

## Safeguarding Guidelines

Things to Avoid	Things to Do
Placing yourself in a vulnerable position	Exercise wisdom in your relationships with children
Being on your own with a child – including via digital means	Listen to what children say without being judgemental
Touching a child in private	Touch should be appropriate, kept to a minimum, and in public
Favouritism and special relationships	Think about child safety at all times
Smacking (but physical restraint for safety reasons may be necessary)	Allow children privacy when changing or toileting
Driving alone with one child	Always have two people in charge of the children or working in close proximity to each other
Inappropriate discussion of personal relationships or sexuality with children	Always be visible when working with under 18's either in groups or with individuals
Situations where you may be tempted, especially with older young people	Have time and space where leaders and children can interact informally