The Seven Cs grew to eight, the Five Ps once were four
The Six Fs build on trust, with be Friendling at its core.
If all parts are welcome all letters will be, too.
So let us reconsider the ABCs anew...

The ABC’s of SELF ENERGY

Acceptance Awareness Allowing Acknowledging Affection Accord Alignment Awake
Beautiful Bountiful Belonging Basking Beckoning Befriend ing
Calm Curious Compassionate Confident Courageous Creative Connected Competent Caring Collaborative

Divine Delightful Delicious Dancing
Eternal Effervescent Essence Enlivening Energized Exquisite Everywhere
Forgiving Focused Faithful Fellowship Friendly Fondness Forever
Gracious Grateful Global Generous Goodness Glorious Gentle Godliness
Harmony Heartfelt Holon Heavenly Healing Holistic Honorable

Intuitive Instinctive Inspired Interested Insightful Inclusive
Joyful Joining Just Jewel Kind
Loving Laughing Lighthearted Luminous Lasting
Magical Mystical Mysterious Majestic Melodious
Natural Nuanced Now Nurturing Nonviolent

Open Optimistic Original Orchestral
Present Patient Perspective Persevering Playful Positive (in) Parts!
Quality Quiet
Radiant Reassuring Respectful Real Soulful Spirit Sacred Strong Sincere
True Trustworthy Talented Timeless
Uplifting Unburdening Unifying Unity Unique
Valuable Vast Wondrous Whole Wise Xcellent :) Yours (Present even when you) Zzzz