Location: Zoom Video Conference

Time Convened:
10:06 AM PT / 11:06 AM MT / 12:06 PM CT / 1:00 PM ET

AHSE MEMBERS PRESENT

• AHSE Board Members:
  Carol Kerner, President
  Gabriel Posner, V.P.
  Phil Shenk, Treasurer
  Ken Bridgeman, Secretary
  John Loupos, Director-at-Large #2
  Ryan Moschell, Director-at-Large #3,
  Eleanor Criswell, Designated Director

Not Present: Farzaneh Jafari, Director-at-Large #1

• AHSE Charter Members:
  Susan Koenig

• AHSE Certified Members:
  Sigrid Austin, Karen Douglas de Fenzi, Chantel Isaacson,
  Joan Kauffman, Bill Keele, Tammie Lynn Martin,
• **AHSE Student Members:**
  Patricia Cornelius, Pat Howe, Diane Zantrop

• **AHSE Associate Members:**
  Peter Behel, Janet Jacobson, Sandra Lovelace Shenk, Andrew Schaefer

• A quorum of voting members was established to conduct business.

**MOTION:** John Loupos moved and Lyman Spencer seconded that the AHSE Board of Directors provisionally corrected minutes of the April 17, 2019 Annual Meeting of the Association For Hanna Somatic Eduction, Inc. be approved.

  19 Yeas - 0 Nays - 0 Abstentions
  Motion Carried

**ACTION ITEM:** Ken will ask Lyman Spencer to post the minutes of the April 17, 2019 Annual Meeting of the Association for Hanna Somatic Education, Inc. on the website.

**REPORTS FROM AHSE OFFICERS AND BOARD OF DIRECTORS AS WELL AS REPORTS FROM COMMITTEE CHAIRS**

Carol Kerner, President

This was my fourth year as president and each year I come to appreciate even more the many talents of the other members of the board as well as everyone who participates on committees. A special thanks to each of you for your contributions to the association.

I regard my role as a facilitator, organizer and encourager of the work of the board and of our community as a whole. This board works
together with a great sense of humor which makes our efforts an easy task together. I’d like to especially express my gratitude toward Ken Bridgeman for his contributions over the past year. Not only is he the Secretary but he also chairs our membership committee, working through problems that might arise with our members. He has continued to be editor of the SomaTimes which takes quite a bit of time and effort on his part. He does this with a lot of care and attention to detail. AHSE is indebted for all of the things he does.

Phil Shenk, Treasurer and Bookkeeper

I want to go right to the bottom line for 2019. Our net income for the year was $7,539 which is a little less than the $9,731 income of the previous year. We were thus able to put aside some money in our savings account, which will be important for us over the coming year. The complete annual financial reports are posted on the website.

There will be costs incurred because of the cancellation of our convention. I don’t have the complete figures for this as we’re still in transition into next year. We’ll be arranging a transition of funds that were set aside for this year’s convention to future conventions.

Ken Bridgeman, Secretary, Membership Committee Chair, and Acting-Editor of the SomaTimes Magazine

I’ve been pleased to work with such a great board for another term. Each year we develop new ideas and find creative ways to work through these for the benefit of our members.

2020 AHSE Membership – A total of 74 members.

3 Charter Members  
49 Certified Members  
8 Student Members  
2 Certified Associate Members  
12 Associate Members
SomaTimes

Four issues of the SomaTimes went out to the members this year, with one focused on the 2019 Annual Convention. Each year it’s clear that the SomaTimes requires the development of interesting content. This is probably the biggest challenge. So, this is a call for articles, perhaps case studies from our member’s work as HSE practitioners. John Loupos often submits stimulating reviews of books that he thinks would be of interest to our members. Carol suggested that reviving the SomeTimes Committee could support these efforts.

Gabriel Posner, Director-at-Large #1, Research Committee Chair

It’s been a busy year for me, both personally and professionally. I’ve been working on research into Hanna Somatics. For my dissertation, I’ve put my efforts into developing a pilot study testing the use of video observation of practitioners as they worked with their clients and explain what Hannna Somatics is through such virtual observation. I’ll be reaching out for volunteers who would like to participate in this work with one or two of their clients.

I’ve also continued working with Eleanor and her editor to complete the write-up of the survey study to prepare it for final publication. I’ve enjoyed being active on the board each month to work things through and am looking forward to another year.

John Loupos, Director-at-Large #2, Web Inquiry Committee Chair

I’ve been on several committees and enjoy the work we’ve been involved with. A gratifying part of being the person who deals with inquiries from the website is that I’m the first person they encounter and get to make that first impression—a “first responder” as it were. For years I’ve kept track of the different kinds of activity that comes through the website. This year we had a total of 52 inquiries, a 40% reduction from 2018. I find it particularly gratifying to steer someone toward an HSE practitioner in their area they hadn’t known about.
Ryan Moschell, Director-at-Large #3, Web Update Committee Chair, Membership Outreach Committee

This year a big project was transferring our data from the website to Dropbox in order to simplify the website somewhat for the transition to a new website. We needed to decide upon the right subscription for this and to decide who on the board could best manage this process.

