Journey for Change
Dearest friends,

As you read through this report, you will go on an adventure into the core of Safari Doctors—a tale of unwavering dedication to community empowerment, innovation, and healthcare equity to the last mile.

2023 wasn’t just a year of growth; it was a testament to the transformative power of collaboration. We witnessed our dedicated team, passionate youth health ambassadors, and supportive partners weave a tapestry of impactful achievements, each thread strengthening the fabric of well-being in Lamu and beyond its borders.

Some of the highlights that we are most excited about are the scale of our medical initiative. This includes the operation of outpatient services at Shungwaya Health Access, our partnership hospital with Bomu Hospital. This paves the way for a 52-bed inpatient facility to open next year, significantly increasing access to medical care in the region. Second is the establishment of the Tchundwa Medical Outpost on Pate Island, which is run by our two Youth Health Ambassadors under the guidance of our legendary and founding nurse, Harrison Kalu, as we explore the development of a business model for the private sector integration of youth community health promoters into mainstream health facilities.

One of the most important components of the success of our transformation journeys is capacity building and giving the required information, skills, and tools to improve our team’s performance, productivity, and professional development. In September 2023, we saw the start of Mariam Abdalla and Augustine Musulwa’s Masters in Sustainable Humanitarian Action program at DIHAD and UCAM.

I take this opportunity to send a big shout out to our lead staff, Antonetta Achieng, who single-handedly and compassionately oversees the Safari Vets program with valuable collaborations, working alongside stakeholders to advance one health. The program has handled the treatment of 16,222 animals, highlighting the interconnectedness of human and animal health.

These achievements are a mere glimpse into the year’s tapestry. As you delve deeper, you’ll discover stories of resilience, innovation, and the transformative power of healthcare access. It is this reality that makes us intentional in capturing compassion as the key ingredient that keeps our sails going. Thanks to FACE (Focus Area for Compassion and Ethics), a program of the Task Force for Global Health, supported by the Izumi Foundation, Safari Doctors looks forward to celebrating our 10 years anniversary in 2024 with the inaugural UTU Awards - recognizing fellow agents of change across the region. Stay tuned.

P.S. Don’t miss out on our journey beyond the report! Check out the January 2024 issue of GEO magazine (France Edition) for a deeper dive into our story.

With gratitude,

Umra Omar
Founder

Welcome Note
Safari Doctors was founded on the belief that access to healthcare is a right, not a privilege. We are an award winning community-based social enterprise working to advance healthcare in Lamu and have recently expanded our medical outreach to the neighboring Tana River and Garissa counties within the Kenyan border.

Since 2015, our mission has been to provide innovative, community-driven healthcare solutions that promote well-being for marginalised communities.

Our team runs monthly mobile clinics by boat and road to reach remote villages with vital health services. Safari Doctors also runs a medical center and an outpost that provide quality outpatient services on Lamu Island to promote the health and well-being of the local population and visitors, with an emphasis on preventive medicine, and generate revenue to support our organisation.

Safari Doctors believes that Kenya’s efforts to attain Universal Health Coverage by 2030 must include a mobile model of health service delivery and the engagement of young people. Our Youth Health Ambassadors programme trains young men and women to become Community Health Workers (CHWs) and agents of positive change.

As part of our One Health approach, the Safari Vets programme cares for hundreds of animals. Our outreach provides free veterinary services and community education on animal welfare and preventing zoonotic diseases, while our clinic offers services on Lamu Island.

OUR WHY: We believe access to healthcare is a right, not a privilege.

OUR MISSION: To promote the well-being of marginalised communities by providing innovative, community-driven healthcare solutions to the last mile.

OUR VISION: Thriving communities in remote settings with access to quality healthcare.

OUR VALUES
Solidarity: If you want to go fast, go alone, but if you want to go far, go together.
Accountability: Honor the trust that’s been entrusted to us.
Compassion: Being present with those we interact with and treating all with care and respect.
Innovation: You can’t change the direction of the wind, but you can adjust your sails.
Courage: Dare to dream big.
The rate of development of Safari Doctors in 2023 was astonishing, but even more impressive was how our youth health ambassadors used their series of health trainings to make a meaningful difference in their lives and the communities in which they live. Here are some of our 2023 developments.

