Development at Bergan’s Site

By Chris Schommer, President, FRNNG

On May 8th, the Standish-Ericsson Neighborhood Association (SENA) and FRNNG co-sponsored the first public meeting about the future of the Bergan’s SuperValu location on Cedar Avenue. Present were the developer, council members, and representatives from Lunds & Byerlys who announced that they are intending to be the grocery tenant in the new building. The current owners of Bergan’s also included a message thanking the neighborhood for 30 years of patronage and announcing their retirement and closing of the current store this fall.

The developers presented their initial plan for the site which includes the grocery store on the first level, private parking on the second level, and three levels of apartments above that. Following the presentation, neighbors asked questions and expressed their concerns and hopes for the site. Ward 12 council member, Andrew Johnson, explained that the site did not qualify for low-income housing subsidies based on current law since it is too small, but that the city council is working on new regulations that would allow more affordable housing in every new construction. Another concern was traffic flow. The private traffic study hired to examine the area said the new development would create a minimal impact; the Minneapolis public works department will examine the impact during later review.

This project will go through more public review before the planning commission, where official public commentary will be accepted. If approved, construction is expected to begin in the winter of 2019 and be completed in the spring of 2021.

Popular South Minneapolis Bicycle Race Returns Sunday, July 21

Southside Sprint Bike Race Celebrates 9 Years

By Jason Lardy, Northrop neighbor and race co-founder

The 2019 Southside Sprint bike race returns to its popular south Minneapolis course July 21. With thrilling finishes on Chicago Avenue and neighborhood fan parties throughout the course, the annual Southside Sprint brings exhilarating bike racing back to the streets of the Field Regina Northrop neighborhood.

The 2019 event will once again crown the Minnesota State Criterium Champions.

The Southside Sprint is the most popular sanctioned amateur road race in Minnesota. The race has been

Continued on page 2

Designing Minnehaha Parkway’s Future, Part 2

By Frank Burton, Member, Park Board Community Advisory Committee for Ward 8

“Draft 2” of the Minnehaha Parkway Regional Trail Master Plan was released online on May 30. Draft 2’s “preferred concepts,” apart from expanding Lynnhurst Park and envisioning a new playground beneath the Nicollet Avenue bridge (“Nicollet Hollow”), emphasized enhancing the Parkway’s natural amenities rather than crowding extensive playground amenities into narrow Parkway cross-sections.

These concepts thus sought to increase Minnehaha Creek’s flood-prevention capacity (water-holding and erosion-resistance), water quality, wildlife, observation areas, creek portages, fishing, and separate pedestrian/hiking and bike trails, while seeking to impede extended crosstown commuter traffic down the full length of the Parkway, and such traffic’s ensuing risks.

The safety of our Parkway’s trees, wildlife, residents, and users was thus prioritized in Draft 2: Most if not all homes along the Parkway were to continue to keep their front roads – although access to and from some of them would become more convoluted due to redesigning segments of the Parkway and its intersecting north-south major corridors to impede long-distance

Continued on page 2
Part 2, continued from page 1
Parkway commuting (for example, by installing medians at Lyndale, Nicollet, and Portland Avenues to impede those trying to cross the intersections from 1-way Parkways or Parkway frontage roads).

In the “bunny area,” Draft 2 sought to ensure the safety of creekside residents and trees by retaining the narrow frontage roads rather than removing them or converting them into main parkways. Nor were the north frontage roads redesigned as slow-motion walk/car-ways (“woonerfs”). Instead they were re-designated as opposed one-ways, to stop their use for dangerous traffic-jam veering and crosstown commuting.

Frontage-roaders reviewing Draft 2 planned to later recommend that future drafts of the master plan also delete Draft 2’s Portland medians as unneeded to impede crosstown commuting along the frontage roads. Three preventative conditions are already in place: the north frontage roads’ designation as opposed one-ways, the south frontage roads’ unique termination at Portland and East 51st St, and the main Parkway’s faster commute for left- and right-turning Portland traffic. Proposed turn-prohibiting medians would impede residential, delivery, and emergency vehicle access to the frontage-road homes.

