CLIENT COACHING AGREEMENT



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Welcome, and thank you for this opportunity to coach together! As the client, you are responsible for creating and implementing your decisions, choices, actions and results. I request that you show up fully to each coaching session, and that you fully commit to doing the work necessary to achieve your best possible life. I would also ask that you create the appropriate time, energy and resources needed to optimize this coaching engagement.

Please understand that coaching is a partnership through which we both work together on achieving your goals and on realizing your full potential. It isn't therapy, consulting or mentoring, and does not aim to prevent, cure, or treat any mental disorder or medical disease.

Schedule & Fees: We agree to a minimum of one monthly or two bi-weekly 60-minute coaching session(s) at a rate of \$350 per session, payable 24 hours in advance via Venmo (@Jeff-Gordman) or by direct deposit/wire (Wells Fargo Bank NA, Account Name: Jeffrey J. Gordman, Account #9552223647, RTN #121000248). I request a minimum six-month commitment to initiate an engagement. If you need to alter or cancel a session, please provide a minimum notice of 24 hours.

Confidentiality: As your coach, I will maintain strict confidentiality with respect to our discussions (unless you indicate that you plan to harm yourself, someone else or commit a felony).

Code of Ethics: As a Coach I adhere to the <u>code of ethical practice</u> established by the International Coach Federation (ICF). You may access this information by clicking the link above. Please don't hesitate to let me know of any questions or concerns with respect to this code.

Approach: My intention is to show up with kindness, care and professionalism throughout our journey together. My objective is to catalyze your ability to flourish and realize your goals, and I am completely dedicated to facilitating that outcome.

Please sign this Client Agreement and return via email to jeff.gordman@gmail.com prior to our first session.

NAME:	
DATE:	
SIGNATURE	=: