President’s Letter

Hello FRN,

I am writing you in what will be my last “President’s Corner” newsletter article, as I hand the baton over to Chris

Continued on page 3

Election results for new board of directors

By Chris Schommer, Chair, Communications Committee; president elect

The Field Regina Northrop Neighborhood Group (FRNNG) annual meeting was held at McRae Park on April 26. Attendees heard from our 8th- and 11th-ward city council members Andrea Jenkins and Jeremy Schroeder, Hennepin County District 4 Commissioner Peter McLaughlin, and Inspector Michael Sullivan from the Minneapolis Police Department’s 3rd Precinct. One of the issues discussed included the 35W project that is expected to stretch to 2022.

Inspector Michael Sullivan reported that year-over-year crime is flat, but encouraged neighbors to be vigilant with securing their friends and neighbors. It’s just one of the opportunities the Southside Sprint provides for racers of all levels. New riders appreciate the Beginner Racing Clinic offered before racing starts and the dedicated beginner races that put coaches into the race alongside racers.

The event also showcases top Minnesota talent each year, including locally-based professionals, World Masters and U.S. National Champions. Defending Women’s Champion Melissa Dahlmann owns multiple state championships. 2014 Women’s Champion, Kelly Catlin, is a three-time World Champion and Olympic Silver Medalist.

Continued on page 2

Popular South Minneapolis Bicycle Race Returns July 22

Southside Sprint Bike Race Celebrates 8 Years

By Jason Lardy

The 2018 Southside Sprint bike race returns to its popular south Minneapolis course July 22. Sunday’s race concludes the two-day Big Waters Classic. With thrilling finishes on Chicago Avenue and neighborhood fan parties throughout the course, the annual Southside Sprint brings exhilarating bike racing back to the streets of the Field Regina Northrop neighborhood.

The 2018 Big Waters Classic starts with a new venue in Hopkins on Saturday before returning to south Minneapolis for the 8th consecutive year. The Big Waters Classic is the most popular sanctioned amateur road race in Minnesota. We’re honored to have been named the Minnesota State Championship for the 4th-consecutive year. The high stakes will bring riders and fans from across Minnesota to our vibrant south Minneapolis neighborhood.

The Southside Sprint is applauded by racers for its urban setting, enthusiastic crowds and plentiful dining and shopping options on the course. “I was impressed with the crowds, the support, the staffing, the businesses and the neighbors. This is the largest crowd I have seen at an amateur race. AND, without a doubt the most fan support I have ever been privileged to witness,” noted USA Cycling Official, Steve Haugh.

Championship-caliber Racing for Everyone

The most popular event of the Southside Sprint schedule is the Family Dental Clinic Dash—the Kids Fun Race. This free event for kids 4-12 gives little racers a chance to show off in front of family, with the crowds, the support, the staffing, the businesses and the neighbors. This is the largest crowd I have seen at an amateur race. AND, without a doubt the most fan support I have ever been privileged to witness,” noted USA Cycling Official, Steve Haugh.

Continued on page 1
Southside Sprint Bike Race, continued from page 1

Family Fun
Outside the fences, the Southside Sprint offers entertainment for everyone. The Family Fun Zone includes free kids art activities, fitness and lifestyle exhibits from sponsors and other neighborhood businesses. The Fun Zone will also include an Athletes’ Village on 48th Street where teams will gather to warm up, cool down and interact with fans. Young race fans can get autographs and pictures with their favorite racers.

All of these activities bring new visitors to the neighborhood each year. Many racers live in the Twin Cities suburbs, greater Minnesota and neighboring states. For some, it’s their first visit to the Field Regina Northrop neighborhood. St. Paul racer Loren Willis noted, “I came back in the evening for a burger at the Town Hall Tap and a scoop at Pumphouse Creamery. None of that would have happened without the Southside Sprint.”

Racing begins July 22 at 8 a.m. and concludes with the final State Championship awards ceremony at 4 p.m. The Family Fun Zone runs during all race events at the corner of 48th & Chicago. Racers will toe the line just south of the 48th and Chicago intersection. Full race details can be found at www.bigwatersclassic.com.