As part of the restructuring of our medical outreach, we have included health promotion as a key service to the communities we see. We have conducted 10 health promotions with every mobile outreach. These health topics are targeted at creating awareness and promoting preventive and health seeking behavior among the communities in Lamu.

Safari Doctors and Bomu Hospital have made a new partnership to build a level 4 hospital in Lamu County to facilitate easy referrals. Shungwaya Hospital Phase 1 of its development is complete, and recruitment is ongoing.

Honouring the message of ‘Embrace Equity,’ the subject of this year’s International Women’s Day (IWD), women’s empowerment and their ability to effect change in society were stressed by Umra Omar and other Amujae leaders. The Amujae Leaders of the EJS Centre celebrated International Women’s Day by engaging in a wide variety of events.

The Founder of Safari Doctors, Umra Omar, was invited to speak at the Dubai International Humanitarian Aid and Development (DIHAD) Event on March 14. She gave a lecture on Harnessing Resources in Pursuit of Global Health and Wellbeing on behalf of Safari Doctors.
We have established a partnership with the University of California Davis. Dr. Molly Hallweaver joined our team in October 2022, and we have signed a MOU to support academic research and visiting clinicians.

Safari Doctors has trained a cohort of young men and women between the ages of 18-30. These young adults are trained in basic health education to build their capacity to become health leaders in their communities.

In September 2023, Safari Doctors Founder Umra Omar attended a Young African Global Leaders Forum held by Aliko Dangote at his oil refinery in Lagos. This is part of Safari Doctors’ strategic objective to broaden our reach and support for the one health initiative.

Two staff: Mariamu Abdalla and Augustine Musulwa began their Masters in Sustainable Humanitarian Action from DIHAD and UCAM in September 2023.

We welcomed onboard our new medical officer, Dr. Victor Kisali. He oversees the growth of our medical centre and laboratory and the strengthening of our health service delivery. All these developments bring us one step closer to making access to quality healthcare a reality for everyone in Lamu County. Thank you, as ever, for your critical support.

the Human-Centred Design (HCD) process began earlier in the year with the FACE (Focus Area for Compassion and Ethics) a program of the Task Force for Global Health, supported by the Izumi Foundation visiting Safari Doctors in Lamu and spending time with the team on outreach and at the office. This culminated in a meeting in Kampala. According to FACE, everyone in the organization is critical to the success of the entirety of this human-centered design journey – this workshop is just one step in that process. FACE developed criteria for deciding who to participate in the workshop itself.
Other types of family planning we provide include:
- Oral contraceptives (COCs) or “the pill”
- Depo-Provera
- Implanon

10,077 patients were treated in outreaches which is a 7.4% increase from 2022.

10,564 people received health awareness through our youth programme.

Specialist Medical Camps

Dental
Chronic Disease (Hypertension & Diabetes)
Gynaecological & Paediatric
Antenatal Care home visits

24 volunteers joined our medical outreaches

Thanks to our partnership with the Lamu County Department of Health, we benefit from assistance provided by health professionals stationed in multiple government health facilities for our Medical Outreach program.
A comparison of the population of Lamu and the number of patients seen by the outreach team for Safari Doctors over the course of four years, from 2019 to 2023.

<table>
<thead>
<tr>
<th>Year</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>20,261</td>
<td>31,184</td>
<td>51,445</td>
</tr>
<tr>
<td>2020</td>
<td>19,974</td>
<td>30,902</td>
<td>50,876</td>
</tr>
<tr>
<td>2021</td>
<td>20,614</td>
<td>31,316</td>
<td>51,930</td>
</tr>
<tr>
<td>2022</td>
<td>19,894</td>
<td>30,682</td>
<td>50,576</td>
</tr>
<tr>
<td>2023</td>
<td>20,173</td>
<td>31,012</td>
<td>51,185</td>
</tr>
</tbody>
</table>

Number of patients treated through Safari Doctors outreaches annually from 2019 to 2023.

