10th-Annual Night on 48th
Great Fun, Success Again

By Sue Filbin and Stearline Rucker
The conviviality meter was stretched to capacity as was the former Levain space when about 130 neighbors gathered to celebrate the 10th-annual Night on 48th fundraiser. Board members and program director, Stearline Rucker, set up the space for the event. They welcomed guests, promoted and tended the silent auction, and sold raffle tickets for bottles of wine. Guests enjoyed an evening of good food, beverages, and socializing while listening to the appealing music of the band AKOUO. Flavorful pasta, salad, bread, and dessert bars from Turtle Bread Company and a variety of pizzas from Pizza Biga were available throughout the evening. Wine and beer were served at reduced prices by Turtle Bread staff.

The neighborhood raised more than $2,800 and more than 25 guests went home with bottles of wine that were donated by Ken and Norm’s Liquor and board members. We thank Stearline and the board members for organizing and hosting the event and cleaning up afterward. We also thank the individuals and businesses who donated items to the silent auction: Afternoon Printing, Willie Bridges, Dick’s Metro Flooring, Evangelist Crusaders Church, Sue Filbin, Jeannie Piekos, Tim Price, Southside Chiropractic, Southside Dental Clinic, Sovereign Grounds, Spa Sweet, TA’s Automotive, and Walgreen’s.

A Focus on Themes

By the Communications Committee
We’re pleased to announce with great enthusiasm and mild fanfare that we will feature a lifestyle theme in each newsletter, starting with a “Focus on Fitness” in this issue (see pages 6, 7, and 9). In the spirit of providing information, kindling connections, and building community, topics of interest will appear in the newsletter, or website, or social media—or all three!

The topics we plan to explore are related to our committees and also to events happening in the neighborhood. When readers learn about opportunities for getting involved and contributing to the well-being of our neighborhood, we all benefit.

We communications committee members are familiar with street-level brick-and-mortar storefronts and offices, and we know neighbors whose work or avocations are related to the themes we’ve identified, and that are listed on page 2. But we invite readers to suggest more themes, subjects for articles, and to write articles and submit photos.

Look on our website for information for submitting articles, photos, and more. Specifications and pricing related to running a display ad are also on our website.

Even if your contribution seems small—for example, the title of a book; a link to a blog, podcast, website, or YouTube channel; or a question or suggestion, we look forward to hearing from you to make our neighborhood communications as vital and vigorous as are the people who live, work, and spend time here.
Themes for the Close to Home Newsletter

**Jan/Feb:** Fitness and finance*
Committee: Business
Event: None

**Mar/Apr:** Home and yard
Committee: Greening
Event: Annual meeting Thursday, April 25

**May/June:** Gifts, retail, fashion, flowers, farmers market, automotive
Committee: Housing
Event: Annual celebration at McRae Park Saturday, June 1 (June 8 rain date)

**July/Aug:** Bicycling, health, wellness, beauty, family and personal care
Committee: Community & safety
Events: Southside Sprint Bike Race on Sunday, July 21
         National Night Out on the first Tuesday in August—August 6

**Sept/Oct:** Kids and child care, schools, pets, professional services
Committee: Education
Event: None

**Nov/Dec:** Restaurants, music and entertainment, hospitality-related products and services such as foods and beverages
Committee: Parks
Event: Night on 48th, Saturday night in early to mid November
*For more information, see article on page 1 and email <editor@frnng.org>*

*Because focusing on themes is starting with this issue, we will feature articles about finance in future issues.*
Hello FRN,

I hope the new year finds you well. We have spent the past few weeks planning ahead for 2019 by looking back at 2018 and learning from all the events we hosted big and small. I am looking forward to our next annual neighborhood celebration at McRae Park in the spring, and I enjoyed myself at our Night on 48th Street fundraiser.