Elections, continued from page 1

garages in particular as they are a hot target for thieves. Commissioner McLaughlin also addressed how the county is dealing with the expected added traffic volume to Portland and Park Avenues during the 35W project, and promoted the extensive hiring happening at the county as a wave of retirements is creating many new job openings.

FRNNG president Willie Bridges also updated attendees on neighborhood events and remarked on the observations he gathered during his four years as president. He will be stepping down from the position when new members are sworn in this August. Willie urged all board members to stand up for the whole community and to focus on inclusivity for all neighbors.

Neighbors also elected new board members and re-elected current members for new terms. There were no contested elections, and there were candidates nominated from the floor to fill write-in positions. Here are the election results:

**President:** Chris Schommer (1st term)
**Vice President:** David Fronsoe (1st term)
**Business:** Arpad Nagy (1st term)
**Communications:** Maggie Snetting (1st term)
**Community & Safety:** Marty Koessel (2nd term)
**Education:** Terry Mazig (2nd term)
**Housing & Development:** Nate Lansing (2nd term)
**Parks:** Amanda Robbins-Butcher (1st term)
**South Northrop:** Willie Bridges (1st term)
**North Northrop:** Kate Nyquist (2nd term)

Board members not listed are currently in the middle of their two-year terms. These include treasurer Laura Dale, secretary Emily Poskie-Wilson, greening committee co-chairs Lauren Anderson and Tim Price, Field Neighborhood representative Mark Perrier, and Regina Neighborhood representative Alberta Knight.

We offer hearty thanks to outgoing board members president Willie Bridges, vice president Matt Steele, business committee chair Patricia Jones, communications chair Chris Schommer, parks chair Maria Gilleece, Regina co-chair David Fronsoe, and south Northrop representatives Mike Lyon and Lindsey Feiner. Outgoing board members and the new board will convene at the August 15 FRNNG board of directors meeting at Lake Nokomis Presbyterian Church for a joint meeting and transition. The new board will start in September.

---

**Southside Sprint – Sunday, July 22**

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginning Racers’ Clinic</td>
<td>7:00 a.m.</td>
</tr>
<tr>
<td>Masters’ Race</td>
<td>8:00 a.m.</td>
</tr>
<tr>
<td>Masters Category 4/5</td>
<td></td>
</tr>
<tr>
<td>Bikes &amp; Pieces Men’s Citizens’ Race</td>
<td>8:45 a.m.</td>
</tr>
<tr>
<td>Category 5/Citizens</td>
<td></td>
</tr>
<tr>
<td>Men’s Race</td>
<td>9:20 a.m.</td>
</tr>
<tr>
<td>Men Category 4/5</td>
<td></td>
</tr>
<tr>
<td>Junior Jam</td>
<td>10:10 a.m.</td>
</tr>
<tr>
<td>Juniors 9-14, 15-18</td>
<td></td>
</tr>
<tr>
<td>Women’s Citizens Race</td>
<td>10:50 a.m.</td>
</tr>
<tr>
<td>Women Category 4/5 Citizens</td>
<td></td>
</tr>
<tr>
<td>Town Hall Tap Brewmasters’ Sprint</td>
<td>11:30 a.m.</td>
</tr>
<tr>
<td>Men Masters</td>
<td></td>
</tr>
<tr>
<td>Men’s Race</td>
<td>12:30 p.m.</td>
</tr>
<tr>
<td>Men Category 3/4</td>
<td></td>
</tr>
<tr>
<td>Family Dental Clinic Dash</td>
<td>2:30 p.m.</td>
</tr>
<tr>
<td>FREE Kids Fun Race (Ages 4-12)</td>
<td></td>
</tr>
<tr>
<td>Men’s Grand Prix</td>
<td>2:50 p.m.</td>
</tr>
<tr>
<td>Men Category 1/2/3</td>
<td></td>
</tr>
</tbody>
</table>

**Race Route**

Editor’s note: Jason Lardy lives in Northrop and is co-founder of the Southside Sprint Bike Race.
Schommer, who will be our new president beginning this September. I want to thank you all for allowing me to be your neighborhood president for these past two years. I intend, of course, to still be active and involved with Field Regina Northrop (FRN), and will transition to be our South Northrop neighborhood representative as a part of the new board of directors.