2019: 20,261
2020: 19,974
2021: 20,614
2022: 19,894
2023: 20,173

Total: 100,895

Percentages:
- Male: 35.7%
- Female: 64.3%
- Total population: 143,920

Lamu, Garissa & Tana River Counties

- Kiangwe
- Basuba
- Mangai
- Milimani
- Mararani-Basuba
- Mkokoni
- Madina
- Kiunga
- Ishakani
- Kiwayuu cha nde
- Kiwayuu cha Ndani
- Ndau
- Mangawanda
- Siyu
- Kizingitini
- Mbwajumwali
- Myabogi
- Tchundwa
- Shanga Rubu
- Shanga Ishakani
- Manda Maweni
- Mararani-Shella
- Magogoni
- Mkondoni
- Chalaluma
- Dide wa ride
- Jericho
- Ndambwe
- Maisha Masha
- Mpetokoni
- Faza
- Poromoko
- Sinambio
- Bahati
- Kiongoni

Medical Outreach

Remote villages

Number of patients treated through Safari Doctors outreaches annually from 2019 to 2023.

- Male: 31,184
- Female: 50,261
- Total: 81,445

Total treated: 143,920
2024 OUTREACH SCHEDULE

Jan: 22-26
Feb: 26-1
Mar: 25-29
Apr: 22-26
May: 27-31
Jun: 24-28
Jul: 22-26
Aug: 19-23
Sep: 16-20
Oct: 14-18
Nov: 18-22
Dec: 16-20
Medical Centres
In August 2020, we opened a medical center on Lamu Island as part of our continuous efforts to expand the sustainability of our mobile health service delivery model and to increase access to high-quality healthcare in Lamu County. We currently provide outpatient services with the goal of giving compassionate, tailored treatment that is founded on innovation, critical thinking, and the right technology in order to provide holistic healthcare solutions.

Our goal is to improve the health and well-being of the local community by offering high-quality, easily accessible medical care, with an emphasis on preventative medicine. We are concentrating on the diagnosis and treatment of problems affecting patients of all ages.

In 2023, we were able to serve 2117 patients in total from our Shella location.

---

**We treated 1027 PATIENTS**

<table>
<thead>
<tr>
<th>Females</th>
<th>Males</th>
</tr>
</thead>
<tbody>
<tr>
<td>441</td>
<td>586</td>
</tr>
</tbody>
</table>

**Over the counter medicine**

<table>
<thead>
<tr>
<th>2021</th>
<th>2022</th>
<th>2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>444</td>
<td>1634</td>
<td>1027</td>
</tr>
</tbody>
</table>

The most common ailments treated in our medical facilities:

- **Skin conditions**
- **Respiratory diseases**
- **Gastritis**

---

**Number of tests done through Safari Doctors Laboratory in 2022 and 2023.**

- **2022**: 764
- **2023**: 598

---

**Medical Centre**
I learned a lot from the training I was able to attend, and it was an amazing experience. I feel proud that I’ve been able to use that knowledge to help my community at large by participating in different activities like medical outreach.

Tchundwa Medical centre

Tchundwa Medical Centre, a branch of Safari Doctors, stands out as a shining example of innovation and quality in our journey for change to improve healthcare services. This recently launched medical center is poised to redefine the landscape of healthcare by seamlessly integrating compassionate care and a commitment to easily accessible drugs for the community.

Located in the center of Pate Island, Tchundwa Medical Center is a testament to the goal of offering affordable, high-quality healthcare to everyone. It also represents a groundbreaking addition to the healthcare system, carefully planned to enhance nearby hospitals and strengthen the area’s medical infrastructure.

The facility is a beacon of hope for community members in need of emergency medical care because it provides services around the clock. In total, 295 patients have been served by us between October 2023 and December 2023.

Zulekha Sheba - YHA

My ambassiodorial role to the community has enabled me to champion health promotion messages from the vast knowledge we attain attending the various trainings made possible by the Safari Doctors.

