Board Elections and Open Board Positions

By Chris Schommer, Chair, Communications Committee
The neighborhood relies on volunteers to operate. Every year we host the annual neighborhood meeting to elect new members to the board of directors and plan for the year ahead. This year, the meeting will take place on Thursday, April 26, at McRae Park from 6:30 until 8 p.m. Refreshments will follow the meeting. This is also an opportunity to meet with city council persons, city staff, and representatives from the Minneapolis Police Department.

We are looking to fill several important positions on the board. Currently, we expect to have open seats for president, vice president, business committee chair, and parks committee chair. Up for re-election will be housing chair Nate Lansing and communications chair Chris Schommer. If you or someone you know is interested in running for a position, the deadline to appear on the ballot is April 5th. Please send your questions or ballot information to frnng@frnng.org or call the office at (612) 721-5424. Check our webpage and follow us on social media for information on candidates prior to the meeting on Thursday, April 26. Continued on page 3

MARK YOUR CALENDAR

Annual Neighborhood Celebration

SATURDAY, JUNE 2
McRae Park

Activities and fun for everyone!
Music • Games • Ice cream
Fabulous food • & More!
Visit frnng.org
or follow us on Facebook and Twitter for the latest information.

Northrop Neighborhood Open House

Saturday, April 7, at McRae Park from 10-12

Your Northrop Neighborhood representatives are hosting a get-together. Come meet your neighbors and talk with members of our neighborhood board of directors, officials from Ward 11, and representatives from the Minneapolis Police Department 3rd Precinct.

Refreshments will be available.

If you missed the Field and Regina get-together last December, there will be another one happening this summer.
FRNNG Awarded $10,000 Organics Recycling Grant

By Stearline Rucker, Program Director

Hennepin County has funded seven community groups in 2018 to engage their audiences in learning about and signing up for residential organics recycling programs. Field Regina Northrop Neighborhood Group (FRNNG) is very proud to be one of these grant recipients.

Currently our three neighborhoods have the following percentage of carts and recycling usage: 49% of Field residents, 39% of Regina residents, and both South and North Northrop residents are leading the neighborhood organic recycling at 53%.

Our organization’s goal is to increase each of the three neighborhoods’ organic recycling participation during this pilot project.

Representatives from FRNNG attended two days of intense training last fall to learn about organics recycling and how to motivate behavior change in our residents. We developed a project plan that includes information, resources, and activities provided during our training to engage our residents in a variety of ways including events, door-to-door outreach, and workshops along with identifying current block club leaders and organics block leaders.

In addition to our neighborhood receiving this grant, other participating neighborhood associations are: Cleveland Neighborhood Association, Kingfield Neighborhood, Linden Hills Power and Light, Lyndale Neighborhood, Northside Residents Redevelopment Council, and Recycling Association of Minnesota.

February
Our neighborhood kick-off will occur with an effort to recruit residents and block leaders to become organic recycling block leaders via social media and the neighborhood website.

March
We will facilitate composting café/block leaders back- and front-yard gatherings for training organic recycling.

April
McRae Park will host workshops/annual meeting/youth video/Earth Day clean-up at Minnehaha Creek, recycling tent/volunteers hands-on training.

May
Midterm projects update.

June
Annual neighborhood celebration. Youth bag testing facilitated by Greening Committee members.

July
Organic Recycling tent at Nokomis Farmers Market.

August
Organic Recycling tent at Nokomis Farmers Market.

September
Final project summary.

For more information about organics recycling, visit www.hennepin.us/environment

To sign up to be an organics-recycling block leader, attend workshops, or participate in the Earth Day clean-up, Nokomis Farmers Market, neighborhood celebration, or back- front-yard organics recycling party, visit the neighborhood website at frnng.org

Parks News

One source for news related to our nearby parks is from the newsletter of our re-elected District 5 Minneapolis Parks Commissioner Steffanie Musich.