This May, I attended the 43rd-annual National Conference for Neighborhoods USA, in Birmingham, Alabama, where I went to represent our neighborhood and to listen and to learn. At this conference, I heard others talk about their respective communities/neighborhoods, and what they were trying to do within them, to be of benefit to all. Someone on the panel discussion reminded us that the main reason that we have neighborhood boards for our communities is for the people in our communities.

I saw that of the communities represented that the conference, each had a lot of the same needs and goals that we have here within our own neighborhood—that we are looking at ways to help our senior citizens to be able stay in their homes; we want to make sure that all in our neighborhoods have food on their table; we need to provide ways to help our neighbors fix up their homes; etc. There were also a lot of conversations about the effect of gentrification within our communities, reflecting not only the benefits of improvements and renewed upkeep, but also of the inevitable rising property values and concern for those who are displaced as a result. It was good to see that other communities around the U.S. had a lot of the same concerns and aspirations for their respective communities, and what each of us is doing to rise to these challenges.

At the end of the conference, there were awards handed out, and commendations made to individuals and communities that are working hard to make a positive difference. I am happy to report that our neighborhood won first place for our Close to Home newsletter out of the ten states that submitted their local newsletters for this contest. Kudos go to Chris Schommer, our communications committee chair, one of the editors of the newsletter, and soon-to-be president of our neighborhood board of directors. I want to thank Chris for the great job that he and his committee members have done in providing for us such an exemplary newsletter.

For now, FRN, I want to remind you that our young people are out of school for the summer. So with more kids out playing in the neighborhood, be mindful as you drive around FRN, and try not to speed. With the increase of kids playing outside during the day, it’s always a possibility/probability that a ball will roll out into the street, and a kid will run after it blindly.

Also, just a reminder for when you are working outside in your front or back yard, don’t forget to please lock your house and garage doors, as a precaution. Believe it or not, a lot of burglaries happen to houses while the owners are out working outside in their yards. FRN, make sure you lock your cars as well, and don’t leave any valuables in your car that might tempt a potential thief.

FRN, if you are going to be gone for the weekend or longer, don’t leave your home in total darkness at night while you’re away. Consider investing in a couple of simple “on-and-off” plug-in timers for outlets powering any room lights so you give the impression that your house is still occupied. It’s a surprisingly good deterrent.

FRN, there will not be a board meeting this July although program director, Stearline Rucker, will be available in the office.

Again, it has been a privilege and a pleasure to serve you all. Thanks, FRN.

—Willie Bridges
The Visible Hidden Treasure

By David Fronsoe, Regina Neighborhood Co-Representative

Who among us doesn’t like the idea of finding hidden treasure? Though the treasure I discovered hasn’t been completely hidden, perhaps as I was, many of you are unaware of the wealth it provides our community.

I recently had the pleasure of meeting and interviewing Ann Cazaban, the Executive Director of Southside Community Health Services (SCHS). SCHS has a medical clinic in the Green Central Park Elementary School with the dental and vision clinic located at 4243-4th Avenue in the Regina neighborhood.

This treasure was first brought into our community back in 1971, when a group of Abbott Northwestern Hospital and Vista Volunteers launched a neighborhood clinic. These compassionate souls had a vision to provide affordable primary medical, dental, and vision care to non- or under-insured individuals in south Minneapolis. As Ms. Cazaban puts it, “It was the community helping the community.”

The volunteers targeted a surprisingly large underserved area reaching from Lake Street to the Crosstown Highway and from Nicollet to Hiawatha Avenues. The medical clinic first opened on Lake Street but soon moved to 4730 Chicago Avenue; the dentistry and vision branch has never moved from 4th Avenue. Ann relates that sadly in 2011, the medical clinic had to relocate to its current location due to health concerns uncovered in the building they were in. Unfortunately, this move gave some the impression that SCHS had changed their focus but that was not the case; they are here for everyone.

