



Forest Sangha Calendar
2021 · 2564

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Cover: photo of the sandstone Buddha on the shrine at Abhayagiri Buddhist Monastery, USA

Scriptural quotes on each page are English renderings of texts from the Pali Canon.
The translations are extracts from the Dhammapada interpretation:

A Dhammapada for Contemplation, © Aruno Publications,
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<https://forestsangha.org/teachings/books/a-dhammapada-for-contemplation?language=English>

Please note that these are not literal translations. For further renderings please refer to other works.

Appreciation is expressed to all who have offered assistance with this production.

LUNAR OBSERVANCE DAYS

These days are devoted to quiet reflection at the monastery. Visitors may come and take the
precepts for the day and join in all or part of the extended evening meditation.

The dates for the lunar calendar are determined by traditional methods of calculation,
and are therefore not always the same as the precise astronomical occurrences.

THE MAJOR FULL MOON DAYS FOR 2021 / 2564

Māgha Pūjā · February 26 ('Sangha Day')

Commemorates the spontaneous gathering of 1250 arahants to whom the Buddha
gave the exhortation on the basis of the Discipline (*Ovāda Pāṭimokkha*).

Vesākha Pūjā · May 26 ('Buddha Day')

Commemorates the birth, enlightenment and passing away of the Buddha.

Āsālhā Pūjā · July 24 ('Dhamma Day')

Commemorates the Buddha's first discourse, given to the five *samaṇas*
in the Deer Park at Sarnath, near Varanasi. The traditional
Rainy-Season Retreat (*Vassa*) begins on the next day.

Pavāraṇā Day · October 21

This marks the end of the three-month *Vassa* retreat. In the following month,
lay people may offer the *Kaṭhina*-robe as part of a general alms-giving ceremony.

WEB ADDRESS FOR THIS FOREST SANGHA COMMUNITY

www.forestsangha.org

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Aruna Ratanagiri Buddhist Monastery

www.ratanagiri.org.uk

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The Eightfold Path is the most honourable way,
 the Four Noble Truths the most honourable utterance,
 freedom from craving the most honourable state,
 and the all-seeing Buddha the most honourable being.

Dhammapada 273

January

2021/2564

M	T	W	T	F	S	S
				1	2	3
4	5	☽	7	8	9	10
11	12	●	14	15	16*	17
18	19	20	☾	22	23	24
25	26	27	○	29	30	31

*Jan 16: Ajahn Chah Memorial Day

Jan 13 ● 15 days Hemanta 5/8
 Jan 28 ○ 15 days Hemanta 6/8



As a bee gathering nectar does not harm or disturb
the colour and fragrance of the flower,
so do the wise move through the world.

Dhammapada 49

February

2021/2564

M	T	W	T	F	S	S
1	2	3	4	●	6	7
8	9	10	●	12	13	14
15	16	17	18	●	20	21
22	23	24	25	○*	27	28

* Feb 26: Māgha Pūjā

Feb 11 ● 14 days Hemanta 7/8
Feb 26 ○ 15 days Hemanta 8/8



A single verse of truth that calms the mind
is better to hear than a thousand irrelevant verses.

Dhammapada 101

March

2021/2564

M	T	W	T	F	S	S
1	2	3	4	5	●	7
8	9	10	11	12	●	14
15	16	17	18	19	20	●
22	23	24	25	26	27	○
29	30	31				

Mar 13 ● 15 days Gimha 1/10
Mar 28 ○ 15 days Gimha 2/10



Do not show false humility. Stand firmly in relation to your goal.
 Practice, well-observed, leads to contentment
 both now and in the future.

Dhammapada 168

April

2021/2564

M	T	W	T	F	S	S
			1	2	3	4
●	6	7	8	9	10	●
12	13*	14	15	16	17	18
●	20	21	22	23	24	25
○	27	28	29	30		

* Apr 13: Thai New Year, Songkran

Apr 11 ● 14 days Gimha 3/10
 Apr 26 ○ 15 days Gimha 4/10



Do not seek the company of misguided friends;
 beware of degenerate companions.
 Seek the company of well-guided friends, those who support insight.

Dhammapada 78

May

2021/2564

M	T	W	T	F	S	S
					1	2
3	◐	5	6	7	8	9
10	●	12	13	14	15	16
17	18	◑	20	21	22	23
24	25	○*	27	28	29	30
31						

* May 26: Vesākha Pūjā

May 11 ● 15 days Gimha 5/10
 May 26 ○ 15 days Gimha 6/10



To contemplate life leads to wisdom; without contemplation wisdom wanes.
 Recognize how wisdom is cultivated and destroyed,
 and walk the Way of increase.