Fauz Bunu - YHA

I learned a lot from the training I was able to attend, and it was an amazing experience. I feel proud that I’ve been able to use that knowledge to help my community at large by participating in different activities like medical outreach.
As part of the restructuring of our medical outreach, we have included health promotion as a key service to the communities we see. We have conducted 10 health promotions with every mobile outreach. These health topics are targeted at creating awareness and promoting preventive and health-seeking behaviors among the communities in Lamu.

On World Oral Health Day 2023, Safari Doctors organized a series of innovative, well-organized dental awareness talks and activities; among those activities was a dental walk to mark the beginning of a 4-day free dental camp in Lamu County.

This campaign was supported by the county government, the Kenya Dental Association, and other stakeholders.
Safari Vets has been able to treat 16,222 domesticated animals and pets from 2020-2023 in Lamu County by providing veterinary services, and through our youth health ambassadors, we continue to teach more people about One Health, which is the idea that human and animal health are connected.

This is accomplished through our monthly outreach programs, collaborations, and the Shella Veterinary Clinic.

In 2023, Safari vets focused on ways to increase its reach to more Domesticated animal owners through;

- Provision of vet services full time in Shella clinic
- Outreaches in Pate Island and parts of Lamu West
- Cat population control through joint TNR campaigns
- Raising awareness of animal welfare in the community
- Preventive measures, such as vaccination against rabies
- Opening a pet store

Safari Vets clinic

Our clinic offers different services within Shella and its environs as follows;

- Vaccination of pets
- Animal travel documentation
- Pet food (cats and dogs)
- Treatment of sick animals
- Farm visits
- Neuter and spays

4,936 animals (cats, dogs, donkeys, livestock) treated in 2023
2,362 animals were reached and treated during outreaches
1,254 animals were vaccinated, a 52% increase from 2022
916 cats were neutered during this period

759 cats & dogs were treated for various diseases such as mango worms & cat flu
887 donkeys treated were cured of bacterial infections
238 sheep, goats, and chickens were cured of pneumonia

Mostly the common cases managed during this period were

Eye infection 5.9%
Wounds 6.9%
Ccpp 9.3%
Bacterial Infections 10.4%
External Parasites 17.8%
Helminthiasis 34.8%
Mango worms 17.8%

Animals treated per Year

Number of animal treated through Safari Vets annually from 2020 to 2023.
At the beginning of 2023, there were only 12 youth health ambassadors actively working with Safari Doctors, which was only 40% of the original number. Over the course of the year, the department conducted a mapping process during the Safari Doctors monthly outreaches to identify the current YHAs and recruit more youth health ambassadors where there were none, as their community also played a vital role in vouching for the actively involved youths in their respective community activities.

The 30 youth health ambassadors graduated from an array of training programs that increased their capacity to conduct health promotion in their communities. As evident in their testimonials, the YHAs enjoyed the training and were able to gain knowledge that built their capacity to involve themselves in the community through health promotion. This was evident in the peer to peer model of training that the youth were taking up and the different avenues to promote health.

### Trainings:

The 30 youth health ambassadors graduated from an array of training programs that increased their capacity to conduct health promotion in their communities.

As evident in their testimonials, the YHAs enjoyed the training and were able to gain knowledge that built their capacity to involve themselves in the community through health promotion. This was evident in the peer to peer model of training that the youth were taking up and the different avenues to promote health.

<table>
<thead>
<tr>
<th>Jan</th>
<th>May</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water Sanitation and Hygiene</td>
<td>First Aid</td>
<td>Leadership and Management Module I</td>
<td>Population, Health and Environment</td>
<td>Leadership and Management Module II</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Leadership and Management Module II</td>
<td>Sexual Reproductive Health and Rights</td>
<td>Leadership and Management Module III</td>
</tr>
</tbody>
</table>

The following are the trainings they each underwent:
Health promotion:

Our youth health ambassadors conducted **10 health promotion** sessions during outreaches in **11 villages, school sessions, and debates**. They managed to reach a total of **10,564 people** since the month of January. We believe that health promotion is one of the sustainable ways to incorporate health seeking behaviors in rural communities. Aside from the health promotion, the youth health ambassadors mobilized for the mobile outreach clinics.

