POISON PREVENTION

HOME SAFETY CHECK LIST

Emergency Phone Numbers
Post emergency phone numbers in a highly visible area of your home & program them into your cell phone contact list

☐ Emergency Services: 911
☐ Local Poison Center: 1-800-222-1222
☐ Doctor’s office:
☐ Local Police Department:
☐ Local Fire Department:
☐ Electric/Gas Company:
☐ Pet Poison Helpline:

☐ Emergency Contact(s):
  1. __________________________
  2. __________________________

Emergency Services:
911

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HOME POISON PREVENTION

Most poisonings happen at home & other residences
Children under the age of 5 years old are at the highest risk for accidental poisoning
Prepare for the unexpected

SAFETY TIPS

 ✓ Carbon monoxide detectors should be installed on the ceiling in hallways near bedrooms & at least 15-20 feet away from heating sources
 ✓ Smoke alarms should be placed in the hallway near bedrooms as well
 ✓ Check smoke alarms & carbon monoxide detectors twice a year and change batteries
 ✓ Over-the-counter & prescription medications can be dangerous with unintended use. Store all medication out of sight & reach of small children and vulnerable adults, preferably in a locked cabinet or box
 ✓ Keep medicines & household cleaning products in their original, labeled, and child-resistant containers
 ✓ Follow label instructions & warnings on medications and household products
 ✓ Marijuana edible & products containing THC should be stored like medication & kept out of reach & sight of children
 ✓ Avoid taking medication or giving medication to others when & where children are present
 ✓ When medication are in use, keep open containers within your sight & close immediately after use
 ✓ Avoid distractions when taking or administering medication to avoid dosing errors & medication loss
 ✓ Keep purses, totes & backpacks off of the floor where children & pets may be present
 ✓ NEVER put medication in diaper bags
 ✓ Keep doors closed & locked or use child safety barriers to keep small children out of high risk areas of the home like:
   • Kitchen
   • Bathroom
   • Basement/Laundry room
   • Garage
   • Yard
 ✓ Always use child safety locks & latches on cabinet doors where household cleaning products and chemicals are stored
 ✓ Store poisonous products away from food to avoid confusion
 ✓ Do not mix household products & chemicals together
 ✓ Do not provide small children with cleaning or disinfecting products to help clean
 ✓ Before allowing small children to play in other homes or locations, check for safety hazards
 ✓ Bring child safety locks/latches for use in other homes & locations
 ✓ Use child-resistant caps/packaging correctly, but remember child-resistant does not mean that they are child-proof
 ✓ Keep all medicines, cosmetics & household products up high & out of reach of children & vulnerable adults

*Contact your local poison center for poison prevention advice & educational resources by calling the Poison Help Hotline

POISON HELP HOTLINE 1-800-222-1222 24/7
www.mipoisonhelp.org
POISON PREVENTION
HOME SAFETY CHECK LIST

POISON HAZARDS

Almost all household products & medication can cause poisoning
Check your home room-by-room for common hazards
See the list below for common household hazards & where they may be found in your home

☐ Bathroom
Air fresheners
Body lotions/cream
Body oil
Cosmetics
Hair products
Hydrogen peroxide
Medications
Mouthwash/rinse
Nail polish/remover
Rubbing alcohol
Shampoo/hair products
Shaving cream
Soap/body wash
Sunscreen
Shower/bath cleaner
Toilet bowl cleaner
Toothpaste

☐ Bedroom
Antiperspirant/deodorant
Cologne/Perfume
Cosmetics
Essential oils
Jewelry cleaner
Medications (*sleeping aids)
Mothballs

☐ Kitchen
Alcoholic beverages/Liquor
Ammonia
Dish washing liquid/detergent
Disinfectants
Drain opener
Furniture polish
Hand sanitizer
Household cleaning products
Household cleaning products
Marijuana edibles
Medication/vitamins/herbals/supplements
Metal cleaner
Natural gas/propane
Oven cleaner
Soap/detergents
Scouring pads/cleaners/powders
Spoiled food

☐ Laundry Room
Adhesive glue/remover
Bleach
Disinfectants
Fabric softener/dryer sheets
Laundry detergent/pods
Stain remover

☐ Outdoors
Plants/flowers/bulbs/berries
Poison ivy/oak/sumac
Spiders/snakes
Wild mushrooms

Protecting all members in your household is your priority
Be prepared & call your local poison center for more information & resources
When the unexpected happens, your poison center is here to help with free, confidential, expert advice 24/7

www.mipoisonhelp.org

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24/7