Listening to Ms. Cazaban was refreshing as she spoke with passion about helping people with their health care. Part of her zeal for this line of endeavor comes from a personal experience. One day, in a foreign country halfway across the world, she found herself needing emergency medical attention. Though she was an outsider and unfamiliar with the language, the people there helped her to secure her treatment at no cost! Her story highlights many of SCHS’s excelling points.

Over the years, SCHS has offered an ever-expanding, wide range of services. Having staff whose backgrounds and languages represent 14 different nations, SCHS is able to offer quality services to the 70% of their clients who prefer clinic visits other than in English.

Through what they call “patient navigators,” SCHS helps patients find ways to pay for their care by assisting them in finding insurance. SCHS also offers a sliding-fee discount program as well as other financial aid programs. SCHS serves anyone “regardless of their ability to pay.” SCHS is one of the only clinics on the south side that will accept Medicaid.

SCHS also provides Integrated Behavioral Health care staff at both locations to assist those in need of support. What’s more, they have broadened their scope to assist clients with lifestyle changes. In partnering with Urban Ventures, the University of Minnesota Extension, and the Seward Co-op, SCHS introduces their clients to Community Sustainable Agriculture via prescriptions for healthy fruits and vegetables as well as cooking classes in an effort to help individuals learn good nutrition habits.

One of SCHS’s goals is to eliminate all barriers to quality health care and they give a listening ear to their patients. Having already expanded their hours, they are looking to continue to enlarge their ability to serve the community in the evenings and on weekends. They also have a desire to relocate their medical clinic to allow for this expansion of services. SCHS has reduced their appointment wait time and though having an appointment is preferred, they do their best to accommodate those needing unscheduled care. Conveniently located on a Metro Transit bus route, both clinics have off-street as well as on-street parking available.

When ending my interview, Ms. Cazaban again stressed that SCHS is here for everyone and I can say by that she meant everyone! There are way too many jewels about SCHS to present in one article. If you would like to discover more about this neighborhood treasure (or are inspired to partner with their mission), please visit them on the web, just type in a search and get ready to behold the wealth!

www.southsidechs.org

For an appointment call Medical: (612) 827-7181
Vision: (612) 821-2003
Dental: (612) 822-9030

David Fronsoe
Why have block leaders & block parties?

By Karen Notsch, Crime Prevention Specialist (CPS), 3rd Precinct, Minneapolis Police Department

Who among us doesn’t like a party? No matter the circumstances, what’s not to like about food, fun, and conversation?

You can tell by the name “Block Party” that a pleasant gathering will occur, but more than that, it’s an opportunity to connect with neighbors and to deflect criminal activity in our neighborhoods. Why make the effort to meet and know our neighbors? Because our block becomes friendlier and safer; we all feel more at home there. And when we look out for each other and report suspicious behavior by calling 911, our block truly is safer.

Connecting through National Night Out

With National Night Out (NNO) occurring on the first Tuesday in August—August 7 this year—you have an ideal opportunity to connect with your neighbors. If your block has a block club leader, offer to help that person host a block party on NNO. If your block doesn’t have a block club leader, take the initiative to get neighbors together. Ask some of them to collaborate to create and host a block party on your block. And contact me. My goal, and the goal of the Minneapolis Police Department (MPD) Third Precinct and MPD Chief Medaria Arradondo, is for every block to be “covered” by a block club leader.

What if you don’t know your neighbors? One of the easiest ways to begin communicating with them is to drop a note in their front door. Invite them to provide you with contact information so that neighbors can easily communicate with each other by sharing safety- and crime-related information. Invite your neighbors to get together to organize a block party, and ask them to contribute to and attend your block club party. Let them know when and where the party will be, what to bring (if anything), and what to expect.

A block leader’s role

What does a block club leader really do? That varies by the block and the people involved, but the one constant is connecting neighbors to each other. Perhaps a block leader’s most important quality is that they have the desire and generosity to make a difference in the lives of neighbors who live on their block and on nearby blocks.

A block leader serves as the conduit between neighbors and the police department. Keeping neighbors connected to each other through a paper or electronic list is invaluable. Distribution of safety- and crime-related information is an important activity. And by having an organized, connected block that has a leader, neighbors are prepared to look out for each other when suspicious activity occurs and to work together to solve problems.