Read about Minnehaha Parkway, Lake Nokomis, Hiawatha Golf Course, and other nearby parks and recreational spaces. You can subscribe, using this shortened web address: http://eepurl.com/QZ_9
Volunteer by Reading to Kids

By Monika Hetzler

Reading Partners is a national nonprofit dedicated to closing the achievement gap by helping elementary-school students from low-income communities boost their reading confidence and competence. We do so by collaborating with Title I schools and community volunteers to increase the amount of time and personnel available during the school day to deliver data-driven, one-on-one tutoring to students in grades K–5.

We are pleased to be launching the third year of Reading Partners in the Twin Cities for the 2017-18 school year, serving students in 13 Minneapolis and St. Paul schools. We are seeking to recruit 600+ volunteers.

Our volunteers follow a proven, structured curriculum to help students learn specific skills necessary to become proficient readers. It’s simple, and it works.

Monika Hetzler is the volunteer coordinator at AmeriCorps Reading Partners.

The duties of the president also include presiding over all FRNNG meetings and directing many aspects of the organization.

**Vice President**
Matt Steele will be stepping down after two years as vice president. Prior to his current role, Matt was the North Northrop rep. As vice president, Matt has done a lot of work as chair of the finance committee and is a constant advocate for the neighborhood. In addition, the vice president runs meetings in the president’s absence and takes over in the event the president is unable to continue their position.

**Business Committee**
Patricia Jones will be stepping down after two years on the board. Patricia has done a lot of organizing and has been central to better social media engagement and community involvement. The business committee chair acts as the focal point for our neighborhood’s active business community. In addition, the business chair is responsible for managing the Great Streets Program which is a grant program run by the City of Minneapolis to improve business facades.

**Parks Committee**
Maria Gilleece will be stepping down after two years as parks chair. The parks chair works with the McRae Park director to coordinate neighborhood involvement. The parks chair also assists with the annual neighborhood celebration that is held every year at McRae Park. Maria has written a wonderful piece on page 11 about the parks committee and volunteering.

**President**
Willie Bridges will be stepping down after four years as FRNNG president. Prior to his current role, Willie was vice president. Willie has spent many hours getting the organization’s financial books in shape, running our meetings, and working with the public on a variety of issues over the years. The president is the public face of the neighborhood and meets with representatives from the city and county about issues that affect the neighborhood.

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“Think Like a Thief” — Burglary-related Info

By Karen Notsch, Crime Prevention Specialist

As the interim crime prevention specialist (CPS) for Field Regina Northrop in the Minneapolis Police Department (MPD) 3rd Precinct, please contact me with questions that are related to crime prevention, forming a block club, or other crime- and safety-related issues.

Burglaries

Last fall, several neighborhoods, including Northrop, experienced an increase in burglary of homes and/or garages. This number dropped but is still a concern. With increased police presence and neighbors being alert, we hope that a stop can come to these crimes. If your home or garage is burglarized, be sure to call 911. If the burglary is in process, call 911 immediately and give 911 as much information as you can. Be prepared to describe the perpetrator(s) you see, a description of their vehicle, and any other pertinent information.

If you return home and discover your home or garage has been burglarized and you suspect someone may still be inside, please call 911 immediately. If you are a victim of a burglary, report it. This is the only way it can get into our system. When an officer responds, a case number will be assigned and a blue card with the case number and the officer’s badge will be on it.

Filing a report with the MPD

Having a report and case number related to the burglary are important for several reasons: You can follow any progress the MPD makes that is associated with apprehending the burglar or recovering your property.

The incident is part of the police record. This means that the incident is numerically part of the total number of crimes that are tracked by the MPD. When numbers of incidents increase, MPD identifies trends and assigns more resources toward correcting the trend.

Valuable information related to calling 911 is at this link: www.minneapolismn.gov/911/index.htm

What you can do

There are a number of simple, affordable things you can do to protect your property from being burglarized. Information about products that are suggested below is available online.