Ideas to decongest left-turn-impacted main intersections like Portland x Parkway or Cedar x Parkway (e.g., 4-way left-turn-straight signals) weren’t specifically envisioned in Draft 2. Moreover, a small number of Draft 2’s envisioned sites for Parkway grills and/or picnic tables were sited very close to homes (including at the Bunny), creating potential air and noise pollution concerns for those homes’ residents.

Follow the Minnehaha Parkway Regional Trail Master Plan at this website: www.minneapolisparks.org/park_care_improvements/park_projects/current_projects/minnehaha_parkway_regional_trail_master_plan/470

Southside Sprint Bike Race Celebrates 9 Years July 21, continued from page 1
named the Minnesota State Championship for the fifth-consecutive year. The high stakes will bring riders and fans from across Minnesota to our neighborhood.

Championship-Caliber Racing for Everyone
The most popular event of the Southside Sprint schedule is the Family Dental Clinic Dash – the Kids Fun Race. This free event for kids 4-12 gives little racers a chance to show off in front of family, friends and neighbors. It’s just one of the opportunities the Southside Sprint provides for racers of all levels. New riders appreciate the Beginner Racing Clinic offered before racing starts as well as the dedicated beginner races that put coaches into the race alongside racers.

The event also showcases top Minnesota talent each year, including locally-based professionals, World Masters and U.S. National Champions.

Family Fun
Outside the fences, the Southside Sprint offers entertainment for everyone. The Family Fun Zone includes free kids’ art activities and fitness and lifestyle exhibits from sponsors. The Fun Zone will also include an Athletes’ Village on 48th Street where teams will gather to warm up, cool down and interact with fans.

All of these activities bring new visitors to the neighborhood each year. Many racers live in the Twin Cities suburbs, greater Minnesota and neighboring states. St. Paul racer Loren Willis noted, “I came back in the evening for a burger at Town Hall Tap and a scoop at Pumphouse Creamery. None of that would have happened without the Southside Sprint.”

Racing begins July 21 at 8 a.m. and concludes with the final State Championship awards ceremony at 4 p.m. Race details can be found at www.bigwatersclassic.com

Close to Home
Close to Home is the official publication of the Field Regina Northrop Neighborhood Group (FRNNG) and is published six times per year by the FRNNG Communications Committee.

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Close to Home, newsletter for the Field Regina Northrop Neighborhood Group  •  frnng.org  •  July/August 2019
Hello Everyone,

I hope everyone is enjoying their summer in the neighborhood. There is so much to do every summer and it is great to see people using our parks, eating outside, and just going for walks. National Night Out this year is on Tuesday, August 6. Sign up by July 23 to get your street blocked off for free at www.ci.minneapolis.mn.us/nno or call 311 for more information. Also, put August 21 on your calendar for “Mary Poppins Returns” at McRae Park as part of the Minneapolis Movies in the Parks program. Sit outside after dark and watch on a big screen! Check out www.minneapolisparks.org for a list of music and movies all over the city all summer long.

I want to welcome our new board members who were elected at our annual meeting and thank those members who are rotating off the board. Second vice president, Barbara Harris, has been involved with FRNNG for many years and is leaving the board after the position of second vice president was sunsetted from our bylaws in 2018. Secretary Emily Poskie-Wilson is leaving after serving her maximum three terms, business committee co-chairs Patricia Jones and Arpad Nagy are leaving after one term, greening committee co-chair Lauren Anderson is leaving after two terms (Tim Price remains as chair), and Field neighborhood rep Mark Perrier is stepping down after two terms. Thank you to everyone for all their time and dedication to the neighborhood!

Welcome new board members Deborah Spiez, Field neighborhood representative, and Sherry Taplin, parks chair. We are still looking for volunteers to fill leadership roles for our business committee and education committee, and as board secretary. Please contact the office at frnng@frnng.org or call (612) 721-5424 for more information.

See you around the neighborhood,
Chris Schommer
Greetings, Field Regina
Northrop Neighbors!

I hope your summer has gotten off to a great start. It’s been another busy year so far at City Hall, and I’ve got several updates to share.

Regenerative Urban Agriculture
A healthy urban landscape beautifies our neighborhoods and makes our community more resilient. That’s why I brought forward a resolution that supports more expansive work by City staff to support regenerative urban agriculture – practices that improve our ecosystem as well as water quality and stormwater management – and the use of biochar, an additive that allows soil to hold more carbon. This will benefit community gardens and strengthen local food systems. These strategies add a new dimension to Minneapolis’ ongoing efforts to fight climate change, ensuring our land is sustainably and responsibly managed.

Transportation Action Plan/Vision Zero
After wrapping up initial community engagement early this year, Public Works staff is continuing their work on the Transportation Action Plan, which sets a high-level vision for getting around in Minneapolis, and will inform policy and investment decisions going forward. No matter how you prefer to travel in our community, this plan will have an impact.

Learn more and see how you can engage at go.minneapolismn.gov

The Vision Zero Action Plan is a separate but related initiative aimed at eliminating deaths and serious injuries on our streets. Informed by data and community feedback, this document will set a multi-year framework for achieving safer roadways for all users – a key priority of mine, and one many of you share. Get more information and see how you can get involved by visiting visionzerompls.com

National Night Out
Neighbors across Minneapolis will come together on Tuesday, August 6, for National Night Out, an annual event that encourages folks to get outside and get to know each other. Last year, more than 1,600 block parties and other events were held in Minneapolis to celebrate. Save the date for this year’s celebration, and check out minneapolismn.gov/nno to find a block party near you or see how to register your event.

Go Solar with your Neighbors
Thinking about rooftop solar panels on your home or business? By acting now, you could save on upfront costs. Solar Twin Cities is back this year to offer Minneapolis property owners an opportunity to come together and pool their buying power to get a better deal. Thinking of it as a bulk purchase program, but for a long-term improvement that reduces your carbon footprint. In addition to the group purchase discount, you may be eligible for additional incentives. Learn more at growsolar.org/solar-twin-cities-2-0/ for details.

Supporting Affordable Housing
With the passage of the Minneapolis 2040 plan, I promised I would ensure the City holds developers accountable to creating affordable housing. That’s why I’m working on a permanent inclusionary zoning ordinance, which will require affordable units in qualifying new development projects. This policy is under development now, and follows an interim inclusionary zoning rule that passed last December. I will provide updates through the rest of this year as our work progresses. I’ve heard loud and clear that housing affordability is a key issue, and I’ll continue doing what I can to ensure Minneapolis is a place where everyone can thrive.

Resources for Seniors
Are you a senior with questions about healthcare, housing, or other issues? The Senior LinkAge Line is a free service that connects seniors to and their families with the help they need. Get access to resources and guidance by calling 1-800-333-2433 between 8 a.m. and 4:30 p.m., Monday through Friday.

The Field, Regina, and Northrop neighborhoods are also served by Nokomis Healthy Seniors, which provides services and social activities. From community clinics and Lunch & a Movie events to transportation assistance and exercise classes, Nokomis Healthy Seniors has an array of offerings designed to help seniors stay healthy, comfortable, and independent. This group also offers support groups for caregivers. Learn more at nokomishealthyseniors.org or by calling 612-729-5499.

Keep in Touch!
Finally, please feel free to contact me anytime with questions, ideas, or concerns. Email me at jeremy.schroeder@minneapolismn.gov or call my office at 612-673-2211.

Looking forward to staying in touch!
—Jeremy

I will continue to provide updates through the rest of the year as our work progresses.

Close to Home, newsletter for the Field Regina Northrop Neighborhood Group • frnng.org • July/August 2019
What’s Up with the Community & Safety Committee?

By Marty Koessel, Chair, Community and Safety Committee

The Community and Safety Committee exists to help our FRNNG neighbors stay enjoyably and safely engaged in our community. If there’s a bump in a specific type of crime, we’ll let you know about that, and the committee had a big hand in the installation of a security camera at 43rd Street and 4th Avenue that will be monitored by the Minneapolis Police Department. However, our main purpose is not to make you feel it’s best to stay hunkered nervously at home.

