Get Ready to Learn!

CASE STUDY: OHIO
AppleTree Institute conducted a randomized control trial to better understand the impact of *Get Ready to Learn*, the first unit of our *Every Child Ready* instructional model. AppleTree worked with **51 classrooms** in **26 community-based** early childhood centers in an urban mid-western city to answer the question of how implementation of *Get Ready to Learn* curriculum and coaching impact teacher and child outcomes.
About the Study

Get Ready to Learn is a four-week, full-day program for 3- and 4-year-olds, designed to build social-emotional and approaches to learning skills. Get Ready to Learn is the first unit in the Every Child Ready instructional model and focuses on acclimating children to the classroom environment while helping teachers use practical, developmentally appropriate classroom management practices and positive behavior supports.

Resources for the 26 classrooms:

- A printed manual of all Get Ready to Learn content including lessons and reproducibles.
- Classroom supplies necessary to implement Get Ready to Learn.
- Two copies of each Get Ready to Learn book, both trade and AppleTree Institute published.
- Ongoing coaching and professional learning focused on high-quality classroom environment, classroom management, and social-emotional teaching strategies.
- ***Non-Get Ready to Learn classrooms received all of the content and resources after the project ended.***
To determine the effectiveness of *Get Ready to Learn*, all 51 participating classrooms were measured on multiple teacher and child outcomes.

**Child Outcomes**
Measured with:
- [Devereux Early Childhood Assessment](#) (DECA - teacher report)
- [Positive Behavior Rating Scale](#) (PBRS - teacher report)
- [Preschool Self-Regulation Assessment](#) (PSRA - direct assessment)

**Teacher Outcomes**
Measured with:
- [Classroom Assessment Scoring System](#) (CLASS - classroom observation)
- [Quality Indicators](#) (QI - classroom observation)

**Broad Social-Emotional Skills**
- Self-Regulation
- Attachment
- Initiative
- Self and Social Awareness

**Emotional Support**
- Classroom Organization and Management
- Instructional Support
- Instructional Strategies
- Structural Quality
Findings

Get Ready to Learn is designed to improve teacher quality and children’s social-emotional skills. In order to understand the impact of Get Ready to Learn, we examined classroom fidelity to program implementation and child and teacher level outcomes.
After 3 months of rigorous applied research, AppleTree reached four conclusions about Get Ready to Learn.

1. Classrooms that used Get Ready to Learn with at least a moderate degree of fidelity saw positive results for both teachers and children.

2. Children had improved social-emotional skills, self-regulation skills, initiative, and attachment to adults and peers.

3. Teachers had improved emotional support, classroom organization, and instructional strategies.
