Community

Mental Health Color Run supports Momentum Center

Contributed
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Mental Health Color Run organizers Allison Doerr and Ava Buitenhuys present a check to Barbara VanHorsen of The Momentum Center in Grand Haven.

Courtesy photo
organization dedicated to reducing stigma in our community.

“We have seen an increase in mental health struggles among our peers at school and outside as well, so being able to put on an event that raised money that will benefit those around us while also decreasing the stigma was amazing to see and so worth it,” said Ava Buitenhuiss, coordinator of the run.

The goal of the event was to raise awareness and decrease stigma surrounding mental health.

More than 100 people participated in the event, which followed the cross-country course at Grand Haven High School.