So, your Community and Safety Committee is behind neighborhood clean-up days and accompanying BBQs, since they are occasions to be out on our streets with your neighbors. We were also a prime motivator of last fall’s adopt-a-tree planting along 42nd Street at the McKnight Early Childhood Family Development Center.

Why? Because it made walking that block much more pleasant and, perhaps, as the Center’s Head Start kids grow up with an appreciation of helping things grow. In this light, we’ve begun to discuss the possibility of cooperating with the FRNNG Greening Committee to establish a community garden, most likely in the Regina Neighborhood. Interested? Please contact me: communityandsafety@frnng.org

We’ve also been working with the park board to push for the installation of a gaga pit during the reconstruction of the playground at McRae Park. Gaga ball is a wonderful activity for a wide range of ages. Check out the gaga pit at Kenny Park at 57th and Girard Avenue South.

Another key to encouraging our neighbors to walk our streets is traffic and pedestrian safety. We’ve providing input on the Minnehaha Creek Master Plan, with an eye to ensuring improvements to traffic and pedestrian designs in the areas near the Parkway’s intersections with Portland, Park, and Cedar Avenues. We’re working, too, to push for easier pedestrian crossings of Cedar between the Parkway and 47th Street in conjunction with the planned redevelopment of the Bergan’s SuperValu site.

The Community and Safety Committee meets at Lake Nokomis Presbyterian Church between 6 and 6:30 p.m., right before the FRNNG’s board meeting on the third Wednesday of most months. We invite you to attend and share your ideas and thoughts with your neighbors and with me, the committee chair, who like you loves to be out and about in our neighborhood. Then, if you’d like, feel free to attend the following board meeting where you can learn more about what FRNNG is up to.

Celebrate National Night Out Tuesday, August 6

By Jennifer Neale, Crime Prevention Specialist, Sector 3

Block club leaders connect neighbors to each other. The act of communicating with someone helps them feel included. And by feeling included, neighbors become interested in each other; they take notice of suspicious activity and report it.

National Night Out (NNO) occurs on Tuesday, August 6, this year. It’s the ideal time to connect with your neighbors. If your block has a block club leader, offer to help that person host a block party. If your block doesn’t have a block club leader, contact me. If you register your block party by July 23, you can block off your street for free. My goal, and the goal of the Minneapolis Police Department (MPD), is for every block to be “covered” by a block club leader. For more information: www.ci.minneapolis.mn.us/nno/
Bicycles

Bikes and Pieces

By Jason Flaig, Communications Committee
Growing up in south Minneapolis, Mike Kmiecik and his buddies used to ride their bikes to Chicago Lake Liquors when they were kids to get free suckers. Now, in his shop Bikes and Pieces on 48th and Chicago, he offers free suckers to kids who come in – but only if they promise that they always wear helmets when they ride.

A decade ago, Kmiecik left a 20-year corporate career to open what he calls a “pie-in-the-sky, mom-and-pop” store that sells and repairs all sorts of bikes, along with an art gallery and gifts with a biking theme.

“I was done, burned out,” he says. “I was totally ready for a complete career change.”

Kmiecik has been biking his entire life so opening a bike shop was a natural fit for him. Having lived in the neighborhood for 20 years and having owned a business two blocks from his home for half that time, he says life is good.

“I love being here on the corner,” he says. “I treat everyone who comes in like my neighbor because honestly, a lot of times they are one of my neighbors.”

Bikes and Pieces offers new life to bikes that are in rough shape. Kmiecik estimates that he can recycle 90% or better of each bike that comes into his shop. And many of the bikes that come in get repaired and sold to another rider.

“I sell a lot of kid bikes. Those kids become bigger kids, junior high kids, high school kids who will keep needing bikes,” he says. “And I sell bikes to their parents, too. That’s my pipeline.”

In addition to running Bikes and Pieces, Kmiecik has been the president of the South Chicago Avenue Business Alliance (SCABA) for nearly 10 years. He said the neighborhood has seen a “huge change for the better” over the years but he would like to see more diversity on the 48th and Chicago business corner. “We could really use that here,” he said.

