



Skin Care Therapist Diploma

Program Title: Skin Care Therapist Program

Program Credential: Diploma

Program Duration: 420 hours (21 weeks)

Class Schedule: Morning class (Monday to Friday from 9:00 am to 1:00 pm)

Evening class (Monday, Tuesday, Wednesday from 6:00 pm to 10:00 pm,
and Saturday from 9:00 am to 5:00 pm)

Program overview

Chellsey Skin Care Therapist Diploma Program offers students extensive theoretical and practical applications of skin care. The objective of this Diploma is intended to provide fundamental knowledge on the structure of the skin at a cellular, anatomical, physiological and histological level. Students will acquire hands-on experience delivering advanced treatments which will form the basis for a career as a Skin Care Specialist. Students will gain an excessive amount of practical experience on live models in Chellsey’s MediSpa where they will practice client care, consultations, skin analysis and delivery of advanced facial treatments and exfoliation treatments using microdermabrasion technology and chemical peels.

Career Opportunities

With today’s fast-growing beauty industry and demand for aesthetic services, students will receive hands-on training and gain knowledge in all phases of medical aesthetics. The program will provide information and guidance about career opportunities, seeking and obtaining employment. After completing the program, students will be eligible to start employment in medical spas, doctor offices or self-businesses. Chellsey Institute of Beauty & Health supports students from enrollment to graduation to ensure successful completion.

Course Outline:

		Hours		
		Total	Practical	Theory
Module	Introduction to Skin Care	260	140	120
	Paramedical Skin Care	160	105	55
	Spa Internship (Clinical Practice)	60	60	0
	Total program hours	480	305	410

Class Descriptions

Basic Skin Care:

This module examines the fundamental principles of skin care:

- Anatomy & Physiology of the skin
- Skin types, conditions and pathologies
- Basic chemistry and cosmetic ingredients
- Client consultation, preparation, draping and skin analysis
- Facials with and without the aid of machinery
- Cleansing, toning, exfoliation, masks, massage
- Facials for different skin types; basic, advanced acne, men, teen and mini facial
- Nutrition and stress management

Paramedical Skin Care:

This module further examines skin and advanced skin care treatments.

- Aging skin concerns and problematic skin treatments through use of advanced skin typing and analysis
- Lactic, salicylic and glycolic peels and acne treatments
- Aromatherapy facial, oxygenating & detoxifying treatments
- Non-surgical face lifting- antiwrinkle intensive treatments for mature skin
- Microdermabrasion, pigmentation treatments and ultrasound treatments
- Eye and neck, acne and rosacea treatments