**Tucking**

Tucking can make use of the inguinal canals, passages in the abdomen above the crotch area. By applying gentle upwards pressure with your fingers, you can slowly guide your testes into place inside these canals. This shouldn't be painful if it feels at all bad, stop & maybe try again later.

Once they feel in place, pull the penis & Scrotum back between your legs. These should now hold the testes in place.

You can also tuck without using the inguinal canals, and instead push your testes to the sides.

Secure everything in place by wearing form-fitting underwear or a gaff.

**Tips & Methods**

- Hold a tuck in place.
- Be sure to tuck carefully & check all alignments.
- Read all instructions.
- You can pull your undershorts over your waist & use tape as needed on the waist & undershorts. Never use duct tape only.

**Caught by many names**

In public, wear a skirt or pants, & make sure to resemble a body that is not your own. A skirt is a pair of panties. Tucking, gaffing can be done without a skirt, but this isn't required. A skirt, however, is required in areas of the body that is not your own.

**Who does it?**

A tuck is part of a transgender woman's, trans feminine presentation.

**Where to get**

Point of Pride-Free Trans Closet
Femme Shapewear
Trans Closet HV-Free
TomboyX
Origami Customs

**Feedback**

Email us with tips, questions: transclosethv@gmail.com

Remember:

Do what makes you feel good & right in your body. You don't owe anyone any certain look, and you don't need to tuck if it's not your jam.

You are beautiful no matter what.

* Called by many names. A tuck is not just for trans women, it's for anyone who wants to resemble a body that is not their own.

* A skirt is a pair of panties. Tucking, gaffing can be done without a skirt, but this isn't required. A skirt, however, is required in areas of the body that is not your own.

* A guide by Trans Closet Hudson Valley.

* Tucking & Gaffing 101