

# CANADIAN HEALTHY SCHOOL STANDARDS



## FOUNDATIONAL STANDARDS

### WHOLE SCHOOL APPROACH:

To ensure efforts are long-lasting and effective, the whole school should be involved.

### WELLBEING INTEGRATED ACROSS ALL CURRICULA:

Wellbeing should go beyond physical and health education and be supported by all levels and all staff.

### CHARTING YOUR UNIQUE PLAN:

Each school should develop its own plan to reflect the local context and get traction.

## IMPLEMENTATION STANDARDS

### 1. STUDENTS AS CHANGE MAKERS:

Students should be at the centre of the process, leading the way.

### 2. SCHOOL-SPECIFIC AUTONOMY:

Activities should be driven by the school community and build on the school's strengths and assets.

### 3. DEMONSTRATED ADMINISTRATIVE LEADERSHIP:

Principals should be actively engaged for a sustainable and authentic process.

### 4. HIGHER-LEVEL SUPPORT:

Leadership and support set the tone in order to prioritize Healthy School activities and ensure resources are allocated.

### 5. DEDICATED CHAMPION(S) TO ENGAGE SCHOOL COMMUNITY:

School health champions must include multiple, and diverse members of the school community.

### 6. COMMUNITY SUPPORT:

Champions that respectfully reflect the diversity of the community from all levels.

### 7. QUALITY AND USE OF EVIDENCE:

School-based data and research are essential for planning, refining, and supporting wellbeing activities in school communities.

### 8. PROFESSIONAL LEARNING:

School staff should seek out learning opportunities such as attending training, conferences or workshops, and building learning networks and communities of practice.