In 2019 we are planning another fall alley pickup for the whole neighborhood, more clean-up events, continued work along the 35W sound wall on 2nd Avenue, and more things to come. Everyone’s involvement makes our neighborhood better and the more we get to know each other, the stronger we become.

We have had our ups and downs. At one of our neighborhood clean-up events this year, we planted a tree at St. Joseph’s Home for Children only to discover someone had taken it the very next day! We quickly organized a replacement. We also kept going and got a line of trees planted along 42nd Street at the McKnight Early Childhood Family Development Center (Head Start).

Our neighborhood continues to be an electoral force, with turnout this year coming in at around 85% of registered voters. Your steady engagement with our government at all levels keeps our voices heard. Keep voting, and keep contacting your representatives about our local issues. You might be the first person to raise an issue, or you could be the person to tip it over the edge. FRN is always looking for volunteers on all of our committees, too. Joining a committee is a great way to get to know some neighbors who share your interests and try and make some change on a very local level.

If you have ideas or concerns you would like to share, please email me directly at president@frnng.org

Happy New Year, FRN!

Chris Schommer

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We thank our partner in producing this newsletter – Greenhaven Printing,
(651) 639-9822, greenhavenprinting.com
Local Happenings and Links

By Maggie Snetting, Chair, Communications Committee

Are you a news junkie? Or, looking to learn more about what’s going on in the city?
In addition to following Field Regina Northrop Neighborhood Group on social media, you may want to also follow these local
organizing units or sign up for their email lists and get the news delivered right to your Inbox.

Here’s a quick list of elected officials and local organizing units to check out:

**Your City Council Member**
Follow on social media and sign up for email updates. Subscribe to:
**Ward 8: Council Member Andrea Jenkins**
Go to: [http://www.minneapolismn.gov/ward8/ward8-email](http://www.minneapolismn.gov/ward8/ward8-email) and submit the form to receive email updates from Council Member Jenkins.

**Ward 11: Council Member Jeremy Schroeder**
Go to: [http://www.minneapolismn.gov/ward11/news/ward11-newsletter](http://www.minneapolismn.gov/ward11/news/ward11-newsletter) and submit the form to receive email updates from Council Member Schroeder.


**Neighborhood Community Relations**
They offer a mailing list to keep you informed about Neighborhoods 2020, an opportunity to further develop and improve

**Minneapolis Parks and Recreation Board**
They allow you to pick from a variety of topics to stay up-to-date on activities to do, recreations centers, planning projects
and more.
Subscribe here for email or text alerts: [https://www.minneapolisparks.org/subscribe_to_govdelivery/](https://www.minneapolisparks.org/subscribe_to_govdelivery/) or sign up specifically
for the newsletter published by District 5 Commissioner Steffanie Musich at:
[https://www.minneapolisparks.org/about_us/leadership_and_structure/commissioners/steffanie_musich/](https://www.minneapolisparks.org/about_us/leadership_and_structure/commissioners/steffanie_musich/)

**Minneapolis Public Schools**
They publish a newfeed, uses social media and maintains an email distribution list, check out your options here:
[http://www.mpls.k12.mn.us/mps_news.html](http://www.mpls.k12.mn.us/mps_news.html)
These are just a few of the ways to stay more up to date of what’s going on in and near the neighborhood. Have a resource you have
found helpful to follow or subscribe to? Email communications@FRNNG.org and we’ll share your ideas in an upcoming issue.
Winter Safety-Related Activities

By Jennifer Neale, Crime Prevention Specialist, Third Precinct—Sector 3

Instead of becoming a victim of a “crime of opportunity,” why not take a proactive position to eliminate opportunities for would-be criminals to take advantage of you? By paying attention to the safety-related recommendations listed below, you can do just that.

**Property related**
- Turn on outside lights to deter burglars from lurking and “working” on your property.
- Put lights on timers that turn on at around 4:30 p.m. and run until around 10:30.
- Break down shipping cartons and put them out the night before the recycling pick-up so thieves won’t know what tempting possessions you have.
- Lock your vehicle when it’s in the garage, lock your garage, make sure all of your home’s windows are closed and locked, and lock your home doors when you are at home and when you are away.
- Shovel sidewalks to the full width within 24 hours following a snowfall of more than 1”.