<table>
<thead>
<tr>
<th>Jan</th>
<th>Cervical Cancer: HPV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb</td>
<td>SRH: Family Planning</td>
</tr>
<tr>
<td>Mar</td>
<td>Dental Health</td>
</tr>
<tr>
<td>May</td>
<td>Menstrual Hygiene Management</td>
</tr>
<tr>
<td>Jun</td>
<td>Waterborne Diseases:Dengue and Malaria</td>
</tr>
<tr>
<td>Jul</td>
<td>Infectious Diseases: How to prevent them</td>
</tr>
<tr>
<td>Aug</td>
<td>Breastfeeding: Importance of Breastfeeding</td>
</tr>
<tr>
<td>Sep</td>
<td>Rabies prevention</td>
</tr>
<tr>
<td>Oct</td>
<td>Breast Cancer Awareness &amp; Self Examination</td>
</tr>
<tr>
<td>Nov</td>
<td>Cholera Awareness</td>
</tr>
</tbody>
</table>

Above is a table of Health promotion topics covered in 2023

Peer to peer Training School Sessions:

The youth health ambassadors conducted peer to peer training for students in schools. This program was introduced to schools so that health promotion could help nurture health seeking behaviors in children from a young age. The YHA’s targeted adolescents between the ages of 10 and 16. They mainly introduced issues around menstrual hygiene, SRHR, WASH, environmental conservation, and the importance of vaccination against diseases.

The YHA’s reached 7 schools in Lamu County. 14 teachers and an average of 100 students were engaged per school. This number of students engaged was lower than in the previous years before COVID.

However, with adequate preparation time, the excitement and expectations of the teachers and students, and the increase in YHA’s in 2023, we are therefore expecting the number of engagements to rise again and schools to multiply in the coming years.
Debate competition:
The debate club competition saw the participation of 5 schools with 40 students. This is because we had a last minute cancellation from Shanga Primary School, who were not able to join us due to school programs. Each team had 8 students, 4 female and 4 male, accompanied by two teachers. The youth health ambassadors from each village were key in the coordination of the debate club competitions in their respective village’s school. They served as important links between Safari Doctors and the schools. We also had adjudicators from different schools that were not part of the competition, in an attempt to keep the competition fair and bias free.

The debate club competition had the main objective of engaging students in health promotion. We had topics regarding population health and environment, menstrual hygiene, and immunization.

| Immunization is an effective way of preventing diseases. |
| Cervical Cancer can be cured if it is diagnosed early |
| HPV Vaccine is good for children |
| Plastics should be banned worldwide |
| Tree planting should be mandatory in schools |
| Are solar panels effective in energy conservation |
| Is there a risk to the environment from overpopulation |
| We can reverse climate change |

The engagement topics for the Youth Health Ambassadors in 2023.

YHA in Tchundwa Outpost:

Two youth health ambassadors have been onboarded to the Safari Doctors Tchundwa medical outpost. This move will help improve the accessibility of health care to the remote villages on Pate Island. The 2 YHAs have the role of proactively identifying cases from the community, making referrals, and conducting health promotion both in the community and at the facility. In addition, they learn how to do basic tests such as blood sugar and blood pressure. This enabled them to provide basic healthcare to community
Youth Programme
These training sessions are important to us. They will build our capacity to engage our communities and provide effective first aid before making referrals. Before them, I was always shy about addressing members. However, I have gained more confidence in my work.

Amina Shebwana - Mtangawanda Village

Safari doctors have been instrumental in supplementing our quest as health care providers as they’re able to provide most laboratory services and drugs that, as a government facility, don’t have. Our partnership is cemented by the ultimate goal, which we mutually share, i.e., making health care available, affordable, and, most importantly, accessible.

