

Upcoming 5 days Basic Seminar

How to help others with a
deeper understanding of
the art of

Jin Shin Jyutsu

Instructor:



Jennifer Holmes

Part 1

10,11,12 May


Part 2

18,19 May

Information :

Greg Jakaria

 +62 815 175 33 898

 gregorius.jakaria@gmail.com
jsj.indonesia@gmail.com

I N S T R U C T O R



J e n n i f e r H o l m e s

Jennifer has been studying the art of Jin Shin Jyutsu for 26 years, with every year bringing new insights and discoveries. She began a conscious spiritual journey in her twenties while travelling the world and working in Australia, the United Kingdom and Spain teaching children, and then adult language students .

Meeting and studying with a spiritual teacher in Germany and then back in her country of New Zealand, Jennifer continued teaching, tutoring foreign students and rearing a family of five very active children.

In 1998 she attended her first 5 day class in Auckland and opened her JSJ practice, which she still continues. In 2003 she travelled to Scottsdale where she met Mary Burmeister, beginning the following year as Organizer for classes in New Zealand. In 2011 her journey as an Instructor for JSJ Inc began and she loves bringing the philosophy and practical help to many people worldwide

CLASS SCHEDULE

Part 1

10th, 11th, 12th May 2024

09.00am - 05.30pm

21 hour class of studying:

- The Jin Shin Jyutsu® history, philosophy, terminology
- The 26 energy areas (safety energy locks)
- The various energetic layers and frequencies of “vital life force” the Depths
- The three vital harmonizing energy flows: The Main Central Flow, the Supervisor Flow, the Mediator Flow
- How to recharge the rundown “life-battery”
- Balance mental/emotional state: the Attitudes
- Practice of self-help and applying to others.
- Pulse listening and assessment

CLASS SCHEDULE

Part 2

18th, 19th May 2024

09.00am - 05.30pm

14 hour class of studying (prerequisite: Part 1):

- The 12 organ body function circulation pathways
- The elements and their relationships
- Pulse listening and assessment (cont.)
- Special sequences applications: Special Body Functions
- Practice self-help and applying to others.

Each day will feature a lecture as well as hands-on sessions. Body Reading, as it pertains to Jin Shin Jyutsu, will be explored and studied throughout the class. With time each day for Q & A.

OTHER DETAILS

Investment

New Student

Normal price: \$855

Early bird: \$770

Review Student

Normal price: \$599

Early bird: \$539

Venue

The seminar will be held in **Jakarta-Indonesia**

Further details on the venue will be informed later