



We are a boutique Clinical Psychology and Neuropsychology practice providing services to adults, adolescents and children.

"Anima" means 1. soul or life; 2. the part of the psyche that is directed inwards, in touch with the subconscious. This is symbolised in our logo, representing a closed eye.

"Network" reflects our core philosophy of connection. As clinicians, we aim to help our patients connect wholly with themselves, others, and the world.

As experts in Clinical Psychology and Neuropsychology, we aim to build collegial networks with other health & mental health professionals to share knowledge and provide a multidisciplinary approach to patient care.

We hope you will find our practice to be a safe place where you can connect and grow.



Contact Us



Phone: (08) 9381 8868
Fax: (08) 9200 5734



hello@anima.com.au



170 Cambridge Street
West Leederville, WA 6007

Open Monday to Thursday 8:30am - 5:00pm
Friday 8:00am - 4:00pm

Limited free parking available at rear



H E A L T H
N E T W O R K

Clinical Psychologists
Clinical Neuropsychologists

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Therapy

Our experienced Clinical Psychologists/Registrars diagnose and treat a range of psychological difficulties, including:

- Depression and anxiety
- Trauma, PTSD, and Complex-PTSD
- Adult ADHD
- Obsessive compulsive disorder
- Personality disorders, including BPD and EUPD
- Eating disorders
- Gender and sexuality
- Emotion dysregulation
- Adjustment and life transitions
- Relationship, family, and interpersonal issues

Depending on your individual therapeutic needs, our Clinical Psychologists have expertise in a variety of evidence-based treatment models and techniques:

- Cognitive Behaviour Therapy (CBT)
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Schema Therapy
- Dialectical Behaviour Therapy (DBT)
- Acceptance and Commitment Therapy (ACT)
- Psychodynamic Psychotherapy
- Imagery Rescripting

Neuropsychological Assessments

At ANIMA Health Network, we offer neuropsychological assessments and diagnostic clarification for children (ages 8+), adolescents, adults and older adults. We assess a broad range of neurodevelopmental, neurodegenerative, and psychological disorders, allowing us to develop a comprehensive diagnostic and clinical picture of the presenting issues considering all aspects of a person's functioning. All assessments are conducted by our Clinical Neuropsychologists/Registrars with a minimum of 8 years of specialised training in assessing, diagnosing, and treating brain-based disorders.

Neuropsychological assessments help to identify cognitive weaknesses, a deficiency in knowledge, thought process or judgment in the context of a range of neurological conditions, including but not limited to:

- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Specific Learning Disorders such as Dyslexia, Dysgraphia, and Dyscalculia
- Acquired Brain Injury
- Dementias

If left untreated, these conditions can lead to lifelong difficulties at home, school, work, and interpersonal relationships.

Our detailed assessment reports provide diagnostic clarification and tailored recommendations for clinical management to help improve an individual's quality of life and support independence.

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Signs and Symptoms of Neurological Conditions

Common signs of ADHD:

- Trouble paying attention or staying on task
- Avoiding tasks that require sustained effort or attention
- Being easily distracted
- Talking excessively and often interrupting others
- Impulsivity
- Poor time management and organisational skills

Common signs of Specific Learning Difficulties:

- Problems reading and writing
- Problems with mathematics
- Difficulty telling the time
- Poor attainment of academic skills

Common signs of Neurodegenerative Disorders:

- Confusion and disorientation
- Memory problems
- Poor planning and organisation
- Personality and behaviour changes

If you feel an assessment may be of benefit, contact our friendly reception team.

Ph: (08) 9381 8868