If you’ve been thinking about becoming a block club leader and contributing to the well being of your neighbors, please contact me. Let’s talk about how to create a block club that includes your neighbors in the fun, food, and conversation that takes place at a block club party. ✤

More information

Please contact me with questions about being a block club leader.

Karen.Notsch@minneapolismn.gov
612-673-2856
Information about National Night Out is available at this link:
http://www.ci.minneapolis.mn.us/nno/

To block your street for free, register your National Night Out block party before July 24.
By Tim Price, Co-chair, Greening Committee

In May 2015, the Field Regina Northrop Neighborhood Group (FRNNG) applied for a grant as part of the Minnesota Department of Transportation Roadside Landscaping Partnership Program. This successful application, supported by our city council members, resulted in a collaborative planning effort to both design and plant flowers, bushes and trees at 50th and 46th Streets adjoining 2nd Avenue South. We continue this partnership with the city and state in improving the landscaping and gateway aesthetics within our neighborhood.

On the Saturday of Memorial Day weekend, May 26, many neighborhood volunteers came together in very hot, humid weather to plant perennials and shrubs. Drivers navigated around piles of compost dirt and mulch while we worked. The landscape design was created by Todd Carroll, state landscaper. Minneapolis Public Works managed the procurement process. For those of you driving on 46th and 50th Streets and 2nd Avenue, you were able to see our greening committee volunteers moved to action to keep our neighborhood looking vibrant and well tended. There will be a Phase-2 planting in fall 2018.

As a reminder, the greening committee and its volunteers are part of our collaborative effort with MnDOT to keep the land adjacent to the sound-barrier walls mowed on a regular basis. In addition, volunteers who have the planting bug can help by planting small gardens along the thoroughfares that will eventually help us reduce the amount of grass to be mowed. If you are interested in joining in these efforts, please contact the FRNNG greening committee at greening@frnng.org.
Organics Recycling Workshop July 17

By Lauren Anderson, Co-chair, Greening Committee
Join your neighbors at our summer organics recycling workshop on Tuesday, July 17, at 7 p.m. at McRae Park. Organics recycling collection provides a convenient way to compost food scraps and leftovers, food-soiled papers (such as paper towels and pizza boxes), and much more. There is no additional charge for residents who live in single-family homes, duplexes, and triplexes to sign up for a green cart through the City of Minneapolis. And there are free local drop-off locations for anyone who lives in an apartment building. Your household may also save money each month if you switch to a smaller garbage cart due to participating in organics recycling.

Thanks to support from Hennepin County’s Green Partners Grow grant and the City of Minneapolis, attendees will be able to pick up a free countertop organics bin, compostable bags, container labels, and a lawn sign to show their organics recycling pride. Whether you’re new to organics recycling, interested but not sure how to make it work at your house, looking for tips and tricks, or want to get involved by volunteering to help more of your neighbors get started, you won’t want to miss this workshop.

Volunteers needed: We need volunteers to help more of our neighbors get started with organics recycling! We’ll cover a few quick and easy ways to do this on July 17. If you’re not able to attend the workshop but want to help out, please email frnng@frnng.org

We will be at the Nokomis Farmer’s Market, at 52nd and Chicago, with organic recycling sign-up forms on the following dates. We hope to see you there!
June 20 and June 27
July 11 and July 25
August 8 and August 29

Neighborhood Clean-ups and BBQ

By Marty Koessel, Chair, Community and Safety Committee
During July and August, the Field, Regina, and Northrop neighborhoods will each host a neighborhood clean-up and BBQ, sponsored by our community and safety committee. WE NEED YOU to volunteer to spend an hour or so picking up trash and recycling materials from boulevards and gutters. Then WE NEED YOU to help polish off food and refreshments at your neighborhood BBQ.

We’ll send you out in small teams to collect as much junk as possible from an assigned route. Which one of you will remove the most litter from your neighborhood streets and earn, at the very least, our admiration and affection?

You’ll return to the meeting point for the BBQ, a great chance to meet your neighbors and to have fun, chow down, and celebrate your wonderful contribution to making our communities more beautiful.