Dhammapada 282

June

2021/2564

M	T	W	T	F	S	S
	1	2	☾	4	5	6
7	8	●	10	11	12	13
14	15	16	☾*	18	19	20
21	22	23	○	25	26	27
28	29	30				

*Jun 17: Ajahn Chah's Birthday

Jun 9 ● 14 days Gimha 7/10
 Jun 24 ○ 15 days Gimha 8/10



One who has cut off coarse attachments,
cut off subtle attachments and who cultivates the spiritual faculties,
is the one who finds freedom from delusion.

Dhammapada 370

July

2021/2564

M	T	W	T	F	S	S
			1	☾	3	4
5	6	7	8	●	10	11
12	13	14	15	16	☾	18
19	20	21	22	23	○*	25 [†]
26	27	28	29	30	31	

* Jul 24: Āsāḷhā Pūjā

† Jul 25: First Day of Vassa

Jul 9 ● 15 days Gimha 9/10

Jul 24 ○ 15 days Gimha 10/10



To avoid bringing harm to living beings
 who, like us, seek contentment,
 is to bring happiness to ourselves.

Dhammapada 132

August

2021/2564

M	T	W	T	F	S	S
						●
2	3	4	5	6	7	●
9	10	11	12	13	14	15
●	17	18	19	20	21	22
○	24	25	26	27	28	29
30	●					

Aug 8 ● 15 days Vassāna 1/8
 Aug 23 ○ 15 days Vassāna 2/8



Victory leads to hatred, for the defeated suffer.
 The peaceful live happily,
 beyond victory and defeat.

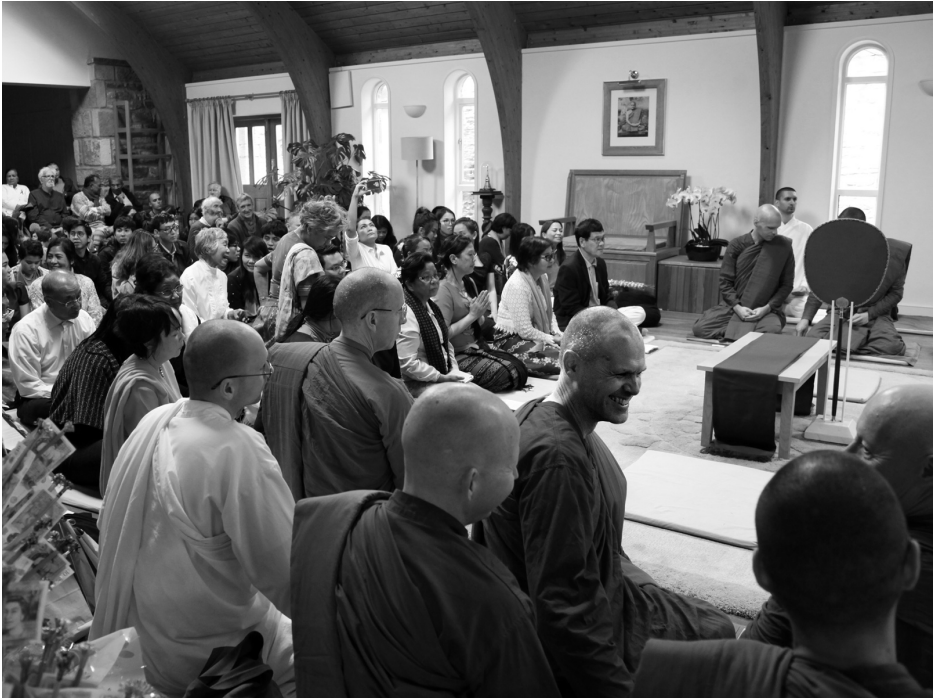
Dhammapada 201

September

2021/2564

M	T	W	T	F	S	S
		1	2	3	4	5
●	7	8	9	10	11	12
13	◐	15	16	17	18	19
20	○	22	23	24	25	26
27	28	◑	30			

Sep 6 ● 14 days Vassāna 3/8
 Sep 21 ○ 15 days Vassāna 4/8



A healthy mind is the greatest gain.
 Contentment is the greatest wealth.
 Trustworthiness is the best of kin.
 Unconditional freedom is the highest bliss.

Dhammapāda 204

October

2021/2564

M	T	W	T	F	S	S
				1	2	3
4	5	●	7	8	9	10
11	12	13	☾	15	16	17
18	19	20	○*†	22	23	24
25	26	27	28	☽	30	31

* Oct 21: Pavāraṇā
 † Oct 21: Last Day of Vassa

Oct 6 ● 15 days Vassāna 5/8
 Oct 21 ○ 15 days Vassāna 6/8



The timely company of friends is goodness. Fewness of needs is goodness.
 Having accumulated virtue at life's end is goodness.
 Having dispensed with all suffering is goodness.

