



# 2023 Flood Relief Resources

There are many resources available to help you and your neighbors during this time and beyond. *Let's take care of ourselves and each other!*

## GENERAL RESOURCES

**VT 211:** To get connected to a wide range of support and services like housing, mental health support, transportation, food, and more, call 2-1-1 or text your zip code to **898211** or visit [vermont211.org](https://vermont211.org). If you have trouble getting through please call **866-652-4636** or **802-652-4636**.

**Area Agencies on Aging:** Information and support for people age 60+ and their families can be found by calling **1-800-642-5119** or find your local agency <https://dcf.vermont.gov/contacts/partners/aaa>.

**Community Action Agencies:** Get support when you are in crisis, need housing and energy assistance, and more. Find your local office here: <https://vermontcap.org/find-help/>

**The Vermont Foodbank Network:** Find local or statewide food resources call **1-800-585-2265** or visit [www.vtfoodbank.org/agency-locator](http://www.vtfoodbank.org/agency-locator).



**Summer Meals for Kids:** Free meals for all kids 18 and under are available at locations around the state. For information on meals in your area, visit [hungerfreevt.org/summer-meals-site-lists](https://hungerfreevt.org/summer-meals-site-lists), text **FOOD** to **304-304**, or call **2-1-1**. Contact your local meal site to find out more about how meals are being served in your area.

## GET FOOD HELP QUICKLY WITH 3SquaresVT

You may be eligible for money to buy groceries within 7 days by applying for 3SquaresVT. To learn more about applying for 3SquaresVT, visit [vermontfoodhelp.com](https://vermontfoodhelp.com), call **2-1-1** or text **"VFBSNAP"** to **85511**.

If you already receive 3SquaresVT and lost food due to flooding or power outages, you may be able to get your benefits replaced if you report the loss by **August 31, 2023**. See backside of this flyer for more information.

3SquaresVT participants may buy hot and hot prepared foods at SNAP-authorized retailers (grocery stores, general and convenience stores, farmers markets, etc). This temporary change to what people can buy with 3SquaresVT is effective immediately and will end **September 18th, 2023**.

## WIC

July WIC food benefits that were lost due to flooding can be replaced by contacting your local WIC office. Ready to Feed infant formula is also available until your drinking water is safe again. To apply for WIC, see <https://healthvermont.gov/family/wic/apply-wic> or visit your local WIC office.

## VERMONT EMERGENCY EATS

Meals are available to anyone living in Vermont whose food security has been negatively impacted as a result of the recent flooding event. Recipients do not need to live in one of the federally designated disaster counties to receive a meal. There is no application, registration, or means testing required. To learn more, call **2-1-1** or visit [vtemergencyeats.org](https://vtemergencyeats.org).

Visit: [www.hungerfreevt.org/flooding-resources](https://www.hungerfreevt.org/flooding-resources) to see the most recent version of this flyer.

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## 3SquaresVT REPLACEMENT BENEFITS PROCESS

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3SquaresVT households who have lost food due to recent flooding or power outages can apply for 3SquaresVT replacement benefits.

Normally losses due to household misfortune like flooding or power outages must be requested within 10 days of the date of the disaster, or date power is restored. **That timeline has been extended for the July 2023 catastrophic flooding event in Vermont. Replacement requests can be submitted anytime through August 31, 2023.**

People who are eligible for replacement benefits can receive up to a maximum of 1 monthly allotment of their 3SquaresVT benefit. **Here is what you need to do to request 3SquaresVT replacement benefits:**

- Report the loss by calling the Economic Services Line at **1-800-479-6151**.
  - **If reporting food loss due to flooding:** you need to report by August 31, 2023.
  - **If reporting food loss due to power outage of more than 4 hours:** you have 10 days from when your power is restored to call ESD.
- Once you've called and reported the loss, you have an additional 10 days to **complete page 1 of Form 271**, sign and submit to ESD by
  - Mail: ADPC – Economic Services Division  
280 State Drive  
Waterbury, VT 05671-1500
  - OR Uploading it through the Doc Uploader <https://info.my.vermont.gov/>
- **Form 271 can be found here:** [bit.ly/43lxY5D](https://bit.ly/43lxY5D)
  - The form will ask you for contact information of someone who is able to verify the loss. You may provide this information but it is not required at this time because of the statewide declaration of emergency.
- **Note: If you can't call to report the loss, but have access to the internet or mail, you can just complete, date, and sign Form 271 and submit it directly to Economic Services.**
- If you have questions, you can call the Benefits Specialist line or connect with one of the following organizations. They are ready to help!
  - Vermont Foodbank: text **VFBCHAT** to **61222**
  - If you are over 60, call **1-800-642-5119**
  - For relay services, dial **7-1-1**
  - For interpretation services, dial **1-855-247-3092**

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