I was also able to organize our use of the Zoom platform at short notice to bring us together for this virtual Annual Meeting. It’s a good way to connect, and we can see a potential for utilizing this in the future to stay in touch with our membership. The Membership Outreach Committee wasn’t so active this year for several reasons, not least was the cancelation of the convention due to COVID.

Creating and developing a new website for the association has been a slow process. It’s important that our investment in the website be done wisely. Our present website still serves our purposes well. Web developers can charge a considerable amount for things we can do ourselves. I’d prefer Squarespace since it is easy for us to change things ourselves. A real sticking point with web developers has been our interactive Find A Practitioner map and the password-protected Members section on the website. The information architecture—where things go on the website—we might implement ourselves, an important savings given the losses from this year’s canceled convention.

Eleanor Criswell Hanna, Designated Director

Many of my contributions are sort of organic; to offer input on our historical development and information accumulated from my past experience on the board. I’ve participated on the Research Committee with Gabriel, as well as some offerings with the Education Committee.

(Other board members suggested that Eleanor provides much needed institutional wisdom, having been on the board from the beginning. She keeps us from “reinventing the wheel”.)
Susan Koenig, Education Committee – Future Convention Plans

This has been a great committee, and it includes Carol Kerner, John Loupos, Joan Kauffman, and Bill Keele. We work well together and always have a good time doing it. A lot of effort went into creating a really great convention for 2020, before it had to be cancelled.

We’re already planning for 2021 and 2022. Most of the presenters from this year have committed for the 2021 convention. We’re working to include an online presence, that Ryan has agreed to host. Due to the unpredictability of the situation a year from now, it’s still unclear what kind of in-person convention we’ll be able to arrange, but we do have a good venue that we could use for it. The committee needs to work out the “how” of it. Phil Shenk has worked hard on negotiations with IONS, to find out what is possible for rolling over our deposits from 2020 to conventions in 2021 and/or 2022.

Chris Ruane, Information Sharing and Marketing Committee

This is a new, informal committee that includes several committee members: Lori Seymour, Jeong Myung Gim, Karen Douglas de Fenzi, Patricia Cornelius, and Sigrid Austin. The committee meets on the second Thursday of each month; the next meeting is May 14 at 9 PM ET. Anyone interested, especially anyone with a background in marketing, is encouraged to get in touch.

The committee would like to create some social media platforms, to share what members are doing with their clients, where they’re having successes, announce upcoming workshops both locally and online. Lori has a marketing group with her practice. She’s working on creating a form letter that members could use in their practice to hand out to physicians and other health professionals, and could be shared with their clients.
ELECTION OF OFFICERS AND DIRECTORS:

- Phil Shenk, Nominations & Elections Committee Chair, reported that 52 ballots were sent to Charter and Certified Voting Members; 1 ballot wasn’t received, but the replacement wasn’t returned in a timely manner; 1 ballot was undeliverable; 1 ballot arrived after the deadline. 13 ballots were returned in a timely manner.

TELLER’S COMMITTEE REPORT:

- Phil Shenk and Sandra Lovelace Shenk were appointed as the Teller’s Committee.

- Phil Shenk, Teller’s Committee Chair, reported that 13 AHSE Official Ballots for the 2019 Election of Officers and Directors were received in a timely manner.

- Phil Shenk reported that 13 AHSE Official Ballots have been verified and properly submitted.

- The results of the 2020 Election of Officers and Directors are:

  Carol Kerner, President: 12 votes
  Ken Bridgeman: 12 votes
  John Loupos, Director-at-Large #2: 13 votes

MOTION: Susan Koenig moved and Ryan Moschell seconded that the report of the Tellers Committee be accepted.

19 Yeas - 0 Nays - 0 Abstentions
Motion Carried
MOTION: Susan Koenig moved and John Loupos seconded that the ballots for the 2020 AHSE Election of Officers and Directors be destroyed.
   19 Yeas - 0 Nays - 0 Abstentions
   Motion Carried

ACTION ITEM: Phil Shenk will destroy the ballots of the 2020 AHSE election by shredding them in a timely manner.

OATH OF OFFICE ADMINISTERED:

Phil Shenk, AHSE Treasurer, administered the AHSE Oath of Office to the newly elected AHSE officers and directors for terms of two years:

   Carol Kerner, AHSE President
   Ken Bridgeman, Secretary
   John Loupos, Director-at-Large #2

which completed the 2020 AHSE Election of Officers and Directors.

MEMBERS FORUM

• Members joined together to discuss the COVID-19 pandemic's impact on them both personally and professionally. They shared thoughts about how AHSE can go forward as an organization.

MOTION: Lyman Spencer moved and John Loupos seconded that the 2020 Annual Meeting of the Association For Hanna Somatic Education, Inc. be adjourned.
   19 Yeas - 0 Nays - 0 Abstentions
   Motion Carried

Meeting Adjourned:
11:48 AM PT / 12:48 PM MT / 1:48 PM CT / 2:48 PM ET

Ken Bridgeman, AHSE Secretary