Single Parent Rights ran a survey into single parents views and experiences of discrimination in late 2020 with 1083 respondents.

**Areas of discrimination**

- Fees and charges: 66%
- Employment: 59%
- Covid-19 restrictions: 51%
- Access to finance: 40%
- Government benefits: 32%
- Access to housing: 26%
- Child’s education: 23%
- Social services: 12%
- Health: 10%

**Impact of the discrimination**

- Impact parents’ mental health: 96%
- Increase household outgoings: 81%
- Lower household income: 77%
- Prevent taking up paid employment: 76%
- Impact parents ability to parent: 67%
- Place parent at risk of harm: 54%
- Impact childs’ mental health: 54%
- Impact parent-child relationship: 47%
- Place you in unsuitable housing: 42%
- Place child at risk of harm: 34%
- Place child in unsuitable housing: 32%

**Reported a negative impact**

- on themselves from the discrimination: 100%
- on their child(ren) from the discrimination: 73%

**Impact parent, “The logistical challenges and discriminations received negatively affect mental health (depression, anxiety), which affects my ability to work and parent. The latter then negatively affect my mental health even further. It’s a down-spiral, and hence I feel more vulnerable.”**

**Reported a negative impact**

- on their child(ren) from the discrimination: 73%
- on themselves from the discrimination: 100%

Full report with recommendations available at www.singleparentrights.org