**Vehicle related**
- Do not leave your unattended vehicle running to warm it up, or while you “quickly” run into a shop to pick up something. Officers may issue a ticket for any vehicle that is running without a driver being present.
- Do not leave anything of value in your vehicle, especially if those items are visible through the windows. This includes packages, phones, headphones, CDs, briefcases, computers, backpacks, money, cigarettes, even sunglasses.

**Identity related**
- Avoid leaving mail out for pickup that contains checks, account numbers, or return-address labels.

More information is at this link: [http://www.ci.minneapolis.mn.us/police/outreach/index.htm](http://www.ci.minneapolis.mn.us/police/outreach/index.htm)

If becoming a block club leader is on your list of activities for the coming year, I welcome your call or email.

Jennifer.neale@minneapolismn.gov
612-673-2839

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Crime Prevention Specialist Returns to 3rd Precinct

By Sue Filbin, Communications Committee

About two years ago, we welcomed Crime Prevention Specialist Jennifer Neale to our portion of the Minneapolis Police Department’s 3rd Precinct. Jennifer spent the past year across 35W in the 5th Precinct, but recently returned to our area to continue what she enjoys most—communicating with neighbors and helping them build strong connections.

The portion of her title as Crime Prevention Specialist (CPS) that Jennifer really takes to heart is being proactive about preventing crime. As the liaison between the 3rd Precinct and block club leaders, residents, and businesses, Jennifer wants us to maintain and establish safety-related habits that don’t allow criminals to take advantage of people or property.

Valuable communications
“The importance of neighbors being connected and being willing to share information with each other and with the police department really makes a difference in the safety of our communities,” Jennifer stated. She continued, “Our crime-prevention unit is based on community-based organizing. It’s what we do. We partner with the community in our efforts to prevent crimes and to apprehend the perpetrators of crimes.”

As the CPS for our area, Jennifer works with the community (block club leaders, citizens, neighborhood associations, and committees), investigators, other police units, the court system, and council members to ensure that collaboration occurs and that all parties are fairly represented and served.

The value of block clubs
Jennifer knows that an active block club enhances communication among neighbors and with the CPS. Neighbors on organized blocks look out for each other and call 911 to report suspicious occurrences. Police officers also rely on the CPS’s connection to organized blocks when officers need to understand what’s typical for a block, or to confirm information that’s been reported.

When Jennifer is not at work or in a meeting, she enjoys staying fit with her family—yoga is her favorite activity. She also enjoys travel, Filipino cooking, and reading. She’s in three book clubs!

Jennifer invites you to contact her to become a block club leader or get information. 612-673-2839. Jennifer.neale@minneapolismn.gov
Building Fitness and Community

By Sue Filbin, Communications Committee, and Nate Bahr

Most people think of building strong bodies when it comes to working with a personal trainer. G-Werx, the new group personal training studio on 48th and Chicago, does that but also strives to strengthen the community bond.

Neighbors of all ages and levels of ability have been welcome to attend sessions since its opening on October 15 in what G-Werx intends as the "neighborhood gym." Everyone from beginners to seasoned athletes benefit from the 45- to 60-minute workouts. That's because it's the responsibility of head trainer and manager, Nate Bahr, to work with each individual to keep the workouts safe while also being "challenging and achievable" for each client every time.

Nate's education and experience are an ideal fit for the G-Werx model. He was a track athlete in college where he majored in sports business management. After several years, Nate recognized his true passion was working in exercise and fitness, leading him to pursue a master's degree in applied kinesiology from the University of Minnesota. He remarked that he is grateful for being able to work with a lot of "great minds" in the kinesiology department.

