



The Foundation for
New York's Strongest

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nycstrongest.org
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2020 Zero Waste NYC Workshop Schedule Announced

Workshops Across the City to Educate and Inspire New Yorkers to Reduce, Reuse and Recycle and Achieve a Zero Waste Lifestyle

The NYC Department of Sanitation's Foundation for New York's Strongest has announced the 2020 schedule for their Zero Waste NYC Workshop Series. These interactive workshops provide residents with an opportunity to learn how to reduce waste and lower their carbon footprint. In 2019, more than 300 New Yorkers attended Foundation for New York's Strongest workshops on zero waste topics including food and holiday waste.

Every week, the average New Yorker throws away 15 pounds of garbage at home and another 9 pounds of waste while at work and on the go. Combined, this adds up to more than 6 million tons of waste per year--the equivalent of 80,000 blue whales. Most of that ends up in landfills, contributing to climate change and polluting our environment. The Foundation for New York's Strongest partners with the founders of the Zero Waste NYC Workshop Series, Nicole Grossberg and Sandra Noonan, to empower New Yorkers with the knowledge and tools to reduce their impact.

"These educational workshops and interactive learning experiences are designed to provide real-world, practical advice and tactics for everyone who wants to reduce their impact on our city and on our planet," said **Executive Director of the Foundation for New York's Strongest Julie Raskin**. "From food to fashion to parenting, we're making zero waste easy and fun!"

"Climate change is the biggest challenge of our lifetime and I'm excited that the workshop series can be a resource for aspiring zero wasters who want to see change in the world," said **Zero Waste NYC Workshop Series Co-Founder Nicole Grossberg**. "We get to help people along their zero waste journey every single day and that's a beautiful thing."

"We can and must build a world that is less reliant on single-use disposables, which contribute to greenhouse gas emissions and harm water and land ecosystems," said

Zero Waste NYC Workshop Series Co-Founder Sandra Noonan. "Our zero-waste workshops empower individuals with the information they need to effect that transformation in their daily lives."

The workshops are open to all New Yorkers and anyone interested in reducing waste at home, at work, and on the go.

January 22 | Recycling Therapy

Is one of your New Year's resolutions to "waste less"? We're tackling all your burning questions about recycling in NYC and demystifying some misconceptions--giving you a behind the scenes look at what happens after you toss your recyclables into their respective bins! Featuring guest speaker Kara Napolitano from Sims Municipal Recycling Facility in Sunset Park, Brooklyn. [Sign up here.](#)

February 25 | Zero Waste Fashion & Beauty

Every year, to raise awareness about textile waste and provide fashionable solutions, The New York City Department of Sanitation's donateNYC program hosts [ReFashion Week](#). In honor of ReFashion Week, our February workshop is about all things fashion and beauty! Join us for an exciting panel discussion. Plus, we'll be making some DIY beauty products together. Don't forget to bring your own jar! [Sign up here.](#)

March 19 | How To Go Zero Waste and Live More Sustainably

In honor of [Circular City Week](#), we're going back to the zero waste basics. Join us for our "How To Go Zero Waste and Live More Sustainably Workshop" as we share simple swaps, how to recycle and compost in NYC, and zero waste at work. [Sign up here.](#)

April 20 | A Deep Dive into Food (Earth Day Event)

2020 marks the 50th anniversary of Earth Day! In honor of Mother Nature's big day, we're teaming up with our friends at some of the most innovative and forward thinking organizations in the sustainability space. Learn about food waste in NYC and ways you can help to reduce your own environmental "foodprint." [Sign up here.](#)

May 21 | Zero Waste Parenting (Webinar)

Are you a parent who wants to be better at zero waste but the idea seems overwhelming? Join us for a comprehensive webinar about how you can lower your environmental footprint without sacrificing the conveniences you need while raising your littles one(s). Topics include kids clothing, day care prep, entertainment and

birthday parties! [Sign up here](#).

June 23 | Zero Waste Travel

Thinking of taking a vacation this summer? Traveling can be challenging when you are trying to live a zero waste lifestyle—so we're here to help you plan a trip from start to finish with the lowest impact possible! Join us for a chat with travel and hospitality experts and learn how to pack your suitcase, zero waste style. [Sign up here](#).

For more information, visit: www.zerowastenyc.info/upcoming-workshops

About the Foundation for New York's Strongest

The Foundation for New York's Strongest, Inc. is the official nonprofit organization of the New York City Department of Sanitation. Supported by private funding and in-kind donations, the Foundation leverages non-traditional strategies to promote sustainability and advance the essential services of Sanitation employees. This is achieved by emphasizing New York's Strongest as one of the City's emergency responders and highlighting their critical, daily service; forging partnerships with private-sector organizations to move New York City toward sending zero waste to landfills; and working to establish an educational museum dedicated to DSNY's rich history, current operations and vibrant future.

About the New York City Department of Sanitation

The Department of Sanitation (DSNY) promotes a healthy environment through the efficient management of solid waste and the development of environmentally sound long-range planning for handling refuse, including recyclables. The Department operates 59 district garages and manages a fleet of more than 2,000 rear-loading collection trucks, 450 mechanical brooms and 695 salt/sand spreaders. The Department clears litter, snow and ice from approximately 6,500 miles of City streets and removes debris from vacant lots as well as abandoned vehicles from City streets.

About Zero Waste NYC Workshop Series

Nicole Grossberg and Sandra Noonan founded Zero Waste NYC Workshop Series in August 2019 as a resource for aspiring and current zero wasters. By reducing overall consumption and diverting trash from landfills, New Yorkers can reduce their impact on the planet. Nicole and Sandra started the series to bring together the zero waste community in New York City and provide as many tools as possible to make zero waste

an approachable way of life.

[Photos from previous workshops available here:](#)