Pedego Twin Cities

By Carrie Shidla, Communications Committee, and Ann Paulson
Craig and Ann Paulson, owners of Pedego Twin Cities, note that the landscape of electric bikes has completely changed since opening their business on 48th and Chicago three years ago. No longer is the electric bike a novelty; it’s common! And more people than ever are commuting by bike to work, some with the help of electric bikes. Electric bikes are also getting people back on the bike path who haven’t been riding in years.

While daily rentals are a consistent offering, Pedego Twin Cities now works with HR departments to provide outings for employees. “It’s not uncommon for us to drop in at a local business with 18 Pedegos and begin a bike tour for employees. By working with a restaurant, riders can enjoy a meal after their tour,” said Paulson. Read more about Pedego in the January/February 2017 issue of Close to Home at this link on our website: frnng.org/close-to-home/  

4804 Chicago Avenue, 612-827-5000, pedegolectricbikes.com/dealers/twin-cities

Nokomis Cycle

By Sue Filbin
Dwight Gronlund’s Nokomis Cycle celebrates its 25th anniversary this year at the intersection of 46th Street and Bloomington Avenue.

Owner and certified bike mechanic, Dwight Gronlund, established his shop on 46th and Bloomington where he also met his wife. Dwight appreciates the expanding biking opportunities in his adopted city of Minneapolis, and the variety of bike styles that suit every bicyclist’s needs – from commuting, competing, or leisurely riding. Read more about Nokomis Cycle in the March/April 2016 issue of Close to Home at this link on our website: frnng.org/close-to-home/  

4553 Bloomington Avenue, 612-721-2959, nokomiscycle.com

For the past three years, Pedego Twin Cities has been selling, renting, and servicing electric bicycles from their shop.  

Provided
Health and Wellness

HealthPartners Nokomis Clinic
By Christian Fritzberg, Communications Committee
Do you have an unexpected ailment? Look no further for care for it than our local HealthPartners Nokomis Clinic. Open since the fall of 2012, the clinic is conveniently located at 4730 Chicago Avenue.

Our HealthPartners Clinic offers a variety of services from primary care to treat those unexpected ailments and to get your annual physical to chiropractic care to treat back pain and muscle stiffness. Care is provided for the whole family, from birth through senior services. The clinic also offers urgent care which is open weekday evenings and also on weekends. The clinic accepts many health plans in addition to HealthPartners Insurance.

Family Dental Clinic
By Adam Webster, Communications Committee, and Dr. Julie Clouse
Family Dental Clinic has deep roots in this neighborhood. More than half of our patients are “lifers,” having come here as kids and continuing to as adults, even when they have to travel big distances to do so. There’s a clear sense of community in our neighborhood, and it’s an honor to get to practice dentistry in a small, women-run personal practice like this.

We take pride in our current procedures and equipment to enhance our approach to teeth cleanings, fillings, crowns and bridges, cosmetic dentistry, oral surgery and root canals, tooth extractions, and early dental care for children starting at age one. Read more about Family Dental Clinic in the September/October 2017 issue of Close to Home at this link on our website: frnng.org/close-to-home/  
4454 Chicago Avenue, 612-823-6262
familydentalclinic-mpls.com

Southside Community Health Services (SCHS)
By David Fronsoe, 1st Vice President
The dental and vision clinics of SCHS are located in the Regina neighborhood. Dental hours of operation now include the 2nd Saturday each month for children, and same-day, walk-in/emergency appointments are possible every day.

With staff whose backgrounds and languages represent 14 different nations, SCHS is able to offer quality services to the 70% of their clients who prefer clinic visits other than in English. SCHS serves anyone “regardless of their ability to pay.” SCHS is one of the only clinics on the south side that will accept Medicaid.

Read more about SCHS in the July/August 2018 issue of Close to Home at this link on our website: frnng.org/close-to-home/  
4243-4th Avenue South, 612-827-7181
southsidechs.org

Pathfinder Care Management
By Marlene Panek, Operations Manager
Since 2002, Pathfinder Care Management has been recognized as a leader in providing individualized support and guidance for older adults. Our care managers (RNs or LSWs) can assist with long-term planning, medical advocacy, health-care coordination, research into and arrangement of community resources, housing options, home safety, and family/caregiver support. Our services are tailored to each client’s specific needs whether it is for a short-term project or a more on-going relationship. Pathfinder assures objectivity and we are available 24/7 for emergencies.

