**Ways to Contribute**

- Submit Site Reviews to the Birdability Map
- Organize accessible bird outings
- Share eBird lists from accessible events with the Birdability account
- Support inclusive birding organizations through donations and volunteering
- Share the joy of birding with others!

**Birdability's Mission**

Our vision is that birding truly is for everybody and every body, regardless of disability or other health concerns.

*Birdability is a 501(c)3 Nonprofit Organization*

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**Birding is for *every* body!**

Follow us on social media @birdability or email us at info@birdability.org!

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White-breasted Nuthatch and Eastern Bluebird by Matthew Bell. Solo birder by Melanie Furr. Group of birders and pair of birders on boardwalk by Birdability. All others by Nicole Neigel

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This brochure was made possible by:

[QR Code]
Access means something different for every birder

Accessible trails are not "one size fits all"

"As a blind birder, the ideal accessible trail would be reachable by public transportation and have either a rope to guide me or a raised border I could easily follow with my cane. If the trail includes interesting stops along the way, braille signage would be very helpful. I would want the trail to be described in detail on a website so I could learn about it before visiting."

- Jerry Berrier

"As an autistic birder with severe chronic pain and illness, I love sites where I can bird from my car. Keeping my body stationary alleviates my pain and nausea, and being enclosed in my car helps me avoid overwhelming sensory factors such as noise and bright sun."

- Nicole Neigel

Benches increase access for birders who experience pain, illness, and fatigue

"Birding with muscular dystrophy, bumpy, off-road trails wear me out. I prefer paved paths and boardwalks, ideally with short railings that don’t obstruct my view from a wheelchair."

- Eric Clow

The Birdability Map is an interactive and crowdsourced map of accessible birding locations

Contribute to the map by submitting site reviews at Birdability.org!

Site Reviews include details of access features at each site - such as trail surface, slope and width, bench presence, parking and bathroom specifics, sensory factors, etc.