• Call 911

Call 911 to report a suspicious person or activity. You know who your neighbors are, and who their family, friends, and contractors are. When you notice someone you don’t recognize, and that person is paying attention to a neighbor’s property—or something about their behavior indicates that the may be there for the wrong reasons—call 911. Tell the operator “This is not an emergency.” Instead, tell the operator you are calling to report a suspicious person, or suspicious activity, or a sudden loud noise. Believe me, police officers would much rather check out a call like this than talk to a distraught resident after a burglar has broken into their home and stolen their possessions.

• Away for days

If you are away from home overnight or longer, ask a trusted neighbor to watch your home, pick up all deliveries, and shovel snow. Be sure your interior lights are on timers. Leave on a radio. Make your home seem occupied.

• Think like a thief

Burglars don’t want to be seen, heard, or caught. They break into homes that are dark; that look as though no one is home.

• Outdoor lighting

Some light-sensitive lights turn on at dusk and turn off at dawn. Motion-sensing lights turn on when they detect movement. Be sure the lamp has a protective cover, or is placed out of reach of a burglar or vandal.

• Indoor lighting

Put lights on timers that turn on at dusk and run until around 10:30 p.m. Leave timers on even when you are home. An attentive would-be burglar will not notice a change in your pattern when the lights are activated consistently.

• Video camera

Installing a video camera that records activity enables identification of suspicious people as well as vehicle descriptions and license plates. For information related to video cameras for this purpose, contact Marty Koessel, chair of the community and safety committee at communityandsafety@frnng.org.

• Out of sight

Leave nothing in your vehicle. Burglars break into cars for something as trivial as a pack of cigarettes. Leave nothing of value visible through your home or garage windows. Put your purse, phone, wallet, computer, backpack, bicycle, and other valuables out of sight.

• Record identity information

Record the make, model, and serial number of belongings that have that information. Take photos or a video of your valuables. Store these records in a safe place.

• Leaving home

As you head out your door—that you have locked!—turn around and wave. Would-be burglars who are “casing” a neighborhood will think someone is still home after you’ve left. Remember this: Lit and Locked. Make it a habit to leave lights lit, and lock all doors when you leave home, then wave “Goodbye.”

• Lock up

Lock all of your doors and windows—on your home, garage, and vehicle—even if you are in your home or yard. Do not make it easy for burglars to access your property.

Continued on page 5.
Partnership with Southside Family School

46th Street Gateway Fencing

By Tim Price, Co-chair, Greening Committee
FRNNG continues to identify community-based projects that add to the aesthetics, safety and security of the neighborhood. In the summer of 2015, Southside Family School (SFS), an elementary school chartered within the City of Minneapolis, approached FRNNG with a request regarding the empty property located at 46th Street and Clinton Avenue.

The Board of SFS, through the school leader, David Núñez, and the SFS parent group SCOPE (Southside Community Organization for Productive Engagement), presented a request to partner with FRNNG for fencing to encircle the property that would allow the lot to serve as a play area for their students. The land may also be made available for community use within reasonable guidelines.

The initial proposal came through the FRN Greening Committee and went to FRNNG at its September 20, 2017, board meeting. FRNNG approved a resolution to contribute funds to the SFS fencing effort in the amount of $4,350. These funds were used to upgrade the fence from a chain-link fence to a black-metal fence to improve the aesthetics and safety along the 46th Street corridor. The fence was installed in November 2017.

Neighborhood funds contributed to upgrading the former chain-link fence on the corner of 46th Street and Clinton Avenue to this more secure and attractive black metal fence.

Burglary, continued from page 4

• Security system

Check your homeowner’s insurance policy. You may actually save money by having a security system installed.

By watching for and reporting suspicious activity, by making your property appear to be constantly occupied, and by being connected with neighbors and with the 3rd Precinct, you can greatly reduce the opportunities for burglars to take advantage of you and your property. More crime prevention resources from the MPD are at this link www.ci.minneapolis.mn.us/police/crimeprevention/index.htm

Contact me

Please contact me with any questions or to form a block club. Knowing your neighbors well enough to look out for them and their property, and to work with them and the MPD to prevent and address crime, is among the most powerful tools we have.