Our company is privately owned by Kathleen Dempsey, RN, and consists of seven staff who provide advocacy and support to older adults in different housing situations from their own homes to assisted livings/memory cares, to hospitals, nursing homes, etc.

4826 Chicago Avenue, Suite 205, 612-729-9096, pathfindergcm.com

Mark D. McClun, Chiropractor
4649 Bloomington Avenue

About Features
By selecting featured themes for articles about neighborhood businesses, we’re attempting to highlight the diverse, established businesses in our area.

On pages 9 and 10 are listings of more businesses that are engaged in the themes featured in this issue of Close to Home.

Please write to editor@gmail.com to comment, send corrected information, inform us about an overlooked business, or to let us know of your willingness to join the communications committee as a volunteer writer, editor, or photographer. Thank you!
Feature: Beauty, Health and Wellness, and Family and Personal Services

**Beauty — Storefronts**
- The Beauty Room
  4300 Chicago Avenue
- The Braid Factory
  4600 Chicago Avenue
- D.A.R.E.—Darling Amalgamated Retail Emporium
  4549 Bloomington Avenue
- Devine Hair Design
  4305-4th Avenue South
- Don’s Hairstyling
  4601 Bloomington Avenue
- Eddie’s Barbershop
  4301-4th Avenue South
- Hairizon
  4211 Bloomington
- Permanent Makeup Arts
  4204 Cedar Avenue
- Nail-ish Spa
  4706 Cedar Avenue
- Rue48 Salon
  4753 Chicago Avenue
- Salon 45
  4551 Bloomington Avenue
- Spa Sweet
  4747 Chicago Avenue

Spa Sweet is an award winning spa and boutique specializing in natural and organic facials, waxing, tinting and therapeutic massage. spastrong.com

- Tough Love Studio
  4213 Bloomington Avenue

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**Personal Services — Storefronts**
- Afternoon Printing (Screen printing)
  737 East 48th Street
- American Family Insurance
  4649 Bloomington Avenue
- Anna’s Kids & Alterations
  4726 Cedar Avenue
- Bergstrom Tax Services
  1529 East 46th Street
- Bings – Window Tinting Specialists
  4351 Chicago Avenue
- Bubbly Paws
  4737 Chicago Avenue
- Bundle Studio (Photography)
  733 East 48th Street
- Greater Minneapolis Crisis Nursery
  4544-4th Avenue South
- H&R Block
  4351 Chicago Avenue
- Hallmark Dry Cleaners
  4547 Bloomington Avenue
- Julie Madge Interiors
  815 East 48th Street
- Minnehaha Animal Hospital
  4809 Chicago Avenue
- Minnesota Ovarian Cancer Alliance
  4604 Chicago Avenue
- Nokomis Printing
  1529 East 46th Street
- Search Beyond Adventures
  4603 Bloomington Avenue
- St. Joseph’s Home for Children
  1121 East 46th Street
- St. Mary’s Cemetery
  4403 Chicago Avenue
- Tubman Chrysalis Center
  4432 Chicago Avenue
- Ray N. Welter
  4637 Chicago Avenue
- Wells Fargo
  4712 Chicago Avenue
- Wings
  4701 Chicago Avenue

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**410 East 48th Street (Office building)**
- Heartspring Holistic Healing
- Mercer Psychological Services, PLLC
- Renee Divine, LMFT
- Sisu Relational Services, LLC
- Useful Perspectives Therapy
- Wellbeing Psychotherapy

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**Parkway Office Building**
- 4748 Chicago Avenue
- Anne M. Hutchins, Daniella Mendez
- The Centre of Wellness Child & Family Specialty Clinic, P.A.
- Chiropractic & Healing Insights
- Classic Health Care LLC
- Dr. Doug Holtan Chiropractic

**Family Tree Acupuncture**
- Family Tree Acupuncture is an acupuncture and Chinese herbal medicine clinic specialized in fertility, pregnancy, pain management and emotional health. FamilyTreeAcu.com
- Halo Healing Therapies

