

# BEWARE OF TICKS!

*Be on guard against Lyme Disease*



**BE PREPARED.** The ticks' range is spreading rapidly in Illinois & found to carry tick-borne disease. Tick Protection & prevention is very important for you, your family and your pets.

**TREAT EVERYTHING.** Treat all gear and clothes with Permethrin.

- Permethrin is for clothes & gear only. Not skin.
- It is good for several washes
- Spray in well ventilated area and hang to dry
- How to video see: [www.illymeassociation.org/info-for-hunter](http://www.illymeassociation.org/info-for-hunter)

- \* Use caution when spraying Permethrin around cats. It can cause neurological symptoms in cats when wet.
- \* Spray treatment outside and hang to dry.
- \* Always read and follow product instructions.

**TAPE AND DRY. WHEN YOU COME INSIDE:**

- Use a masking tape lint roller over your clothes.
- Put your clothes straight into the dryer on the hottest setting for 20 min.



**SHOWER.** Check EVERYWHERE.

- Every fold, crease, even in between your toes.
- Use a mirror if you need to.
- Taking a shower alone can reduce your risk by as much as 58%. (Yale)

**TEST THE TICK.** If bitten by a tick, remove it carefully and save it for testing.

- Visit [www.illymeassociation.org/insert](http://www.illymeassociation.org/insert) page that has removal instructions
- Place it in a sealable bag to send it to a tick testing site.
- Do not crush it.

**Where to send a tick for testing:**

- \* [www.tickreport.com](http://www.tickreport.com) – Results in 3 days
- \* [www.ticknology.org](http://www.ticknology.org) – Results in 24 hours
- \* There is a fee for tick testing. Follow company directions for mailing. Tick testing is not to be used as a diagnostic; however it is a helpful tool.





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For more info, visit [www.illymeassociation.org](http://www.illymeassociation.org)