First up is Regina on Saturday, July 28. Regina-ites will meet at Evangelist Crusaders Church at 4307 4th Avenue South, with the clean-up starting at 10 a.m. (you may arrive late). The BBQ, free to volunteers, will begin at noon.

Information about the events in Field and Northrop will be headed your way soon. In the meanwhile, please let your neighborhood representative know ASAP if you (and your kids) can participate. Here’s who to contact:
Regina: David Fransoe reginarrep@frnng.org
Northrop: Kate Nyquist northropnorthrep@frnng.org

If you’ve got questions, email frnng@frnng.org. We and your neighbors would love to have you join us. WE NEED YOU!

David K. Porter
More than 30 years experience
Wills
Probates
Real Estate
612-722-1001
5208 Bloomington Avenue
Probater@Earthlink.net

Imagination can take you anywhere... Contact me for a home consultation

Francesco Marraffa
612-807-9876
Realtor® and Neighbor
francesco@thebridgerealty.com
www.321closed.com
Bridge Realty, a locally owned company supporting our communities, businesses and neighborhoods.
Greetings!

It’s been great to connect with so many of you during my first six months at City Hall. I’m excited to continue working with you to build a better Ward 11—and a better Minneapolis. I’d like to share some updates on my work, and news that relates to our community.

35W Reconstruction

The multi-year 35W redo will bring better connections and easier access to our community, but in the meantime, it’s a major disruption to anyone traveling between south Minneapolis and downtown. Like you, I feel the frustration of detours, delays and traffic changes. You can help ease the strain by signing up for project updates at dot.state.mn.us/35w94. You can also call (612) 284-6125 to reach MnDOT anytime with questions or concerns.

This overhaul may be the perfect excuse to try transit—learn more about taking the bus and light rail in our neck of the woods at metrorail.org/35W—or carpool. If you live in south Minneapolis, you may be eligible for a $20 per month carpool parking rate in Ramp A in downtown Minneapolis. You can’t beat that deal! Get more information and register at move.minneapolis.org/carpool-parking/

Minneapolis 2040

Minneapolis’ Comprehensive Plan is the document that will guide land use and growth in the coming decades. From sustainability and equity to housing and transportation, our next Comprehensive Plan—known as Minneapolis 2040—will set the foundation for our community’s future. A draft version of the plan is open for public comment until July 22. Take a look and share your thoughts online at Minneapolis2040.com, or via email to 2040@minneapolismn.gov

By mid-July, City staff will have held or attended 100+ open houses, festivals, pop-up meetings, Ward meetings, neighborhood meetings and other community gatherings to hear from neighbors about their vision for Minneapolis’ future. Make sure your voice is heard through this process. Your feedback will be used to refine the next version of the Plan, which will come before the City Council later this year.

100% Renewables Resolution

I am a proud co-author of a resolution passed by the City Council that commits Minneapolis to power all of our municipal operations and, down the line, our entire community with renewables. As federal and state policymakers undermine sustainability initiatives, it’s important that we act as a City to build a healthy future for ourselves, our children and our planet. This landmark pledge will help get us to a cleaner, greener future.

City Council Says No to Teen Smoking

I proudly joined my colleagues on the City Council to support a measure to raise the age for tobacco sales in Minneapolis to 21, effective Oct. 1. Tobacco use is among the leading causes of death in the U.S. and Minnesota; in Hennepin County, one in seven adult deaths is attributed to smoking. Nearly all adult smokers—95 percent—started smoking before age 21.

Minimum Wage Increase

On July 1, the minimum wage in Minneapolis rose to $10.25 for small employers (those with 100 or fewer employees) and $11.25 for large employers. Increases in Minneapolis’ minimum wage will benefit tens of thousands of families. Forty-one percent of all black workers and 54 percent of all Latino workers in Minneapolis will receive raises.

Minneapolis’ minimum wage ordinance, which will gradually increase the minimum wage in the next several years, comes as inequality deepens nationally. More than 84,000 people in Minneapolis earn incomes that fall below the federal poverty level. Our ordinance supports Minneapolis’ goals of promoting economic inclusion and reducing economic and racial disparities.

