

Cleveland County Mental Health and Substance Use Resource Guide

<p style="text-align: center;">Monarch</p> <p>Open Access - Therapy and Medication Management for Children and Adults</p> <p>201 W Marion St. Ste. 100 Shelby, NC 28150 704-476-4027</p> <p style="text-align: center;">www.monarchnc.org</p> <p>Accepts Uninsured, Medicaid, Medicare, and Private Insurance</p>	<p style="text-align: center;">Kintegra Family Medicine</p> <p>Therapy, Medication Management, and Primary Care for Adults and Children</p> <p>Locations: Shelby, Kings Mountain Boiling Springs and Fallston 704-874-3316</p> <p style="text-align: center;">www.kintegra.org</p> <p>Accepts Uninsured, Medicaid, Medicare, and Private Insurance</p>	<p style="text-align: center;">Center for Emotional Health</p> <p>Therapy and Medication Management</p> <p>Locations: Shelby- 335 W College Ave, Suite B, Shelby, NC 28152 Kings Mountain- 502 W King St., Suite 201, Kings Mountain, NC 28086 704-237-4240</p> <p style="text-align: center;">cehcharlotte.com</p> <p>Accepts Aetna, BCBS, Cigna, Medcost, Tricare, Medicaid and private-pay and sliding scale</p>	<p style="text-align: center;">Preferred Choice Healthcare</p> <p>Outpatient Therapy for Adults and Children</p> <p>116 Lee Street Shelby, NC 28150 704-487-4000</p> <p style="text-align: center;">www.pchnc.com</p> <p>Accepts Medicaid, Medicare and Private Insurance based on Clinician</p>
<p style="text-align: center;">Children's Homes of Cleveland County</p> <p>Outpatient mental health services to adults, adolescents and children</p> <p>1300 Gidney St. Shelby, NC 28150 704-484-2558</p> <p style="text-align: center;">www.chccinc.org</p> <p>Accepts most forms of insurance and uninsured on sliding scale</p>	<p style="text-align: center;">Community Wellness Partners of NC</p> <p>Therapy for Individuals, Couples, and Families</p> <p>809 N. Lafayette St Shelby, NC 28150 704-284-0554</p> <p style="text-align: center;">www.shelbytherapy.com</p> <p>Accepts most forms of insurance, Medicare and uninsured on sliding scale</p>	<p style="text-align: center;">Art of Therapy</p> <p>Therapy for all ages - Individual counseling ages 12+, infant mental health, play therapy, and family counseling</p> <p>510 W King St. Kings Mountain, 28086 980-484-2111</p> <p style="text-align: center;">Artoftherapycenter.com</p> <p>Accepts Medicaid and most major insurances</p>	<p style="text-align: center;">Halos Counseling</p> <p>Therapy and counseling for: Individuals, Couples, Family, Groups, Teens, and Executive & Career Coaching</p> <p>205 S Washington St. Shelby, NC 28150 866-242-5648</p> <p style="text-align: center;">Haloscounseling.com</p>

<p>Living Lotus Counseling</p> <p>Therapy for Individuals, Couples, and Families</p> <p>621-A South Lafayette St. Shelby, NC 28150 704-692-0723</p> <p>livinglotuscounseling.com</p>	<p>Adventure House</p> <p>Adult Psycho-Social Rehabilitation</p> <p>924 North Lafayette St. Shelby, NC 28150 704-482-3370</p> <p>www.adventurehouse.org</p>	<p>Alexander Youth Network</p> <p>Shelby PASS Day treatment for Children and Adolescents</p> <p>Shelby PASS Day Treatment 1701 Charles Road Shelby, NC 28152 704-482-4800</p> <p>alexanderyouthnetwork.org</p>	<p>Alexander Youth Network</p> <p>Day Treatment for Children and Adolescents</p> <p>Shelby Central Day Treatment 409 W. Sumter Street Shelby, NC 28150 704-476-8062</p> <p>alexanderyouthnetwork.org</p>
<p>Support Incorporated</p> <p>Outpatient Therapy and Medication Management for Children, Adolescents and Families</p> <p>802 N Lafayette St, Shelby, NC 28150 Phone: 704-865-3525</p> <p>www.supportinc.org</p> <p>Accepts Uninsured, Medicaid, and Private Insurance</p>	<p>Bloom and Balance Counseling</p> <p>Family Centered Mental Health and Substance Use Therapy</p> <p>320-1 East Graham St., Shelby, NC 28150 980-552-9374</p> <p>bloomandbalance.net</p>	<p>Phoenix Counseling Center</p> <p>Substance Use/Addiction Services and DWI Services</p> <p>Shelby Outpatient Office 804 N. Lafayette St., Ste 2 Shelby, NC 28150 704-476-4106</p> <p>www.phoenixcc.us</p> <p>Accepts Uninsured, Medicaid, and Private Insurance</p>	<p>Phoenix Counseling</p> <p>Mental Health/Substance Use Crisis 24/7/365</p> <p>Cleveland Crisis and Recovery 609 N. Washington Street Shelby, NC 28150 704-751-3693</p> <p>www.phoenixcc.us</p> <p>Accepts Uninsured, Medicaid, and Private Insurance</p>
<p>Epiphany Family Services</p> <p>Substance Use, mental health and group and family services</p> <p>706 Julius Street Shelby, NC 28152 704-536-6853</p> <p>epiphanyfamilyservicesnc.com</p>	<p>Integrated Care of Greater Hickory</p> <p>Substance abuse and mental health treatment, MAT, SACOT and SAIOP</p> <p>117 W. Marion St Shelby, NC 28152 828-322-5915</p> <p>Integratedcarehickory.com</p> <p>Accepts Uninsured, Medicaid, Medicare, and Private Insurance</p>	<p>Foothills Consulting Associates</p> <p>Outpatient Therapy, Medication Management and Suboxone</p> <p>1610 East Marion St., Ste 250 Shelby, NC 28150 704-480-1882</p> <p>foothillpsychshelby.com</p>	

Cleveland County Mental Health and Substance Use Resource Guide

Mental Health Crisis Lines and Resources

All Emergencies

Mobile Crisis Unit (24 hours)

Cleveland Crisis and Recovery

Partners Behavioral Health Crisis Line

Atrium Behavioral Health (24 hours)

Carolinas Poison Center

HopeLine NC (Call or Text)

National Suicide Prevention Lifeline

Crisis Text Line

911

855-527-4747

704-751-3693

1-833-353-2093

704-444-2400

1-800-848-6946

1-877-235-4525

Call or Text 988 or 1-800-273-8255

Text CONNECT to 741741

Veterans Crisis Line

1-800-273-8255 Press 1

Teen Talk Line

1-800-650-8336

4 Digit Topic Number

Suicide 6773

Depression 6718

Grief and Loss 6725

Counseling Can Help 6715



United Way
of North Carolina

United Way 2-1-1

Referrals to health and human services agencies

Dial 211 or visit

www.unitedway.org/our-impact/featured-programs/2-1-1



Partners Access Line: 1-888-235-HOPE (4673)

<https://www.partnersbhm.org/provider-search/>



Kintegra Family Medicine: Behavioral Health Services

Locations in Shelby, Kings Mountain, Boiling Springs and Fallston

www.kintegra.org/behavioral-health/



Phone: 704-481-8637

<https://www.clevelandcountymha.org/>