May Makau - Registered Nurse

I was humbled to join the Safari Doctors team for their November 2023 outreach. Despite the heavy rains at the time, we were able to reach out to different residents both on Lamu Island and mainland Lamu. Getting to diagnose and treat conditions we rarely encounter in normal clinical practice was challenging but fulfilling.

Dr. Mjahid Hassan - Volunteer Doctor

I have been to your facility several times, and I have to admit that I have been more than impressed by how well the staff treated me. I felt cared for. The staff were so compassionate and genuinely concerned as I learned they went the extra mile to consult about my condition, and I say thank you very much.

Lesly Moche, community member, 26 years
The Human-Centred Design (HCD) process began earlier in 2023 with the FACE (Focus Area for Compassion and Ethics), a program of the Task Force for Global Health, supported by the Izumi Foundation, visiting Safari Doctors in Lamu and spending time with the team on outreach and at the office. This culminated in a meeting in Kampala, where we were joined by six other participants from Nama Wellness Centre, Uganda. According to FACE, everyone in the organization is critical to the success of the entirety of this human-centered design journey; this workshop is just one step in that process. FACE developed criteria for deciding who to participate in the workshop itself. These include:

- Diversity of organizational functions and service areas
- Gender balance
- Level of engagement with the HCD process to date
- Future-focused thought leadership
- Compassion mapping results
- Diversity of organizational functions and service areas
Workshop Overview

Much as FACE was the facilitating organization, the workshop was planned with the objective of creatively unlocking our abilities to generate tailored ideas at the HCD workshop as a team through various activities, with the following objectives:

**Well-Being:** How might our roles and routines elevate our sense of responsibility for and accountability to each other’s wellbeing?

**Growth and Learning:** How might we build on our culture of learning to include routines for discussing failures, mistakes, and near misses? (Collective Innovation)

**Appreciation (recognition):** How might we design informal and formal social recognition of compassionate actions?

At the end of the workshop, through insights shared in addition to an ideation session, concepts were developed and taken back by the attendees to their respective organisation for further refinement, prototyping, testing, implementation, evaluation, and iteration.

Safari Doctors Team

Below are the reviews of participants from Safari Doctors who were chosen by a criteria to attend the workshop.

The Human-Centred Design (HCD) workshop by the Focus Area for Compassion and Ethics (FACE) came at a critical time for Safari Doctors. We are at a critical time of scaling up as an organization with new staff on board and more communities to reach, thus the urgency to ensure that the core values of our organization (compassion, accountability, courage, and innovation) continue to be the compass that guides our work and our well-being. During these two days of exploring and reflecting on the concept of compassion alongside colleagues in Kampala, we brought out the nuances of what we take for granted and what we could improve on as institutions and as individuals towards one another, and most importantly, within our own selves: what we like and what we wish for. On a very personal level, I am extremely energized and look forward to translating words and ideas into deliberate action. Safari Doctors is now working to further institutionalize our values through three avenues:

- articulated in our policies and branding;
- adding to our weekly staff meetings a component of “ideation,” welcoming innovations and suggestions from the team and the community, and last but not least,
- establishing guidelines for rewarding and appreciating staff and community members through the Safari Doctors UTU (Humanity) Award to intentionally appreciate the compassion of those who bear tough conditions to be of service to others.

This journey has been made possible thanks to the support of the IZUMI Foundation.

These were the action points that were immediately assigned to the team for implementation upon presentation to the team at Safari Doctors.

Ms. Umra Omar I Founder of Safari Doctors
My experience at the HCD workshop was very enlightening and inspiring. I left with more understanding and was more open to compassion towards my colleagues and, more importantly, towards myself. We came up with concepts that will play a key role in improving our organization. I am looking forward to implementing the lessons from the two days with FACE and NAMA Wellness.

Violet Wanjeri | Programme Associate

Compassion is an almost impossible value to measure. During the two days spent with FACE and NAMA Wellness groups, it became apparent to me that there has to be a measure attached to compassion, not in physical or monetary terms, but in a way that makes everyone feel like they belong and are appreciated. In a subtle way, I became aware of emotions in me that I had not unlocked and learned that there are many other ways to share and show compassion to others. This invaluable session indeed unlocked me in more ways than one.