Visit minimumwage.minneapolismn.gov

Stay in Touch!

My goal is and always has been to be a responsive, engaged City Council representative. Everyone’s invited to my next Community Conversation at Pearl Park, in the picnic area west of the basketball court, on July 18. Drop in anytime between 5 p.m. and 6:30 p.m. to ask questions, share concerns and hear what I’m working on.

For routine email updates, subscribe to the Ward 11 bulletin at minneapolismn.gov/ward11 (click Email Updates to enter your information).

Please also always feel free to get in touch via email at jeremy.schroeder@minneapolismn.gov or by phone at 612-673-2211. You can get real-time updates from the Ward 11 office as well on Facebook (@CMJeremySchroeder) and via Twitter (@jeremyschroeder)
City plans seeks input for future

By Chris Schommer, Chair, Communications Committee

In 2008, the City of Minneapolis adopted a plan called “Minneapolis 2020—A Clear Vision for the Future.” Now in 2018, Minneapolis is looking forward to 2040 by updating its comprehensive plan again and it is simply called “Minneapolis 2040.”

While not legally binding, this plan aims to map out city goals and priorities for the next 20 years and will help guide policy makers. The draft plan was released in March, and the City of Minneapolis is looking for public feedback through July 22, 2018. Residents can visit www.minneapolis2040.com to view a detailed webpage or download a PDF. For additional formats, call 612-673-3000.

Overall, the comprehensive plan has over 97 areas of interest, from how to support small business, to water management, public safety, aging, and many more. Of particular concern is access to housing, especially in light of the continued population growth of the city. According to Metropolitan Council estimates, between 2010 and 2016, Minneapolis added 37,374 new residents, the most since the 1920s and a reversal from the trends of the 1950s through mid 1990s which saw the total population either remain stable or decline.

A final plan will be adopted by the city council and provided to the Met Council by December 31, 2018, so be sure to share what you want to see in Minneapolis by July 22. The webpage has a comment form, a map to place location specific comments, or simply email your thoughts to 2040@minneapolismn.gov.

South Minneapolis Meals on Wheels

By Christian Fritzberg, Communications Committee

For over 40 years, those needing nutritional support have turned to Meals on Wheels. Within our neighborhood, we’re fortunate to be served by South Minneapolis Meals on Wheels, which operates out of the Nokomis Square Cooperative.

Volunteers, many of whom are from area churches, deliver hot meals Monday-Friday around the lunch hour. Coordinator, Sara Larson, and four other part-time paid staff organize logistics and meal preparation. The program wouldn’t be successful without the assistance of a mass of volunteers. These volunteers not only deliver a nutritious, balanced meal, they also provide a safety check and socialization to area residents who may have difficulty leaving their home.

The majority of meals consist of three warm food items. Accompanying the meal is an additional side item and a beverage. Cold meals are also available that can be delivered on Fridays to meet weekend meal needs. All meals are low sodium and suitable for diabetic dietary needs. Meals are on a five-week rotation, so there is great variety ranging from lasagna to wild rice hotdish to meatballs—to just name a few of the main courses offered.

Each delivered meal is economically priced at $5. One can privately pay or there are subsidy programs available through the VA and state to cover this cost in cases of financial hardship. Billing for the Meals on Wheels service is done monthly.

The program is incredibly flexible. One is able to have meals delivered for a short time (for example while recovering from an illness or injury, or to just try the program), a couple days a week or for five-day delivery. The program is easy to start and stop. Beginning the program requires a two-day lead time for coordination; no assessment is required.

The South Minneapolis Meals on Wheels program can serve more in our area and is working toward building greater awareness of their service. Additional volunteers are always needed. For more information, to sign-up for meal delivery or to volunteer, please contact program coordinator, Sara Larson, by phone at: 612-721-5487 or email: somplsmow@gmail.com.
Rock Paper Scissors Goods Brings Creativity to 48th and Chicago

By Carrie Shidla, Communications Committee
If you’ve recently visited the 48th and Chicago business district, you may have noticed a new storefront with a creative twist on the standard record shop: Rock Paper Scissors Goods, a cool convergence of music, art, gifts, and creative space located at 4806 Chicago Avenue.