The opportunity to apply his education led Nate to a position for more than three years at Health Partners Physicians Neck and Back Center where he managed a fitness facility specifically for people with chronic back and neck pain. He said he never anticipated the depth of knowledge he would gain there. One revelation was that despite the same diagnosis, each patient’s body was different, requiring customized treatment approaches.

Adapting to individual needs is at the center of the G-Werx model. During more than 20 years, Continued on page 9

Passionate About Fitness

By Sue Filbin and Christian Fritzberg, Communications Committee

When Duane Whittaker named his personal fitness business Fit for Change—Be Fit for Life, he acknowledged the inevitability of physical change. But rather than submitting to the changes in our body, he takes the proactive approach of staying fit. Duane’s focus as a certified personal trainer is for all of his clients—who range in age from 27 to 69—to increase their strength, flexibility, stamina, and balance through regular workouts.

Staying fit

As a Minneapolis high school athlete, Duane aspired to become a coach. Instead, he pursued a career in information technology and had a long military career in the field of fire protection. Duane remained active, a lifestyle that made two years of study for an associate’s degree in health and fitness, an internship, certification for personal training, and a specialized certification in functional training a continuation of his passion for staying fit.

During his time as a personal trainer at LA Fitness, Duane performed more than 1,000 30-minute individualized fitness sessions. He now applies this experience to creating individualized personal fitness plans for his clients, then training and motivating them to commit to becoming fit for the rest of their lives.

Since September 2014, Duane has assessed the fitness level of men and women of all ages at his fitness center that's located in a north-facing space at 4801-4th Avenue. During half-hour and hour-long appointments, Duane’s clients work on relieving stress, weight control, core strength, muscle strength, endurance, flexibility, balance, and stability. Duane is dedicated to helping people improve their quality of life, enabling them to stay active, and to live without pain. Continued on page 9
A Center for an Ancient Sport

By Sue Filbin, Communications Committee

If someone were to ask you, “What’s the best-kept secret in our neighborhood?”, how would you respond? One candidate to consider is the Center for Blade Arts. Located at the opposite end of the building owned by Harvey McLain that houses Turtle Bread Company, part of the Center’s secret identity is that it’s underground in a spacious, well-lit former bowling alley. Adding to the intrigue is that since 1982, the Center was previously known as the Minnesota Sword Club until Rich Jacobson retired and sold the club to two coaches early in 2018.

Almost 20 years ago, Tyler Clayton, a certified personal trainer, was Brandon Foat’s student. Foat started fencing in the 1980s. Now they’re the busy co-owners of the Center for Blade Arts, a name that better describes the activities at the Center—classes and individual coaching for the sport and art of fencing.

The allure of “sword fighting” is rooted in stories that originated before gunpowder but has a very contemporary influence due to the popularity of current movies such as Star Wars and Game of Thrones. Children and adults from around the metro area take classes and train for competitions. They would tell you it’s fun; a way to stay fit and learn a new skill. Students also become friends with other interesting people, learn to focus, and more. Blade Arts students and parents of young students shop in the neighborhood, patronize the restaurants, and appreciate having fitness studios nearby for gaining strength and stamina or recovering from injury.

Naturally new ownership has resulted in changes beyond the new name. There’s a new informative website that makes it easy to select and register for classes. The tradition of mentoring by experienced coaches and fellow students is enhanced, with support and resources.

Train Hard, Have Fun

By Stephanie Olson

Train Hard, Have Fun. That’s the motto at the Minnesota Kali Group, or MKG, which has been helping people do just that since 1982. Founded and owned by Twin Cities native, Rick Faye, the group has spent decades collecting martial arts and fitness training systems from around the globe and curating them into their own specialty classes. The programs have been so successful, the organization now has over twenty national and international affiliate gyms. This makes MKG a rare thing—both global and local at the same time.

“We get people all the time who tell us this is the first fitness program they’ve been able to stick with,” says Faye. “People just need something interesting. Running on a treadmill is boring. Working with a partner, interactive drills, and punching pads—now that’s fun!”

The classes incorporate a variety of drills that work neuro-muscular coordination, give a great cardio workout, and provide a foundation of kickboxing and self-defense tools. “There’s always more to study,” says manager Colton Mollerud, “but the core classes are designed to help people stay in shape and feeling healthy. That’s the heart of what we have to offer. After that, there’s a lifetime of fitness and study to be had, but we know most people aren’t coming.”
Dear Neighbors:

Thank you for the opportunity to update you on city and neighborhood issues.

**Affordable housing investments**

The Minneapolis City Council approved $10.6 million in direct investment and $1.6 million in 10-year federal tax credits to create or preserve 764 units of affordable multifamily rental housing in 10 projects located throughout the city. These investments are the result of awards from the City’s Affordable Housing Trust Fund and federal Low-Income Housing Tax Credit programs for 2018. Together, these investments will make more than $188 million in additional private and public resources possible.

Renters represent three out of four households in Minneapolis that are paying more than 30 percent of income for housing. The Affordable Housing Trust Fund and the federal Low-Income Housing Tax Credit programs provide up front equity and gap financing to assist with the production and preservation of decent, safe and affordable multifamily rental housing.

We use the following principles to guide this work:

- Use Disaggregated Data and Information
- Make Data Driven Decisions
- Leverage Existing Assets
- Use Existing Authority
- Make Policy Changes
- Use Equity to Balance Decision

We are also happy to have in place the Racial Equity Community Advisory Committee (RECAC) with 8th Ward resident Marjaan Sirdar representing our ward. We are depending on this body to help shape and guide this work and advise the Council on matters of importance.

**Minneapolis awarded Bloomberg American Cities Climate Challenge**

Bloomberg Philanthropies named Minneapolis among its American Cities Climate Challenge winners for resources and technical support to help achieve ambitious climate goals.

Bloomberg will provide winners with robust technical assistance and a support package valued at $2.5 million per city. The resources include a philanthropy-funded team member to facilitate the development and passage of high-impact policies, training for senior leadership to assist with implementation of their proposed climate plans, and public engagement support.

Minneapolis plans to improve transit reliability and user experience; encourage new mobility options such as bikeshare, electric bikeshare, more electric vehicle charging, and electric vehicle education and incentives; and implement a comprehensive citywide solar strategy including a focus on onsite and community solar garden subscriptions for low-income residents.

The Bloomberg American Cities Climate Challenge builds on the America’s Pledge initiative, which aims to keep the U.S. in the Paris Agreement.

**US Census Bureau is hiring**

The Census Bureau is currently hiring throughout Hennepin County to support the 2020 Census. The Census is hiring now – but the real bulk of jobs will be hired next year. The federal system uses a first in line process – which means it is important to apply now for priority consideration. If you or someone you know is looking for a job and wants to make a positive impact on Minneapolis, please encourage them to apply at the Census Bureau’s online job portal:


Regional Offices are responsible for hiring and supervising the Census Bureau’s field workers. Local field workers know their communities best and are instrumental in conducting surveys with residents on a variety of topics.

Contact Andrea! As always, please feel free to contact me at the Ward 8 office, (612) 673-2208 or andrea.jenkins@minneapolismn.gov. Visit the Ward 8 website at [www.minneapolismn.gov/ward8](http://www.minneapolismn.gov/ward8)
G-Werx — Building Fitness and Community

founder Phil Martens observed a series of fitness trends. Each influenced his belief in the value of fundamentals. With his focus on safety and satisfaction for each client’s workout, Phil invented and patented the G-Werx Machine and Program that is featured in three locations—all in Minneapolis.