Augustine Musulwa | Finance & Administration Manager

It is not often that we have the opportunity to collaborate with other organizations in an unofficial capacity to find a solution for compassion based on our individual perspectives and experiences. The FACE workshop is an ingenious method for gaining a more profound comprehension of compassion and effectively communicating it to one’s family and associates. In my own experience, this workshop has increased my optimism and comprehension of the meaning of life. The world would cease to exist in the absence of compassion, and every comprehension of it would make it a significantly better place to live.

Issa Abdulrahman | Communications & Dev. Officer

One can’t offer what they don’t have, and so one has to be compassionate for them to be able to show it. I came to this workshop with disjointed views about the workshop, but it helped crystallize how compassion is integral in every workplace and in our daily interactions. I’m grateful that the FACE and NAMA groups had this incredible program, and I’m looking forward to more of it.

John Mwema | Nurse

I am glad to have taken this trip to Kampala, and I have greatly enjoyed it. I interacted with the team from NAMA Wellness and was able to exchange ideas between the two organizations. The things I learned about the concept of compassion will help me in my daily duties as a health ambassador. I promise to pass on this information to my fellow Youth Health Ambassadors so that it can also help them while they are on their duties. I thank Safari Doctors for giving me the opportunity for this trip to Uganda. The workshop has really inspired me.

Amina Ali | Youth Health Ambassador

After Kampala

Safari Doctors participants in the HCD workshop engaged in a series of activities and developments to demonstrate a commitment to organizational values, teamwork, and continuous improvement for the rest of the coworkers, with an emphasis on compassion, accountability, and motivation that aligns with SD’s mission, laying the groundwork for a continued positive impact in the communities we serve.
Lamu has grown steadily over the last decade, with a diversified population and economic opportunities. This expansion has been mostly driven by the recently opened Lamu port, which is part of the Lappset corridor project. As the population and traffic increase, so does the demand for specialized services, and Shungwaya Health Access intends to fill that gap by expanding its health facility to accommodate the fast growing population.

Shungwaya Health Access

Shungwaya Health Access is in the Hindi Ward of Lamu County, Kenya, close to the port. The hospital is bringing together expertise in rural healthcare logistics and tertiary health services to ensure high-quality care for all.

As a result of the construction of the Lamu Port South Sudan Ethiopia Transport (LAPSSET) corridor, the region is experiencing rapid growth, as is the demand for the development and equipping of a level 4 hospital in the centrally located area of the Shungwaya health access hospital.

SUPPORTING SHUNGWAYA HEALTH ACCESS TO BUILD A BRIGHTER HEALTH FUTURE FOR LAMU

A Level 4 hospital: equipped to provide advanced life support, surgical care, radiology services, and comprehensive inpatient and outpatient treatment.

Strategic location: positioned near the Lamu Port and ideally situated to serve Lamu, Garissa, Tana River, and even parts of Somalia with limited healthcare infrastructure.

Focused on accessibility: utilizing the model of Safari Doctors to reach remote communities with preventative and primary care, building satellite facilities, and employing community health workers.

Committed to quality: establishing a center for medical excellence with training facilities, CME courses, research capabilities, and international partnerships.

Driven by compassion: a private, not-for-profit hospital built on 40 years of experience, offering streamlined referral services and prioritizing patient care.
WHY FUND SHUNGWAYA HEALTH ACCESS?

Address a critical need: fill the void in specialized healthcare services for Lamu’s diverse population and surrounding areas.

Be part of the solution: Contribute to a healthier, more resilient community poised for economic growth.

Support innovation: invest in a model that prioritizes accessibility, quality, and compassion.

Make a difference: Create a lasting impact on the lives of countless individuals and families.

Achieving Universal Health Coverage: The Key to Improving Global Health and Reducing Poverty Before the Year 2030.

Shungwaya Health Access is not just a hospital; it’s a symbol of hope and a catalyst for positive change. We invite you to join us in making this vision a reality. Consider sponsoring our expansion through financial contributions, equipment donations, volunteer expertise, or any other form of support you can offer.