Proprietors Tes de Luna and Jason Hughes are a couple with a long history in retail, as they previously owned shops next door to each other in Seattle—Hughes as a co-owner of Sonic Boom Records, and de Luna as owner of Velouria Boutique and Gallery. In 2016, they moved back to Minneapolis, where de Luna grew up and attended college at MCAD.

In the new store, customers will find an eclectic collection of new and used record albums, jewelry, handbags, cards, and artwork. “Our goal is to encourage people to embrace more art and music in their lives while helping to support artists trying to make a living at their craft. We hope to educate customers on the benefits of buying products made in the U.S. by the people designing them,” says de Luna.

An added bonus is event space that is used for children’s birthday parties, showers, team events, and art classes and workshops, designed for folks to get more creative while learning in a social environment where they can meet new people. Classes are diverse and include paint-by-numbers painting or jewelry making for adults, to storytime and art for small kids.

Setting up shop in FRN was an easy decision. De Luna’s grandparents lived in the neighborhood as she was growing up, and she had warm, nostalgic feelings about returning. “We’ve always liked the idea of finding a smaller thriving neighborhood to start up in,” said de Luna, “and 48th and Chicago checks a lot of boxes for us. There’s a lot of great businesses close by, plenty of foot traffic, and parking. We often take our kids to Sovereign Grounds and saw the space on one of our outings. It just felt right.”

Rock Paper Scissors Goods is located at 4806 Chicago Avenue. For more information, stop by or go to www.rockpaperscissorsgoods.com.
Exploring the Wonders of The Cottage House

By Christian Fritzberg, Communications Committee

The Cottage House, located at 4308 Chicago Avenue, has been a fixture in our neighborhood since 2006. The business is known for its quality recycled and repurposed home goods at reasonable prices. Proprietor Ted Hague has always enjoyed repurposing items. When the Cottage House opened some 12 years ago, it was the only repurpose store in the area; now it is one of six in south Minneapolis.

Ted and some 15 rotating vendors each month create the splendor of sales that has become legendary. The business has a strong social media following, with nearly 60,000 followers, which has undoubtedly contributed to their continued success with some 2,000 patrons in attendance for each occasional sale. Their notoriety has led to a strong neighborhood and local following, as well as many customers from the upper Midwest and as far away as our neighbors to the north in Canada.

The style found within the store is a celebration of eclecticism, from farmhouse “shabby chic,” to industrial, to mid-century modern vintage furniture pieces, vintage home accessories and decorative garden items. The store offers monthly “themed” occasional sales that run the second weekend of most months, with bonus clearance sales the following weekends.

The Cottage House will reopen for their next occasional sale: July 11-15; Bonus Sale July 20-22. For more information on the Cottage House, please visit thecottagehousemn.com.

Cottage House owner Ted Hague amidst an array of re-purposed decorative objects.

FRNNG Meeting Information

Full Board
3rd Wednesday of each month at 6:30 p.m., Lake Nokomis Presbyterian Church (LNPC) 17th Avenue and East 46th St. The full board does not meet in July or December.

Business Committee | business@frnng.org
1st Tuesday of each month at 8:30 a.m., Turtle Bread Company, 48th and Chicago

Communications Committee | communications@frnng.org
2nd Monday of each month at 6:30 p.m., Sovereign Grounds, 48th and Chicago

Community and Safety Committee | communityandsafety@frnng.org
4th Tuesday of each month at 6:30 p.m., McRae Park Rec. Center

Education Committee | education@frnng.org
1st Tuesday of each month at 6:30 p.m., McRae Park Arts & Crafts Room

Greening Committee | greening@frnng.org
2nd Tuesday of each month at 6:30 p.m., Turtle Bread Company, 48th and Chicago

Housing Committee | housing@frnng.org
1st Monday of each month at 7 p.m., Town Hall Tap, 48th & Chicago

Parks Committee | parks@frnng.org
1st Monday of each month at 7 p.m., McRae Park Rec. Center