**Infinite Mind Hypnosis & Coaching**
- CHANGE YOUR MIND. CHANGE YOUR LIFE. Hypnotherapy, Mindfulness Coaching, Personal Development Coaching, Spiritual Path Coaching, Self-Hypnosis, 2:1 Breath Training
- infinitemindhypnosis.com
- Janet Fisher Massage
- Jones Financial Group
- Karen Ruth Massage
- Mary Banks Massage
- Meraki Massage

**Perfectly Polished**
- Owner-operated cute, fun, and quiet nail salon, with over 25 years experience, offering manicures, pedicures, and gel polish. Over 7 years in neighborhood.
- perfectlypolished.biz

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**Jones Financial Group**
- Helping you create a sound investment strategy unique to your values and goals.
- 4748 Chicago Avenue S.
  Minneapolis, MN 55407
- 612.326.1800
- myjonesfinancial.com
- Securities offered through LPL Financial. Member FINRA/SIPC
More About Features
Because some of the listed businesses on these two pages are located in office buildings throughout our neighborhood, they are less visible than free-standing or storefront businesses but are no less viable.

Some businesses, such as massage, counseling, therapies, and others may be considered to be in several featured categories such as health, wellness, and/or personal care.

On pages 9 and 12 of the May/June issue of Close to Home, we invited businesses engaged in this issue’s themes to contact us. The five that responded have a short description in addition to their listing. All other business names were acquired by recording information on the directories posted at each building.

Please send comments, suggestions, and more to: editor@frnng.com Thank you.

New, Black-led Credit Union Available to Field Regina Northrop Residents

By Rebecca Stibbe, Field neighbor

Village Financial Cooperative (VFC), an emerging, Black-led credit union located on the northside of Minneapolis, is seeking members who believe in reversing racial disparities in Minnesota. Field, Regina, and Northrop residents, as well as anyone who lives, works, worships, or goes to school in Hennepin or Ramsey Counties, are eligible to join.

Continued on page 11

David K. Porter
More than 30 years experience

Wills
Probates
Real Estate

612-722-1001
5208 Bloomington Avenue
Probater@Earthlink.net

Close to Home, newsletter for the Field Regina Northrop Neighborhood Group • frnng.org • July/August 2019 9
Welcome Lakeshore Dental

By Jason Flaig, Communications Committee
When Dr. Mohamed Ali was looking for a site for his new dental office, the vibrant community and easy access for patients in the neighborhood near Cedar Avenue and Minnehaha Parkway appealed greatly to him. He thinks that he’s found an ideal home for his new practice.

“This location has been great. We’ve been very busy since opening,” he said. “I’ve asked some new patients how they found us and they’ll say that they just drove by and saw us here. It’s a very good spot.”

Lakeshore Dental has been open since April 19th at 4700 Cedar Avenue South. The name was chosen due to the proximity of both Lake Nokomis and Lake Hiawatha. Before opening his own office, Dr. Ali practiced dentistry for a year at a clinic in Hutchinson, Minnesota.

“Our patients like us and we’ve received great reviews from the beginning,” Dr. Ali said. “Our staff is very friendly. They have a passion for caring for our patients from the moment they walk in to the time they walk out.”

Lakeshore Dental is a general dentistry practice. Dr. Ali practices family dental care, cosmetic dental care, and emergency dental care. The former convenience store has been completely remodeled into a full-service dental office that’s bright, airy, and modern.

In a nice plus for the neighborhood, Lakeshore Dental offers evening and weekend appointments and same-day emergency appointments as well.

Outside of his practice, Dr. Ali enjoys spending time with his daughter Yasmin and his son Khaled. He’s an avid runner and enjoys traveling in his spare time.

Dr. Ali obtained his undergraduate and dental degree at the University of Minnesota. He is a member of the American Dental Association, the Academy of General Dentistry, and the Minnesota Dental Association.

4700 Cedar Avenue, 612-601-8993 Lakeshoredentalmn.com

Greetings Field, Regina, Northrop Neighbors!