Karen Notsch, CPS, sectors 2 & 3, Karen.Notsch@minneapolismn.gov, 612-673-2856

Sue Filbin contributed to this article.
“Moving Forward” is our Theme for 2018

By Terry Mazig, Chair, Education Committee

As we engage in “Moving Forward,” we are guided by the reflections and actions coming from the community. We spent the December and January education committee meetings getting grounded after the successful 45th-Anniversary celebration of the partnership of Hale and Field Schools.

The event was the beginning of our journey of equity and inclusion in education, housing and in our neighborhood. We learned a lot of south Minneapolis history from the Field AVID (Advancement Via Individual Determination) students’ presentation boards displayed at the event. It matters what we do with that knowledge going forward.

The two edited “reflections” on page 7 were written by participants in the recognition program of the 45th Anniversary celebrating the pairing of Hale Elementary School and Field Community School. The event took place at Field School on Thursday, November 9, 2017.

Listen to the Wisdom of Our Children

By Heather Walker, Field AVID Teacher

It was such an honor to work with AVID students on their neighborhood history boards. Students listened intently when former Hale/Field pairing student Heidi Adelsman shared the history she both lived and researched. I was amazed at all the topics students generated as possible board topics after the presentation.

Many of the topics students chose were not easy to find information on, but students persevered and really showed what is possible when we believe in them. Community members also volunteered in the classroom, illustrating the importance of partnering with our neighborhood for the benefit of our students.

As a teacher of a program designed to close the “achievement gap” (opportunity gap), a parent with her youngest child still at Field, and a neighbor, whose block still reflects amazing diversity—but is at risk for changing—I think we are at a pinnacle moment. Our schools no longer reflect the diversity of blocks like mine. Our students no longer benefit from as rich a learning environment as when we were more racially and economically diverse, as when we had more teachers that reflected our diverse populations, had curriculum that was purposely culturally aware and when we were able to purposely hire parents and community members as aides in our classrooms.

If we want to decrease the pressures on students to conform, we need to teach students and community the value of diversity. Integration isn’t just good for students of color; it benefits all students! My students read an article from The Atlantic last year that explained that when we are in diverse settings, we don’t expect people to think the same things, so we work harder to understand others as well as working harder to explain our own ideas. Diversity of all kinds leads to better, more creative outcomes! In my experience, it also leads to a more empathetic and welcoming climate. Let’s get it right and listen to the wisdom of our children.

“We must know our past, if we want a better future!”
Reflections From Two Panel Members

Cindy Booker, Executive Director of Sabathani Community Center
I am a graduate of Hale, Field, Anthony, and Washburn schools. My home was located in the Field neighborhood. I began taking the bus to Hale Elementary School in 1971. The pairing of Hale and Fields schools allowed me to have daily interactions with children my own age. I learned about different cultures, religions, and politics. The exposure allowed me to understand change and building my confidence. I was motivated and excited to attend school because I was learning outside the classroom with my peers. (Everyone had something to learn.)

Zamara Cuyún, Facilitator and Workshop Consultant
It was a WONDERFUL thing to be able to honor the accomplishments of our elders! My message going forward is: In order to keep moving forward, it’s going to take some courageous leaders from the community—just like it did 45 years ago. We have lost ground. While the city has become browner and more diverse, the schools (Hale/Field) and surrounding neighborhood have become less diverse—whiter and more affluent.

Today, integration is not enough. Being “welcoming” of diversity is not enough. It may be true that any student—regardless of race, gender, religion, etc.—can walk through the doors of Hale/Field and receive a high-quality education (as long as they can afford to live in the neighborhood). But unless those students belong to mainstream society and culture (in Minnesota, “mainstream” means “white”), they will have to leave parts of themselves behind. This is unacceptable. We need to expect more from our schools, our community, and ourselves. Every child deserves to be able to take their “WHOLE SELF” to school EVERY SINGLE DAY.