Dhammapada 331

November

2021/2564

M	T	W	T	F	S	S
1	2	3	●	5	6	7
8	9	10	11	☾	13	14
15	16	17	18	○	20	21
22	23	24	25	26	☽	28
29	30					

Nov 4 ● 14 days Vassāna 7/8
 Nov 19 ○ 15 days Vassāna 8/8



All states of being are determined by the heart. It is the heart that leads the way.
 As surely as our shadow never leaves us, so well-being will follow
 when we speak or act with a pure heart.

Dhammapada 2

December

2021/2564

M	T	W	T	F	S	S
		1	2	3	●	5
6	7	8	9	10	11	◐
13	14	15	16	17	18	○
20	21	22	23	24	25	26
◑	28	29	30	31		

Dec 4 ● 15 days Hemanta 1/8
 Dec 19 ○ 15 days Hemanta 2/8

2021 / 2564

January

M	T	W	T	F	S	S
				1	2	3
4	5	☾	7	8	9	10
11	12	☀	14	15	16 ¹	17
18	19	20	☾	22	23	24
25	26	27	☉	29	30	31

February

M	T	W	T	F	S	S
1	2	3	4	☾	6	7
8	9	10	☀	12	13	14
15	16	17	18	☾	20	21
22	23	24	25	☉ ²	27	28

March

M	T	W	T	F	S	S
1	2	3	4	5	☾	7
8	9	10	11	12	☀	14
15	16	17	18	19	20	☾
22	23	24	25	26	27	☉
29	30	31				

April

M	T	W	T	F	S	S
			1	2	3	4
☾	6	7	8	9	10	☀
12	13 ³	14	15	16	17	18
☾	20	21	22	23	24	25
☉	27	28	29	30		

May

M	T	W	T	F	S	S
					1	2
3	☾	5	6	7	8	9
10	☀	12	13	14	15	16
17	18	☾	20	21	22	23
24	25	☉ ⁴	27	28	29	30
31						

June

M	T	W	T	F	S	S
			1	2	☾	4
7	8	☀	10	11	12	13
14	15	16	☾ ⁵	18	19	20
21	22	23	☉	25	26	27
28	29	30				

July

M	T	W	T	F	S	S
			1	☾	3	4
5	6	7	8	☀	10	11
12	13	14	15	16	☾	18
19	20	21	22	23	☉ ⁶	25 ⁷
26	27	28	29	30	31	

August

M	T	W	T	F	S	S
						☾
2	3	4	5	6	7	☀
9	10	11	12	13	14	15
☾	17	18	19	20	21	22
☉	24	25	26	27	28	29
30	☾					

September

M	T	W	T	F	S	S
			1	2	3	4
5	☀	7	8	9	10	11
12	13	☾	15	16	17	18
19	20	☉	22	23	24	25
26	27	28	☾	30		

October

M	T	W	T	F	S	S
			1	2	3	
4	5	☀	7	8	9	10
11	12	13	☾	15	16	17
18	19	20	☉ ^{8,9}	22	23	24
25	26	27	28	☾	30	31

November

M	T	W	T	F	S	S
1	2	3	☀	5	6	7
8	9	10	11	☾	13	14
15	16	17	18	☉	20	21
22	23	24	25	26	☾	28
29	30					

December

M	T	W	T	F	S	S
			1	2	3	☀
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	☾	28	29	30	31	

¹ Jan 16: Ajahn Chah Memorial Day

² Feb 26: Māgha Pūjā

³ Apr 13: Thai New Year, Songkran

⁴ May 26: Vesākha Pūjā

⁵ Jun 17: Ajahn Chah's Birthday

⁶ Jul 24: Āsāḷhā Pūjā

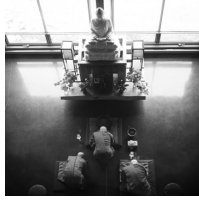
⁷ Jul 25: First Day of Vassa

⁸ Oct 21: Pavāraṇā

⁹ Oct 21: Last Day of Vassa

January

Sitavana Forest Monastery,
Birken, Canada



February

Morning alms-round,
Thailand



March

Luang Por Anek instructing
visiting monks at
Wat Pah Sai Ngan,
NE Thailand



April

International Elders
Meeting, 2017, Amaravati
Temple, UK



May

Ajahn Karunadhammo (left)
and Ajahn Naniko (right),
Abhayagiri, USA



June

Ajahn Kevali on alms-round,
Bayreuth, near Waldkloster
Muttodaya, Germany



July

Abhayagiri, USA



August

A *siladhara* (nun),
Amaravati Monastery



September

Luang Por Jundee visiting a
Christian monastery,
Tomar, Portugal



October

Robe-offering ceremony,
2017, Aruna Ratanagiri, UK



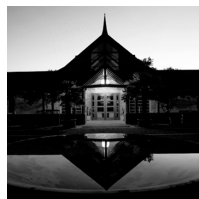
November

Sewing session at
Cittaviveka, West Sussex, UK



December

Amaravati Temple,
Hertfordshire, UK



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Western disciples of Ajahn Chah
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