Planning projects for the Minnehaha Creek Corridor, Hiawatha Golf Course property, and Shoreline Restoration at Lake Nokomis are all underway. Each individual project has a project page at www.minneapolisparks.org/park_care_improvements/park_projects/current_projects/ where you can subscribe to updates.

Minnehaha Creek Corridor planning has progressed to the second phase of draft design. The second iteration of draft designs has been released and feedback is being gathered from the community. This project is being done in concert with the Minnehaha Creek Watershed District and the City of Minneapolis to ensure that investments made by all agencies are coordinated to provide the greatest benefit to park users and the ecological health of the creek.

Hiawatha Golf Course property is being master planned around a reduced pumping scenario with the assistance of a CAC (Community Advisory Committee). Initial draft concepts were shared with the community this winter and the CAC is helping designers refine what elements of those concepts will be included in a refined concept to be released later this summer.

Shoreline restoration and carp-removal efforts funded through State of Minnesota grants help improve water quality in Lake Nokomis. Shoreline restoration has received regulatory approval and construction is anticipated to begin later this summer.

This spring has been unusually wet, and high water levels are expected to persist throughout the Minnehaha Creek Watershed through at least mid-June. The watershed district sends out periodic updates as conditions merit. You can subscribe to those updates at www.minnehahacreek.org

My newsletter, the 5th District Dispatch, is a great resource for more frequent updates about the parks. I send out the newsletter once or twice a month to help keep my constituents informed. You can subscribe at http://eepurl.com/QZ_-9 I’ll see you in the parks!
Welcome Nail-ish Spa

By Jake Hutchins, Co-owner, and Sue Filbin
How many of us are daring enough to pursue our life-long ambition? Tuyen Hutchins is. (Her name is pronounced Tee-enn.) She and her husband opened Nail-ish Spa on 47th Street and Cedar Avenue in June. Their desire is to pamper their customers in a serene environment. And their experience in the medical field influences their attention to cleanliness throughout all of their processes.

Tuyen has always wanted to own and operate a nail salon. The couple came up with the name Nail-ish because “we are not the typical nail salon. We are stylish and modern, and while our primary focus is nails, we also offer manicures, pedicures, nail enhancements, lashes, massage, and waxing. Customers can choose from dip, hard gel, and gel manicures, and from more than 250 polish colors with new colors added weekly.”

Nail-ish also has available a CBD manicure and pedicure using Cannabidiol lotion (extracted only from hemp) that is massaged on the hands or feet. Benefits may improve the hydration of the skin, elevate someone’s mood, and promote healthy joints.

Tuyen and Jake are passionate about pampering their clients, leaving them refreshed and looking their best. They realize their clients have busy, hectic lives so they’ve created an atmosphere in which clients can escape, if just for a moment. The couple chose LED lights over fluorescent whenever possible, and a white/gray color theme to promote a serene environment. Jake said, “We recognize the need for everyone to have a clean and healthy place to relax and promote self-expression through their nails, and knew there was a need to create a place for our clients to have a nail-spa experience that they could enjoy alone or with their family and friends. People say, ‘I drove by; my husband has the kids. I had an hour and feel as though I can relax.’”

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New, Black-led Credit Union Available to Field Regina Northrop Residents, continued from page 9

VFC’s goal is to shift the relationship that financial institutions have with the neighborhoods they are in, with a focus on Black Americans in the northside of Minneapolis and low-income communities that are generally unbanked or under-banked. The co-op’s mission is to ignite a financial renaissance within the local Black community – and beyond – through cooperative economic practice. Because VFC will be owned by its members, profits will be reinvested in the community and the credit union.

The idea for VFC was conceived in the wake of the killing of Philando Castile. Community members came together to cultivate the practice of economic resistance and prioritized a campaign focused on Black banking, which led to a plan to establish a Black-led credit union in north Minneapolis by 2019.

VFC anticipates opening in 2019 and is currently seeking new members to join the more than 1,900 who have already pledged. Pledge to become a member or learn more about getting involved at villagefinancial.org/get-involved/.
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Sept./Oct. featured themes:
Kids, schools, pets, & professional services
To be included or contribute content, contact: editor@frnng.org