How to create an equitable and inclusive school environment for all children? We must realize that we are all trapped within a system of disparities, but that we can dismantle systems. Re-desegregate neighborhoods and schools—but FOR REAL this time. Make sure ALL schools have the resources they need to support their students. Diversify teaching staff. Teacher demographics should reflect the demographics of the student body.

Decolonize the mainstream curriculum in our schools. The “mainstream/white lens” is not the only valuable perspective. Why should our students of color/indigenous students have to learn their history, literature, mathematical, and scientific discoveries at home (if they’re lucky) and NEVER in the schools they attend?

We can choose to ignore this problem and hope it will go away. Or, we can accept this challenge as an opportunity—an opportunity to be BETTER TOGETHER.

Correction: One of our generous sponsors for the Hale/Field Celebration should have been listed as Dave & Catherine Dooley. We regret the error.
I couldn’t be more honored to introduce myself here as your new City Council Member for Ward 11.

I’m proud to represent our vibrant community at city hall, and look forward to fighting for you—and with you—to make life better for working families, lift up our local businesses and ensure Minneapolis will be a great place to call home for generations to come. I committed during my campaign to building a future guided by shared prosperity and equitable opportunities, and I will stay accountable to those essential objectives throughout this term.

My work will focus on a broad spectrum of issues—from housing to sustainability to local business—and it will always come back to what’s best for Ward 11. This community is my home and yours, and it’s my top priority.

I sit on a number of specific, issues-based committees. I’m excited about these appointments, which will enable me to get things done for our community—from strengthening our housing and sustainability initiatives, to tackling groundwater issues and airport noise.

As chair of the Zoning & Planning Committee, I have a front-row seat as we roll out a new comprehensive plan—the 20-year vision for growth and development across Minneapolis. Many of you have offered your input on the Minneapolis 2040 Plan already, and I look forward to sharing details in the coming months.

In addition, I sit on the Housing Policy & Development; Intergovernmental Relations; Health, Environment, Civil Rights & Engagement; and Audit committees. Each role provides a real opportunity to think creatively about real, lasting policy solutions that enable all Ward 11 residents to thrive. I will continue to be a strong advocate for transparency throughout this process, and invite you to contact me along the way to share your concerns and ambitions for our community.

I’d also like to highlight my seat on the Clean Energy Partnership board. We’re hard at work to help both the city and its residents capture the cost savings and health benefits that come with clean-energy technologies. This exciting work is all about increasing awareness, boosting accountability to our existing climate goals and reducing cost burdens. I’m focused on all three.

I’ve met many of you through neighborhood groups, on the campaign trail and out in the community. If we haven’t crossed paths yet, I hope we will soon. You’re all invited to join me on Tuesday, March 27, from 6:30 p.m. to 8 p.m. at Wild Mind Artisan Ales (6031 Pillsbury Ave. S.) for a Community Conversation, the next in a series of events where we get together and chat about what matters to you and what’s in the works at city hall.

Beyond that, find me on Facebook (@CMJeremySchroeder) and Twitter (@jeremyschroeder) You can learn about community events in those places, too. Plus, you’re always welcome to email me at Jeremy.Schroeder@minneapolismn.gov or give me a call at (612) 673-2211.

You deserve an accessible and responsive City Council Member. My office is the place to bring your concerns, questions and ideas. I believe that our community’s success depends on all of us, working together, to address problems, shape meaningful solutions and dream big. Let’s do this!

Thanks from Council Member Glidden

Thank you for sharing your great ideas with me and pushing for progressive policy change during my 12 years serving as your Ward 8 Council Member. I’ve loved getting to know amazing neighbors, creative business owners, and dedicated city staff; thank you for letting me learn from you and celebrate the neighborhoods.

In the last four years, Minneapolis residents have called for transformative policy. I’ve been proud to author ground-breaking ordinances like safe and sick time and a $15 city minimum wage, fight for clean energy and criminal justice reform, and work with neighbors to tell our city’s history of race and racism.