For four years, the studio on 50th and Bryant has been inspiring the fitness aspirations of neighbors. When sessions started reaching capacity at the maximum of 10 participants per workout, G-Werx sought a similar neighborhood that had an appealing mix of shops, restaurants, and businesses. They found all of that here, where Nate describes 48th and Chicago as “…being like a small town within Minneapolis.” He went on to say that an important part of the G-Werx philosophy is to build strength in the community while building people’s physical strength. Not only are you working out to improve your fitness, but you are creating emotional connections with others in the neighborhood and community. By exercising alongside your neighbors, a network is created that leads to lifelong friendships. Nate said that in the short time he’s been in our neighborhood, he recognizes that “there is involvement and interaction here. People refer to other shopkeepers and business owners by their first names!”

4802 Chicago Avenue • https://www.gwerx.com/
612-823-5172

Fit for Change — Be Fit for Life — Passionate About Fitness

Why is the business name significant? Duane believes we must make a change to add fitness to our life—and keep it in our life. He stated, “We gotta make the change, then stay at it.” His flexible programs and reasonable rates help individuals make a positive change toward adding physical activity to their life.

4801-4th Avenue South
http://fitforchangeonline.com
(612) 501-5332

Center for Blade Arts — A Center for an Ancient Sport

readily available. The foyer has fresh paint, seating for observers is more inviting, and faucets and towel dispensers in restrooms are new. Tyler and others spent eight days in July refinishing the wood floors, and an on-site fitness center for members is being planned.

The Center for Blade Arts gathers adults and children who are interested in learning, having fun, and sharing in the camaraderie of a common interest. From beginners to Olympic-level competitors, everyone is welcome to stop by to watch, learn, and participate.

4744 Chicago Avenue • 612-501-0640
https://www.centerforbladearts.com
https://www.facebook.com/CBAFencing/

Minnesota Kali Group — Train Hard, Have Fun

through our door to become advanced-level martial artists. It’s really about helping encourage a healthy lifestyle in a way that’s fun and engaging for people of all ages and skill levels.” Want to give it a try? MKG offers a free trial for its youth (7-12), teen (13-17), and adult (18+) classes.

4532 Chicago Avenue • www.mnk kali.com
612-821-6800 • email at hello@mnkali.com

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Close to Home, newsletter for the Field Regina Northrop Neighborhood Group • frnng.org • January/February 2019
Welcome Bundle Studio to 48th Street

By Christian Fritzberg, Communications Committee

There’s a new business on 48th Street, just west of Chicago Avenue. Say hello to Bundle Studio. As the name suggests, it’s studio photography focusing on infants that provides “beautiful, timeless and artful photos of your baby.” Owner and photographer Amanda Marie’s goal is to have babies naturally photographed throughout their infancy so that parents will have a beautiful record of each stage of growth. Photography sessions are affordably priced and packaged to enable this.

Amanda Marie has been a professional photographer since 2011. Her goal for the images she captures is to “preserve the connection and love between loved ones.” Amanda, along with staff photographer Rebecca and administrative assistant Jordan, operate Bundle Studio which opened in November 2018 in the former Valentine Wood and Parkway Shoe Repair location. The entire space has been given a fresh coat of bright white paint that creates the perfect backdrop for the studio.

The studio crew has perfected methods to get infants to be portrayed in their best light. The crew learned to let baby lead the session and let baby be baby. Some of the favorite images that are captured are those of newborns and infants with their parents.

Many systems have been put in place with parents and their busy schedules in mind. Studio sessions are easy to book and timelines are put in place so that details such as photo ordering from the studio’s trusted processor aren’t put off. The result of all of this forethought is a beautiful piece of art to adorn one’s home that honors the start of the most beautiful quality of all—life.

Bundle Studio on East 48th Street specializes in photos of babies and their parents.

733 East 48th Street
bundlestudios.com
(612)309-2661

Changes at St. Joseph’s Home for Children

By Therese Gales, Media Relations Manager, Catholic Charities of St. Paul and Minneapolis

The white cottage located near 46th Street on the campus of St. Joseph’s Home for Children was damaged by a fire in August that caused irreparable damage. No one was injured, and the residents in the Hope Street Transitional Living Program who lived in the house were moved to a wing in St. Joseph’s Home for Children. The house was demolished on December 10.

