stumers Creek Carpark and take your pick of bush or beach first. For the bush trail option starting at Tickle Park walk along the footpath along David Low Way in front of the Caravan Park to Norrie Job Park and follow the bush track at the north eastern end of the park through to Stumers Creek then enjoy the beach walk back to Tickle Park.

BEST THING ABOUT THIS TRAIL

This easy walk meanders through a bushland track where you will see coastal banksias and occasionally black cockatoos. At Stumers Creek dogs can be off leash and you'll see pre-ice age coffee coloured rocks, formed when layered vegetation became trapped in the sand. On the northern side of the creek Sea Eagles are often spotted circling above.

COOLUM TO STUMERS CREEK



Complex

Coolum - Peregian
RSL Memorial Hall

Stumers Creek Park



Coolum Beach



Second Bay, Coolum.



Tanah Street East

1.5



MT COOLUM BEACH TO MARCOOLA



Trail 7 - Marcoola Nature Tunnel Trail.

This secret shady walk is a beautiful natural escape from the heat. This section of the iconic Coastal Walk is a 1.4km path linking Mt Coolum Beach Mudjimba Beach with multiple access points to the sandy beach.

A relaxing and easy walk, scoot or ride suitable for the whole family.

WHERE TO START

The Mount Coolum Beach Carpark on Tanah Street East, Mount Coolum.

BEST THING ABOUT THIS TRAIL

This beautiful track is completely covered by trees forming a natural tunnel for the entire length. There plenty of creatures to spot along the way, with many birds occupying the coastal heath and plenty of brush turkeys to see. Explore the detours on the boardwalks to the beach and discover secret wetland zones. Don't miss the iconic view to Mt Coolum from the boardwalk to the Lifesaving tower!

Extend your adventure by continuing along the bike path to Marcoola to explore the Farmer's Market on Saturday morning or coffee and a play at the playground by the beach.

MT COOLUM BEACH TO MARCOOLA



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Sunshine Coast
For real.

Prepared for Visit Coolum and Coolum Business and Tourism and proudly supported by Visit Sunshine Coast.

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