I want to give special thanks to 48th and Chicago business owner Harvey McLain and the staff of Turtle Bread Company. I presented Harvey and Turtle Bread with an Award of Recognition “For providing space and hospitality for the Ward 8 residents attending the monthly public event ‘Early Mornings with Elizabeth’ for twelve years. We thank you and your amazing staff for tremendous generosity and outstanding service...providing a venue for discussion of city policy and programs that impact us all. Thank you for your leadership on behalf of small independent businesses and your caring partnership with community.”

Thank you again, as I welcome, with you, the new leadership of Council Member Andrea Jenkins. Onward! ✨
By EJ Tso

What is the name of your business?
The Simple Omnivore

What is the significance of or history behind the name?
We think diets for dogs and cats should be simple: start with whole meat and leave out preservatives.

What are the names of the business owners/operators?
EJ and Jen Tso

When did you start your business?
We launched the website in August 2016.

What is the nature of your business? Product(s), service(s), etc.?
We make all-natural dog food and dog treats. Our food is handmade in small batches in south Minneapolis and then delivered to your door.

What is the inspiration behind your business?
Why are you passionate about your business?
I (EJ) am passionate not only about the business but also about animals. I serve on the board of directors for the Animal Humane Society and for Now Boarding (a pet boarding facility) and I see first-hand the importance of health and wellness in an animal’s life.

Who are the clients your business serves?
We serve dog owners who want to learn more about all-natural, whole-foods diets. Our food and treats also benefit pets with food intolerances and allergies that are often caused by preservatives and fillers. An important distinction is that a natural diet doesn’t always mean organic and it doesn’t always mean raw. A natural diet is one that’s comprised of food and ingredients that are closer to what wild animals eat and less like bagged dry kibble.

What are the goals and aspirations of your business?
My goal is to create awareness of the benefits of a more natural diet for your pets. Feeding bagged kibble is the equivalent of taking your kids to McDonald’s for all of their meals: It’s cheaper than home cooked, it’s less expensive than home cooked, and it tastes really good. But just because kibble is easy to store and serve doesn’t mean it’s good for your pet’s health.

If your business is established, what have reviewers said about it? What is the reputation of your business?
We’re relatively new and our four-legged customer base is continually growing.

How do you describe the price range for your products/services?
We’re a little more expensive than bagged kibble due to the quality of our ingredients.

What are the overall advantages, to the business owner and neighborhood, of having a home-based business?
We love being in south Minneapolis, and our commercial kitchen and our warehouse are within several miles of home.

What qualities in our neighborhood, if any, are beneficial for having a home-based business?
South Minneapolis is a dog-loving community, and you can see it in how often neighbors walk their dogs along the parkway, down by the falls, and around the lakes.

What are some of the challenges of having a home-based business?
I enjoy the structure and routine of an office environment, but I also love the autonomy and flexibility of owning a small business.

How do you stay current within your industry and with overall business practices?
I engage my colleagues at the Humane Society and I keep updated with industry news. We’ve also worked with an animal nutritionist for our formulations.

What suggestions do you have, if any, that would make our neighborhood more conducive to the success of home-based businesses?
Our neighborhood is very conducive for home-based businesses.

What other information would you like people to know that hasn’t been covered through the questions above (or during our conversation)?
Whether you buy our food, buy someone else’s natural food, or cook your pet’s meals at home, we support a whole-foods, all-natural diet, and we’ll gladly help anyone who would like to feed their pet better.

How can readers find you and get more information?
Web: www.TheSimpleOmnivore.com
Email: info@thesimpleomnivore.com
Instagram: @thesimpleomnivore
Facebook: The Simple Omnivore

If you own and operate a home-based business that is located within our neighborhood boundaries (see the map on page 11), we invite you to submit an article about your business. Refer to the Word document on our website frng.org
We reserve the right to edit all articles.
Rachel Greenhouse Agency returns to FRN

By Rachel Greenhouse

After having an office south of the parkway, the Rachel Greenhouse Agency has returned to our neighborhood to establish a permanent headquarters in a bright new space on 48th Street and 4th Avenue. With a total of 3,800 square feet now available for staff, clients and for event rental space, the agency is poised to serve even more businesses in the years to come.