Neighbors may also notice that the retaining wall on the perimeter of the property was replaced a part of ongoing maintenance to the property.

Greetings, Field Regina Northrop Neighbors!

My newsletter, the 5th District Dispatch, is a great resource for updates about the parks. I send out the newsletter once or twice a month to help keep my constituents informed. You can subscribe at eepurl.com/QZ -9 I’ll see you in the parks!
4 Questions with Kevin Huyck, Owner & Chef

R.A. Mac Sammy’s Elbow Room

By Adam Webster, Communications Committee

1. Many in the area will recognize R.A. Mac Sammy’s from the food truck scene. What made you decide to convert to a restaurant? And why here?

Well, it’s not really a conversion. We are still running the food truck (though we shut down for the season in November). Winters in Minnesota are not nice for food trucks, and I made the decision after our second winter that I didn’t want to freeze my rear off while chasing obviously reduced sales.

2. I get the name “Elbow Room,” but I think we’re all hoping for the etymology of “R.A. Mac Sammy’s.” Where’s the name come from?

You’ve never heard of R.A. Mac Sammy? He was responsible for bringing macaroni to America…just kidding; that’s not true. R and A are the first initials of my kids’ names (Randall and Avery) and Mac Sammy’s is a mashup of what we sell on the food truck (mac ‘n’ cheese and sandwiches). I can’t tell you how many times people have asked me if I am Mac or Sammy (eye roll), or people think we sell mac ‘n’ cheese sandwiches (which I kinda get).

When I first started working with a graphic designer to develop the truck logo, she presented treatments with and without the R.A. I suggested to the family that maybe we should just go with “Mac Sammy’s,” but there was some resistance from the junior voting block (they were 16 and 13 at the time). I relented.

3. A glance at the menu reveals a bunch of pleasing favorites, but also some not-so-familiar fare. What kinds of dishes make it onto the menu? What gets a pass?

Not an easy question to answer. Some of the Mac ‘n’ Cheese features, as well as our Mac Bites, were born on the truck. Some were influenced by things I have eaten at other restaurants. We opened with a salad on the menu, but it became evident fairly quickly that we were not attracting folks who want lighter fare, so we eighty-sixed it. I want things to be accessible-yet-

memorable. Hopefully our customers get a homey feeling about our menu, and our restaurant space.

4. What’s your personal go-to comfort food? And what’s the easiest, most reliable dish for your customers to try making at home (before they buy it from you, of course)?

Chips and salsa (locally-made Double Take Salsa is an excellent choice), kimchi and peanut butter on Ritz crackers (trust me). Almost anything on a Ritz cracker. Or just Ritz crackers. As far as making our dishes at home, I would advise against it. We are highly trained professionals, and this is dangerous work, what with all the fire, knives and stuff. It’s safer to just let us do it for you.

Eat in or take out at R.A. Mac Sammy’s Elbow Room on East 48th Street.

735 East 48th Street
ramacsammys.com

All About Snow

A Minneapolis ordinance requires owners of houses and duplexes to shovel the full width of their sidewalk within 24 hours of a snowfall. People who need help clearing their sidewalk can call 311 for a list of resources.

Remember to shovel a path from your garbage, recycling, and organics carts to the alley or street.

Learn whether the city has declared a snow emergency: Call 612-348-SNOW.
Themes for future newsletters
Local happenings and links
Crime Prevention Specialist
Focus on fitness
Welcome Bundle Studio
Welcome Elbow Room

Thank you for patronizing our local businesses!

Close to Home is produced for neighbors by neighbors.
The next deadline is Friday, January 25.
We welcome your comments, complete articles, and hi-res photos.
Please contact us: communications@frnng.org