Together, we can build a brighter future for the people of Lamu. Contact us today to learn more and explore partnership opportunities.
LISTEN:
Acast: Take a break with Umra Omar

READ:
VaccinesWork: Safari doctors take to the waters to save lives in Kenya
Weforum: These doctors are using boats to bring healthcare to a remote African archipelago
Weforum: How autonomous mobile clinics can transform healthcare in least developed countries

WATCH:
TRT WORLD: The Journey For Change

Check out the January 2024 issue of GEO magazine, France Edition, to learn more about our journey for change. Geo is a well-known educational monthly magazine that features in-depth articles and pictures.

OUR ADVISORY BOARD

The Safari Doctors Advisory Board is involved in the development of policies and major decision-making.

Ms. Amina Abubakar
Owner, RX Clinic & Pharmacy

Ms. Anne Gathumbi
Health & Rights Consultant

Mr. Karim Anjarwalla
Managing Partner, Anjarwalla & Khanna

Ms. Sumayya Hassan
Founder & CEO of GFunze Limited

Ms. Tahreni Bwanaali
Management Consultant

Ms. Umra Omar
Founder of Safari Doctors

Dr. Victor Tole
Deputy Director, Lamu County Department of Health

Geo France Magazine

SAFARI DOCTORS | ANNUAL REPORT 2023
The Crew

Amina Mohamed
Programme Associate
“Attending the Segal annual meeting in Rwanda was my highlight this year. It provided an enlightening experience, allowing interaction with similar organizations and the chance to connect with potential partners.”

Anderson Shanga
Office Assistant
“It is always a relief to see the hope we bring to our marginalized communities through the work we do as safaridoctors.”

Antoneta Akuom
Animal Health Officer
“My highlight of 2023 was the collaboration with other organisations on TNR and vaccination campaigns in Lamu in efforts to reduce the number of stray cats.”

Asha Nassir
Nurse
“Building meaningful relationships with community-based patients and their families is a chance I cherish every day.”

Augustine Musulwa
Finance & Administration Officer
Safari Doctors is in business because of compassion and courage. We cannot give compassion unless we possess it. In 2023, I was privileged to attend a workshop on how to nurture compassion.

Fahmi Mahib
Coxswain
“I look forward to improving the work of Safari Doctors through our outreach to the communities in Lamu County.”

Issa Abdulrahman
Communications & Dev. Officer
“2023 was a year of significant personal and organizational growth, learning, and advancement in our pursuit of universal health care. We are proud of our team’s achievements.”

Khadija Hafidh
pharmacist (Intern)
“Only when everyone you encounter along the way learns something from you will the road to success be genuinely extraordinary.”

Mariam Abdalla
Programs Manager
“Thanks to SD for the numerous incredible experiences, opportunities, and responsibilities that have accelerated my personal and professional development. The work culture is nurturing, with teams and leaders constantly willing to assist.”

Mwema John
Nurse
“I’m proud to be part of a determined team that empowers communities through impactful medical outreaches and passionate care. Building relationships, promoting health, and making a difference year-round.”

Rehema Charo
Office Assistant
“I have no doubt that we are destined for greatness with our combined individual strengths and our shared goal of having a positive impact in our communities.”

Sylvia Wanjiku
Laboratory Technician
“I am passionate about empowering and offering medical decisions through reliable and affordable lab testing, as my impact can clear the fog of an uncertain diagnosis and pave the way for better treatment.”

Victor Kisali
Medical Officer
“Using timely interventions, I intend to work toward the goal of promoting health care in the community that is of high quality, affordable, and accessible.”

Violet Wanjeri
Programme Associate
“My highlight of 2023 was the compassion workshop, which provided great insight on our service delivery and set a platform for positive impact on the people we serve.”

Harrison Kalu
Head Nurse
“2023 marks our ninth anniversary, and this year has been smooth sailing thanks to our unwavering passion for the organization, particularly in our outreach efforts and training of youth health ambassadors.”

WHY WE DO WHAT WE DO
Journey for Change