The growing business moved into the new space, which formerly housed the Patina corporate offices, in December to accommodate the talented group of 14 team members with expertise in WordPress website development and design, copywriting and editing, graphic design, marketing strategy, PR and social media. It’s a big move—especially considering that until 2014, Greenhouse worked as a solo consultant from her home near Pearl Park.

In early 2014, Greenhouse relocated to an office in the Parkway Office Building at 48th Street and Chicago Avenue to continue to develop marketing and strategic consulting services. In this role, she worked with clients to create brands, websites, marketing collateral and strategy of all kinds. She moved again in 2016 to a storefront at 52nd and Bloomington before settling in the current space.

Greenhouse derives joy from the fact that her office is located less than a mile from her home and from Justice Page Middle School and Washburn High School, where her two sons have gone to school.

Everyone at RGA loves being nestled into one of those “uniquely Minneapolis” commercial corners within a largely residential neighborhood. The setting is quiet and green, yet central and accessible. The landlord, Harvey McLain, is a major reason why Rachel felt so comfortable committing to a five-year lease. A strong supporter of small business, McLain (owner of Turtle Bread Company and other enterprises), is also known for beautifully restoring vintage buildings like this one. RGA is grateful for such a stunning setting to share with their clients and the neighborhood in the years ahead.

The agency has many plans for the multi-use space, including working with clients and the community to host workshops and classes, team building, networking, education, shopping, photography, art openings, celebrations, product/business launches, book signings, performances, focus groups, client recognition, off-site retreats, and co-working.

RGA plans to host an open house in May when they can open the doors wide and invite the warm air and sunshine into their bright, sunny rooms. In the meantime, please feel free to reach out via their website. More details, photos and a downloadable brochure are available here: www.rachelgreenhouse.com/space

Editor’s note: FRNNG has contracted with the Rachel Greenhouse Agency to help manage our social media accounts since summer of 2017. We are happy they are now part of the neighborhood.

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Volunteer Your Time to a Great Cause—Our Neighborhood!

By Maria Gilleece, Chair, Parks Committee
If you are looking for a simple-but-rewarding way to volunteer, look no further than your neighborhood. The Field Regina Northrop Neighborhood Group will have an opening on its board this summer.

I’ve had the honor of serving on the FRNNG board for the past two years as Parks Committee chair. I enjoyed my time on the board and while sad to leave this role, I am thrilled at the thought that another neighbor can take on this great cause.

The Parks Committee
The goal of the Parks Committee is to create an inviting and appealing atmosphere at McRae Recreation Center that encourages use and promotes a park-centered sense of community in the Field Regina Northrop neighborhood. I have seen this goal in action from the day 10 years ago when I first enrolled my oldest into the McRae soccer program. Since then, we have enjoyed the playground, splashed in the pool, played soccer, hit baseballs, ice skated, and yes, even our dog is a fan of McRae Park.

As the Parks Committee chair, you will work closely with McRae’s Park Director (Heather) and attend monthly board and committee meetings. You will also help plan the annual neighborhood celebration which is a wonderful event to celebrate with your neighbors. It is minimal commitment with maximum reward.

If you are interested in learning more about the role, have ideas to share, or want to join our committee, contact me at parks@frnng.org.

For your health
Volunteer work is important for your health. The Corporation for National and Community Service says that volunteering improves psychological and physical health. Volunteers reap the benefits of feeling a personal sense of accomplishment while building social networks that, in turn, support them in times of stress.

www.livestrong.com/article/190888-why-is-it-important-to-do-volunteer-work

CC: Create Content
Please send photos, stories, and ideas from and about our neighborhood to share on our website and social media platforms. Send content to: communications@frnng.org